



# P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P. O., KANNUR – 670 631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE included under UGC 2(f) & 12(B) category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

**1.3.1: Curriculum of the Institutions provides opportunities for the students to acquire and demonstrate knowledge, skills, values and attitudes related to various learning areas**

## ENHANCING PROFESSIONAL COMPETENCY



**1.3.1: Curriculum of the Institutions provides opportunities for the students to acquire and demonstrate knowledge, skills, values and attitudes related to various learning areas**


## **Enhancing Professional Competency**

**P.K.M. COLLEGE OF EDUCATION, MADAMPAM**

### **EPC REPORT**

P.K.M. College of Education organized one day workshop titled 'Reading and Reflecting on Texts' for (Enhancing Professional Competency EPC I), on 24<sup>th</sup> February 2021 for 2020-22 B.Ed. batch. The inaugural session of the workshop began with prayer. Anu Maria, the student coordinator, formally welcomed the gathering. Dr. Jessy N,C, College Principal inaugurated the workshop which was aimed to enhance the professional capacities of the student teachers. In her inaugural speech, the head of the institution said that amidst of the Covid -19 pandemic out break the institution took initiative to conduct the workshop for its pivotal role in the life of student teachers. The workshop will enhance the academic level and it is also a means for personality development, she added. Dr. Rekha K.R. faculty incharge of the workshop, gave an overview on the different sessions in the workshop and its significance. Ms. Anu Philip , student representative, was assigned the role to introduce the resource person, Mr. T.M. Ramachandran. The resource person is an expert in English, Malayalam and Sanskrit languages and working as a HSA at Govt HSS, Nedungome. The resource person began the workshop by linking the topic (Reading and Reflecting on Texts) with daily life incidents. Mr. Ramachandran conveyed the students the fact that language has limitations to communicate our thoughts and feelings completely to the listeners. The sessions of the resourcer was divided into two. Resource session and Technical session. The resource session was aimed to give an overview of reading and reflecting whereas the goal of technical session was to undertake tasks of reflection.




  
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In the resource session the student teachers were asked the possible ways to comprehend a text. It was an interactive session where students came forward with umpteen number of ideas on the possible ways of reflecting texts. In the technical session the whole class was divided into six sub groups based on their optional subjects. Each group was given a stipulated time limit to discuss on the basis of an oral text given by the resource person. The oral test was about a girl who tested positive and the six groups representatives presented their views and activities they planned to execute before the class. Fr. Toby, a representative of Mathematics Optional presented their decision to prepare a route map of Covid positive child, while Mr. Vishnu Pratap of social science proposed their group's plan to conduct a seminar on the impact of Covid 19. Saranya from Physical Science came forward with her group's decision to explain the preparation of sanitizer whereas Ms. Soorya, the representative of Malayalam Optional, shared their plan to conduct a channel debate. Ms. Divyasree from English proposed the presentation of a story by her group while Ms. Mareeza proposed the presentation of a role play. The forenoon session of the workshop was dispersed for lunch at 1.00 PM.

After the break, the session continued till 4.00 PM. In the afternoon session, the student teachers were given task to write notice and newspaper report. Students completed the tasks successfully. They were also given ideas on review writing and debate by the resource person. The concluding session of the workshop began with day's reflection. Students, resource person, faculty incharge and the student coordinator shared their workshop experiences. With the vote of thanks of Mr. Sayooj V.V, the programme came to an end.



  
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Accredited By NAAC With 'A' Grade

**EPC I WORKSHOP**  
 FOR  
 2020-22 BATCH  
**Reading and Reflecting on Texts**  
 DAY 1  
 24 FEBRUARY 2021

24 FEBRUARY 2021

**INAUGURAL SESSION**

Prayer :  
 Welcome : Anu Mariya  
 Student Coordinator  
 Inauguration : Dr. Jessy N C  
 Principal, PKM College  
 Introduction to  
 the Workshop : Dr. Rekha K R  
 Faculty in Charge

**Resource Person**  
**Mr. TM Ramachandran**  
 (HSA English, Govt. HSS, Nedungome)

**SESSION I**

Introducing the  
 Resource Person : Anu Philip

10:30 am : Resource Session- I  
 Overview of Reading & Reflecting

11:30 - 12:30: Technical Session- I  
 Tasks For Reflection

1:30 - 2:00 : Resource Session- II  
 A Journey through  
 Language Discourses

2:00-3:30: Technical Session- II  
 Tasks in Language Discourses

3:30 pm : Day Reflection

Vote of Thanks : Sayoj V V  
 Student Coordinator





*[Signature]*  
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**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

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E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in) Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

Circular No-*12/PM/2020-2021*

Date: 20/02/2021

**Sub – Webinar on the topic “Reading and reflecting on text”**

### **CIRCULAR**

Dears Students,

We are pleased to announce a EPC workshop on the topic "Reading and reflecting" organized by PKM College of Education, madampam. The workshop will take place at the college auditorium.

Date: 24-02-2021

Time: 10:00 AM

Venue: College Auditorium

We encourage all members of the community to participate in this enriching session and gain valuable insights into the harmonious integration of online learning with our daily lives.

**Best Regards**



**Principal**

Copy to all TS, NTS & Students




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**Online Workshop**  
On  
**'EPC - 02 "Art and Drama"**  
**Phase - 2 #ART**  
**'ഇ - അരങ്ങ'**  
**Resource Person:**



**Shobaraj P.P.**  
(Assistant Professor, Govt. Brennan  
College of Teacher Education Thalassery)

**DATE :**  
13/09/2021

**Time :**  
10.00 AM

**Platform:**  
TEAMS 



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## An overview on the programmes organised by the college

**Two day online workshop on EPC -02 Art and Drama : Phase 1**  
07/07/2021 & 09/07/2021

Enhancement of Professional Capacities (EPC 02) workshop on "Art and Drama" was organised and conducted on 7<sup>th</sup> and 9<sup>th</sup> July through the online platform Teams. The session was organised as the part of second semester B. Ed training course. Student coordinator M Anu Mariya welcomed the gathering and was inaugurated by Dr. Jessy N C. The session was handled by Mr Biju Neduvaloor (Creative drama unit sreekandapuram, Teacher AUPS Niduvaloor). Delna T S and Mariza Markose coordinated the programme. The workshop was concluded by the vote of thanks delivered by student council secretary Vishnuprathap M.

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**Two Day Online Workshop**  
On  
**ഇ - അരങ്ങി**  
**EPC - 02 "Art and Drama"**  
Phase - 1  
**Resource Person:**



**Mr. Biju Niduvaloor**  
(Dramatist, Teacher - AUPS Neduvaloor)

<b>DATE:</b> 07/07/2021 to 09/07/2021	<b>Time:</b> 10.30 AM	<b>Platform:</b> TEAMS
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## REPORT ONLINE WORKSHOP "ഇ-അനുഭവം" EPC-2

Online Workshop "ഇ-അനുഭവം" Of EPC – 2 art and drama of PKM college of education was held on 13/09/2021, Monday, at sharp 10:00 am virtually through Microsoft Teams. The workshop was lead by resources person Mr Shobaraj P. P, Assistant professor, Govt. Brennen College of Teacher Education Thalassery. The main aim of the program was to introduce the importance of art in teaching learning process.

The program started with the prayer song by Ms. Jesmi George. Sr. Anu Phillip, the student coordinator delivered welcome speech followed by the presidential address by Dr. Jessy NC, principal PKM college of education. Then comes the technical session by the resource person Mr. Shobaraj P. P, Assistant professor, Govt. Brennen College of Teacher Education Thalassery. He is a great academician, that he managed the class very well even in our limitations. He made the class more energetic by introducing different drawing technique and collage making techniques which could be used even by a non-artist. After the technical session there was a feedback session



where students expressed their gratitude towards Mr. Shobaraj sir. The workshop ended with the vote of thanks by Ms. Delna T S, the workshop coordinator,



  
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**ABSTRACT FOR REPORT**

Assessment Year – 2021-22

Office File No : Digital File No:

ABOUT THE PROGRAMME			
Programme Title		☞ -അനുഭവ	
Sub Programme	Programme 1:		
	Programme 2		
Nature of the Programme		Workshop of EPC-2 , to create a general awareness on art and drama in education	
Level of the Programme		College level	
Type of the Programme	In-house/outreach	In-house	
	Online/offline	Online	
Objectives		<ul style="list-style-type: none"> <li>To motivate student teachers in using various arts and drama for effective teaching</li> <li>Develop general information about various arts and drama</li> <li>To introduce the importance of art in teaching learning process</li> </ul>	
Issues /Themes addressed		Using drama and art in teaching	
Date & time		13/09/2021 at 10.00 am	
Venue		Microsoft Teams	
Duration		One day	
ORGANIZING LEVEL			
Organized by		P.K.M.College of Education, Madampam	
Association/ Collaboration with			
sponsored by	External		
	Internal		
Sanctioned amount			
Sanction order details			
Faculty in charge			
Student co ordinators (Programme)			
Student co ordinators (Anchors)			
Student co ordinators (Reporting)			
Student co ordinators (ICT)			
Student co ordinators (Media)			
RESOURCE TEAM			
	Name	Designation	Role
Resource Persons/Experts	Shoburaj P.P	Assistant Professor, Govt. Brennan College of Teacher Education, Thalassery	Leading the technical session
Public Person			
Management Representative			
PTA Representative			
Alumni Representative			
Cooperative	School		
Representative			



  
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PARTICIPANTS		
Student participants	Batch 1:	
	Batch 2:	
Teacher Educators		
Administrative staff		
Student Teachers outside PKM		
Teacher Educators outside PKM		
Researchers		
School Teachers		
School students		
Alumni		
General public		
FEEDBACK		
Oral feedback	Yes	
Written feedback		
Google form		
On the spot	Yes	
UPLOADING DOCUMENTS		
Plan of Action		
Notice/ circular	Yes	
Brochure	Yes	
Programme sheet		
Photograph with titles		
Reports	Printed	Yes
	Digital	Yes
Geo tagged photos		
Videos edited for uploading		
Participant list		
Programme certificates		
Duty certificates		
Statement of Expenditure		
Mass media	News paper	
	Local channel	
	Radio	
	Online news	
Social media	Website	
	Facebook	
	Instagram	
Link of the document		
Publications/ proceedings if any		
Major outcomes		<ul style="list-style-type: none"> <li>• Student teachers got to know about various art forms</li> <li>• Students are motivated to use different art forms in teaching</li> </ul>
ICT/ Digital resources (Devices, Softwares, Apps etc)		



  
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Name of the programme : EPC WORKSHOP

Day 1- 04/07/2022

A five day workshop named "Thouryathrikam" as a part of second semester EPC02 Drama and Art in Education was started on 4/7/2022 at PKM college. The programme was started exactly 9.30 AM in the college auditorium. The programme started with the prayer of Sanjiya Benny. Natural science teacher Suhaira gave the welcome address. College chairman Hrishikesh Babu delivered the presidential address and college principal Dr. Jessie NC Performed the inaugural function. Sri.Udayan Kundamkuzhi was the special guest of the programme . He dealt with the topic " Nee-njan-nammal classroom theatre" training. The official ceremony ended at exactly 10.5 am by handing over the stage to him, who has been famous for organising workshops, drama training etc. for students with the long years of experience.

He started the class with the some games that test our concentration. His every word was something that excited everyone. He introduced to us three different games which are meant to enable both the mind and the body to undertake any task by themselves. He made the class interesting by singing songs. Then the students were divided in to four groups and given names like Arivu, Chakka, Mazhavilla and Rainbow. At the 12.05 pm, a break was allowed and at exactly 12.15 pm, everyone was present in the auditorium. The games that followed were also very energetic one. After lunch break at 1.40 pm the class resumed. The game that followed was to present different shapes and the contexts into a Still image in each group and this game was instantly awaken the latent imagination in each of us and evoke the importance of togetherness. All groups jockeyed for points. The programme was concluded at 4.15 pm and Harsha Santhosh and Jomai Joy delivered their feedback. Official vote of thanks was made by English optional teacher student Aswathi, V



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#### Day 2- 05/07/2022

The second day of the five day workshop "Thouryathrikam" as part of EPC 02 Drama and Art in Education started on 5th July 2022 at college auditorium at 9. 30am. The programme started with the prayer of Athira T.C , student teacher of Natural science. The welcome speech of the programme was delivered by Anand Ravi from Physical science optional. The class regarding the new learning strategy of how to utilize drama in classroom teaching was lead by Mr.Udayan Kundamkuzhi. The session started with a breathing exercise. After that the students were split into two groups and engaged in a game using an elastic. It was an interesting session. Following that, students engaged in a solo, performance using a stick. It encouraged the creativity of each student teacher. An interval was allowed at 11.56 and the class restarted at 12.6. After that the student teachers were provided with an opportunity for a group performance. For that, students were provided with thirteen objects. Students split into four groups and performed the drama sketches. The lunch break was allowed at 1.45 and class restarted in 2.15pm. In this session students were engaged in some tasks to examine their conscience about rhythm. These games actually focused on rhythm , movement and attention. The session came to an end at 3.30 pm. After that a feedback session was conducted. In the session all the 49 student teachers shared their experience of two days with Sri.Udayan Kundamkuzhi. The vote of thanks for the session was proposed by Alan Maria, student teacher of Malayalam optional . After that , Manjusha , student teacher of Mathematics optional read the report of the last day's programme. The session came to an end with national anthem.



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### Day 3-

Second Semester EPC02 Drama and Art in Education, a five-day workshop- 3<sup>rd</sup> day of Taurathrikam started on 7/7/2022 at 9.30 am in the college auditorium. The program started with a prayer by Harsha Santhosh, student teacher of Natural Science optional, Hitha. K, student teacher of Social Science optional delivered the welcomed speech. Reshma.G.R Student teacher of English optional, presented the second day workshop report. Principal Dr. Jessy N C introduced the special chief guest Biju Nidivalur sir to the gathering. The class started with a small game 'predator and prey'. He convinced that the goal of education is achieved when a person becomes a social being and the acquired knowledge is realized through experiences. Then the teacher divided the students into two groups and conducted a game using ribbons. Sir tried to develop the acting skills in the student teacher and give accurate awareness through verbal and physical acting. He asked the students to act like a 60 year old adult and a 4 year old child. The class adjourned at 11.50am and resumed at 12.20pm. The students were divided into four groups and he tried to make understand the four contexts through gesture acting. Then there was a class related to verbal acting. Three important qualities a teacher should possess includes knowledge, confidence and sound. Later, the teacher students were divided into four teams and four teams were given four different topics and each team enthusiastically presented their topic using a single word. This act gives importance to acting and use of single word with different tones. After lunch break everyone reached the college auditorium at 2.20 pm. The class had to end early due to heavy rain. Malayalam student teacher Jahana TV gave the feedback and social science student teacher Anu gave the official vote of thanks. After 2.50pm, the fourth day workshop of Taurathrikam ended with the National Anthem.



  
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**Day 4- 11/07/2022**

Fourth Day of 'Thouryathrikam' workshop as a part of second semester EPC.02 Art & Drama in education, on 11/07/2022 began at 9:30 in the morning at College auditorium with a prayer by Malayalam optional teacher student Anagha Chandam, English optional teacher student Jinisha John delivered welcome speech for the programme. After the brief formal session, Biju Niduvaloor sir directly entered the workshop by dividing the total teacher students



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into two groups for a group activity. The activity was executed in a way where the groups were provided with various situations to act. Each situation demanded expressing any of the nine sentiments of acting such as Shringara, Hasya, Karuna, Raudra, Veera, Bhayanaka, Bibhalsya, Adbudha and Sahana. Next activity was also a group activity where instead of two, four groups were present and each of the teacher student of groups was demanded to act for a given situation. This activity was totally useful in learning about important elements of acting. Post this activity, an interval was given at 11:30. Before leaving for interval, a photo of all the teacher students were taken and they were told to re-enter the class with a makeover after the interval. At 11:35, the session re started with some activities related to acting. Post lunch break at 1:00, the workshop re started at 2:45. In the afternoon session, the student teachers presented dramas based on 8-10th standard Kerala syllabus textbook portions. The workshop ended at 4:00 in the evening with a feedback session and vote of thanks by Anjana Chandran, teacher student of Physical Science optional.



#### Day 5 -13/07/2022

The final day programme of five day workshop in relation to second semester EPC : Art and Drama in education - Thourathrikam was commenced with prayer at 9.30 am on 13-07-2022 at College auditorium. Welcome speech was delivered by Simna N P , Bed student in Social science. Fourth day report of Thourathrikam was presented by Anagha N P, Bed candidate of Malayalam department. The session was handled by famous teacher and well



  
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known artist of Mr. Sobharaj. He made a nice presentation of numerous great artists and their remarkable works along with his own contributions. After a short break of 10 minutes students were grouped according to their optional subjects and directed to discuss various things on collage works. Resource person described and demonstrated various steps in the preparation of a collage. After lunch break, Students were encouraged to prepare collage works. He also gave us various tips to improve drawing skill. The session was really beneficial as it taught us the way in which teaching and drawing inter related. Resource person also well explained simple tips to draw different kinds of fishes. The session was completed at 4 pm and followed by a validatory session where welcome given by program coordinator Miss Maneesha. The validatory session was presided by student coordinator miss Haritha P V . College Principal Dr. Jessi N C and staff coordinator Mrs. Rekha madam delivered their observations regarding the five day workshop. Participants were encouraged to express their feedback briefly. Jwala, Jomal Joy, Alex and Indukumari represented all the participants of the program in this regard. The program came to an end with vote of thanks given by program coordinator miss Anagha Chandran.



*Jwala*  
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 SREERANGAPETTADE, KANNUR DIST., KERALA

**ABSTRACT FOR REPORT**

Assessment Year – 2022-23

Office File No :      Digital File No:

ABOUT THE PROGRAMME			
Programme Title		EPC Workshop - Thouryathrikam	
Sub Programme	Programme 1:		
	Programme 2		
Nature of the Programme		A five day workshop as part of EPC-2 Art and Drama	
Level of the Programme		College Level	
Type of the Programme	In-house/outreach	In-house	
	Online/offline	Offline	
Objectives		<ul style="list-style-type: none"> <li>• To develop creativity in teaching.</li> <li>• To develop positive attitude in student teachers</li> </ul>	
Issues /Themes addressed		A five day workshop as part of EPC-2 Art and Drama	
Date & time		04-07-2022, 05-07-2022, 07-07-2022, 11-07-2022, 13-07-2022 at 9:30AM	
Venue		College Auditorium	
Duration		Five day	
ORGANIZING LEVEL			
Organized by		PKM College Of Education, Madampam	
Association/ Collaboration with			
Sponsored by	External		
	Internal		
Sanctioned amount			
Sanction order details			
Faculty in charge			
Student co ordinators (Programme)			
Student co ordinators (Anchors)			
Student co ordinators (Reporting)			
Student co ordinators (ICT)			
Student co ordinators (Media)			
RESOURCE TEAM			
Resource Persons/Experts	Name	Designation	Role
	Sri. Udayan Kundamkuzhi, Sri. Biju Nidavatur, Mr. Sobharaj		Engaging workshop
Public Person			
Management Representative			
PTA Representative			
Alumni Representative			
Cooperative	School		
Representative			
PARTICIPANTS			
Student participants	Batch 1:	50	
	Batch 2:		
Teacher Educators			



  
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Administrative staff		
Student Teachers outside PKM		
Teacher Educators outside PKM		
Researchers		
School Teachers		
School students		
Alumni		
General public		
<b>FEEDBACK</b>		
Oral feedback	Yes	
Written feedback		
Google form	Yes	
On the spot	Yes	
<b>UPLOADING DOCUMENTS</b>		
Plan of Action		
Notice/ circular	Yes	
Brochure	Yes	
Programme sheet		
Photograph with titles		
Reports	Printed	Yes
	Digital	Yes
Geo tagged photos		
Videos edited for uploading		
Participant list		
Programme certificates		
Duty certificates		
Statement of Expenditure		
Mass media	News paper	
	Local channel	
	Radio	
	Online news	
Social media	Website	
	Facebook	
	Instagram	
Link of the document		
Publications/ proceedings if any		
Major outcomes		<ul style="list-style-type: none"> <li>• Student teachers got to know about the importance of creativity in teaching.</li> <li>• Students are motivated to follow up the positive attitude in their life.</li> </ul>
ICT/ Digital resources (Devices, Softwares, Apps etc)		

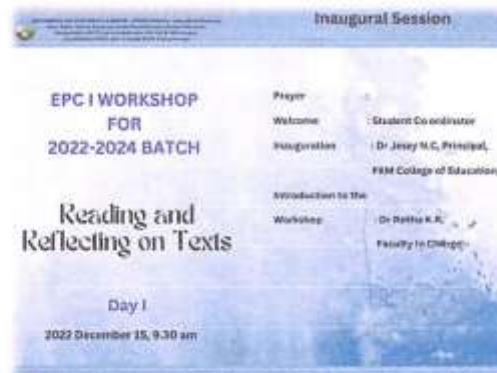


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Name of programme: EPC WORKSHOP - DAY 1 (2022-24)

Date: 15-12-2022



PKM College of Education, Madambam 2022 -24 batch EPC workshop of 1st day was organized on 15th December 2022 at college auditorium. The official opening ceremony began with a silent prayer followed by welcome address delivered by Sr. Josna Jose.

The ceremony was presided over by Head of English Department, in-charge of EPC and coordinator of the workshop, Associate Professor Dr.Rekha K.R. College Principal Dr. Sister Josy N.C inaugurated the ceremony. An introduction to the workshop was given by Dr.Rekha K.R.

The main objective of this workshop was to create a general understanding of the various discourse forms in the language among the student teachers in view of the course Reading and Reflecting on Texts.

Five groups of ten members were formed and they were assigned to present the Qatar World Cup through different forms of writing. Each group wrote and exhibited their works in their own unique ways. Many interesting writings such as threat note, world cup tickets, a story of the ground, world cup anthems were exhibited by various groups. The articles written by the students were presented at 12 o'clock. Aishwarya K, a teacher student gave a feed back to the workshop. The first day workshop concluded at 1 pm with the display of various writings of the students.



  
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**Name of programme: EPC 1 WORKSHOP -DAY 2**

**Date: 16-12-2022**

PKM COLLEGE OF EDUCATION MADAMBAM conducted EPC 1 workshop of 2022-24 batch. The second day of technical session 2 was held on 16/12/2022 Friday ,9:45 AM at college auditorium. The first day was preceded by a course on Reading and Reflecting on texts to create a general understanding of discourse patterns in language among the student teachers. The 2<sup>nd</sup> day of EPC 1 was started after the reflection of 1<sup>st</sup> day by Malayalam Teacher- student Anjitha A, Physical science Teacher- student AkshaySukumaran and English Teacher-student Anagha V.J. After that the workshop started by giving the instructions about that technical session 2 by Faculty in charge of EPC in our college Dr.Rekha K.R.

The Topic of technical session 2 was Journalistic writing combining AzadikaAmritMahotsav and Antidrug Campaign. Five groups of Ten people in each were divided and they prepared five different papers. Around at 12.15 pm the papers prepared by each group were received by IQAC coordinator Dr.VeenaAppukkuttan Then at 12.30 PM the newspaper prepared by each groupstudents' teachers were reveal and presented their newspaper. Newspaper such as,

- AZADI
- JWALAMUKAM
- YUVA SHABDHAM
- SWATHADRYAM
- MUKTI

Finally,JyothisCyriacan, English student -Teacher commented on the workshop. Then the second day of EPC Workshop ended at IPM with debriefing the technical session 2 by Dr.Rekha K.R. Each students enjoy this workshop very well.



  
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SREEKANGAPURAM, KANNUR DT., 670631

**ABSTRACT FOR REPORT**

Assessment Year – 2022-23

Office File No :      Digital File No:

ABOUT THE PROGRAMME			
Programme Title		EPC Three day Workshop - Reading and Reflecting on Texts	
Sub-Programme	Programme 1	Different language discourses.	
	Programme 2	Journalistic writing	
	Programme 3	Graphic organizers	
Nature of the Programme		Workshop to create a general awareness about various language discourses and graphic organizers.	
Level of the Programme		College level	
Type of the Programme	In-house/outreach	In house	
	Online/offline	Offline	
Objectives		<ul style="list-style-type: none"> <li>• Develop general information about various language discourses and graphic organizers.</li> <li>• To motivate student teachers in using language discourses and graphic organizers in effective teaching.</li> <li>• To identify right situations and suitable methods to use in accordance with respective subjects.</li> </ul>	
Issues /Themes addressed		Using language discourses and graphic organizers in teaching.	
Date & time		15/12/2022, 16/12/2022 & 19/12/2022 at 9.45 am	
Venue		College auditorium	
Duration		Three day	
ORGANIZING LEVEL			
Organized by		P. K. M. College of Education, Madampam	
Association/ Collaboration with			
sponsored by	External		
	Internal		
Sanctioned amount			
Sanction order details			
Faculty in charge		Dr. Rekha K. R., Associate Professor English	
Student co ordinators (Programme)			
Student co ordinators (Anchors)			
Student co ordinators (Reporting)			
Student co ordinators (ICT)			
Student co ordinators (Media)			
RESOURCE TEAM			
Resource Persons/Experts	Name	Designation	Role
	Dr. Prasanth Mathew	Assistant Professor, Physical Science	Talk on graphic organizers
Public Person			
Management Representative			



*[Signature]*  
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KANNUR DISTRICT, KANNUR DT.,-870631

PTA Representative			
Alumni Representative			
Cooperative Representative	School		
<b>PARTICIPANTS</b>			
Student participants	Batch 1: 2021-23		
	Batch 2: 2022-24		50
Teacher Educators			1
Administrative staff			
Student Teachers outside PKM			
Teacher Educators outside PKM			
Researchers			
School Teachers			
School students			
Alumni			
General public			
<b>FEEDBACK</b>			
Oral feedback		Yes	
Written feedback			
Google form		Yes	
On the spot		Yes	
<b>UPLOADING DOCUMENTS</b>			
Plan of Action			
Notice/ circular		Yes	
Brochure		Yes	
Programme sheet			
Photograph with titles			
Reports	Printed	Yes	
	Digital	Yes	
Geo tagged photos			
Videos edited for uploading			
Participant list			
Programme certificates			
Duty certificates			
Statement of Expenditure			
Mass media	News paper		
	Local channel		
	Radio		
	Online news		
Social media	Website		
	Facebook		
	Instagram		
Link of the document			
Publications/ proceedings if any			
Major outcomes			<ul style="list-style-type: none"> <li>• Student teachers got to know about various language discourses, graphic organizers and its uses</li> <li>• Students are motivated to use different language and graphical forms in teaching process.</li> </ul>
ICT/ Digital resources (Devices, Softwares, Apps etc)			



*[Signature]*  
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Name of programme: Understanding the Self Workshop Report 2022-23

Date: 27-03-2023

Day :1



  
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The 4 day workshop 'DE PROFUNDIS' of EPC-UNDERSTANDING THE SELF of the academic year 2022-23 started on 27.03.2023 in college auditorium. On the first day of the workshop, named 'Kalya', the Staff Coordinator Minimol George welcomed the function and the student coordinator of the workshop, Aksharamol presided over the event. College Principal Dr. Jessy N.C inaugurated the program by giving paddy plants to the student teachers and unveiling a mirror symbolically to make them realize the extent of their own potential. College Vice Principal Dr. Prashanth Mathew delivered the keynote address. Ms. Jomol the staff coordinator, and Aishwarya the student coordinator, expressed their greetings for the event. Later student teacher Karishma Suresh expressed her gratitude for the program. Then 'MmdePeediya', a tea stall prepared by the teacher students was inaugurated by Principal Dr. Jessy N.C. After that, a 'team teaching' was conducted under the leadership of the student teachers. Akhila James, Arya K I, Emil Thankachan and HarshaSanthosh presented classes on different aspects of conflicts like natural conflicts, social conflicts, spiritual conflicts and personal conflicts. Later at afternoon 2 PM, there was a discussion on the topic about the different dimensions of conflicts presented by the student teachers under the leadership of principal Dr. Jessy N.C as moderator and Dr. Prashant Mathew. After that a display of medicinal plants named 'Kevala' was conducted. About 16 herbs were introduced and their



  
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medicinal properties were described. Then at the end of the program, student teachers Alex Jose, Jishnu T.P, Manisha P, Ann Kurian, and Alan Maria gave feedback. After that Arya K I evaluated the program and then concluded the first day of the program with the evaluation made by Dr. Prashant Mathew sir.

**DAY -2:NIMNAGA**  
**DATE- 28-03-2023**



The first session on the second day-*Nimnaga*- of the workshop as a part of the paper EPC:04- Understanding the Self began at 2.30 p.m with the peace game session. The student teachers were divided into five groups and played a game which gives importance to the cooperation and understanding between the student teachers. The game session was followed by *Pumarjani*- Dry bouquet exhibition. It started at 2.50 p.m. In the session, the student teachers shared their experiences of making dry bouquets and how they connected with nature during the making of bouquets. Sr. Caroline, the faculty in charge, led the analysis of the session and praised all the student teachers for their hard work behind the bouquets. After the dry bouquet session, the student teachers were served with the payasam made by themselves at 4.00 p.m and they enjoyed it along with the peace music in the background. An evaluation of the programmes on the second day of the workshop was given by Ms. AlenMariyaBinny, II year Malayalam Optional. The day two ended with the national anthem.



  
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**DAY-3: BHUVISS**  
**DATE- 29-03-2023**



The first session on the third day - Bhuviss of the workshop as a part of the paper EPC:04- Understanding the Self began at 10 am with the meditation, which was lead by student teacher, Vaishakh of Physical Science optional . This session came to an end at 11 am. The next session was Music therapy. It started at 11 a.m. Which was lead by Sr. Caroline. In the session, the student teachers went through various experiences and they shared it in between and at the end of the programme. Sr. Caroline, the faculty in charge, led the analysis of the session and praised all the student teachers for their sincere participation in this programme. This session came to



  
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an end at 1 pm. The programme restarted at 2 pm after the lunch break. It started with an interesting game session. The next session was Ayana: Discovering Oneself. In this session every student teachers were handed over the mystery box to their partner and shared positive thoughts about their partner. Through this session each student teacher was able to be aware of their strength. It was a pleasure full experience to everyone. After this the coordinators contributed the mystery boxes to every teachers and they also shared their thoughts. A few student teachers shared their feedback and Jwala, student teacher of Mathematical optional shared an overview of the day. This session came to an end at 4.40 pm with national anthem.



  
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Day - 4 :Varidhi  
DATE- 30-03-2023

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Kuvempu University UGC 20(2)(B) College, Kuvempu University UGC 20(2)(B) College  
Kuvempu University UGC 20(2)(B) College, Kuvempu University UGC 20(2)(B) College

Course EPC - 04 Understanding the Self Workshop

DAY - 4

ವಾಣಿಯಿ

PEACE ART

DISCUSSION, GALLERY MARKING

GROUP DISCUSSION

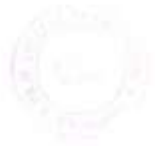
COMPETITION

Programme Coordinator  
Pragna Das R P

VALEDICTORY SESSION



"Varidhi", the fourth day of the four-day long workshop as part of EPC 04 understanding the self for the academic year 2022-23, started on 30/03/2023 at the college auditorium at 10 am sharp



  
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The Peace Art and Peace Plot programs started at 10 am and ended exactly at 12-15. The piece plot and art were made using only natural materials. The ten group members made them based on the theme they were given. Then salad making competition was held in the college auditorium from 12:15 to 01:30. Each group prepared a salad using fruits and vegetables grown by us. The programs were focused only on natural objects. Then from 01:30 PM to 2:00 PM all the items prepared by the teacher students like dry bouquet, herbs etc. were carefully prepared for evaluation in the college auditorium and then from 2:00 PM to 2-45 PM the beauticians of Sreekandapuram evaluated each group based on what they prepared. Then the winners were announced. Then in the valedictory function held from 3-45 to 5:15 PM, second year English optional student teacher Jinsha delivered the welcome speech. After that, College Principal Dr Jesse NC, Staff Coordinator Sister Caroline and Student Coordinator Karishma Suresh delivered their speech. Then Alan Maria, a second year Malayalam department student teacher, presented the report of the workshop. Later, AksharaMol, InduKumari, Manisha, Anjanaetc gave feedback and physical science optional student teacher Ann Kurian came up with the idea of peace bank. Sister Caroline, Staff Coordinator, gave a vote of thanks for the event.



  
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## DE PROFUNDIS

Course EPC 04: Understanding the Self

### 4-Day Workshop



**Dr. Prasanth Mathew**  
Asst. Prof. in Physical Science  
& Vice-Principal  
P.K.M. College of Education  
**Keynote Address**



**Dr. Jessy N C**  
Principal  
P.K.M. College of Education  
**Inaugural Address**



**Ms. Minimol George**  
Staff Coordinator  
Asst. Prof. in Malayalam  
P.K.M. College of Education  
**Welcome Address**

#### THEMES

UNIVERSAL LIVING

SOCIAL-RELATIONAL  
SENSITIVITY

HARMONY WITH  
NATURE

INTROSPECTION



27, 28, 29, 30  
MARCH 2023



COLLEGE  
AUDITORIUM

#### PROGRAMME COORDINATORS

Ms. ANN KURIAN

Ms. AKSHARAMOL

Ms. KARISHMA SURESH

**Wednesday, 29th March 2023 (Day 3-'Bhuvissu')**

9:30 am-10:30 am	Session -12 MEDITATION
<b>Facilitator:</b> <i>Mr. Vaishakh K</i> (Physical Science Optional)	
10:30 am- 10:40 am	Kaliyum Chiriyum
10:40 am- 11:40 am	Session -13 MUSIC THERAPY
<b>Facilitator:</b> <i>Sr. Caroline FCC</i> (Staff Coordinator & Asst. Professor in Malayalam)	
11:45 am-12:30 pm	Session-14 'AYNA'- Discovering Oneself
12:30 pm-1:30 pm	Kaliyum Chiriyum
1:30 pm-1:45 pm	Session-15 Peace Game III
1:45 pm-3:30 pm	Session-14(Continues)
3:30 pm-3:45 pm	Kaliyum Chiriyum
3:45 pm-4:20 pm	Session-16 EVALUATION SESSION III

**END OF DAY 3**

**Tuesday, 28<sup>th</sup> March 2023 (Day 2-'Nimnaga')**

1:30 pm - 1:45 pm	Session-7 Peace Game II
1:45 pm-2:30 pm	Session -8 EXPERT TALK
<b>Facilitator:</b> <i>Mr. Vaishakh K</i> (Physical Science Optional)	<b>Topic:</b> <i>Understanding the Body-Mind-Spirit Connection</i>
2:30 pm - 2:40 pm	Kaliyum Chiriyum
2:40 pm - 3:40 pm	Session -9 TEAM TEACHING II
<b>Facilitators:</b> <i>Ms. Karishma Suresh &amp; Ms. Aksharamol Biju</i> (Student Coordinators)	<b>Topic:</b> <i>Serene Talk: A Brief Overview on the Concepts of Peace</i>
3:40 pm-4:20 pm	Session-10 EVALUATION SESSION II
4:20 pm-5:00 pm	Session- 11 <b>'PAKADARPANAM'</b>

**END OF DAY 2**

**P.K.M. COLLEGE OF EDUCATION, MADAMPAM**

**'DE PROFUNDIS'**

**COURSE EPC 04: UNDERSTANDING THE SELF-  
FOUR-DAY WORKSHOP**

**PROGRAMME SCHEDULE**

**Monday, 27<sup>th</sup> March 2023 (Day 1-'Kalya')**

9:30 am- 10:00 am	Session -1 INAUGURAL SESSION
10:00 am- 10:10 am	Kaliyum Chiriyum
10:10 am-10:30 am	Session -2 TEAM TEACHING I
<b>Facilitators:</b> <i>Ms. Arya K I</i> <i>Ms. Harsha Santhosh</i> <i>Ms. Akhila James</i> <i>Mr. Emil Thankachan</i>	<b>Topic:</b> <i>Confronting conflicts in different dimensions: (i) inner self (ii) nature (iii) social life (iv) Universal living</i>
10:30 am- 12:30 pm	Session-3 'KEVA'-Herbal Plant Exhibition
12:30 pm - 1:30 pm	Kaliyum Chiriyum
1:30 pm-1:45 pm	Session-4 Peace Game I
1:45 pm-3:30 pm	Session-5 'PUNARJANI'-Dry Bouquet Exhibition
3:30 pm-3:45 pm	Kaliyum Chiriyum
3:45 pm- 4:20 pm	Session-6 EVALUATION SESSION I

**END OF DAY 1**

<b>Evaluation</b>	Ms. Alen Maria Binny
<b>Wednesday, 29th March 2023 (Day 3-'Bhuvissu')</b>	
<b>Anchoring</b>	Ms. Anagha Chandran & Ms. Anjana Chandran
<b>Report</b>	Ms. Hitha K, Ms. Reshma G R
<b>Evaluation</b>	Ms. Jwala Mariya Cyriac
<b>Thursday, 30th March 2023 (Day 4-'Varidhi')</b>	
<b>Reflection &amp; Valedictory Ceremony</b>	Ms. Niha Padamnabhan
<b>Anchoring</b>	Mr. Alex Jose & Ms. Christeen Raju
<b>Report</b>	Mr. Hitha K & Mrs. Resham G R
<b>Evaluation</b>	Ms. Indukumari U K

<b>'AYNA'- Discovering oneself</b>	Ms. Joyamol T Baby Ms. Elsitta Jose	
<b>Peace Art</b>	<b>Group 1- Thalam</b>	Mr. Jishnu T P
	<b>Group 2- Ragam</b>	Mrs. Jahna T V
	<b>Group 3- Layam</b>	Ms. Simna N
	<b>Group 4- Sruthy</b>	Mrs. Reshma G R
	<b>Group 5- Swaram</b>	Mr. Hrishikesh Babu
	<b>Group 6- Pallavi</b>	Mr. Jomal Joy
	<b>Group 7- Eenam</b>	Ms. Prajina Das K P
	<b>Group 8-Thudi</b>	Mr. Emil Thankachan
	<b>Group 9-Dhwani</b>	Ms. Hitha K
	<b>Group 10- Sarangl</b>	Ms. Aksharamol
<b>Focussed Group Discussion</b>	Ms. Karishma Suresh Ms. Ann Kurian	
<b>'RUCHIKKOOTTU'- Salad Making Competition</b>	Ms. Prajina Das K P	
<b>Technical Sessions</b>	Mr. Vaishakh K	
<b>Publicity</b>	Mr. Alex Jose Ms. Jahna T V Ms. Sruthi V	
<b>Reporting Head</b>	Ms. Anusree K	
<b>Documentation</b>	Ms. Manjusha Ms. Anagha Chandran M	
<b>Monday, 27th March 2023 (Day 1- 'Kalya')</b>		
<b>Inaugural Ceremony</b>	Ms. Ahana Thomas	
<b>Anchoring</b>	Mr. Anand Ravi & Ms. Manjusha	
<b>Report</b>	Mr. Emil Thankachan & Ms. Anagha N P	
<b>Evaluation</b>	Ms. Arya K I	
<b>Tuesday, 28th March 2023 (Day 2- 'Nimnaga')</b>		
<b>Anchoring</b>	Ms. Amitha George	
<b>Report</b>	Ms. Visamyu & Ms. Aswathy V	

<b>'MMADE PEEDIA'- Tea Shop</b>	Ms. Akshaya A V Ms Manjusha N Ms. Aiswarya Manoj Ms. Sneha V Ms. Alex Jose Ms. Amrtee K P Ms. Haritha P V Ms. Jisna Augustine Mr. Jomal Joy
<b>'KEVA'-Herbal Plant Exhibition</b>	Ms. Maneesha P
<b>'PUNARJANI'-Dry Bouquet Exhibition</b>	Ms. Akshaya A V Ms. Aksharamol
<b>Peace Games</b>	Ms. Jisna Augustine Ms. Joyamol T Baby Ms. Anagha Chandran M Ms. Haritha P V Mr. Alex Jose Mr. Anand Ravi Ms. Sneha
<b>Expert Talk</b>	Mr. Vaishakh K
<b>Team Teaching</b>	<ul style="list-style-type: none"> <li>• Ms. Karishma Suresh &amp; Ms. Aksharamol</li> <li>• Ms. Arya K I, Ms. Harshu Santhosh, Ms. Akhila James, Mr. Emil Thankachen</li> </ul>
<b>'PAKADARPANAM': Payasam Making</b>	Mr. Hrishikesh Babu Mr. Jishnu T P Ms. Anagha Chandran M Mrs. Reshma G R Mrs. Jahnna TV Ms. Jwala Maria Cyriac Ms. Anagha N P

**P.K.M. COLLEGE OF EDUCATION, MADAMPAM**

**'DE PROFUNDIS'**

**COURSE EPC 04: UNDERSTANDING THE SELF**

**FOUR-DAY WORKSHOP**

**DUTY LIST**

<b>Staff Coordinator</b>	Ms. Mimimol George (Sr. Caroline FCC)
<b>General Coordinators</b>	Ms. Karishma Suresh Ms. Aksharamol Ms. Ann Kurian
<b>Committee Members</b>	Ms. Akshaya A V Ms. Anagha Chandran M Ms. Joyamol T Baby Ms. Elsitta Jose Ms. Maneesha P Mr. Jishnu T P
<b>HIGHLIGHTS OF THE WORKSHOP</b>	
<b>Programme</b>	<b>In-Charge</b>
<b>Brochure</b>	<b>Brochure Head</b> Ms. Karishma Suresh
	<b>Day 1-'Kalya'</b> Ms. Athira T C
	<b>Day 2-'Nimnaga'</b> Ms. Amitha George
	<b>Day 3-'Bhuvissu'</b> Ms. Akhila James
	<b>Day 4-'Varidhi'</b> Ms. Jomal Joy
<b>Promo Video</b>	Ms. Saniya Benny
<b>Peace Dance</b>	Ms. Elsitta Jose Ms. Ahana Thomas Ms. Christeena Rau Ms. Maneesha P Ms. Arya K I
<b>Peace Music</b>	Ms. Harsha Santhosh

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## Course EPC - 04 Understanding the Self Workshop

**DAY - 4**

# വാരിധി

**PEACE ART**



**RUCHIKKODTU: SALAD MAKING COMPETITION**

Programme Coordinator:  
Prajina Das K P



**GROUP DISCUSSION**



**VALEDICTORY SESSION**

**30 March 2023, 09:30 a.m., College Auditorium**

# P. K. M College of Education Madampam

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RUSA 2.0 Beneficiary, UGC2(f) & 12 (B)



**MUSIC THERAPY & MEDITATION**

Co-ordinators  
Ms.Minimol George & Mr.Vaishakh K

*EPC - 04 Understanding the Self Workshop*

**Day 3**

# ഭൂവിഷ്ണു



**AYNA: DISCOVERING ONESELF**

Co-ordinators  
Ms.Joyamol T Baby & Ms.Esitta Jose

**ON 29TH MARCH 2023 AT 9.30 AM  
AT COLLEGE AUDITORIUM**

**P. K. M COLLEGE OF EDUCATION MADAMPAM**  
 Accredited by NAAC with 'A' Grade(second cycle -4 point scale )  
 RUSA 2.0 Beneficiary, UGC2(f) & 12 (B)

**Day 2**

**EPC- 04 UNDERSTANDING THE SELF WORKSHOP**

**നിർമ്മഗ**

<b>Team Teaching</b> Co-ordinators Aksharamol & Karishma Suresh	<b>Talk on Meditation</b> Co-ordinator Vaishakh K	<b>Payasam Making</b> Co-ordinators Hrishikesh Babu & Jishnu T P

**On 28th March 2023 at 9.30 AM,  
 @ College Auditorium**

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**Day 1**

**Course EPC 04: Understanding the Self  
 Workshop**

**കല്ലി**

<b>Inaugural Ceremony</b>	<b>Keva: Herbal Garden Exhibition</b>	<b>Punarjani: Dry Bouquet Exhibition</b>
<b>Facilitators</b> Akhila James Arya K I Emil Thankachan Harsha Santosh	<b>Programme Coordinators</b> Manesha.P Prajina Das.K.P	<b>Programme Coordinators</b> Aksharamol Biju Akshyaya A V

**27 March 2023, 09:30 AM  
 @ College Auditorium**

**Thursday, 30<sup>th</sup> March 2023 (Day 4-'Varidhi')**

9:30 am-11:00 am	Session -17 PEACE AR1
11:00 am- 11:10 am	Kaliyum Chiriyum
11:10 am-12:30 pm	Session-18 <b>*RUCHIKKOOTTU*-SALAD MAKING COMPETITION</b>
12:30 pm-1:30 pm	Kaliyum Chiriyum
1:30 pm-2:30 pm	Session-19 FOCUSED GROUP DISCUSSION
<p><b>Topic: Approaches in Peace Building</b>  <i>Integrated Approach; Democracy approach; Justice approach; Reconstructive approach; Top, middle and grassroot approach; Transformational approach; Feminist approach; Peace keeping; Peace making; Peace Building</i></p>	
<p><b>Moderator:</b>  <i>Dr. Prasanth Mathew</i>                  Vice Principal &amp; Asst. Professor in Physical Science</p>	<p><b>Participants:</b>  <i>Mr. Jishnu T P</i>  <i>Mrs. Jahna T V</i>  <i>Ms. Simna N</i>  <i>Mrs. Reshma G R</i>  <i>Mr. Hrishikesh Babu</i>  <i>Mr. Jomal Joy</i>  <i>Ms. Prajina Das K P</i>  <i>Mr. Emil Thankachan</i>  <i>Ms. Hitha K</i>  <i>Ms. Aksharamal</i></p>
2:30 pm-2:45 pm	Session-20 EVALUATION SESSION IV
2:45 pm - 3:00 pm	Kaliyum Chiriyum
3:00 pm-4:20 pm	Session-21 REFLECTION AND VALEDICTORY SESSION

**END OF DAY 4 AND WORKSHOP**



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Accredited by NAAC with 'A' Grade, (Second cycle -4-point scale), RUSA 2.0 beneficiary

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Tel: 0460 2230929, Fax: 04602 232449

## REPORT

### WORKSHOP ON CYBER ETHICS

As part of

EPC 03 CRITICAL UNDERSTANDING OF ICT

On 16/03/2023

Title of the Workshop	Cyber Ethics	
Organized as part of	EPC-03-Critical Understanding of ICT	
Resource Person	Mr.Radhakrishnan Kavumbayi	
Faculty in charge	Dr.Prasanth Mathew	
Student Coordinators	Ms. Anusree K Ms.Amitha George	
Participants	Faculty	2
	Student Teachers	47

### REPORT ABSTRACT

A workshop on '*Cyber Ethics*' was conducted by P K M College of Education Madampam as part of the EPC-03- Critical understanding of I C T. The workshop was held on 16<sup>th</sup> March 2023 from 10.30 a.m. to 1.30 p.m. The student teachers of the 2021-2023 batch of P K M College of Education Madampam was the target audience. Mr. Radhakarishnan Kavumbayi, Inspector, KAP-4 Bn, Mangattuparamba, Kannur led the workshop interactively and informatively.

### OBJECTIVES OF THE WORKSHOP

- To create awareness among the student teachers regarding the etiquettes that are to be followed while using cyberspace
- To equip the student teachers to use cyberspace securely.
- To know about legal measures of using I C T.

### PLANNING

It was decided to organize a workshop as part of the EPC-03-, Critical Understanding of I C T. An organizing committee was formed under the guidance of Dr. Prasanth Mathew, Asst. Prof. in Physical science & Vice Principal, EPC 03 ICT Faculty in charge. Amitha George & Anusree K, Student teachers, English optional 2021-2023 batch were selected as the student coordinators of the Workshop. Instructions were given timely by the supervising faculty. Dr. Sr Jessi N C, Principal K M College of Education Madampam also provided guidance for the workshop. The student coordinators took initiative to contact the appropriate resource person timely. A detailed brochure was made and circulated among the student teachers informing the details of the workshop. Apart from this an action plan or programme chart, banner, memento, certificate etc. were also designed for the official purpose.

### WORKSHOP-EXECUTION

The session was conducted in two phases. The inaugural session as well as the resource talk. The first session was the formal session. The formal session began at 10.45 a.m. with the welcome address by the student coordinator Amitha George, in which the importance of using cyberspace in the proper manner was discussed in a nutshell. The welcome address was preceded by the introductory speech by Dr. Prasanth

Mathew, Asst. Prof. in Physical science & Vice Principal, EPC 03 ICT Faculty in charge. In the introductory speech the importance of Creating cyber security awareness among teachers to impart the knowledge about pros and cons of internet usage and safety tips for online presence etc. were discussed. The introductory speech was preceded by the Technical session by Mr. Radhakrishnan Kavumbayi, Inspector KAP-4 Bn, Mangtuparamba, Kannur

#### TECHNICAL SESSION-CONTENT OVERVIEW

- **Vitality of Mobile Phones and other Internet gadgets**

The session began by citing the revolutionary invention i.e., mobile phone. He asserted that mobile phones influence every walks of human life. It interferes matters such as how we shop, how we spend our leisure time, how we manage our finance etc. Some personal examples that points out the vitality of Internet Gadgets were also discussed in detail.

- **Privacy in Cyber Space**

The session critically examined the blind faith of users in the privacy of cyber space. It was asserted that there is no such thing as privacy in the cyber space as everything in the world is business.

- **Online Sexting**

The session then moved to the topic online Sexting. Sexting or online sex texting is sending or getting sexually explicit or suggestive images, messages, or video on a smartphone, computer, tablet, or other device

- **Online Grooming**

Online grooming is when someone uses the internet to trick, force or pressure a young person into doing something sexual

- **Online Hacking**

The dangers of online Hacking were discussed in Detail. The example of WikiLeaks and professional examples

- **Online Sextortion**

Sexual extortion or sextortion is a form of blackmail where someone threatens to share a nude or sexual image or video of you unless you give into their demands

- **The Role of Parents in Digital Safekeeping and Advice Giving**

The resource talk then glided into the topic the role of parents in digital safekeeping and advice giving. Real life examples were quoted to convey the idea in detail.

#### **INTERACTIVE SESSION**

The workshop was preceded by a short interactive session. questions regarding cyber privacy were raised by the Student Teachers Akshara Mol Biju and Jomal Joy from the Social Science Optional. Adequate and accurate answers were provided by the resource person for the questions. The interactive session lasted for 5 minutes.

#### **VALEDICTORY SESSION**

The valedictory or Plenary session of the programme was begun at 12.45 and it ended at 1.00 clock. Aswathi V from the English optional shared the experience and feedback of the workshop, highlighting the significance of cyber security awareness among the teaching community. A memento as well as certificate was handed over to Mr. Radhakrishnan Kavumbayi, the resource person of the workshop as a token of honor. The memento was handed over by Dr Prasanth Mathew, Asst.Prof.in Physical science & Vice Principal, EPC 03 ICT Faculty in charge. The workshop ended with the vote of thanks by Anusree K, student coordinator of the workshop.

#### **EVALUATION**

An evaluation of the workshop was conducted via online through google form. All the student teachers positively responded to the evaluation.



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Tel: 0460 2230929, Fax: 04602 232449

Lr. No.PKM/EPC-ICT 2023/01

Madampam  
Date: 09-03-2023

From  
Principal

To  
Radhakrishnan Kavumbai,  
Inspector -KAP 4 Bn,  
Mangattuparamba,  
Kannur,

Dear Sir,

Sub:-Letter of invitation for being Resource Person in the half day workshop on Cyber Ethics reg :-

We are delighted to invite you for a resource talk on 'Cyber Ethics' as part of the half day workshop of Enhancing Professional Competence- Critical Understanding of ICT (EPC-03-ICT) for our student teachers (B.Ed. - 2021-2023 batch) on 16<sup>th</sup> March 2023, Fore Noon.

We hope you will accept our invitation and that we will benefit a lot by your presence.

Thanking you,

Yours faithfully

PRINCIPAL



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KANNUR DISTRICT, KERALA - 670 631



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MADAMPAM, KANNUR, KERALA, INDIA

DRAFT

Half Day Workshop

On

# **CYBER ETHICS**

AS PART OF

**EPC03 CRITICAL UNDERSTANDING OF ICT**

Resource Person



**Mr. Radhakrishnan Kavumbayi**

Inspector, KAP-4 Bn,  
Mangattuparamba, Kannur

**Date: 16<sup>th</sup> March, 2023**

**Time: 10.30 a.m to 12.30 p.m**

**Venue: College**

**Auditorium**



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Tel: 0460 2230929, Fax: 04602 232449

Workshop on

# **CYBER ETHICS**

AS PART OF

**EPC 03 CRITICAL UNDERSTANDING OF ICT**

16-03-2023

Prayer	: Ms.Athira T.C
Welcome Speech	: Ms.Amitha George (Programme Co-ordinator)
Introductory speech	: Dr Prasanth Mathew (Vice Principal and Staff Co-ordinator)
Principal address	: Dr Jessy N.C (Principal)
Technical Session	: Mr.Radhakrishnana Kavumby (Inspector, KAP-4 Bn, Mangattuparamba, Kannur)
Reflections and feedbacks	
Vote of thanks	: Anusree K (Programme Co-ordinator)



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Tel: 0460 2230929, Fax: 04602 232449

### Workshop on Cyber Ethics

As part of

EPC – 03- CRITICAL UNDERSTANDING OF ICT – 2021-23 Batch




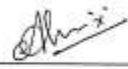

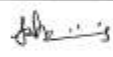
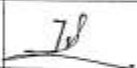


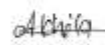
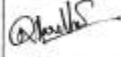
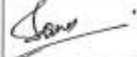


16<sup>th</sup> March 2023

10:30 AM to 1:30 PM

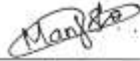






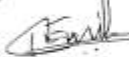








Resource Person	Signature
1 Mr. Radhakrishnan Kavumbayi (Inspector, KAP – 4 Bn – Mangattuparamba, Kannur)	
<b>Faculty in charge</b>	
1 Dr Prasanth Mathew (Assistant Professor in Physical Science and Vice Principal)	
<b>Student Coordinators</b>	
1 Amitha George B.Ed English 2021-23 Batch	
2 Anusree K B.Ed English 2021-23 Batch	
<b>Participants</b>	
1 Amitha George B.Ed English 2021-23 Batch	
2 Anusree K. B.Ed English 2021-23 Batch	
3 Aswathi V. B.Ed English 2021-23 Batch	
4 Duriya Baby B.Ed English 2021-23 Batch	

Total Number of Participants (Students & teachers) – 46  
 ,, ,, (Faculty) – 2







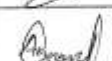






48


5	Jinisha John B.Ed English 2021-23 Batch	
6	Karishma Suresh B.Ed English 2021-23 Batch	
7	Reshna G.R. B.Ed English 2021-23 Batch	
8	Alen Maria Binny B.Ed Malayalam 2021-23 Batch	ABSENT
9	Alex Jose B.Ed Malayalam 2021-23 Batch	
10	Anagha Chandran M. B.Ed Malayalam 2021-23 Batch	
11	Anagha N.P. B.Ed Malayalam 2021-23 Batch	ABSENT
12	Jahna T.V. B.Ed Malayalam 2021-23 Batch	
13	Jishnu T.P. B.Ed Malayalam 2021-23 Batch	
14	Sruthi P.V. B Ed Malayalam 2021-23 Batch	
15	Vismaya E.M. B.Ed Malayalam 2021-23 Batch	
16	Akhila James B.Ed Mathematics 2021-23 Batch	
17	Haritha P.V. B.Ed Mathematics 2021-23 Batch	
18	Jisna Augustine B.Ed Mathematics 2021-23 Batch	
19	Joyamol T. Baby B.Ed Mathematics 2021-23 Batch	
20	Jwala Mariya Cyriac B.Ed Mathematics 2021-23 Batch	



21	Manjusha N. B.Ed Mathematics 2021-23 Batch	
22	Sanjiya Benny B.Ed Mathematics 2021-23 Batch	
23	Sneha V. B.Ed Mathematics 2021-23 Batch	
24	Aiswarya Manoj B.Ed Natural Science 2021-23 Batch	
25	Akshaya A V B.Ed Natural Science 2021-23 Batch	
26	Anjana T. B.Ed Natural Science 2021-23 Batch	
27	Athira T.C. B.Ed Natural Science 2021-23 Batch	
28	Emil Thankachan B.Ed Natural Science 2021-23 Batch	
29	Harsha Santhosh B.Ed Natural Science 2021-23 Batch	
30	Indukumari U K B.Ed Natural Science 2021-23 Batch	
31	Suhaira N. B.Ed Natural Science 2021-23 Batch	
32	Ahana Thomas B.Ed Physical Science 2021-23 Batch	
33	Anand Ravi B.Ed Physical Science 2021-23 Batch	
34	Anjana Chandran B.Ed Physical Science 2021-23 Batch	
35	Ann Kurian B.Ed Physical Science 2021-23 Batch	
36	Arya K.I. B.Ed Physical Science 2021-23 Batch	



37	Christeena Raju B.Ed Physical Science 2021-23 Batch	
38	Elsitta Jose B.Ed Physical Science 2021-23 Batch	
39	Maneesha P. B.Ed Physical Science 2021-23 Batch	
40	Niha Padmanabhan B.Ed Physical Science 2021-23 Batch	
41	Vaishakh K B.Ed Physical Science 2021-23 Batch	
42	Akshramol B.Ed Social Science 2021-23 Batch	
43	Anumol A.M. B.Ed Social Science 2021-23 Batch	
44	Anusree K.P. B.Ed Social Science 2021-23 Batch	
45	Hitha K. B.Ed Social Science 2021-23 Batch	
46	Hrishikesh Babu M.C. B.Ed Social Science 2021-23 Batch	
47	Jomal Joy B.Ed Social Science 2021-23 Batch	
48	Prajina Das K.P. B.Ed Social Science 2021-23 Batch	
49	Simna N.P. B.Ed Social Science 2021-23 Batch	ABSEN?
<b>Faculty</b>		
1.	Dr. Veena Appukuttan Assistant Professor in Social Science IQAC Coordinator.	

  
 16/07/2022  
 Dr. Prasanth Mathew  
 Faculty Incharge IQAC  
 DR. PRASANTH MATHEW  
 Assistant Professor in Physical Science

  
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## INAUGURAL SESSION



## VALEDICTORY SESSION



## WORKSHOP SESSION







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### DUTY CERTIFICATE

Certified that **Mr. Radhakrishnan Kavumbayi**, Inspector, KAP-4 Bn, Mangattuparamba, Kannur has attended duty as the Resource Person and delivered Resource Talk on 'Cyber Ethics' in the workshop for Enhancing Professional Competence - Critical Understanding of ICT (EPC-03-ICT) for our student teachers (B.Ed. 2021-2023 batch) on 16<sup>th</sup> March 2023. His service is appreciated and the organizers are thankful to him for the same.



Madampam,  
16-03-2023

  
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Tel: 0460 2230929, Fax: 04602 232449

### CERTIFICATE

Certified that **Dr.Prasanth Mathew**, Assistant Professor in Physical Science and Vice Principal was the Programme Co-ordinator of the Workshop on '**Cyber Ethics**' organized on 16<sup>th</sup> March 2023, as part of Enhancing Professional Competence - Critical Understanding of ICT (EPC-03-ICT) for student teachers of B.Ed. 2021-2023 batch.

Madampam,

16-03-2023



PRINCIPAL

Dr. JESSY, N.C.  
Principal  
P.K.M. College of Education  
Madampam, Kaitthapram P.O.  
Kannur - 670 631



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Tel: 0460 2230929, Fax: 04602 232449

### CERTIFICATE

● Certified that **Ms.Amitha George**, B.Ed. English, 2021-23 batch was the Student Co-ordinator of the Workshop on '**Cyber Ethics**' organized on 16<sup>th</sup> March 2023, as part of Enhancing Professional Competence - Critical Understanding of ICT (EPC-03-ICT) for student teachers of B.Ed. 2021-2023 batch.

● Madampam,

16-03-2023



PRINCIPAL

Dr. JESSY. N.C.

Principal

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Tel: 0460 2230929, Fax: 04602 232449

### CERTIFICATE

● Certified that **Ms.Anusree K**, B.Ed. English, 2021-23 batch was the Student Co-ordinator of the Workshop on 'Cyber Ethics' organized on 16<sup>th</sup> March 2023, as part of Enhancing Professional Competence - Critical Understanding of ICT (EPC-03-ICT) for student teachers of B.Ed. 2021-2023 batch.

● Madampam,

16-03-2023



  
PRINCIPAL

Dr. JESY, N.G.  
Principal  
P.K.M. College of Education  
Madampam, Kaitiapram P.O.  
Kannur - 670 631

C

E P C WORKSHOP 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> OCT. 2018



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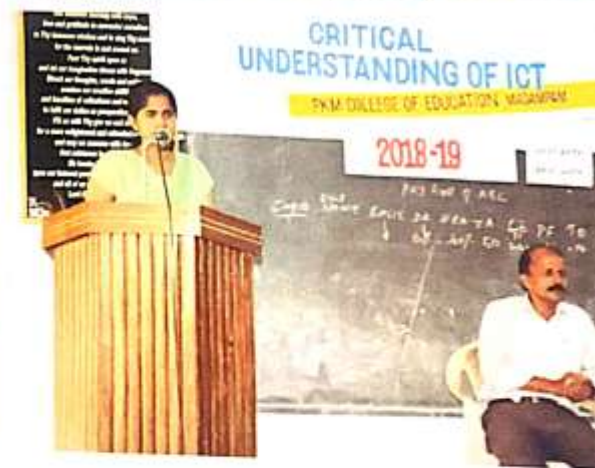




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# E P C WORKSHOP – 22 – 01-2019 to 24 – 01 – 2019



  
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# E P C WORKSHOP – DRAMA AND ART IN EDUCATION

2019 FEBRUARY – 13, 14, 15, 19, 21



26/2/19

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26/2/19

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26/11/19

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26/12/19

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# E P C 1 WORKSHOP READING & REFLECTING ON TEXTS MAGAZINE RELEASING 19-09-2019



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KAITHAPRAM P.O., MADAMPAN  
SREEKANDAPURAM, KOLLAM DISTRICT, KERALA




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**KAITHAPRAM P.O., MADAMPAM**  
**KANNUR DISTRICT, KANNUR DT., -670631**



# E P C 1 WORKSHOP READING & REFLECTING ON TEXTS PHASE II 25 & 26-09-2019



*[Signature]*  
PRINCIPAL  
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MADAMPAM P.O., MADAMPAM  
KANNUR DT., -670631





**Principal**  
**P.K.M. COLLEGE OF EDUCATION**  
KATHAPURAM P.O., MADAMPAM  
KANDAPURAM, KANNUR DT. - 670631



**E P C WORK SHOP – UNDERSTANDING THE SELF 06-01-2020 TO 13-01-2020**  
 ISAMBOLATISM : DR. JOSHITHA JOSEPH



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**KAITHAPRAM P.O, MADAMPAM**  
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 KAITHAPRAM P.O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT., -670631



E P C WORKSHOP  
**DRAMA AND ART IN EDUCATION**  
 03-02-2020 TO 07-02-2020



*[Signature]*  
**PRINCIPAL**  
**P.K.M. COLLEGE OF EDUCATION**  
**KAITHAPRAM P.O, MADAMPAM**  
**SREEKANDAPURAM, KANNUR DT.,-670631**





*[Signature]*  
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**SREEKANDAPURAM, KANNUR DT.,-670631**



E P C WORKSHOP -24-02-2021  
READING & REFLECTING ON TEXTS  
2020-2022 Batch



  
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**P.K.M. COLLEGE OF EDUCATION**  
**KAITHAPRAM P.O, MADAMPAM**  
**SREEKANDAPURAM, KANNUR DT., -670631**



### EPC WORKSHOP

താര്യത്രികം (04-07-2022 to 05-07-2022)



*[Signature]*  
**PRINCIPAL**  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM P.O, MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631



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KAITHAPRAM P.O, MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

**EPC WORKSHOP**  
**DATE: 07-07-2022 ,11-07-2022**



  
**PRINCIPAL**  
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### EPC WORKSHOP (13-07-2022) RESOURCE PERSON: SHOBARAJ PP



  
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E P C WORKSHOP -24-02-2021  
READING & REFLECTING ON TEXTS  
2020-2022 Batch



  
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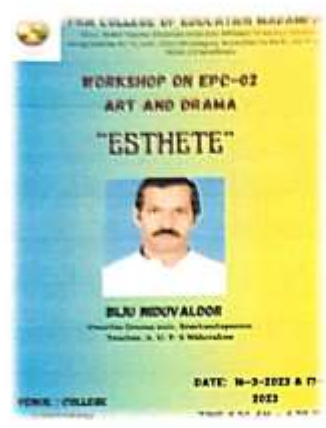




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### EPC Workshop ( 1st YEAR) 16-03-2023 to 17-03-2023 DAY -1



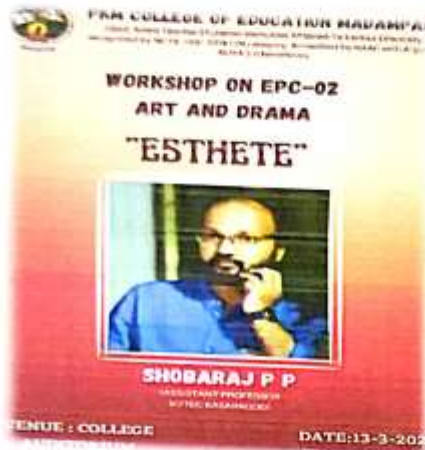
*[Signature]*  
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DAY - II



  
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WORKSHOP ON EPC-02  
ART AND DRAMA  
ESTHETE  
DATE: 13-03-2023



*[Signature]*  
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### EPC WORKSHOP - DAY-I

Date : 27/03/2023



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### EPC WORKSHOP - DAY - 2 DATE 28-03-2023 (നീളം)



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### EPC WORKSHOP – DAY 3

Date : 29/03/2023



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### EPC WORKSHOP - DAY - 4

DATE : 30/03/2023



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