



P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P. O., KANNUR – 670 631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE included under UGC 2(f) & 12(B) category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

1.3.3: Students derive professionally relevant understandings and consolidate these into professional acumen from the wide range of curricular experiences provided during Teacher Education Programme


RECORD OF REFLECTIVE JOURNAL



1.3.3: Students derive professionally relevant understandings and consolidate these into professional acumen from the wide range of curricular experiences provided during Teacher Education Programme

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P.K.M COLLEGE OF EDUCATION
MADAMPAM, KANNUR- 670631
(Affiliated to Kannur University)

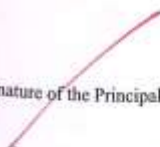



Record of Reflective Journal
B.Ed. Course 2021-2023


Name of Student Teacher: SIMNA N.P.
Register no. : PM21ED5508
Optional Subject : SOCIAL SCIENCE

Certified that this is a bonafide record of
Simna N.P.

Signature 
Name of Faculty Member.....
Date: 24/1

Signature of the Principal 




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KAITAMPAM P. O., MADAMPAM
SHEKHANAPURAM, KANNUR DC, KANNUR

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PRINCIPAL
P.K.M. COMPOSITE EDUCATION
KAITHARPOLE, V.G., P.O. GATTIM
SREEKANTHAPURAM, DISTRICT BT, 670031

INTRODUCTION

Reflective journal

Reflection has been defined as a process regarding thinking about and exploring an issue of concern, which is triggered by an experience. As a student teacher, every B. Ed student has to familiarise themselves with writing reflective journal, not as a formality but as a responsibility. As every individual progress through their education, they must practice, enhance, and habitually use their reflection skills. Reflection can happen in various methods. Journal writing is a way of reflection promoted by experienced teacher educators in bringing the best out of the student teachers.

Journal writing refers to any writing that a student teacher performs during either a clinical or classroom experience that challenges them to reflect on past situations, as well as consider how they might perform differently should similar situations arises in the future. An expert practitioner and a new comer can be distinguished by their performance alone. An expert practitioner experiments on the spot with previous data or engages in what is called 'Reflection-in-action'. It occurs when an individual reshapes what he or she is doing while doing it. Teachers or who do not possess an array of previous experiences from which to draw, are not able to reflect-in-action as can skilled practitioners.

Reflecting on their actions, their behaviour, their knowledge level in every lesson, can help student teachers in finding their advantages as well as their weak points. While reflecting, a student teacher is becoming an evaluator and a critique himself or herself and is comparing their performance with their own past. With time, through reflection, every student teacher will be able to find a better version of themselves, as a teacher. This is where reflection has an importance.




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KAITHAPRAIA P. O., DISTRICT M
SREEKANDAPURAM, PIN CODE 575031

REFLECTIVE JOURNAL
CLASS VIII



A handwritten signature in black ink, appearing to be "J. S. S.", written over the printed name "PRINCIPAL".

PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KATHAPURAM, P.O., SREEKANATHAPURAM
SREEKANATHAPURAM, KANNIYUR DT., 676631

**P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:**

Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:1
Class : 8 th H	Subject: social science
Date: 07/10/2022	Topic : MAPS- INTRODUCTION
1. Preparedness for the class	PPT and pictures related to maps was prepared
Date and time of pre-lesson Discussion	07/10/2022
Comments/Suggestions by supervising teacher	Suggested me to introduce myself to them before lesson since she hasn't informed them about me.
2. How the class was conducted?	Class was conducted in constructivist method using activities, in the presence of concerned teacher.
3. How learners responded?	Mass responding was present in the few minutes of class and later I strictly told them that response should be made by only those who are asked to. Later on they responded individually.
4. The responses to the learners Questions	I gave them appropriate clarifications to the doubts asked by the students.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	The spelling mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	Discipline was disrupted in between the activities but the learners became quite when the teacher asked them to do so.
9. Organization and management of group/individual activities	The teacher gave an individual task and group activities to the children. Both activities were smoothly executed.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 10/10/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to give them brief notes.
Any other remarks:	
Signature of Teacher Educator	



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 KATHARAYIL
 ERILANJAPURAM, MADAMPAM, KANNIUR

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:3
Class : 8 th H	Subject: social science
Date: 10/10/2022	Topic : classification of maps on the basis of scale
1. Preparedness for the class	PPT and charts related to maps was prepared
Date and time of pre-lesson Discussion	10/10/2022
Comments/Suggestions by supervising teacher	Suggested to enlarge the size of letters in charts.
2. How the class was conducted?	Classroom activities followed the constructivists approaches.
3. How learners responded?	I strictly told them that response should be made by only those who are asked to. Then they responded individually.
4. The responses to the learners Questions	The leaners never asked any questions.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	There is no any issue of discipline.
9. Organization and management of group/individual activities	The teacher gave an individual task and group activities to the children. Both activities were smoothly executed.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 11/10/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to prepare extra lesson plans for available free periods.
Any other remarks:	
Signature of Teacher Educator	



Simna N P
 PRINCIPAL

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERSHIP:

Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	
Class : 8 th H	Lesson Plan No:2
Date: 10/10/2022	Subject: social science
1. Preparedness for the class	Topic : Classification of maps on the basis of function
Date and time of pre-lesson Discussion	Charts related to maps was prepared 10/10/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in learner-centred method using activities.
3. How learners responded?	Pupils responded very actively
4. The responses to the learners Questions	They asked few doubts about the maps to which I gave them appropriate clarifications.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Some mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	Discipline was disrupted during activities but the learners became quite when the teacher asked them to do so.
9. Organization and management of group/individual activities	The teacher gave an individual tasks to the children. It was smoothly executed.
10. Time management	Due to lack of time, the teacher could not conduct group activities.
Date and time of post-lesson discussion:	On 10/10/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



P.K.M. COLLEGE OF EDUCATION
KATTIPUZZHA

Date and time of post-lesson discussion:	On 12/10/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



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KAITHAPRAM, P. O., SREEKANAPURAM
SREEKANAPURAM, TRISSUR DT., 670031 21-2022

**INTERNSHIP:
Reflective Journal**

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:3
Class : 8 th H	Subject: social science
Date: 10/10/2022	Topic : classification of maps on the basis of scale
1. Preparedness for the class	PPT and charts related to maps was prepared
Date and time of pre-lesson Discussion	10/10/2022
Comments/Suggestions by supervising teacher	Suggested to enlarge the size of letters in charts.
2. How the class was conducted?	Classroom activities followed the constructivists approaches.
3. How learners responded?	I strictly told them that response should be made by only those who are asked to. Then they responded individually.
4. The responses to the learners Questions	The learners never asked any questions.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	There is no any issue of discipline.
9. Organization and management of group/individual activities	The teacher gave an individual task and group activities to the children. Both activities were smoothly executed.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 11/10/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to prepare extra lesson plans for available free periods.
Any other remarks:	
Signature of Teacher Educator	



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P.K.M. COLLEGE OF EDUCATION
KAITHAPRAM, P. O., SREEKANAPURAM
SREEKANAPURAM, TRISSUR DT., 670031

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:5
Class : 8 th H	Subject: social science
Date:12/10/2022	Topic : MAP READING- DISTANCES ON MAPS
1. Preparedness for the class	PPT was prepared for the class
Date and time of pre-lesson Discussion	12/10/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in constructivist method using activities, in the presence of concerned teacher.
3. How learners responded?	Learners responded positively.
4. The responses to the learners Questions	Some pupils asked few doubts about distances on maps to which I gave them appropriate clarifications.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	The mistakes made by the learners while measuring the distances on maps were corrected.
7. Difficulties in comprehending new ideas and concepts	The students shows certain difficulties in comprehending mathematical calculations
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	The teacher gave two activities to the children. Some students required more time to complete the tasks.
10. Time management	Time management has been good.
Date and time of post-lesson discussion:	On 12/10/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



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 KAITHAPRASTI, P. O. MADAMPAM
 SREEKANDAPURAM, KANNUR DISTRICT-670831

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:

Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	
Class : 8 th H	Lesson Plan No:6
Date:12/10/2022	Subject: social science
1. Preparedness for the class	Topic : MAP READING- DIRECTIONS IN MAPS
Date and time of pre-lesson Discussion	Charts related to directions in maps was prepared for the class 12/10/2022
Comments/Suggestions by supervising teacher	Suggested me to keep proper eye contact.
2. How the class was conducted?	Class was conducted in constructivist method
3. How learners responded?	Responses from the students are good.
4. The responses to the learners Questions	Nil
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There is no mistakes
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new concepts.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	Group activity has been conducted bench wise and I made sure that all of them were involving in discussion without making noise.
10. Time management	The class was properly managed within the time limit.
Date and time of post-lesson discussion:	On 14/10/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



[Signature]
 PRINCIPAL
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P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:7
Class : 8 th H	Subject: social science
Date:14/10/2022	Topic : MAP READING- SIGNS AND SYMBOLS USED IN MAPS
1. Preparedness for the class	Chart was prepared.
Date and time of pre-lesson Discussion	14/10/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in learner centred method.
3. How learners responded?	students responded actively.
4. The responses to the learners Questions	Nil
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There are no mistakes on the part of students.
7. Difficulties in comprehending new ideas and concepts	Students do not show any difficulties.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	The teacher gave two activities to the children. All of them are actively participated in the given activities.
10. Time management	Time management has been good. Recapitulation and follow up activity was also given at the end,
Date and time of post-lesson discussion:	On 20/10/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



PROFESSOR
P.K.M. COLLEGE OF EDUCATION
KATHAPRAM, K. O., MADAMPAM
SREEKANDA PURAM, KOTTAYAM DT.,-670631

**P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERSHIP:**

Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	
Class : 8 th H	Lesson Plan No:8
Date: 20/10/2022	Subject: social science
1. Preparedness for the class	Topic : TOWARDS THE GANGETIC PLAIN – INTRODUCTION
Date and time of pre-lesson Discussion	Ppt and video related to Aryans was prepared 14/10/2022
Comments/Suggestions by supervising teacher	The number of classes required for the unit "Towards the Gangetic plain" were discussed and the teacher is asked to plan the lessons according to it.
2. How the class was conducted?	The class was learner centred.
3. How learners responded?	Learners responded actively to the questions asked by the teacher.
4. The responses to the learners Questions	They asked few doubts about the arrival of Aryans and the teacher explained it repeatedly.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	The mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The learners have shown some difficulties in comprehending new ideas. The teacher helped them to comprehend it in a better way.
8. Issues of discipline	Discipline was disrupted in between the activities but the learners became quite when the teacher asked them to do so.
9. Organization and management of group/individual activities	The teacher gave group activities to the children. The all students are actively participated in such activities.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 25/10/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



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PRINCIPAL

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KAITHAPURAM, P.O., MADAMPAM
SREEKANDAPURAM V. P., KANNUR DISTRICT

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No: 9
Class : 8 th H	Subject: social science
Date: 25/10/2022	Topic : LIFE OF ARYANS
1. Preparedness for the class	chart related to the life of aryans was prepared
Date and time of pre-lesson Discussion	25/10/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in constructivist method .
3. How learners responded?	Mass responding was present in the few minutes of class and later I strictly told them that response should be made by only those who are asked to. Later on they responded individually.
4. The responses to the learners Questions	I gave them appropriate clarifications to the doubts asked by the students
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	The mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	Discipline was disrupted in between the activities but the learners became quite when the teacher asked them to do so.
9. Organization and management of group/individual activities	The teacher conduct a group activity to the children. It was smoothly executed.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 28/10/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to give them simple notes.
Any other remarks:	
Signature of Teacher Educator	




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 KOTTAYAMPURAM, KERALA DT., 670631

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	
Class : 8 th H	Lesson Plan No:10
Date:28/10/2022	Subject: social science
Topic : TOWARDS THE GANGETIC PLAIN	
1. Preparedness for the class	ppt related to Gangetic plain was prepared for the class
Date and time of pre-lesson Discussion	28/10/2022
Comments/Suggestions by supervising teacher	Suggested me to keep proper voice modulation
2. How the class was conducted?	Class was conducted in child centred method
3. How learners responded?	Responses from the students are good.
4. The responses to the learners Questions	They asked few doubts regarding the changes in the life of Aryans to which I gave them appropriate clarifications
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	When they made mistakes while answering the questions, I asked them to rethink. Then they thought for a while and corrected eventually.
7. Difficulties in comprehending new ideas and concepts	Since the content was introduced by means of activities , it was not so difficult for them to comprehend.
8. Issues of discipline	Discipline was disrupted in between a group activity and I had to shout for them to keep silence. Then discipline was maintained.
9. Organization and management of group/individual activities	Group activity has been conducted bench wise and I made sure that all of them were involving in discussion without making noise.
10. Time management	The class was properly managed within the time limit.
Date and time of post-lesson discussion:	On 01/11/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



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P.K.M. COLLEGE OF EDUCATION
MADAMPAM

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:11
Class : 8 th H	Subject: social science
Date:01/11/2022	Topic : RICE OF CITIES AND FORMATION OF NEW IDEAS
1. Preparedness for the class	ppt related to formation of new ideas was prepared .
Date and time of pre-lesson Discussion	01/11/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in learner centred method
3. How learners responded?	Responses from the students are good.
4. The responses to the learners Questions	Nil
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There is no mistakes on the part of students.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new concepts.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	Group activity has been conducted and it was done nicely and learners responded actively. The teacher failed to ensure the participation of all the members of the group.
10. Time management	Time management was good. Recapitulation was conducted and the learners were able to recap the things discussed in the class.
Date and time of post-lesson discussion:	On 03/11/2022 at
Comments/Suggestions by supervising/optional teacher	Asked to give notes to the learners .
Any other remarks:	
Signature of Teacher Educator	




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 KATHARWALLA P. O., MADAMPAM
 SREEKANAPURAM, KERALA DT., 670631

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:12
Class : 8 th H	Subject: social science
Date:03/11/2022	Topic : JAINISM AND BUDDHISM
1. Preparedness for the class	Chart and video related to Jainism and Buddhism was prepared.
Date and time of pre-lesson Discussion	01/11/2022
Comments/Suggestions by supervising teacher	The number of classes required for this topic were discussed and the teacher is asked to plan the lesson according to it.
2. How the class was conducted?	Class was conducted in constructivist method.
3. How learners responded?	Learners responded actively to the questions asked by the teacher.
4. The responses to the learners Questions	Nil
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There is no mistakes on the part of learners.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new concepts.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	Group activity has been conducted and I made sure that all of them were involving in discussion without making noise.
10. Time management	The class was properly managed within the time limit.
Date and time of post-lesson discussion:	On 07/11/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



P.K.M. COLL
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P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:13
Class : 8 th H	Subject: social science
Date: 08/11/2022	Topic : MAHAJANAPADAS
1. Preparedness for the class	PPt related to mahajanapadas was prepared
Date and time of pre-lesson Discussion	08/11/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in constructivist method using activities, in the presence of concerned teacher.
3. How learners responded?	Mass responding was present in the few minutes of class and later I strictly told them that response should be made by only those who are asked to. Later on they responded individually.
4. The responses to the learners Questions	I gave them appropriate clarifications to the doubts asked by the students
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	When they made mistakes while writing on blackboard activity, I asked them repeatedly if they are sure about the word and asked them to rethink. Then they thought for a while and corrected eventually.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	Discipline was disrupted in between the activities but the learners became quite when the teacher asked them to do so.
9. Organization and management of group/individual activities	The teacher gave an individual task and group activities to the children. Both activities were smoothly executed.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 10/11/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to give them brief notes.
Any other remarks:	
Signature of Teacher Educator	



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 PRINCIPAL
 P.K.M. COLLEGE OF EDUCATION
 KATHAPRAM, K. O. S. P. S. S. IRIKKUR
 SITTANDAPURASI, DISTRICT DT., 670631

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:14
Class : 8 th H	Subject: social science
Date:10 /11/2022	Topic : FOREIGN RELATIONS
1. Preparedness for the class	PPT related to foreign relations was prepared
Date and time of pre-lesson Discussion	10/11/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	The class was learner centred and the teacher was able to create interest among the learners through activities.
3. How learners responded?	Learners responded positively
4. The responses to the learners Questions	They asked few doubts regarding the foreign relations and teacher clarify their doubts.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There is no mistakes on the part of learners.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	The teacher gave an individual task and group activities to the children. The teacher ensure the participation of all the members of the group.
10. Time management	Time management was good. Recapitulation was conducted at the end.
Date and time of post-lesson discussion:	On 11/11/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to give them brief notes.
Any other remarks:	
Signature of Teacher Educator	




Simna N P
 PRINCIPAL

P.K.M. COLLEGE OF EDUCATION
 MADAMPAM

**P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:**

Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:15
Class : 8 th H	Subject: social science
Date: 11/11/2022	Topic : BLANKET OF THE EARTH- INTRODUCTION, ATMOSPHERIC GASES
1. Preparedness for the class	Ppt and chart related to atmospheric gases was prepared
Date and time of pre-lesson Discussion	10/11/2022
Comments/Suggestions by supervising teacher	The number of classes required for this unit, " Blanket of Earth" were discussed and the teacher is asked to plan the lessons according to it.
2. How the class was conducted?	Class was conducted in child centred method using activities, in the presence of concerned teacher.
3. How learners responded?	Mass responding was present in the few minutes of class and later I strictly told them that response should be made by only those who are asked to. Later on they responded individually.
4. The responses to the learners Questions	I gave them appropriate clarifications to the doubts asked by the students
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There is no mistakes on the part of learners.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	Discipline was disrupted in between the activities but the learners became quite when the teacher asked them to do so.
9. Organization and management of group/individual activities	The teacher gave two tasks to the children. Both activities were smoothly executed.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 14/11/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



**P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERSHIP:**

Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:16
Class : 8 th H	Subject: social science
Date:14/11/2022	Topic : WATER AND DUST PARTICLES IN ATMOSPHERE
1. Preparedness for the class	ppt was prepared for the class.
Date and time of pre-lesson Discussion	14/11/2022
Comments/Suggestions by supervising teacher	The number of classes required for this topic were discussed and the teacher is asked to plan the lesson according to it.
2. How the class was conducted?	Class was conducted in constructivist method.
3. How learners responded?	Learners responded actively to the questions asked by the teacher.
4. The responses to the learners Questions	Nil
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There is no mistakes on the part of learners.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new concepts.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	Group activity has been conducted and I made sure that all of them were involving in discussion without making noise. And individual task was smoothly executed.
10. Time management	The class was properly managed within the time limit.
Date and time of post-lesson discussion:	On 15/11/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



P.K.M. COLLEGE OF EDUCATION
KATTANKULATHUR
TAMIL NADU

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal


Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:17
Class : 8 th H	Subject: social science
Date: 15/11/2022	Topic : ATMOSPHERE AS A GREEN HOUSE
1. Preparedness for the class	ppt related to green house was prepared
Date and time of pre-lesson Discussion	15/11/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in learner-centred method using activities.
3. How learners responded?	Pupils responded very actively
4. The responses to the learners Questions	They asked few doubts about the green house to which I gave them appropriate clarifications.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Some mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	Discipline was disrupted during activities but the learners became quite when the teacher asked them to do so.
9. Organization and management of group/individual activities	The teacher gave an individual tasks to the children. It was smoothly executed.
10. Time management	Time management has been good.
Date and time of post-lesson discussion:	On 17/11/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



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 PRINCIPAL
 P.K.M. COLLEGE OF EDUCATION
 KATHAPRAKASAM, MADAMPAM
 STEELROAD, MADAMPAM, ERNACULAM
 PIN - 686 501

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Anusree. K. P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:16
Class: 8 D	Subject: Social Science
Date:9/11/2022	Topic: rise of cities
1. Preparedness for the class	PPT related to cities in Gangetic plain
Date and time of pre-lesson Discussion	9/11/2022
Comments/Suggestions by supervising teacher	Suggested to make an eye contact with students.
2. How the class was conducted?	Class was conducted through learner centered method.
3. How learners responded?	Response from the pupils is good.
4. The responses to the learners Questions	Students do not raise any questions.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Nil.
7. Difficulties in comprehending new ideas and concepts	Students do not show any difficulties in comprehending the concept.
8. Issues of discipline	Some children make some noises but later they become silent.
9. Organization and management of group/individual activities	The teacher gave an individual activity to the learners. They completed the task perfectly.
10. Time management	The lesson was managed properly.
Date and time of post-lesson discussion:	On 11/11/2022
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	

**P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:**

Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:19
Class : 8 th H	Subject: social science
Date:18/11/2022	Topic : OZONE AS AN UMBRELLA FOR THE EARTH
1. Preparedness for the class	Video and ppt related to ozone layer was prepared
Date and time of pre-lesson Discussion	18/11/2022
Comments/Suggestions by supervising teacher	Suggested me to improve the black board work
2. How the class was conducted?	Class was conducted by using learner centred activities.
3. How learners responded?	They responded very actively.
4. The responses to the learners Questions	Questions raised by the learners are clarified.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Helps them to clarify their doubts.
7. Difficulties in comprehending new ideas and concepts	The students show some difficulties in comprehending the ozone hole. So the teacher repeatedly taught the concept.
8. Issues of discipline	Discipline was disrupted in between the activities but the learners became quite when the teacher asked them to do so.
9. Organization and management of group/individual activities	The teacher gave an individual tasks to the children. They required more time to complete it.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 22/11/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to give a special focus on backward children.
Any other remarks:	
Signature of Teacher Educator	




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 KATHAPURAM P. O., MADAMPAM
 SREEKANDAPURAM, KULIYOT DT., 670831

**P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:**

Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	
Class : 8 th H	Lesson Plan No:20
Date:22/11/2022	Subject: social science
Topic : STRUCTURE OF ATMOSPHERE – TROPOSPHERE AND STRATOSPHERE	
1. Preparedness for the class	Chart related to the structure of atmosphere was prepared for the class
Date and time of pre-lesson Discussion	22/11/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in constructivist method using activities, in the presence of concerned teacher.
3. How learners responded?	Learners responded positively.
4. The responses to the learners Questions	Some pupils asked few doubts about troposphere to which I gave them appropriate clarifications.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There is no mistakes on the part of learners.
7. Difficulties in comprehending new ideas and concepts	The students shows certain difficulties in comprehending the structure of atmosphere.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	The teacher gave an activity to the children. Some students required more time to complete the tasks.
10. Time management	Time management has been good.
Date and time of post-lesson discussion:	On 24/11/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



Simna N P

PKM Col
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P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:21
Class : 8 th H	Subject: social science
Date:24/11/2022	Topic : STRUCTURE OF ATMOSPHERE – MESOSPHERE AND THERMOSPHERE
1. Preparedness for the class	Charts related to the structure of atmosphere was prepared for the class
Date and time of pre-lesson Discussion	24/11/2022
Comments/Suggestions by supervising teacher	Suggested me to keep proper eye contact.
2. How the class was conducted?	Class was conducted in constructivist method
3. How learners responded?	Responses from the students are good.
4. The responses to the learners Questions	Nil
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There is no mistakes
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new concepts.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	Individual task has been conducted and it was properly executed.
10. Time management	The class was properly managed within the time limit.
Date and time of post-lesson discussion:	
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



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[Signature]
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 KAITHAPURAM, P. O., MADAMPAM
 SREEKANDAPURAM, KANNUR DIST., 670631

**REFLECTIVE JOURNAL
CLASS IX**



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P.K.M. COLLEGE OF EDUCATION
KALTHAPALLI, SOLIKANDAPURAM
KANCHI DISTRICT, TAMIL NADU

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal


Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:1
Class : 9 th G	Subject: social science
Date: 06/10/2022	Topic : AGRICULTURAL PROGRESS IN MEDIEVAL INDIA
1. Preparedness for the class	Ppt and working model of Persian water wheel was prepared
Date and time of pre-lesson Discussion	06/10/2022
Comments/Suggestions by supervising teacher	Suggested me to introduce myself to them before lesson since she hasn't informed them about me.
2. How the class was conducted?	Class was conducted in constructivist method using activities, in the presence of concerned teacher.
3. How learners responded?	Mass responding was present in the few minutes of class and later I strictly told them that response should be made by only those who are asked to. Later on they responded individually.
4. The responses to the learners Questions	I gave them appropriate clarifications to the doubts asked by the students
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	The spelling mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	Discipline was disrupted in between the activities but the learners became quite when the teacher asked them to do so.
9. Organization and management of group/individual activities	The teacher gave an individual task and group activities to the children. Both activities were smoothly executed.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 07/10/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to give them brief notes.
Any other remarks:	
Signature of Teacher Educator	



SIGNATURE
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 SREEKANDAPURAM, PIN-670631

**P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:**


Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:2
Class : 9 th G	Subject: social science
Date: 07/10/2022	Topic : AGRICULTURAL PROGRESS DURING CHOLA PERIOD
1. Preparedness for the class	Charts related to agricultural progress during chola period was prepared
Date and time of pre-lesson Discussion	07/10/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in learner-centred method using activities.
3. How learners responded?	Pupils responded very actively
4. The responses to the learners Questions	They asked few doubts about this topic to which I gave them appropriate clarifications.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Some mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	Discipline was disrupted during activities but the learners became quite when the teacher asked them to do so.
9. Organization and management of group/individual activities	The teacher gave an individual tasks to the children. It was smoothly executed.
10. Time management	Due to lack of time, the teacher could not conduct group activities.
Date and time of post-lesson discussion:	On 10/10/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



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MADAMPAM

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INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:3
Class : 9 th G	Subject: social science
Date: 10/10/2022	Topic : HANDIWORK AND HANDICRAFT
1. Preparedness for the class	PPT ,charts and working model of charkha was prepared
Date and time of pre-lesson Discussion	10/10/2022
Comments/Suggestions by supervising teacher	Suggested to enlarge the size of letters in charts.
2. How the class was conducted?	Classroom activities followed the constructivists approaches.
3. How learners responded?	I strictly told them that response should be made by only those who are asked to. Then they responded individually.
4. The responses to the learners Questions	The learners never asked any questions.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	There is no any issue of discipline.
9. Organization and management of group/individual activities	The teacher gave an individual task and group activities to the children. Both activities were smoothly executed.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 10/10/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to prepare extra lesson plans for available free periods.
Any other remarks:	
Signature of Teacher Educator	



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 SREEKANDAPURAM, DISTRICT, 670831

**P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:**

Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:4
Class : 9 th G	Subject: social science
Date:10/10/2022	Topic : TRADE AND COMMERCE
1. Preparedness for the class	Ppt related to trade and commerce in medieval India was prepared
Date and time of pre-lesson Discussion	10/10/2022
Comments/Suggestions by supervising teacher	Suggested me to improve the black board work
2. How the class was conducted?	Class was conducted by using learner centred activities.
3. How learners responded?	They responded very actively.
4. The responses to the learners Questions	Questions raised by the learners are clarified.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Helps them to clarify their doubts.
7. Difficulties in comprehending new ideas and concepts	The students show some difficulties in comprehending the new ideas. So the teacher repeatedly taught the concept.
8. Issues of discipline	Discipline was disrupted in between the activities but the learners became quite when the teacher asked them to do so.
9. Organization and management of group/individual activities	The teacher gave an individual tasks to the children. They required more time to complete it.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 11/10/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to give a special focus on backward children.
Any other remarks:	
Signature of Teacher Educator	




Simna N P

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INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:5
Class : 9 th G	Subject: social science
Date:11/10/2022	Topic : ROLE OF GOVERNMENT IN THE PROMOTION OF MEDIEVAL TRADE AND COMMERCE
1. Preparedness for the class	PPT and chart was prepared for the class
Date and time of pre-lesson Discussion	11/10/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in constructivist method using activities, in the presence of concerned teacher.
3. How learners responded?	Learners responded positively.
4. The responses to the learners Questions	Some pupils asked few doubts about the measures for the progress of trade to which I gave them appropriate clarifications.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	The mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The students shows certain difficulties in comprehending some concepts.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	The teacher gave two activities to the children. Some students required more time to complete the tasks.
10. Time management	Time management has been good.
Date and time of post-lesson discussion:	On 11/10/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



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 PRINCIPAL
 P.K.M. COLLEGE OF EDUCATION
 KATHAPURAM P.O.,
 SRIKANDAPURAM DISTRICT, TAMIL NADU

**P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:**

Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:6
Class : 9 th G	Subject: social science
Date:11/10/2022	Topic : THE CITIES IN MEDIEVAL INDIA
1. Preparedness for the class	ppt related to the cities in medieval India was prepared for the class
Date and time of pre-lesson Discussion	11/10/2022
Comments/Suggestions by supervising teacher	Suggested me to keep proper eye contact.
2. How the class was conducted?	Class was conducted in constructivist method
3. How learners responded?	Responses from the students are good.
4. The responses to the learners Questions	Nil
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There is no mistakes
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new concepts.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	Activity has been conducted and I made sure that all of them were involving in discussion without making noise.
10. Time management	The class was properly managed within the time limit.
Date and time of post-lesson discussion:	On 12/10/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



Simna N P

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P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:7
Class : 9 th G	Subject: social science
Date:12/10/2022	Topic : MEDIEVAL INDIAN SOCIETY
1. Preparedness for the class	Chart was prepared.
Date and time of pre-lesson Discussion	12/10/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in learner centred method.
3. How learners responded?	students responded actively.
4. The responses to the learners Questions	Nil
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There are no mistakes on the part of students.
7. Difficulties in comprehending new ideas and concepts	Students do not show any difficulties.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	The teacher gave two activities to the children. All of them are actively participated in the given activities.
10. Time management	Time management has been good. Recapitulation and follow up activity was also given at the end,
Date and time of post-lesson discussion:	On 14/10/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	




 P.K.M. COLLEGE OF EDUCATION
 KATTAPPANA, KERALA
 SREEKANTHAPURAM, KATTAPPANA, KERALA

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INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No: 9
Class : 9 th G	Subject: social science
Date: 20/10/2022	Topic : CASTE SYSTEM IN MEDIEVAL INDIA
1. Preparedness for the class	chart related to the caste system was prepared
Date and time of pre-lesson Discussion	20/10/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in constructivist method .
3. How learners responded?	Mass responding was present in the few minutes of class and later I strictly told them that response should be made by only those who are asked to. Later on they responded individually.
4. The responses to the learners Questions	I gave them appropriate clarifications to the doubts asked by the students
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	The mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	Discipline was disrupted in between the activities but the learners became quite when the teacher asked them to do so.
9. Organization and management of group/individual activities	The teacher conduct an individual tasks to the children. It was smoothly executed.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 21/10/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to give them simple notes.
Any other remarks:	
Signature of Teacher Educator	




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 SREEWADAPURAM, DISTRICT - 626 001

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INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:11
Class : 9 th G	Subject: social science
Date:25/10/2022	Topic : ALONG THE RIVER BANKS, RIVER EROSION
1. Preparedness for the class	Ppt and still model related to the course of a river was prepared .
Date and time of pre-lesson Discussion	25 /10/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in learner centred method
3. How learners responded?	Responses from the students are good.
4. The responses to the learners Questions	Nil
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There is no mistakes on the part of students.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new concepts.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	Group activity has been conducted and it was done nicely and learners responded actively. The teacher failed to ensure the participation of all the members of the group.
10. Time management	Time management was good. Recapitulation was conducted and the learners were able to recap the things discussed in the class.
Date and time of post-lesson discussion:	On 27/10/2022 at
Comments/Suggestions by supervising/optional teacher	Asked to give notes to the learners .
Any other remarks:	
Signature of Teacher Educator	



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P.K.M. COLLEGE OF EDUCATION
 KAITHAMPURAM, S. DISTRICT, TAMIL NADU
 SREENANDAPURAM, MADAMPAM, PIN-621031

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERSHIP:

Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:13
Class : 9 th G	Subject: social science
Date: 01/11/2022	Topic : LANDFORMS CREATED BY UNDERGROUND WATER, COASTAL SCENARIOS
1. Preparedness for the class	PPt related to different landforms was prepared
Date and time of pre-lesson Discussion	01/11/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in constructivist method using activities, in the presence of concerned teacher.
3. How learners responded?	Mass responding was present in the few minutes of class and later I strictly told them that response should be made by only those who are asked to. Later on they responded individually.
4. The responses to the learners Questions	I gave them appropriate clarifications to the doubts asked by the students
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	When they made mistakes while writing on book, I asked them repeatedly if they are sure about the word and asked them to rethink. Then they thought for a while and corrected eventually.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	Discipline was disrupted in between the activities but the learners became quite when the teacher asked them to do so.
9. Organization and management of group/individual activities	The teacher gave group activities to the children. It was smoothly executed.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 02/11/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to give them brief notes.
Any other remarks:	
Signature of Teacher Educator	




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 KATHAPRAM P. O., MADAMPAM
 SREEKANDAPURAM, DISTRICT DT., 670531


INTERSHIP:
Reflective Journal

Name of the Student Teacher: Anusree. K. P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	
Class: 9 D	Lesson Plan No:8
Date:21/10/2022	Subject: Social Science
	Topic: The Vijayanagara Empire
1. Preparedness for the class	Video related to Vijayanagara empire
Date and time of pre-lesson Discussion	21/10/2022
Comments/Suggestions by supervising teacher	Nil.
2. How the class was conducted?	The class was conducted through learner centered method.
3. How learners responded?	Initially, the students do not respond as expected by the teacher. but later the students responded actively to the questions asked by the teacher.
4. The responses to the learners Questions	They do not ask any questions.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	The spelling mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	Some students have shown some difficulties in comprehending new ideas and concepts.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	The teacher gave a group activity to the children. The activity was smoothly executed.
10. Time management	The lesson was completed within time limit.
Date and time of post-lesson discussion:	On 25/10/2022
Comments/Suggestions by supervising/optional teacher	
Any other remarks:	
Signature of Teacher Educator	



Anusree K P
 PKM COLLEGE OF EDUCATION
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 SREEKANDAPURAM, KANNUR DISTRICT

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:15
Class : 9 th G	Subject: social science
Date: 03/11/2022	Topic : OCEANS AT A GLANCE
1. Preparedness for the class	video and chart related to oceans was prepared
Date and time of pre-lesson Discussion	02/11/2022
Comments/Suggestions by supervising teacher	The number of classes required for this unit, " ocean and man" were discussed and the teacher is asked to plan the lessons according to it.
2. How the class was conducted?	Class was conducted in child centred method using activities, in the presence of concerned teacher.
3. How learners responded?	Mass responding was present in the few minutes of class and later I strictly told them that response should be made by only those who are asked to. Later on they responded individually.
4. The responses to the learners Questions	I gave them appropriate clarifications to the doubts asked by the students
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There is no mistakes on the part of learners.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	Discipline was disrupted in between the activities but the learners became quite when the teacher asked them to do so.
9. Organization and management of group/individual activities	The teacher gave two tasks to the children. Both activities were smoothly executed.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 04/11/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



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 SREEKANDAPURAM, DISTRICT 01, 610031

**P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal**

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	
Class : 9 th G	Lesson Plan No:16
Date:04/11/2022	Subject: social science
Topic : ISLANDS AND PENINSULA, DISTRIBUTION OF OCEAN TEMPERATURE	
1. Preparedness for the class	Chart was prepared for the class.
Date and time of pre-lesson Discussion	04/11/2022
Comments/Suggestions by supervising teacher	The number of classes required for this topic were discussed and the teacher is asked to plan the lesson according to it.
2. How the class was conducted?	Class was conducted in constructivist method.
3. How learners responded?	Learners responded actively to the questions asked by the teacher.
4. The responses to the learners Questions	Nil
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There is no mistakes on the part of learners.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new concepts.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	Activities has been conducted and it was smoothly executed.
10. Time management	The class was properly managed within the time limit.
Date and time of post-lesson discussion:	On 07/11/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	

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MADAMPAM




P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:17
Class : 9 th G	Subject: social science
Date: 07/11/2022	Topic : SALINITY OF SEA WATER, DENSITY OF SEA WATER
1. Preparedness for the class	Chart related to density and salinity of sea water was prepared
Date and time of pre-lesson Discussion	07/11/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in learner-centred method using activities.
3. How learners responded?	Pupils responded very actively
4. The responses to the learners Questions	They asked few doubts about the density of sea water to which I gave them appropriate clarifications.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Some mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	Discipline was disrupted during activities but the learners became quite when the teacher asked them to do so.
9. Organization and management of group/individual activities	The teacher gave group activity to the children. It was smoothly executed.
10. Time management	Time management has been good.
Date and time of post-lesson discussion:	On 07/11/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



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 SREEKANDAPURAM, KERALA 686311

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	
Class : 9 th G	
Date: 07/11/2022	Lesson Plan No:18
Subject: social science	
1. Preparedness for the class	Topic : MOVEMENTS OF SEA WATER- WAVES
Date and time of pre-lesson Discussion	Ppt, video and charts related to the waves of sea water was prepared 07/11/2022
Comments/Suggestions by supervising teacher	Suggested to enlarge the size of letters in ppt.
2. How the class was conducted?	Classroom activities followed the constructivists approaches.
3. How learners responded?	I strictly told them that response should be made by only those who are asked to. Then they responded individually.
4. The responses to the learners Questions	The leaners never asked any questions.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	There is no any issue of discipline.
9. Organization and management of group/individual activities	The teacher gave two activities to the children. Both activities were smoothly executed.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 08/11/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to prepare extra lesson plans for available free periods.
Any other remarks:	
Signature of Teacher Educator	



Simna N P
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 KATHAPPAL P. O.,
 SREEKANDAPURAM

**P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:**

Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:19
Class : 9 th G	Subject: social science
Date:08/11/2022	Topic : MOVEMENTS OF SEA WATER- TIDES
1. Preparedness for the class	ppt related to tides was prepared
Date and time of pre-lesson Discussion	08/11/2022
Comments/Suggestions by supervising teacher	Suggested me to improve the black board work
2. How the class was conducted?	Class was conducted by using learner centred activities.
3. How learners responded?	They responded very actively.
4. The responses to the learners Questions	Questions raised by the learners are clarified.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Helps them to clarify their doubts.
7. Difficulties in comprehending new ideas and concepts	The students show some difficulties in comprehending tides. So the teacher repeatedly taught the concept.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	The teacher gave an individual tasks to the children. They required more time to complete it.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 08/11/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to give a special focus on backward children.
Any other remarks:	
Signature of Teacher Educator	



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 SREEKANDAPURAM, DISTRICT, 631024

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INTERSHIP 2021-2023

INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Anusree. K. P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No: 14
Class: 9 D	Subject: Social Science
Date: 29/10/2022	Topic: The cities in medieval India
1. Preparedness for the class	PPT related to the cities in medieval India
Date and time of pre-lesson Discussion	29/10/2022
Comments/Suggestions by supervising teacher	Nil.
2. How the class was conducted?	The class was conducted through learner centered method.
3. How learners responded?	Students responded positively.
4. The responses to the learners Questions	They asked some doubts.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Doubts from the students is clarified.
7. Difficulties in comprehending new ideas and concepts	Majority of Students do not show any difficulties in comprehending new ideas and concepts.
8. Issues of discipline	Discipline was maintained in the classroom. But some students start murmuring.
9. Organization and management of group/individual activities	The teacher gave an individual activity to the children. Students accurately completed the activity.
10. Time management	The lesson was completed in an good manner.
Date and time of post-lesson discussion:	On 31/10/2022
Comments/Suggestions by supervising/optional teacher	
Any other remarks:	
Signature of Teacher Educator	



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SHEELANAPURAM, KUNJUR BT., 472631

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INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:21
Class : 9 th G	Subject: social science
Date:09/11/2022	Topic : OCEAN CURRENTS
1. Preparedness for the class	ppt related to the ocean currents was prepared for the class
Date and time of pre-lesson Discussion	09/11/2022
Comments/Suggestions by supervising teacher	Suggested me to keep proper eye contact.
2. How the class was conducted?	Class was conducted in constructivist method
3. How learners responded?	Responses from the students are good.
4. The responses to the learners Questions	Nil
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There is no mistakes
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new concepts.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	Two tasks has been conducted and it was properly executed.
10. Time management	The class was properly managed within the time limit.
Date and time of post-lesson discussion:	10/11/2022
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



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Simna N P
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 STEERKANDAPUZHA, DISTRICT DT.,-670021

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	
Class : 9 th G	Lesson Plan No:22
Date: 10/11/2022	Subject: social science
Topic : BENEFITS OF OCEANS	
1. Preparedness for the class	Ppt related to the advantages of oceans was prepared
Date and time of pre-lesson Discussion	10/11/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in learner-centred method using activities.
3. How learners responded?	Pupils responded very actively
4. The responses to the learners Questions	They asked few doubts about the merits of oceans to which I gave them appropriate clarifications.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Some mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	Discipline was disrupted during activities but the learners became quite when the teacher asked them to do so.
9. Organization and management of group/individual activities	The teacher gave activities to the children. It was smoothly executed.
10. Time management	Time management has been good.
Date and time of post-lesson discussion:	On 10/11/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:23
Class : 9 th G	Subject: social science
Date: 10/11/2022	Topic : ECONOMIC GROWTH
1. Preparedness for the class	PPT and newspaper related to economic growth was prepared
Date and time of pre-lesson Discussion	10/11/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in constructivist method using activities, in the presence of concerned teacher.
3. How learners responded?	Mass responding was present in the few minutes of class and later I strictly told them that response should be made by only those who are asked to. Later on they responded individually.
4. The responses to the learners Questions	I gave them appropriate clarifications to the doubts asked by the students
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	The spelling mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	Discipline was disrupted in between the activities but the learners became quite when the teacher asked them to do so.
9. Organization and management of group/individual activities	The teacher gave two activities to the children. Both activities were smoothly executed.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 11/11/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to give them brief notes.
Any other remarks:	
Signature of Teacher Educator	



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[Signature]
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 SREEKANDAPURAM, KANNUR DIST., 670031

**P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:**

Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	
Class : 9 th G	Lesson Plan No:24
Date: 11/11/2022	Subject: social science
Topic : ECONOMIC DEVELOPMENT	
1. Preparedness for the class	Charts related to economic development was prepared
Date and time of pre-lesson Discussion	11/11/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in learner-centred method using activities.
3. How learners responded?	Pupils responded very actively
4. The responses to the learners Questions	They asked few doubts about this topic to which I gave them appropriate clarifications.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Some mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	The teacher gave activities to the children. It was smoothly executed.
10. Time management	Due to lack of time, the teacher could not conduct group activities.
Date and time of post-lesson discussion:	On 14/11/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	Lesson Plan No:25
Name of the School: G H S S Irikkur	Subject: social science
Class : 9 th G	Topic : DEVELOPMENT INDICES- PERCAPITA INCOME AND PQLI
Date: 14/11/2022	PPt related to the development indices was prepared
1. Preparedness for the class	14/11/2022
Date and time of pre-lesson Discussion	Suggested to enlarge the size of letters in charts.
Comments/Suggestions by supervising teacher	Classroom activities followed the constructivists approaches.
2. How the class was conducted?	I strictly told them that response should be made by only those who are asked to. Then they responded individually.
3. How learners responded?	The leaners never asked any questions.
4. The responses to the learners Questions	
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new ideas and concepts
8. Issues of discipline	There is no any issue of discipline.
9. Organization and management of group/individual activities	The teacher gave an individual task and group activities to the children. Both activities were smoothly executed.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 15/11/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to prepare extra lesson plans for available free periods.
Any other remarks:	
Signature of Teacher Educator	



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 SREEKANDAPURAM, ERNACULAM DIST., KERALA

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	
Class : 9 th G	Lesson Plan No:26
Date:15/11/2022	Subject: social science
Topic : HUMAN DEVELOPMENT INDEX , HUMAN HAPPINESS INDEX	
1. Preparedness for the class	Ppt related to development indices was prepared
Date and time of pre-lesson Discussion	15/11/2022
Comments/Suggestions by supervising teacher	Suggested me to improve the black board work
2. How the class was conducted?	Class was conducted by using learner centred activities.
3. How learners responded?	They responded very actively.
4. The responses to the learners Questions	Questions raised by the learners are clarified.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Helps them to clarify their doubts.
7. Difficulties in comprehending new ideas and concepts	The students show some difficulties in comprehending the new ideas. So the teacher repeatedly taught the concept.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	The teacher gave two tasks to the children. They required more time to complete it.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 16/11/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to give a special focus on backward children.
Any other remarks:	
Signature of Teacher Educator	

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	Lesson Plan No:27
Name of the School: G H S S Irikkur	Subject: social science
Class : 9 th G	Topic : CHALLENGES FACED BY DEVELOPMENT IN INDIA
Date:16/11/2022	PPT and newspaper related to the challenges faced by development in India was prepared for the class
1. Preparedness for the class	16/11/2022
Date and time of pre-lesson Discussion	Nil
Comments/Suggestions by supervising teacher	Class was conducted in constructivist method using activities, in the presence of concerned teacher.
2. How the class was conducted?	Learners responded positively.
3. How learners responded?	Some pupils asked few doubts about this topic to which I gave them appropriate clarifications.
4. The responses to the learners Questions	
5. The capacity to include learners sharing of their Experience	The mistakes made by the learners while answering the questions were corrected.
6. The responses towards learner's errors	The students shows certain difficulties in comprehending some concepts.
7. Difficulties in comprehending new ideas and concepts	Discipline was maintained.
8. Issues of discipline	The teacher gave two activities to the children. Some students required more time to complete the tasks.
9. Organization and management of group/individual activities	Time management has been good.
10. Time management	On 17/11/2022 at
Date and time of post-lesson discussion:	Nil
Comments/Suggestions by supervising/optional teacher	
Any other remarks:	
Signature of Teacher Educator	



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 P.K.M. COLLEGE OF EDUCATION
 KATHAPURAM, DISTRICT MADURAI
 SREEKANDAPURAM, PIN-625031

Name of the Student Teacher: Anusree. K. P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:22
Class: 9 D	Subject: Social Science
Date:11/11/2022	Tides- spring tides and neap tides, effect of tides
1. Preparedness for the class	PPT related to spring tides and neap tides
Date and time of pre-lesson discussion	11/11/2022
Comments/Suggestions by supervising teacher	Nil.
2. How the class was conducted?	The class was conducted through learner centered method.
3. How learners responded?	students actively responded to the questions asked by the teacher
4. The responses to the learners questions	Their doubts are clarified.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Mistakes from the students are corrected.
7. Difficulties in comprehending new ideas and concepts	Students don't show any difficulties in comprehending new ideas and concepts.
8. Issues of discipline	Discipline was maintained in the classroom.
9. Organization and management of group/individual activities	The teacher gave a group activity and an individual work to the students. The activities are completed accurately.
10. Time management	The lesson was completed in a good manner.
Date and time of post-lesson discussion:	On 14/11/2022
Comments/Suggestions by supervising/optional teacher	
Any other remarks:	
Signature of Teacher Educator	



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 EREEKANDAPURAM, KANNUR DT., KERALA

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	Lesson Plan No:29
Name of the School: G H S S Irikkur	Subject: social science
Class : 9 th G	
Date:18/11/2022	Topic : POPULATION, DISTRIBUTION OF POPULATION
	Chart and ppt related to population was prepared.
1. Preparedness for the class	
Date and time of pre-lesson Discussion	18/11/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in learner centred method.
3. How learners responded?	students responded actively.
4. The responses to the learners Questions	Nil
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There are no mistakes on the part of students.
7. Difficulties in comprehending new ideas and concepts	Students do not show any difficulties.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	The teacher gave two activities to the children. All of them are actively participated in the given activities.
10. Time management	Time management has been good. Recapitulation and follow up activity was also given at the end,
Date and time of post-lesson discussion:	On 21/11/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	
Class : 9 th G	Lesson Plan No:30
Date: 21/11/2022	Subject: social science
Topic : DENSITY OF POPULATION, POPULATION GROWTH	
1. Preparedness for the class	PPT related to density of population and population growth was prepared
Date and time of pre-lesson Discussion	21/11/2022
Comments/Suggestions by supervising teacher	The number of classes required for this topic were discussed and the teacher is asked to plan the lessons according to it.
2. How the class was conducted?	The class was learner centred.
3. How learners responded?	Learners responded actively to the questions asked by the teacher.
4. The responses to the learners Questions	They asked few doubts about this topic and the teacher explained it repeatedly.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	The mistakes made by the learners while answering the questions were corrected.
7. Difficulties in comprehending new ideas and concepts	The learners have shown some difficulties in comprehending this topic. The teacher helped them to comprehend it in a better way.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	The teacher gave group activities to the children. The all students are actively participated in such activities.
10. Time management	The lesson was completed within the time limit.
Date and time of post-lesson discussion:	On 22/11/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	Lesson Plan No: 31
Name of the School: G H S S Irikkur	Subject: social science
Class : 9 th G	
Date: 22/11/2022	Topic : MIGRATION- INTRODUCTION
1. Preparedness for the class	
Date and time of pre-lesson Discussion	Ppt and video related to migration was prepared 22/11/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	
Class was conducted in constructivist method .	
3. How learners responded?	
Mass responding was present in the few minutes of class and later I strictly told them that response should be made by only those who are asked to. Later on they responded individually.	
4. The responses to the learners Questions	
I gave them appropriate clarifications to the doubts asked by the students	
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	
The mistakes made by the learners while answering the questions were corrected.	
7. Difficulties in comprehending new ideas and concepts	
The students do not show any difficulties in comprehending new ideas and concepts	
8. Issues of discipline	
Discipline was maintained.	
9. Organization and management of group/individual activities	
The teacher conduct an individual and group activities to the children. It was smoothly executed.	
10. Time management	
The lesson was completed within the time limit.	
Date and time of post-lesson discussion:	On 23/11/2022 at
Comments/Suggestions by supervising/optional teacher	Suggested me to give them simple notes.
Any other remarks:	
Signature of Teacher Educator	



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 KATHAPURAM, P.O. EDUCATION
 MADAMPAM, DISTRICT TIRUPUR, TAMIL NADU

**P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:**

Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikur	Lesson Plan No:32
Class : 9 th G	Subject: social science
Date:23/11/2022	Topic : WHY DO PEOPLE MIGRATE
1. Preparedness for the class	Ppt was prepared for the class
Date and time of pre-lesson Discussion	23/11/2022
Comments/Suggestions by supervising teacher	Suggested me to keep proper voice modulation
2. How the class was conducted?	Class was conducted in child centred method
3. How learners responded?	Responses from the students are good.
4. The responses to the learners Questions	They asked few doubts regarding migration to which I gave them appropriate clarifications
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	When they made mistakes while answering the questions, I asked them to rethink. Then they thought for a while and corrected eventually.
7. Difficulties in comprehending new ideas and concepts	Since the content was introduced by means of activities , it was not so difficult for them to comprehend.
8. Issues of discipline	Discipline was disrupted in between a group activity and I had to shout for them to keep silence. Then discipline was maintained.
9. Organization and management of group/individual activities	Group activity has been conducted bench wise and I made sure that all of them were involving in discussion without making noise.
10. Time management	The class was properly managed within the time limit.
Date and time of post-lesson discussion:	On 24/11/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	Lesson Plan No:33
Name of the School: G H S S Irikkur	Subject: social science
Class : 9 th G	Topic : SETTLEMENTS- RURAL SETTLEMENTS
Date:24/11/2022	chart related to settlements was prepared .
1. Preparedness for the class	
Date and time of pre-lesson Discussion	24 /11/2022
Comments/Suggestions by supervising teacher	Nil
2. How the class was conducted?	Class was conducted in learner centred method
3. How learners responded?	Responses from the students are good.
4. The responses to the learners Questions	Nil
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There is no mistakes on the part of students.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new concepts.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	Group activity has been conducted and it was done nicely and learners responded actively. The teacher failed to ensure the participation of all the members of the group.
10. Time management	Time management was good. Recapitulation was conducted and the learners were able to recap the things discussed in the class.
Date and time of post-lesson discussion:	On 25/11/2022 at
Comments/Suggestions by supervising/optional teacher	Asked to give notes to the learners .
Any other remarks:	
Signature of Teacher Educator	




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 SREEKANDAPURAM, DISTRICT ET.,-670631

P.K.M. COLLEGE OF EDUCATION, MADAMPAM
INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Simna N P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	
Class : 9 th G	Lesson Plan No:34
Date:25/11/2022	Subject: social science
Topic : PATTERNS OF RURAL SETTLEMENTS, URBAN SETTLEMENTS	
1. Preparedness for the class	Chart and ppt related to urban settlements was prepared.
Date and time of pre-lesson Discussion	25/11/2022
Comments/Suggestions by supervising teacher	The number of classes required for this topic were discussed and the teacher is asked to plan the lesson according to it.
2. How the class was conducted?	Class was conducted in constructivist method.
3. How learners responded?	Learners responded actively to the questions asked by the teacher.
4. The responses to the learners Questions	Nil
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	There is no mistakes on the part of learners.
7. Difficulties in comprehending new ideas and concepts	The students do not show any difficulties in comprehending new concepts.
8. Issues of discipline	Discipline was maintained.
9. Organization and management of group/individual activities	Activity has been conducted and I made sure that all of them were involving in discussion without making noise.
10. Time management	The class was properly managed within the time limit.
Date and time of post-lesson discussion:	On 28/11/2022 at
Comments/Suggestions by supervising/optional teacher	Nil
Any other remarks:	
Signature of Teacher Educator	



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 2021-2022

Simna N P

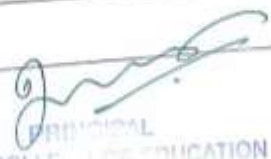
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INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Anusree. K. P	
Optional Subject: Social science	Lesson Plan No:29
Name of the School: G H S S Irikkur	Subject: Social Science
Class: 9 D	Challenges faced by development in India
Date:24/11/2022	PPT related to challenges faced by development in India.
1. Preparedness for the class	24/11/2022
Date and time of pre-lesson discussion	Nil.
Comments/Suggestions by supervising teacher	The class was conducted through learner centered method.
2. How the class was conducted?	Expected responses are got from students.
3. How learners responded?	They do not raise any doubts.
4. The responses to the learners questions	
5. The capacity to include learners sharing of their Experience	Nil
6. The responses towards learner's errors	Students don't show any difficulties in comprehending new ideas and concepts.
7. Difficulties in comprehending new ideas and concepts	Discipline was maintained in the classroom. But some children make noises.
8. Issues of discipline	The teacher gave an individual work to the students. They accurately completed the work.
9. Organization and management of group/individual activities	The lesson was handled in a good manner.
10. Time management	On 29/11/2022
Date and time of post-lesson discussion:	
Comments/Suggestions by supervising/optional teacher	
Any other remarks:	
Signature of Teacher Educator	

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INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Anusree, K. P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	
Class: 9 D	Lesson Plan No:30
Date:29/11/2022	Subject: Social Science
	Sustainable development
1. Preparedness for the class	Video related to sustainable development.
Date and time of pre-lesson discussion	29/11/2022
Comments/Suggestions by supervising teacher	Nil.
2. How the class was conducted?	The class was conducted through learner centered method.
3. How learners responded?	Students responded actively.
4. The responses to the learners questions	They do not raise any doubts.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Nil
7. Difficulties in comprehending new ideas and concepts	Students don't show any difficulties in comprehending new ideas and concepts.
8. Issues of discipline	Discipline was maintained in the classroom.
9. Organization and management of group/individual activities	The teacher gave an individual work to the students. They accurately completed the work.
10. Time management	The lesson was handled in a good and easy manner.
Date and time of post-lesson discussion:	On 30/11/2022
Comments/Suggestions by supervising/optional teacher	
Any other remarks:	
Signature of Teacher Educator	

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K. P. MADAMPAM

INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Anusree. K. P	
Optional Subject: Social science	Lesson Plan No:31
Name of the School: G H S S Irikkur	Subject: Social Science
Class: 9 D	
Date:30/11/2022	Sufi movement and bhakthi movement
1. Preparedness for the class	PPT related to Sufi and bhakthi movement.
Date and time of pre-lesson discussion	30/11/2022
Comments/Suggestions by supervising teacher	Nil.
2. How the class was conducted?	The class was conducted through learner centered method.
3. How learners responded?	Students responded actively to the questions asked by the teacher.
4. The responses to the learners questions	They do not raise any doubts.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Nil
7. Difficulties in comprehending new ideas and concepts	Students don't show any difficulties in comprehending new ideas and concepts.
8. Issues of discipline	Discipline was maintained in the classroom.
9. Organization and management of group/individual activities	The teacher gave an individual work and a group work to the students. They accurately completed the work.
10. Time management	The lesson was handled in a good and easy manner with in time limit.
Date and time of post-lesson discussion:	On 30/11/2022
Comments/Suggestions by supervising/optional teacher	
Any other remarks:	
Signature of Teacher Educator	

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REFLECTIVE JOURNAL- STANDARD XI


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INTERSHIP 2021-2023

P.K.M. COLLEGE OF EDUCATION, MADAMPAM


INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Anusree. K. P	
Optional Subject: Social science	Lesson Plan No: 1
Name of the School: G H S S Irikkur	Subject: Economics
Class: H1B	
Date: 6/12/2022	New economic policy 1991: background
1. Preparedness for the class	PPT related to new economic policy
Date and time of pre-lesson Discussion	6/12/2022
Comments/Suggestions by supervising teacher	Nil.
2. How the class was conducted?	The class was conducted through learner centered method.
3. How learners responded?	some students responded to the questions.
4. The responses to the learners Questions	They do not raise any doubts.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Nil
7. Difficulties in comprehending new ideas and concepts	Students do not show any difficulties in comprehending new ideas and concepts.
8. Issues of discipline	Some children become indiscipline.
9. Organization and management of group/individual activities	The teacher gave an individual work to the students. But the work completed by two students only.
10. Time management	Failed to take the class in a proper manner as expected.
Date and time of post-lesson discussion:	On 6/12/2022
Comments/Suggestions by supervising/optional teacher	Suggested to bring creative ideas in lesson plans.
Any other remarks:	
Signature of Teacher Educator	



(Signature)
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SEKONDAPUR, KANNUR DT., 670831

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INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Anusree, K. P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:2
Class: H1B	Subject: Economics
Date:6/12/2022	Liberalization
1. Preparedness for the class	PPT related to liberalization
Date and time of pre-lesson discussion	6/12/2022
Comments/Suggestions by supervising teacher	Nil.
2. How the class was conducted?	The class was conducted through learner centered method.
3. How learners responded?	Students responded actively.
4. The responses to the learners questions	They do not raise any doubts.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Nil
7. Difficulties in comprehending new ideas and concepts	Students don't show any difficulties in comprehending new ideas and concepts.
8. Issues of discipline	Discipline was maintained in the classroom.
9. Organization and management of group/individual activities	The teacher gave an individual work to the students. They accurately completed the work.
10. Time management	The lesson was handled in a good and easy manner by using more time.
Date and time of post-lesson discussion:	On 7/12/2022
Comments/Suggestions by supervising/optional teacher	
Any other remarks:	
Signature of Teacher Educator	

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INTERNSHIP:
Reflective Journal

Name of the Student Teacher: Anusree. K. P	
Optional Subject: Social science	Lesson Plan No:3
Name of the School: G H S S Irikkur	Subject: Economics
Class: H1B	
Date: 7/12/2022	Privatization
1. Preparedness for the class	PPT related to privatization
Date and time of pre-lesson discussion	7/12/2022
Comments/Suggestions by supervising teacher	Nil.
2. How the class was conducted?	The class was conducted through learner centered method.
3. How learners responded?	Students responded actively.
4. The responses to the learners questions	They do not raise any doubts.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Nil
7. Difficulties in comprehending new ideas and concepts	Students don't show any difficulties in comprehending new ideas and concepts.
8. Issues of discipline	Discipline was maintained in the classroom.
9. Organization and management of group/individual activities	The teacher gave an individual work to the students. They accurately completed the work.
10. Time management	The lesson was handled in a good manner.
Date and time of post-lesson discussion:	On 8/12/2022
Comments/Suggestions by supervising/optional teacher	
Any other remarks:	
Signature of Teacher Educator	

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INTERNSHIP:
Reflective Journal

Name of the Student Teacher: ANUSREE. K. P	
Optional Subject: Social science	
Name of the School: G H S S Irikkur	Lesson Plan No:4
Class: HIB	Subject: Economics
Date:8/12/2022	Globalization
1. Preparedness for the class	PPT related to globalization, outsourcing and WTO
Date and time of pre-lesson Discussion	8/12/2022
Comments/Suggestions by supervising teacher	Nil.
2. How the class was conducted?	The class was conducted through learner centered method.
3. How learners responded?	Students responded actively.
4. The responses to the learners Questions	Their doubts are clarified.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Nil
7. Difficulties in comprehending new ideas and concepts	Students showed some difficulties in comprehending new ideas and concepts.
8. Issues of discipline	Discipline was maintained in the classroom.
9. Organization and management of group/individual activities	The teacher gave an individual work and a group work to the students. They accurately completed the work.
10. Time management	The lesson was handled in a proper way.
Date and time of post-lesson discussion:	On 8/12/2022
Comments/Suggestions by supervising/optional teacher	
Any other remarks:	
Signature of Teacher Educator	


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INTERNSHIP:
Reflective Journal

Name of the Student Teacher: ANUSREE. K. P	
Optional Subject: Social science	Lesson Plan No:5
Name of the School: G H S S Irikkur	Subject: Economics
Class: H1B	
Date:8/12/2022	Indian economy during reforms: an assessment.
1. Preparedness for the class	PPT related to the consequences of economic reforms
Date and time of pre-lesson discussion	8/12/2022
Comments/Suggestions by supervising teacher	Nil.
2. How the class was conducted?	The class was conducted through learner centered method.
3. How learners responded?	Students responded actively.
4. The responses to the learners questions	They do not raise any doubts.
5. The capacity to include learners sharing of their Experience	
6. The responses towards learner's errors	Nil
7. Difficulties in comprehending new ideas and concepts	Students do not show any difficulties in comprehending new ideas and concepts.
8. Issues of discipline	Discipline was maintained in the classroom.
9. Organization and management of group/individual activities	The teacher gave a group work to the students. They accurately completed the work.
10. Time management	The lesson was completed within time limit.
Date and time of post-lesson discussion:	On 8/12/2022
Comments/Suggestions by supervising/optional teacher	
Any other remarks:	
Signature of Teacher Educator	

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