



P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P. O., KANNUR – 670 631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE included under UGC 2(f) & 12(B) category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

2.2.1: Assessment process is in place at entry level to identify different learning needs of students and their level of readiness to undergo professional education programme and also the academic support provided to students

ICT ORIENTATION



2.2.1: Assessment process is in place at entry level to identify different learning needs of students and their level of readiness to undergo professional education programme and also the academic support provided to students

EPC 03 - Critical Understanding of ICT

P.K.M. COLLEGE OF EDUCATION
 MADAMPAM, KAITHAPRAM P O, KANNUR – 670631
 (Govt. Aided Teacher Education Institution affiliated to Kannur University)
 Recognized by NCTE and included under UGC 2(f) & 12B category
 Accredited by NAAC with 'A' Grade, (Second cycle – 4-point scale), RUSA 2.0 beneficiary
 E-mail: pkmvedu@yahoo.co.in, Website: - www.pkcollege.org
 Tel: 0460 2330929, Fax: 04602 232449

REPORT
WORKSHOP ON CYBER ETHICS
 As part of
 EPC 03 CRITICAL UNDERSTANDING OF ICT
 On 16/03/2023

Title of the Workshop	Cyber Ethics	
Organized as part of	EPC-03-Critical Understanding of ICT	
Resource Person	Mr.Radhakrishnan Kavumbayi	
Faculty in charge	Dr.Prasanth Mathew	
Student Coordinators	Ms. Anusree K Ms.Amitha George	
Participants	Faculty	2
	Student Teachers	47



[Signature]
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 P.K.M. COLLEGE OF EDUCATION
 KAITHAPRAM, P. O., MADAMPAM
 SREEKANDAPURAM, KANNUR DT., 670631

REPORT ABSTRACT

A workshop on '*Cyber Ethics*' was conducted by P K M College of Education Madampam as part of the EPC-03- Critical understanding of I C T. The workshop was held on 16th March 2023 from 10.30 a.m. to 1.30 p m. The student teachers of the 2021-2023 batch of P K M College of Education Madampam was the target audience. Mr. Radhakarishnan Kavumbayi, Inspector, KAP-4 Bn, Mangattuparamba, Kannur led the workshop interactively and informatively.

OBJECTIVES OF THE WORKSHOP

- To create awareness among the student teachers regarding the etiquettes that are to be followed while using cyberspace
- To equip the student teachers to use cyberspace securely.
- To know about legal measures of using I C T.


PLANNING

It was decided to organize a workshop as part of the EPC-03-, Critical Understanding of I C T. An organizing committee was formed under the guidance of Dr. Prasanth Mathew, Asst. Prof. in Physical science & Vice Principal, EPC 03 ICT Faculty in charge. Amitha George & Anusree K, Student teachers, English optional 2021-2023 batch were selected as the student coordinators of the Workshop. Instructions were given timely by the supervising faculty. Dr. Sr Jessi N C, Principal K M College of Education Madampam also provided guidance for the workshop. The student coordinators took initiative to contact the appropriate resource person timely. A detailed brochure was made and circulated among the student teachers informing the details of the workshop. Apart from this an action plan or programme chart, banner, memento, certificate etc. were also designed for the official purpose.

WORKSHOP-EXECUTION

The session was conducted in two phases. The inaugural session as well as the resource talk. The first session was the formal session. The formal session began at 10.45 a.m. with the welcome address by the student coordinator Amitha George, in which the importance of using cyberspace in the proper manner was discussed in a nutshell. The welcome address was preceded by the introductory speech by Dr. Prasanth




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Mathew, Asst. Prof. in Physical science & Vice Principal, EPC 03 ICT Faculty in charge. In the introductory speech the importance of Creating cyber security awareness among teachers to impart the knowledge about pros and cons of internet usage and safety tips for online presence etc. were discussed. The introductory speech was preceded by the Technical session by Mr. Radhakrishnan Kavumbayi, Inspector KAP-4 Bn, Mangtuparamba, Kannur

TECHNICAL SESSION-CONTENT OVERVIEW

- **Vitality of Mobile Phones and other Internet gadgets**

The session began by citing the revolutionary invention i.e., mobile phone. He asserted that mobile phones influence every walks of human life. It interferes matters such as how we shop, how we spend our leisure time, how we manage our finance etc. Some personal examples that points out the vitality of Internet Gadgets were also discussed in detail.

- **Privacy in Cyber Space**

The session critically examined the blind faith of users in the privacy of cyber space. It was asserted that there is no such thing as privacy in the cyber space as everything in the world is business.

- **Online Sexting**

The session then moved to the topic online Sexting. Sexting or online sex texting is sending or getting sexually explicit or suggestive images, messages, or video on a smartphone, computer, tablet, or other device

- **Online Grooming**

Online grooming is when someone uses the internet to trick, force or pressure a young person into doing something sexual

- **Online Hacking**

The dangers of online Hacking were discussed in Detail. The example of WikiLeaks and professional examples

- **Online Sextortion**




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Sexual extortion or sextortion is a form of blackmail where someone threatens to share a nude or sexual image or video of you unless you give into their demands

- **The Role of Parents in Digital Safekeeping and Advice Giving**

The resource talk then glided into the topic the role of parents in digital safekeeping and advice giving. Real life examples were quoted to convey the idea in detail.

INTERACTIVE SESSION

The workshop was preceded by a short interactive session. questions regarding cyber privacy were raised by the Student Teachers Akshara Mol Biju and Jomal Joy from the Social Science Optional. Adequate and accurate answers were provided by the resource person for the questions. The interactive session lasted for 5 minutes.

VALEDICTORY SESSION

The valedictory or Plenary session of the programme was begun at 12.45 and it ended at 1.00 clock. Aswathi V from the English optional shared the experience and feedback of the workshop, highlighting the significance of cyber security awareness among the teaching community. A memento as well as certificate was handed over to Mr. Radhakrishnan Kavumbayi, the resource person of the workshop as a token of honor. The memento was handed over by Dr Prasanth Mathew, Asst.Prof.in Physical science & Vice Principal, EPC 03 ICT Faculty in charge. The workshop ended with the vote of thanks by Anusree K, student coordinator of the workshop.

EVALUATION

An evaluation of the workshop was conducted via online through google form. All the student teachers positively responded to the evaluation.




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E-mail: pkmcedn@yahoo.co.in, Website: - www.pkmcollege.org

Tel: 0460 2230929, Fax: 04602 232449

Lr. No.PKM/EPC-ICT 2023/01

Madampam

Date: 09-03-2023

From

Principal

To

Radhakrishnan Kavumbai,
Inspector -KAP 4 Bn,
Mangattuparamba,
Kannur.

Dear Sir,

Sub:-Letter of invitation for being Resource Person in the half day workshop on Cyber Ethics reg :-

We are delighted to invite you for a resource talk on 'Cyber Ethics' as part of the half day workshop of Enhancing Professional Competence- Critical Understanding of ICT (EPC-03-ICT) for our student teachers (B.Ed. - 2021-2023 batch) on **16th March 2023, Fore Noon.**

We hope you will accept our invitation and that we will benefit a lot by your presence.

Thanking you,

Yours faithfully

PRINCIPAL



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KANNUR DISTRICT, KERALA - 670 631

DRAFT



P.K.M. COLLEGE OF EDUCATION

(Govt Aided Teacher Education Institution affiliated to Kannur University)
MADAMPAM, KANNUR, KERALA, INDIA.

Half Day Workshop

On

CYBER ETHICS

AS PART OF

EPC03 CRITICAL UNDERSTANDING OF ICT

Resource Person



Mr. Radhakrishnan Kavumbayi

Inspector, KAP-4 Bn,
Mangattuparamba, Kannur

Date: 16th March, 2023
Time: 10.30 a.m to 12.30 p.m
Venue: College Auditorium



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KANNUR
SREEKANDAPURAM, KANNUR - 670531



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Workshop on

CYBER ETHICS

AS PART OF

EPC 03 CRITICAL UNDERSTANDING OF ICT

16-03-2023

Prayer	: Ms.Athira T.C
Welcome Speech	: Ms.Amitha George (Programme Co-ordinator)
Introductory speech	: Dr Prasanth Mathew (Vice Principal and Staff Co-ordinator)
Principal address	: Dr Jessy N.C (Principal)
Technical Session	: Mr.Radhakrishnana Kavumby (Inspector, KAP-4 Bn, Mangattuparamba, Kannur)
Reflections and feedbacks	
Vote of thanks	: Anusree K (Programme Co-ordinator)




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SREELAKSHMI
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Workshop on Cyber Ethics

As part of

EPC - 03- CRITICAL UNDERSTANDING OF ICT - 2021-23 Batch

16th March 2023










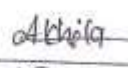




10:30 AM to 1:30 PM

Resource Person		Signature
1	Mr. Radhakrishnan Kavumbayi (Inspector, KAP - 4 Bn - Mangattuparamba, Kannur)	
Faculty in charge		
1	Dr Prasanth Mathew (Assistant Professor in Physical Science and Vice Principal)	
Student Coordinators		
1	Amitha George B.Ed English 2021-23 Batch	
2	Anusree K B.Ed English 2021-23 Batch	
Participants		
1	Amitha George B.Ed English 2021-23 Batch	
2	Anusree K. B.Ed English 2021-23 Batch	
3	Aswathi V. B.Ed English 2021-23 Batch	
4	Dariya Baby B.Ed English 2021-23 Batch	

Total Number of Participants (Student teachers) - 46
 " " " " (Faculty) - 2

48

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5	Jinisha John B.Ed English 2021-23 Batch	
6	Karishma Suresh B.Ed English 2021-23 Batch	
7	Reshma G.R. B.Ed English 2021-23 Batch	
8	Alen Maria Binny B.Ed Malayalam 2021-23 Batch	ABSENT
9	Alex Jose B.Ed Malayalam 2021-23 Batch	
10	Anagha Chandran M. B.Ed Malayalam 2021-23 Batch	
11	Anagha N.P. B.Ed Malayalam 2021-23 Batch	ABSENT
12	Jahna T.V. B.Ed Malayalam 2021-23 Batch	
13	Jishnu T.P. B.Ed Malayalam 2021-23 Batch	
14	Sruthi P.V. B.Ed Malayalam 2021-23 Batch	
15	Vismaya E.M. B.Ed Malayalam 2021-23 Batch	
16	Akhila James B.Ed Mathematics 2021-23 Batch	
17	Haritha P.V. B.Ed Mathematics 2021-23 Batch	
18	Jisna Augustine B.Ed Mathematics 2021-23 Batch	
19	Joyamol T. Baby B.Ed Mathematics 2021-23 Batch	
20	Jwala Mariya Cyriac B.Ed Mathematics 2021-23 Batch	




















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SREEKANDAPURAM, KANNUR DT.,-670631

2

















21	Manjusha N. B.Ed Mathematics 2021-23 Batch	
22	Sanjiya Benny B.Ed Mathematics 2021-23 Batch	
23	Sneha V. B.Ed Mathematics 2021-23 Batch	
24	Aiswarya Manoj B.Ed Natural Science 2021-23 Batch	
25	Akshaya A V B.Ed Natural Science 2021-23 Batch	
26	Anjana T. B.Ed Natural Science 2021-23 Batch	
27	Athira T.C. B.Ed Natural Science 2021-23 Batch	
28	Emil Thankachan B.Ed Natural Science 2021-23 Batch	
29	Harsha Santhosh B.Ed Natural Science 2021-23 Batch	
30	Indukumari U K B.Ed Natural Science 2021-23 Batch	
31	Suhaira N. B.Ed Natural Science 2021-23 Batch	
32	Ahana Thomas B.Ed Physical Science 2021-23 Batch	
33	Anand Ravi B.Ed Physical Science 2021-23 Batch	
34	Anjana Chandran B.Ed Physical Science 2021-23 Batch	
35	Ann Kurian B.Ed Physical Science 2021-23 Batch	
36	Arya K.I. B.Ed Physical Science 2021-23 Batch	



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37	Christeena Raju B.Ed Physical Science 2021-23 Batch	
38	Elsitta Jose B.Ed Physical Science 2021-23 Batch	
39	Maneesha P. B.Ed Physical Science 2021-23 Batch	
40	Niha Padmanabhan B.Ed Physical Science 2021-23 Batch	
41	Vaishakh K B.Ed Physical Science 2021-23 Batch	
42	Akshramol B.Ed Social Science 2021-23 Batch	
43	Anumol A.M. B.Ed Social Science 2021-23 Batch	
44	Anusree K.P. B.Ed Social Science 2021-23 Batch	
45	Hitha K. B.Ed Social Science 2021-23 Batch	
46	Hrishikesh Babu M.C. B.Ed Social Science 2021-23 Batch	
47	Jomal Joy B.Ed Social Science 2021-23 Batch	
48	Prajina Das K.P. B.Ed Social Science 2021-23 Batch	
49	Simna N.P. B.Ed Social Science 2021-23 Batch	ABSENT?
Faculty		
1.	Dr. Veena Appukuttan Assistant Professor in Social Science IQAC Coordinator.	


16/09/2023.
Dr. Prasanth Mathew
Faculty Incharge, IQAC
Dr. PRASANTH MATHEW
Assistant Professor in Physical Science


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SREEKANDAPURAM, TANJAVUR DT., 610031

INAUGURAL SESSION



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 KATTUMKULAM

VALEDICTORY SESSION



PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KATHAMANGALAM, MADAMPAM
MADAMPAM, KERALA, INDIA

WORKSHOP SESSION



Principal
P.K.M. COLLEGE OF EDUCATION
 MADAMPAM
 KERALA
 INDIA



Principal
P.K.M. COLLEGE OF EDUCATION
 MADAMPAM
 KERALA
 INDIA





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Tel: 0460 2230929, Fax: 04602 232449

DUTY CERTIFICATE

Certified that **Mr. Radhakrishnan Kavumbayi**, Inspector, KAP-4 Bn, Mangattuparamba, Kannur has attended duty as the Resource Person and delivered Resource Talk on 'Cyber Ethics' in the workshop for Enhancing Professional Competence - Critical Understanding of ICT (EPC-03-ICT) for our student teachers (B.Ed. 2021-2023 batch) on **16th March 2023**. His service is appreciated and the organizers are thankful to him for the same.



Madampam,

16-03-2023


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Tel: 0460 2230929, Fax: 04602 232449

CERTIFICATE

Certified that **Dr.Prasanth Mathew**, Assistant Professor in Physical Science and Vice Principal was the Programme Co-ordinator of the Workshop on 'Cyber Ethics' organized on 16th March 2023, as part of Enhancing Professional Competence - Critical Understanding of ICT (EPC-03-ICT) for student teachers of B.Ed. 2021-2023 batch.

Madampam,

16-03-2023




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Dr. JESSY. N.C.
Principal
P.K.M. College of Education
Madampam, Kaitthapram P.O.
Kannur - 670631



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E-mail: pkmcedu@yahoo.co.in Website: - www.pkmcollege.org

Tel: 0460 2230929, Fax: 04602 232449

CERTIFICATE

Certified that **Ms.Amitha George**, B.Ed. English, 2021-23 batch was the Student Co-ordinator of the Workshop on '**Cyber Ethics**' organized on 16th March 2023, as part of Enhancing Professional Competence - Critical Understanding of ICT (EPC-03-ICT) for student teachers of B.Ed. 2021-2023 batch.

Madampam,

16-03-2023



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Dr. JESSY. N.C.
Principal
P.K.M. College of Education
Madampam, Kaitiapram P.O.
Kannur - 670 631



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E-mail: pkmcedu@yahoo.co.in, Website: - www.pkcollege.org
Tel: 0460 2230929, Fax: 04602 232449

CERTIFICATE

Certified that **Ms. Anusree K**, B.Ed. English, 2021-23 batch was the Student Co-ordinator of the Workshop on 'Cyber Ethics' organized on 16th March 2023, as part of Enhancing Professional Competence - Critical Understanding of ICT (EPC-03-ICT) for student teachers of B.Ed. 2021-2023 batch.


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Madampam,
16-03-2023



Dr. JESSY, N.C.,
Principal of
P.K.M. College of Education
Madampam, Kalthapram P.O.
Kannur - 670 631



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PHYSICAL FITNESS TRAINING PROGRAMME



2.2.1: Assessment process is in place at entry level to identify different learning needs of students and their level of readiness to undergo professional education programme and also the academic support provided to students

Post Covid Fitness Training Programme at St. Thomas UP School, Perikkalloor

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E-mail: pkmce@pkmce.edu.in, Website: - www.pkmcollgeps.org
Tel: 0460 2230929, Fax: 04602 232449

Circular No:5/PKM/2021-22 Date: 04/03/2022

Sub: Post Covid Fitness Training Programme

CIRCULAR

We are thrilled to announce about the upcoming Post Covid Fitness training program organized by Health and Fitness Club in collaboration with Physical Education department at perikkalloor. we cordially invite all students and staff to join us to make this program a grand success.

Place: Perikkalloor
Date: 7-03-2022

Best regards

Principal

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SREEKANDAPURAM, KANNUR DL-670631

Copy to
All TS, NTS and Students



Report

Post Covid fitness training program

Physical activities and exercise not only maintain physical and psychological health but also help our body to respond to the negative consequences. Zumba is a dance fitness program that boost heart health. Department of physical education and health fitness club of P. K. M. College of education, Madampam organized Post COVID fitness training program at St. Thomas UP school, Perikkalloor, Wayanad on 7th march 2022. The programme started at 9:30am with a welcome address by school manager Fr. Mathew. The program was headed by Fr. Sinoj Joseph and collectively directed by Mariza Markose, Maneesha P, Ahana Thomas, Sayooj V V and Hrishikesh Babu, student representative of P. K. M. College of education, Madampam under the guidance of Zumba trainer Sreejith K, Assistant professor, School of physical education and sports science Kannur university. The program targeted the students from LKG to 7th standard and it witnessed an active participation of parents and teachers. School principal, Staff , PTA and student representatives addressed the concluding session.




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Email: pkcedn@yaho.com, Website: www.pkcollege.org
Tel: 0466 2239299, Fax: (0466) 223449



GENERAL FITNESS
TRAINING PROGRAMME



VENUE:
ST. THOMAS UP
SCHOOL,
PERIKKALLOOR

07
MARCH
2022
9:30 a.m.

Organized by
DEPARTMENT OF PHYSICAL EDUCATION
&
HEALTH FITNESS CLUB



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Post Covid Fitness Training Programme at St. Annes EM School, Vellamunda



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Tel: 0460 2230929, Fax: 04602 232449

Circular No:56/PKM/2021-22

Date: 11/03/2022

Sub: Post Covid Fitness Training Programme

CIRCULAR

We are thrilled to announce about the upcoming Post Covid Fitness training program organized by Health and Fitness Club in collaboration with Physical Education department at Vellamunda. we cordially invite all students and staff to join us to make this program a grand success.

Date: 14-03-2022

Time: 10.00 AM

Place: Vellamunda

Best regards,

Principal



Copy to:

All TS, NTS and Students.

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KAITHAPRAM, P. O., MADAMPAM
SHEEKANDAPURAM, KANNUR DT.,-670631

Report

Post Covid fitness training programme

Department of physical education and health fitness club of P. K. M. College of education, Madampam organized Post COVID fitness training program at St. Anne's EM School, Vellamunda, Wayanad on 14th march 2022. The programme started at 9:30 am with a welcome address by school Principal Fr. Shaji Mekkara. The program was headed by Fr. Sinoj Joseph and collectively directed by Maneesha P, Ahana Thomas, Elsitte Jose, Vismaya, Jeena Sajith M, Kavya V, Sayooj V V, Vishnuprathap M, Alex Baby and Hrishikesh Babu under the guidance of Zumba trainer Sreejith K, Assistant professor, School of physical education and sports science Kannur University. The program targeted the students from LKG to 10th standard and it was conducted in three sections. It was witnessed an active participation of students and teachers. School principal, Staff and student representatives addressed the concluding session. Fr. Sinoj Joseph thanked them and ended the program at 1.00 pm.




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