



P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P. O., KANNUR – 670 631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE included under UGC 2(f) & 12(B) category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

2.3.5: Continual mentoring is provided by teachers for developing professional attributes in students

MENTORING MINUTES



2.3.5: Continual mentoring is provided by teachers for developing professional attributes in students

P.K.M. COLLEGE OF EDUCATION
 MADAMPAM, KAITHAPRAM P O, KANNUR – 670631
 Govt. Aided Teacher Education Institution affiliated to Kannur University)
 Recognized by NCTE and included under UGC 2(f) & 12B category
 Credited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary
 E-mail: pkmcedm@yahoo.co.in Website: - www.pkmcollge.org
 Tel: 0460 2230929, Fax: 04602 232449

Mentoring List - 2019-20

Sl.No	Name of Mentor	Name of Mentee	Programme& Year of Study
4	Dr. Veena Appukkattan	Nimisha A	B.Ed 2018-20
		Harsha A T	B.Ed 2018-20
		NeethuMadhusoodanan	B.Ed 2018-20
		Aparna Francis	B.Ed 2018-20
		Regi P Georgan	B.Ed 2018-20
		Sujina T V	B.Ed 2018-20
		Mridula B P	B.Ed 2019-21
		Ambili Joseph	B.Ed 2019-21
		Anitha P	B.Ed 2019-21
		Shahanas K	B.Ed 2019-21
		Sweetymol Shaji	B.Ed 2019-21


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 DISTRICT-KANNUR, KANNUR 670631




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 DISTRICT-KANNUR, KANNUR 670631

Monthly report of June - 2019.

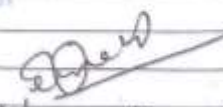
- Students shared their plan of ~~exams~~ and at university level exams.
- They shared their anxieties regarding second year classes and internship.
- They have the problem of time-management to handle the ~~the~~ theory and practical sessions of the course.
- Motivated for doing self study courses.

Suggestions

- Insisted them to concentrate more on their studies and prepare the answers with the answer key to overcome the exam related stress.
- Shared some positive thoughts about them regarding the success in their life.
- Motivations were provided to help to do good in time management.
- Motivated students to enroll and completed the self study course at the earliest. Institution's support for self study course is ensured.



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KATTANKULATHUR, TAMIL NADU
SHEKHARPURAM, KATTANKULATHUR


Dr. Veena Apperla

Monthly Report of July-2019.

- They shared their worries about the teaching practice sessions.
- Some had some difficulties in preparing lesson plan.
- A few students talked about their emotional turmoil.
- They talked about their anticipation ~~problems~~ about internship.
- Some seek help for creating Swagam Portal.

Suggestions given

- Teacher shared with them the ways and strategies to be practiced while they were going for internship.
- Teacher shared some positive thoughts about success in life with them to motivate them for their career.
- Extra care was given to the students who had difficulties in preparing lesson plans.
- Give support for them to solve their worries about internship.
- Provided help for creating the Swagam portal and gave support for their continued studies.



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Dr. Veena Appalathar

Monthly Report of August - 2019.

- They shared their worries about class management and discipline issues in the classroom.
- , Others batch have the worries about the adjust problems in the new professional college campus.
- They shared their issues of change in their learning strategies and the difficulty in learning some concepts in new subjects like psychology and philosophy
- they talked about the pressures of teaching and their expectations.

Suggestions provided

- Organised orientation classes to fill the gap between different learning situations they had faced
- Inspiration and ideas were given to how to be a teacher
- Suggestion and ideas were given to be happy in handling the issues and be a confident teacher



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BANGALORE, KARNATAKA

Dr. Veena Appenlathur

Monthly Report for the - October. 2019.

Issues raised

- They shared their difficulty in doing many things both academic and other activities together.
- Shared their difficulties in learning the new subjects: philosophy and psychology together.
- Shared their difficulties in travelling from their home to the college and they need some relaxations in timings of the college.

Suggestions provided

- Mentor shared her experience in life and reminded that they have bond to be done many things together in their life.
- Mentor make them aware that - lives of many people who went through great things are see through hardships and finally through these difficulties and hardships we become successful in our life.



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 SRIRANGAPATTANAM, DISTRICT - 610031

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Monthly report for the month ~~January~~^{March} - 2020.

Issues raised:

- Students seek to help for setting goals to their life.
- Some of the students find themselves difficult to perform to reach their goals.
- Some of them shared their struggles to connect with each other for performing the task.

Solutions.

- By establishing trust they realize that they can improve by constructive criticism of others.
- Mentors can identify their weakness and advise them the ways to improve their growth.
- Support & guide how to manage studies related anxiety and build mental strength against hardship and failure.



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PSU CO-OPERATION
PULLETTUR, DISTRICT
CHENNAI-600011

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Tel: 0460 2230929, Fax: 04602 232449

Mentoring List-2020-21

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4	Dr. Veena Appukuttan	Mridula B P	B.Ed 2019-21
		Ambili Joseph - <i>Self Study</i>	B.Ed 2019-21
		Anitha P	B.Ed 2019-21
		Shahanas K	B.Ed 2019-21
		SweetymolShaji - <i>Self Study</i>	B.Ed 2019-21
		Krishnapriya K	B.Ed 2020-22
		Athulya C	B.Ed 2020-22
		Toby S Abraham	B.Ed 2020-22
		MarizaMarkose - <i>Self Study</i>	B.Ed 2020-22
		Shyona Stephen	B.Ed 2020-22


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SREENANDAPURAM, KANNUR DT.,-670631

Monthly Report Month of September 2020.

→ Issues raised

- Some have still the fear and lack of confidence to face others.
- Students from poor financial background with less foundation at home are unable to focus enough on their studies.
- Some have the desire to develop their leadership qualities but are not able to develop it due to their worries and other difficulties.
- There are tensions and fear among students to undertake leadership positions.
- Shared worries regarding self study courses.

Suggestions

- Encourage them to face every crisis with courage take an advantage of every opportunity.
- Focus more on the studies of the needy students.
- Motivate students and helping them to get self-motivated.
- Shared their concerns and suggested some ways to cope up with the problems of heavy workload of self study courses.



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AND
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Mentoring Report for the month - October 2020

Issues

- Some face the issues of transferring to a new environment in addition to the overall demand of the college.
- Struggling with low motivation is a major issue among some students.
- Some have the difficulty of handling the English language well for communication.
- Some have some issues of forgetting the learned facts during examinations.
- Shared the progress of self study corner suggestions given
- Advise them to keep open communication with the mentor as well as teachers and friends.
- Give motivation and courage to the mind and focus on aims of student life.
- Find out proper learning style and refine the study habits.
- Approach studies carefully and focus on the self-study corners. To improve your course and learn more.
- Assessed the progress of self study corner and provided proper feedbacks

De Veena Appulethm.

Monthly Report for the Month - February
November 2020

Issues addressed

- Students find it difficult to understand the documentation of materials through various medias
- They encountered the problem of internet usage and its quality.
- They have the ~~poor~~ problem of ~~poor~~ communication.
- Some feel that online learning was less effective
- shared some doubts regarding Swagem assignments

Suggestions given.

- Teacher decided to implement face to face class twice
- Advised to use simple platform for online learning like Teams.
- Provide interactive dynamic and attractive learning material to students,
- provide mental support to them and provide assistance.
- Advised them to submit the assignments and tasks of the Swagem courses on time and helped them to complete their assignments by providing library support. and they were also helped by internet support of providing proper mental support

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Monthly report for the month - March - 2021
December 2020

Issues

- Difficulties in continuing online learning as the time spent online is long and the screen size is small.
- Poor quality of internet at home and the cost of internet is a problem for them.
- Difficulty in making positive relations with friends.
- Lack of concentration, motivation to achieve their online goals.
- ~~Analysed~~^{Spaced} the program of Self-study courses.

Solutions :

- Need to make a break in online learning and offline learning after covid.
- Teachers make sure the students are satisfied with the quality of education provided to them.
- Give chance to make collaborative learning possible in and out of classroom.
- Teacher should change the teaching style to address the student needs.
- Revised the program of Self-study courses and introduced them to complete the course in time.



Dr. Veena Appalathan

Dr. Veena Appalathan

Mentoring Report for the Month February 2021.

Issues

- Few students reported their difficulty in understanding certain subjects.
- Some students raised uncertainty about future goals and career paths.
- One student reported personal issues that affecting their well being.
- Some have some difficulty in completing the task of SWagan course.

Suggestions

- Suggested personalized academic support and encourage their study habits.
- Facilitated career counselling help set achievable goals.
- Provided supportive environment offered counselling resources.
- Advised them to take the responsibility of all the assignments and complete the assignments on time. motivated them to share important their ideas with others in completing the self study courses.



DEPARTMENT OF EDUCATION
KATHIRVAYALUR
SRI LAKSHMI NARAYANA ENGINEERING COLLEGE
SRI LAKSHMI NARAYANA ENGINEERING COLLEGE

De Veena Appukuttan.

Mentoring Report month March 2021.

Issues addressed

- Some students reported their struggle to balance academic and extra curricular activities
 - Two students reported their difficulty in forming positive relationship with peers.
 - Two or more students raised lack of motivation in their career.
- Difficulties regarding self study course.

Suggestions

- Suggested effective time management techniques.
- Providing guidance on social skills
- Help them to identify interest set achievable short-term goals.
- Can give some solutions for completing the self study course.

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Dr. Veena Appukuttan



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		Toby S Abraham	B.Ed 2020-22
		MarizaMarkose - <i>get study</i>	B.Ed 2020-22
		Shyona Stephen	B.Ed 2020-22
		Dariya Baby	B.Ed 2021-23
		Anagha N P	B.Ed 2021-23
		Joyamol T Baby	B.Ed 2021-23
		Athira T C	B.Ed 2021-23
		Ann Kurian	B.Ed 2021-23
		Jisna Augustine	B.Ed 2021-23



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Monthly Report for the month August 2021

Issues addressed

- One student reported stress on high expectations
- One student reported difficulty in adjusting with office work load.
- Two or more students reported some financial problems.
- Difficulties in completing the task by one of the student who wish to do self-study online courses

Suggestions

- Suggested to set realistic goals and to recognize personal achievements
- Suggested to change focus into career and spending more time with family
- Suggested to reduce unwanted spending and provided some personal help and supportive environment
- Provided support for doing self study courses. and motivated them to choose academic choice more courses.

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De Veena Appulethim

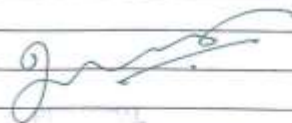
Monthly Report for the month September 2021

Issues raised

- Some students reported their struggles with low self-esteems and lack of confidence.
 - One student reported difficulty in adjusting with family.
 - Some students reported their anxiety before or during exam.
- Difficulties in choosing self study courses.

Suggestions

- Suggested to focus on personal strength and to set available goals.
- Suggested to communicate openly with family.
- Suggested to practice relaxation techniques.
- Advised them to choose more courses and provide them all support to complete the course.



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SECUNDARY SCHOOL STUDIES



Dr. Veena Appulettam.

Mentoring Report Month- November 2021

- One student raised problem of inadequate of poor quality sleep
- One student reports ^{that} some have received more attention from teachers than others.
- Some students reported stress and mental health challenges.
- Shared the usability of completing the online courses.

Suggestions given.

- Suggested to establish a consistent sleep routine and advised to limit screen time before bedtime.
- Suggested to other teachers to encourage a supportive classroom environment where all students feel heard.
- Suggested to practice meditation and to meet counsellors.
- Some had difficulties in completing the task of self study courses. Give them mental support for the same.



Principal
 PACE COLLEGE OF EDUCATION
 KATHIRIPURAM, SRIRANGAPURAM
 SRIRANGAPURAM, TAMIL NADU 676001

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Dr. Veena Anandaraman

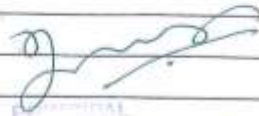
Mentoring Report for the Month January 2022.

Issues addressed

- One student reported that they have lack of decision making ability.
- Some students raised the issue of technology addition.
- Two students reported that they were isolated from others by lack of interest in studies.
- Support for online courses

Suggestions given

- Suggested to provide a supportive environment and to seek advice from trusted friends.
- Suggested to maintain a balanced screen time.
- Suggested to involve in interactive activities.
- Some have joined for online courses and had some confusions regarding the course. Advisor for them worked and helped them for the same.



Mentoring Report for the Month February 2021.

Issues addressed

- One student reported that they face one difficulties for the friends.
- Some students reported that they are not understand the lessons taken by the teachers effectively
- Two or more students reported that they suffer from one social anxiety
- Progress of self study course

Suggestions provided

- Suggested to attain conflict resolution skills
- Suggested to refer learning resources and to have effective self study and focus more in self study course - during lecture time
- Suggested to joining in social group or activities to expand the comfort zone
- Progress of self-study course was analysed.



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Dr. Veena Appalantla



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Mentoring List - 2018-19

Sl.No	Name of Mentor	Name of Mentee	Programme & Year of Study
7	Mrs. Jomol Jose	AmruthaRadhakrishnan	B.Ed 2017-19
		AthiraSagar	B.Ed 2017-19
		Subina T	B.Ed 2017-19
		Jilu Simon	B.Ed 2017-19
		Priya Joy	B.Ed 2017-19
		AmruthaSiby	B.Ed 2018-20
		RevathiParameswaran	B.Ed 2018-20
		Merita Stephen	B.Ed 2018-20
		Anjali A K	B.Ed 2018-20
		Nidhin Jose	B.Ed 2018-20
Shyna N Raju	B.Ed 2018-20		




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2018-2019

1

Monthly Reports.

June 2018

In the month of June conducted mentoring session for the second year students (2017-2019) Given an orientation about the third semester which is the key portion of the B.Ed. course. Most of the students were in some anxiety regarding lesson plan preparation, criticism classes etc. because these are very new to them. So in the mentoring session a detailed discussion was conducted. Student teachers were shared their anxiety regarding academics & the mentor given clarifications & cleared all the doubts among the student teachers.

Jamal Jose

July - 2018

A mentoring session was conducted in the month of July for the second year students (2017-2019). They were going through their third semester. So all of them are under hectic work pressure. They will go for their school internship in the month of August. So many of the students were little bit tensed about the real school environment. So given a detailed orientation & preparation for their internship period. Clarified the doubts regarding academics & promoted students with positive thoughts. The session was very useful for student teachers & the student teachers were prepared with self confidence & mental strength for doing their best in their Internship period.



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BANGALORE, KARNATAKA

Jamal Jose

2018-2019

2

September

A mentoring session was conducted in the month September for the junior batch (2018-2020). They were in the initial stage of the course. The B.Ed curriculum is unfamiliar to them. Most of the student teachers were excited to do the B.Ed course. At the same time they have some anxiety regarding the B.Ed curriculum. Given an orientation regarding the nature aims & objectives of teacher training course. Discussed about the significance of developing teaching skills while training period. The mentoring session helped to motivate new teacher trainees.

October

Jamal Jose

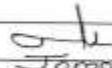
Mentoring sessions were conducted for the junior batch in the month of October 2018. Student performas were collected in the prescribed format. Discussed about need of mentoring session. Later I discussed personally with each student & shared their experiences issues etc and given suggestions for their personal & academic improvement. In different mentoring sessions the students were also I shared inspiring experiences. Session were good & highly motivating.

2018-2019

3


November

In the month of november many mentoring sessions were given for the junior batch. In these sessions discussed about the difficulties that were faced by the student teachers. Motivated the student teachers for doing all curricular and co-curricular activities in the course. Discussed about the strategies to complete all activities. The sessions were helped the student teachers to complete the works & tackle the difficulties.


Jomol Jose

December

In the month of december conducted 3 mentoring sessions for the student teachers. Given orientation regarding the examination. Discussed about writing pattern, difficulties may faced etc. Student teachers explained their anxiety & difficulties regarding the examination. Given directions or tips for preparing examinations.


Jomol Jose.



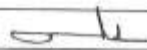

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2018 - 2019

January

Conducted mentoring sessions for both junior batch and senior batch in the month of January 2019. For junior batch given orientation regarding the second semester and hectic work schedule. Student teachers shared their worries regarding the second semester. Later discussed about the work schedule & strategies to complete all the works in the given period of time with out stress and anxiety.

For senior batch conducted different mentoring sessions. The student teachers were called after their internship period. Most of the student teachers shared about the experiences that they got from the school internship. Explained about the difficulties they faced and also shared how they tackled the difficult situations.



Jomsol Jose



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2018-2019

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February

In the month of February conducted many mentoring sessions for both junior batch and senior batch. For junior batch conducted mentoring sessions regarding their second semester. I given an orientation regarding their internship in third semester. Also motivated & prepared them for attending different examinations including competitive examinations.

For senior batch also conducted different mentoring sessions regarding their fourth semester. All the student teachers were not in a mood to study. But oriented & prepared them for the fourth semester of the course.


Tomol Jose.

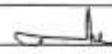



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2019 - 2020

June

In month of June 2019 different mentoring sessions were conducted for the senior batch. The students shared their problems & issues and discussed about it. After that discussions were conducted regarding the solutions for tackling the problems.

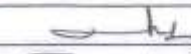

Jamal Jose.

July

In the month of July conducted different mentoring sessions for senior batch. Discussed about the examinations - coming. The student teachers shared their worries and the teacher educator mentored them in a positive and productive way.

September

On the month of September 2019 mentoring sessions were done for the junior batch. The junior batch were new to the course. So they shared their anxiety & doubts regarding the course & the mentor cleared all their doubts regarding the course and given an orientation for the B.Ed course.


Jamal Jose



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2019-2020

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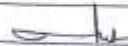
October

In the month of October conducted mentoring sessions for the junior batch. Covid-19 was evolved & discussed about the precautions that we should take to prevent the disease spreading. The student teachers were motivated by the mentor. Some of the student teachers shared their personal problems & the mentor given suggestions to overcome the present situation.


Jamal Jose

November

Mentoring sessions were conducted in the month of November 2019 for the junior batch. The student teachers were actively involved in curricular and co-curricular activities of the college. Some of the students were shared about the stage fear. Discussion on stage fear, reasons and solutions were conducted. All student teachers were actively participated in the meeting. The sessions were highly motivating for all student teachers who were attended the sessions.



Jamal Jose




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December

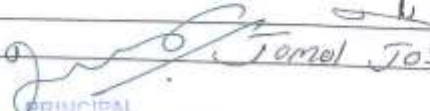
In the month of december mentoring sessions were conducted for the junior batch. The batch members discussed about doing innovative activities in college. Later discussed about the need and significance of conducting innovative activities in the college for enlightening student teachers. The sessions motivated the student teachers for doing creative works.


Jomol Jose.

January

Conducted mentoring sessions for both junior & senior batches in the month of January 2020. The student teachers shared their difficulties in curricular & co-curricular activities. They shared difficulty regarding time schedule & limited period of time. Given directions regarding completing all works in the given timeline.

Seniors batch came after their Internship session. They shared a wide variety of experiences that they got from the internship. They motivated others by sharing their experiences.


Jomol Jose



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		Nidhin Jose	B.Ed 2018-20
		Shyna N Raju	B.Ed 2018-20
		Rasika K P	B.Ed 2019-21
		Anjali Varghese	B.Ed 2019-21
		Abin Jose	B.Ed 2019-21
		Anjusha Kurian	B.Ed 2019-21
		Akhila P V	B.Ed 2019-21
		Amrutha Siby	B.Ed 2018-20




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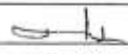
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SREEKANDAPURAM, KANNUR DT.,-670631

2019-2020


9

February

Conducted mentoring session for both junior batch and senior batch. Given orientations and conducted discussions regarding the examinations. Model 2 University examinations were upcoming. The students shared about the classes pending topics etc. Mentor given directions & suggestions for doing all the works before examination. Also mentor released the stress among the student teachers & motivated them to appear in model 2 university examination. Mentor also mentioned about COVID-19 protocols should be followed in classrooms during examination.


Jomol Jose





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SREEKALATHIPUZHA, KANNUR DT. - 670611

2020 - 2021


September 2020

Conducted mentoring sessions for the senior batch through online meetings. Senior batch were going through online classes due to the pandemic spread of COVID-19. The student teachers shared their experiences regarding the online classes. Some lot of the students were facing the network issues. They also Mentor suggested them for checking recorded lectures / classes for reference. Also motivated them to attend self study courses.


Jomol Jose

October

Mentoring sessions were conducted in the month of October. Many student teachers shared about the online internship. They have expressed their doubts & anxiety regarding online internship programme. The mentor clarified the doubts of student teachers & explained about how to tackle the difficulties in online teaching.


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Tel: 0460 2230929, Fax: 04602 232449

Mentoring List-2020-21

Sl.No	Name of Mentor	Name of Mentee	Programme & Year of Study
7	Mrs. Jomol Jose	Rasika K P	B.Ed 2019-21
		Anjali Varghese	B.Ed 2019-21
		Abin Jose	B.Ed 2019-21
		Anjusha Kurian	B.Ed 2019-21
		Akhila P V *	B.Ed 2019-21
		Sandra Mariya Shaji	B.Ed 2020-22
		Soorya Babu	B.Ed 2020-22
		Anjali R	B.Ed 2020-22
		Ashly Thomas	B.Ed 2020-22
		Anu Philip	B.Ed 2020-22
		Aparna U	B.Ed 2020-22


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June

Mentoring sessions were conducted for the Senior batch in the month of June 2021. All the world are under the threat of COVID-19. The student teachers shared about their tensions regarding the COVID-19 pandemic. The Mentor given opportunity for all students to ventilated their feelings & issues. The mentor advised them to be fit and healthy. Also the student teachers shared about the difficulties in online education & the mentor advised them to attend digital skill workshops & seminars to enhance the professional competency.

July

Conducted Mentoring were in the month of July. Given orientation regarding second semester & internship. Some of the students were in tension regarding the school internship programme. So given an orientation to them to be feel free & work hard & smart to do the internship programme with quality.



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Jamal Jose

August

Mentoring sessions were given to the senior batch. Given orientation regarding the internship programme, motivated the student teachers. Shared the importance of all records which should be done during the internship programme. Clarified the doubts of student teachers regarding the internship programme.

December 2021

A mentoring session was conducted for the junior batch. Explained about the B.Ed curriculum, its aims, objectives etc. The student teachers were shared their doubts regarding the core core course, Pedagogic, Selective courses. Explained & discussed about the role of teacher in a community. B.Ed course, curriculum and co-curricular activities in a B.Ed course etc. motivated & strengthened the student teachers with self confidence. Also shared & given characteristics regarding the skills required for a teacher in modern world.



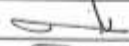
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SREEKANAPURAM, KANNUR DL-570631

Jomol Jose

2021 - 2022

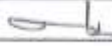
January

Mentoring Sessions were conducted for the Junior batch in the month of January. The student teachers shared about their doubts regarding the career & possibilities. Conducted a discussion on different possibilities in teaching profession. Also given an orientation regarding the need & significance of the teacher eligibility test KTET, SET CTET etc. Also motivated them to attend self study courses



Jomol Jose.

February

Mentoring Sessions were conducted for the Junior & Senior batch students in the month of February. Given orientation regarding university examinations. Clarified the doubts of student teachers regarding the University examinations. Conducted mentoring for the Senior batch also. Discussed about the fourth semester. Motivated the student teachers to do all the works with quality


Jomol Jose




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Mentoring List - 2021-2022

Sl.No	Name of Mentor	Name of Mentee	Programme& Year of Study
7	Mrs. Jomol Jose	Sandra MariyaShaji	B.Ed 2020-22
		SooryaBabu	B.Ed 2020-22
		Anjali R	B.Ed 2020-22
		Ashly Thomas	B.Ed 2020-22
		Anu Philip	B.Ed 2020-22
		Aparna U	B.Ed 2020-22
		Karishma Suresh	B.Ed 2021-23
		Jishnu T P	B.Ed 2021-23
		Manjusha N	B.Ed 2021-23
		Arya K I	B.Ed 2021-23
		ChristeenaRaju	B.Ed 2021-23
		Jomal Joy	B.Ed 2021-23




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June

Mentoring session was conducted for the senior batch in the month of June 2022. Student teachers completed their practicals & theory examinations in the third semester. They shared the unique & wide variety of experiences that got from the school internship.

The discussions motivated the student teachers. Also given orientation regarding to their fourth semester.

J
Joseph

July

Mentoring session was given to the senior batch. The student teachers shared the difficulties that were facing during the course. They asked doubts regarding their work, co-curricular & activities etc. Conducted a deep discussion on it & motivated them by giving clarifications.



J
Principal
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SSEKANDAPURAM, DISTRICT OF, ERODE

Programme& Year of
Study

B.Ed 2021-23

B.Ed 2021-23

B.Ed 2021-23

B.Ed 2021-23

B.Ed 2021-23

B.Ed 2021-23


2022-2023

January

Mentoring sessions were conducted for the both Senior & Junior batches. Senior batch were entering into their fourth semester. So given an orientation regarding their fourth semester. For the Junior batch given an orientation regarding university examination, curricular & Co-curricular activities which should be done in each academic year. The student teachers asked many questions & doubts. The student teachers doubts were clarified by the mentor.

February 2023

Mentoring sessions were conducted for both Junior & Senior batches. Senior batch were undergoing through the fourth semester. Clarified doubts regarding their both academic & Co-curricular activities. Junior batch were in their second semester. Given an orientation regarding their second semester. By giving orientation removed their anxiety & unwanted tensions. Motivated the student teachers to complete their works.


 Jemal Jose


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Mentoring List-2022-2023

Sl.No	Name of Mentor	Name of Mentee	Programme& Year of Study
7	Mrs. Jomol Jose	Karishma Suresh	B.Ed 2021-23
		Jishnu T P	B.Ed 2021-23
		Manjusha N	B.Ed 2021-23
		Arya K I	B.Ed 2021-23
		ChristeenaRaju	B.Ed 2021-23
		Jomal Joy	B.Ed 2021-23
		JyothisCyriac	B.Ed 2022-24
		Jomol K J	B.Ed 2022-24
		Sneha Das	B.Ed 2022-24
		SahalaYasmin	B.Ed 2022-24
		Adithya Raj T K	B.Ed 2022-24
Sreethu M	B.Ed 2022-24		



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Tel: 0460 2230929, Fax: 04602 232449

Mentoring List - 2018-19

Sl.No	Name of Mentor	Name of Mentee	Programme& Year of Study
3	Dr.Sholy Joseph K	Madhurima E P	B.Ed 2017-19
		Shigina K	B.Ed 2017-19
		Anagha K	B.Ed 2017-19
		Mridula Ramesh C	B.Ed 2017-19
		Jinu A M	B.Ed 2017-19
		Saritha C Narayanan	B.Ed 2017-19
		Harithamol P P	B.Ed 2018-20
		Ayona Vincent	B.Ed 2018-20
		Mahima K	B.Ed 2018-20
		Anjusha M	B.Ed 2018-20
		Jasmine Thomas	B.Ed 2018-20
		Risina T	B.Ed 2018-20




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Report of Mentoring During June 2018⁷

I met all students during the allotted periods. All of them are worried about the coming teaching practice session. They are busy writing lesson plans. All of them were given guidance and confidence to face students during practice teaching.

They were advised about the importance of discussion, demonstration and criticism lessons. All these records are compulsory for gaining B.Ed certificate. Actually it's a pleasant experience to teach adolescent children. This is a period of storm & stress and lot of energy. We teachers should channelize their energy to constructive fields. Fr. Time was confident about teaching. Saritha, Maidula, Anagha, Shigina and Madhuvana all these children were teaching for the first time. Thus we had a chat for a long time.

Report of the Mentoring During July 2018

All mentees shared their criticism class experiences. Most of them are taking the class for the first time. Still they shared that they enjoyed their classes. Working for the practice teaching was given.




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Report of the Mentoring During September

New batch had started their classes in the month of July. This was actually know each other session. All of them were happy that they got admissions to BEd. Aysha Vincent shared her experiences during her MSc studies at Chennai. Now she is happy that she can manage to do the course from home. Mahima, Anisha, Jasmiri and Rishna shared their happiness for studying BEd.

Harithand is a totally blind student and she is staying in the hostel. During her previous studies she did well and I advised her that this course also she can do well.

Report of Mentoring During October

All students shared their experiences in the first few months. They were happy that they are in a professional course. They talked about the theory papers and practical sessions we have during this course.

They also shared that they got lot of opportunities to show their talents.



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Report of Mentoring during November 2018

First - Semester students had exams during November. For Mathematics and science students this was a different type of examination and hence they were asked to write point-wise. The science students had a habit of writing in precise words. The importance of writing point-wise during exams were pointed out by me.

All the best wishes for the exam was given to all of them.

Report of Mentoring During December 2019

After the sem I examinations students were happy. Apna did Micro-teaching during December. Others also writing lesson plan and preparation of micro-tp going on. They shared their celebrations for the coming Christmas season.




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10 Report of Mentoring During January 2019

All mentees shared their participation for Arts day. All of them participated in individual and group activities. Haritha participated in light music and recitation. She adjusted with hostel and college.

As the students are in second semester they had a hectic teaching schedule in the optional classes. They had preparation to write lesson plans and all.

Report of the Mentoring During February 2019

This month students had lot of theory classes. They shared that Art & Drama classes were really interesting.

Most of them took summary in their classes and they told they gained some confidence to stand in front of the classroom and talk. They are making use of every opportunity to face an audience. They are happily enjoying BEd classes.



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2019 - 20

Report of Mentoring During June 2019

This batch of students collected topics from the schools and they were ready to go to schools in July. These students did discussion demonstration and criticism classes and were in a mood of lesson plan

Writing lesson plans and completing records was tedious work to them they all shared. It is part of BEd curriculum to do all these works as compulsory component. All of them planned to relocate themselves to schools.

Report of Mentoring During July

Teaching practice started in July. All of them trying to adjust with school conditions.





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Tel: 0460 2230929, Fax: 04602 232449

Mentoring List - 2019-20

Sl.No	Name of Mentor	Name of Mentee	Programme& Year of Study
3	Dr. Sholy Joseph K.	Saritha C Narayanan	B.Ed 2017-19
		Harithamol P P	B.Ed 2018-20
		Ayona Vincent	B.Ed 2018-20
		Mahima K	B.Ed 2018-20
		Anjusha M	B.Ed 2018-20
		Jasmine Thomas	B.Ed 2018-20
		Risina T	B.Ed 2018-20
		Jomal Jose	B.Ed 2019-21
		Vishnu P.S	B.Ed 2019-21
		Jain James	B.Ed 2019-21
		Jishna C H	B.Ed 2019-21
		Bijila K K	B.Ed 2019-21
Thomson Sabu	B.Ed 2019-21		




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Report of Mentoring During September 2019

This month was a know-each other session for all students. All of them talked about their educational backgrounds and family backgrounds.

Jamal and Vishnu qualified NET and they can look for job. Jain and Bijla is trying to qualify NET. Thomson has done only graduation after BEd, he is thinking about completing doing a Masters course. All of them are happy that they joined here for BEd course.

Report of Mentoring During October 2019

All students shared that they got lot of opportunities to show their talents and to get rid of stage fear. Jamal is good in academics, still have to get courage to stand in front of students. Jishna had little bit poor academic records. She is but confident to teach (as she said).

All of them are enjoying BEd course and trying get everything from PKM.




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SREEKANDAPURAM, KANNUR DT., 670331

14 Report of Mentoring during November 2019

Being the Silver Jubilee Year, students had many programs during this ^{and last} month. Kaudha family get together and "Mannu Mannu, Mahatma" etc were some situations in which students whole-heartedly participated. Most of them were happy at these variety of programmes. One person pointed out do we need these much programs.

They were preparing for the coming exams. I gave them all tips for writing exams.

Report of Mentoring During December 2019

Senior batch ended up with their practical exams and junior batch students finished their first term theory exams.

Students shared their experiences in the exam.



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RAICHUR, KARNATAKA

Report of Mentoring During January 2020¹⁵

Junior students are busy doing their academic works. They had participated in seminar on "Right to have Rights" and seminar on "Indian Nationalism and Gandhian thought".

Senior students shared their worries regarding next years their future. They have to look for schools for teaching or some other jobs. Ayana and Anish had some plans for taking tuition. All of them started thinking about future.

Report of Mentoring During February 2020

This month students had Sports Day and Arts day. All of them participated in many activities in sports and Arts. They are happy that they got many prizes.

Many of them shared that they have participated for the first time and they got many prizes.



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Mentoring List-2020-21

Sl.No	Name of Mentor	Name of Mentee	Programme& Year of Study
3	Dr. Sholy Joseph K.	Jomal Jose	B.Ed 2019-21
		Vishnu P.S	B.Ed 2019-21
		Jain James	B.Ed 2019-21
		Jishna C H	B.Ed 2019-21
		Bijila K K	B.Ed 2019-21
		Thomson Sabu	B.Ed 2019-21
		DivyasreeAravind	B.Ed 2020-22
		Archana K C	B.Ed 2020-22
		Alex Baby	B.Ed 2020-22
		Maria Baby	B.Ed 2020-22
		Sayooj V V	B.Ed 2020-22




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SREEKANDAPURAM, KANNUR DT.,-670631

Report of Mentoring During June 2020

This was the time of Covid lock down. All classes and related activities started online. Hence mentoring also was online.

Mentors met mentees in different online modes all lesson plan preparation and criticism classes were prepared online. Hence all of them presented their worries regarding online meetings.

Report of Mentoring During July 2020.

I met my mentees in Google meet and zoom. All of them shared their excitement about new methods. They told me that all of them are doing works well.

Most of the classes had online webinars this time. Students are doing technological side of webinars. Now Jomal Vishnu, Byla, Jain, James & Tharson are 'technical experts'.



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 DISTRICT COLLEGE
 STREET, KATTIPURAM
 DISTRICT, KANNUR
 PIN-676001

Report of Mentoring ^{September} August 2020

In the online platform google meet I met all my students. They are still worried about their teaching practice.

They are doing all their curricular activities through online. They shared about their worries regarding teaching practice since the schools are not open.

I felt that their happiness regarding online classes are reducing. Even though they are present in the class still their listening and capturing are less. They


Report of Mentoring October 2020

Students thrill in online classes are reducing day by day. They started worrying about teaching practice and completing BEd course.

There are many online webinars conducted during this month. All of them are engaged in one way or other.

A mentoring day celebrations did on 27th October. In this online meeting Anju Verghese and Tami James presented papers.




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 KANNUR

Report of Mentoring During November 2020

University examinations were conducted in this month. Students prepared well for the exams.

In the middle of Covid exams were conducted under strict adherence to Covid Protocol.

Students did their exams well. Only Ishma had some worries about exams. She couldn't do exams well. All others did Exams well.

Report of Mentoring During December 2020

Christmas, New Year programs were conducted online. This is the first time, Christmas celebration was done online.

New batch Freshers day celebration also was conducted online.

Online classes started for the fresh batch. 19-21 batch of students had all their worries regarding practice teaching.



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 SRIKANTHAPURAM, KANNUR DT., 676021

Report of Mentoring During January 2021

For Juniors it was known each other sessions. They had their videoconferencing program and all classes on online. They didn't get a chance to visit college.


Senior batch of students had their teaching practice as peer teaching. They had peer teaching as per time-table in the college itself. They missed the interaction with the secondary students.

Report of Mentoring During February 2021

Junior batch of students progressed slowly slowly with their classes.

Senior batch had their peer teaching of 30 lessons completed. They were supposed to prepare 30 video lessons. They shared about their task of preparing video lessons.




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 KAITHAPALLI, E. O., SREEKANTHAPURAM
 SREEKANTHAPURAM, KANNUR DT., 670531

Sl.No	Name of Mentor	Name of Mentee	Programme& Year of Study
3	Dr. Sholy Joseph K.	Divyasree Aravind	B.Ed 2020-22
		Archana K C	B.Ed 2020-22
		Alex Baby	B.Ed 2020-22
		Maria Baby	B.Ed 2020-22
		Sayooj V V *	B.Ed 2020-22
		Aswathi V	B.Ed 2021-23
		Anagha Chndran M	B.Ed 2021-23
		Anusree K	B.Ed 2021-23
		Anjana T	B.Ed 2021-23
		Anjana Chandran	B.Ed 2021-23
		Anusree K P	B.Ed 2021-23

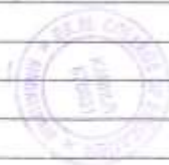
Report of Mentoring During June 2021

This was the time of writing lesson plans urgently. Due to the second wave of Covid 19, online classes were conducted. Since there were restrictions from government for conducting online classes a period for mentoring was not allotted. Still, mentors met their mentees individually at their own time.

Students had all difficulties of online writing lesson plans. They are struggling to be perfect.

Report of Mentoring During July 2021

Still the classes are online. Students lost all their initial interest in having online classes. They shared their wish to be back at college.



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SREEKANDAPURAM, DISTRICT DT-576531

26 Report of Mentoring During November 2021

Senior batch of students were at Internship starting. Only half of the students were there at a time at school. It was double effort for teaching them.

Mentees pointed out that the secondary children for got all fundamental operations and writing skills due to online classes.

It was a Herculean task to teach students.


They also had plans to write RTEO, SGT exams.

Report of Mentoring During December 2021

Junior batch of students started their classes in November. They are slowly slowly adjusting to BEd system.

They had this methodology philosophy everything new to them. They are slowly slowly adjusting to BEd course.




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Report of Mentoring During January 2022

Junior batch of students had many programs in their optional and general classes.

Senior batch struggled to complete teaching practice. Still they were happy that they did many programs in the school.

Their practical exams were planned for these in this month, so they eagerly prepared for that.


Report of Mentoring During February 2022

Senior batch of students had very few days in the college. They shared their worries of that. Now they are happy that they had sometime in the college.

They are celebrating each and every day in the college. They are also preparing for A.T.P. exams.

Juniors were progressing towards B.Ed course.




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Tel: 0460 2230929, Fax: 04602 232449



Mentoring List-2022-2023

SLNo	Name of Mentor	Name of Mentee	Programme & Year of Study
3	Dr. Sholy Joseph K.	Aswathi V	B.Ed 2021-23
		AnaghaChndran M	B.Ed 2021-23
		Anusree K	B.Ed 2021-23
		Anjana T	B.Ed 2021-23
		AnjanaChandran	B.Ed 2021-23
		Anusree K P	B.Ed 2021-23
		Christy Maria Joy	B.Ed 2022-24
		Akhila V	B.Ed 2022-24
		Harikishor K V	B.Ed 2022-24
		AkshaySukumaran	B.Ed 2022-24
		Christy Philip	B.Ed 2022-24
		Vrindha M O	B.Ed 2022-24


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Report of Mentoring During June 2022

This month students had university exams. They were well prepared for that.

Mainly they had the exam series. They did question papers answering and tackled this exam series.

Report of Mentoring During July 2022

Students started writing lesson plans. They had writing of learning outcomes and others.

College had many programs during this period. All students whole-heartedly participated in these programs.



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Report of Mentoring During September 2022

Students were ready to go to schools for practice teaching. They had intensive preparation for that.

Pre-internship orientation classes were there. They all allotted to schools for practice teaching. Time-table collection and assisting of first few lesson plans did. They were excited to go to schools.

Report of Mentoring During October 2022

It was knowing each other session. Many of them have seen each other. But their whereabouts and family details were shared well.

This batch of students were trying to adjust to BEd course. They were involving many activities.



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CHENNAI - 600031

Report of Mentoring During November 2022

College had many days of celebrations. Mentees eagerly participated in these celebrations.

Mentees were advised to participate in individual and group activities to get rid of stage fear.

They are also organisers of many programs.

Report of Mentoring During December 2022

Both the batches had exam preparation. Junior batch of students had theory exams. They are intensively preparing for that. All my students Hari, Chiranjy, Usinda, chridya and abhila are confident about exams.

Senior batch completed their practice teaching and are in a hurry to complete their record works.



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Report of Mentoring During January 2023

Senior batches had their practical examination. They all finished it well. They have to write all exams like KTET, CTET and others and qualify it well.

Teachers are proceeding in their second semester. They are intensively following their theory sessions. They have to complete all the theory and have to prepare lesson plans for next semester. My members had no problems of following their theory as well as lesson plans.

Report of Mentoring During February 2023

Members had Sports day, Arts day and other celebrations. They all participated in events in sports day. Hari became the sports captain and was organising sports day very well.

Senior batch of students have to complete their fourth semester. They are advised to write and qualify competitive exams and look forward for schools.





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Academic Years (2018-19, 2019-20)

This process is conducted in three stages.

- ① Identifying the difficulties.
- ② Suggesting remedial measures
- ③ Follow-up.

Immediately after the bridge course — as part of the workshop — 'Psychology of childhood and growing.' They have to study different methods of psychology, they are made to introspect themselves. This is for finding out their merits, limitations and their own suggestion for improvement. The teacher goes through the details thoroughly and identifies the merits, limitations, family background, parental educational and occupational status, financial position, and above all their home climate. For this online mode like telephone, videocall etc are used.

After identifying the need of each child they are given assistance accordingly.

Those who find very difficult to cope with the changed learning climate are given assistance any time they need. They are

Since followed through out.

In this academic year as part of the elective course students opted guidance and counselling. As teachers are surrogate parents with whom learners spend most of the time they were equipped with the guidance and counselling process.

During the first semester they have to study subjects different from their routine and they find it very difficult to grasp the core course especially students from Malayalam, Mathematics, Physical Science. So periodic unit tests are conducted to enhance the writing skills, feed back is given properly and remedial measures are taken accordingly.

In the second semester their self confidence, communication skills, teaching skills are improved by giving them the heterogeneous group discussions where their skills of explaining, illustrations etc facilitated. They are given small seminar sessions where their claims are observed by peers their merits are highlighted, their limitations are mentioned and suggestions for improvement are proposed without any bias as in a family atmosphere. They are always encouraged to do Swadhyam Courses.



During the third semester they have Internship programme. In this time their classes are observed and suggestions - constructive - are given. Those who are communicating ideas properly to learners are given special remedial assistance for capturing the subject matter properly.

In some classes in their school the teacher trainees find certain students who are differently abled and difficult to manage are also given on time assistance. Certain students are given counselling also.

After the Internship programme when they enter the fourth semester they become more anxious about their future. They want to become self-reliant and are more stressful particularly about getting a job. During this period they are given help for clearing competitive examinations like DGET, K.P.E.T, N.E.T. and also given assistance for developing self-confidence and optimism. Those who are married and get pregnancy are given special affection and care and concern. They are also informed about the job opportunities.

When they join the programme students were asked to introspect themselves at the end of the programme.

Also the introspection is carried out and could find remarkable difference in the entry and exit hrs.

This year I am extremely happy because as part of the electric course many teachers students are equipped to handle the mentoring process effectively follow up- Confidential.

(Those who were having poor handwriting continues to write in two line and four line)

(Those who find difficulty in decision making are continued)

(Those who have some familial problems continued)

~~M. M. M. M.~~
Dr. Mayar J. Pillai



[Signature]

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MANDAPURAM, BANGALORE DT., 570031

Sl.No	Name of Mentor	Name of Mentee	Programme& Year of Study
9	Mrs. Maya J. Pillai	AryaPremraj P k	B.Ed 2018-20
		GibyBabu	B.Ed 2018-20
		Rajina P P	B.Ed 2018-20
		Sneha P Sebastian	B.Ed 2018-20
		SarikaChacko	B.Ed 2018-20
		Johns Biju	B.Ed 2019-21
		Snetha K	B.Ed 2019-21
		Yamuna M M	B.Ed 2019-21
		Amrutha K	B.Ed 2019-21
		Swathi C V	B.Ed 2019-21
		Risina T	B.Ed 2019-21

Academic Year (2019 - 21)

After the initiation ceremony students are given a common orientation to tune them to the training program. As students from six different disciplines are going through the same core courses of psychology and philosophy. So mentoring is done after identifying their difficulty, formulated necessary remedial measures and at times certain cases are followed for studying the effect.

In the beginning in the first semester students from Malappalam optional find it very difficult to follow, so they are given special assistance by explaining the concept with more example. All of them were given a common pre-orientation session where they were to analyse their merits, limitations, their hobbies, their family members, their educational and occupational status along with introspection. Each one is asked to meet the mentor personally, they are interviewed and their data is clearly studied, their academic achievement and limitations and advantages are clearly identified.

Students in the beginning session are given necessary and sufficient assistance in solving their learning difficulty. Along with routine class students are given freedom and opportunity to meet and talk to the mentor in needed situation.



Students who find it very difficult to cope with regular classroom teaching especially those who got late admission are given re-teaching and remediation.

They are given proper training in research article writing for redressing their seven time. By the end of the first semester they become competent enough to select topics for research article writing.

During the second semester they are given necessary ~~are~~ skills given and confidence to improve their teaching skills. In the beginning of the first semester they inspected themselves and found out their merits and draw backs and the process of strengthening their merits and weakening their draw backs.

During the second semester they are mentored in the area of research methodology small scale social surveys psychological tool preparation sociometric techniques for assessing the reaction and orientation tendencies along with the routine mentoring process.

By March 2020, specifically March 20th the pandemic forced us to close the institution



as part of the prolonged lockdown this forced to shift from the offline to on line mode.

During the covid pandemic the students after welcoming them to the class they are given awareness about the covid protocols.

They were given special counselling awareness and strategies for overcoming their stress anxiety and fear. Some of the students were affected with pandemic and they found it very difficult to overcome the period of social isolation. Digital devices like laptop and phone played a significant role in overcoming the stressful situations.

During the on line class students were facing range problems, data problems. Those who could not attend that formal rigid time table are given special assistance to meet the needs in their convenient time.

A seminar 'On line learning in line with life' was really an inspiring one. Here the major gap from many many opportunities to explore their skills and overcome the struggles of pandemic.

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Mentoring List-2020-21

Sl.No	Name of Mentor	Name of Mentee	Programme& Year of Study
9	Mrs. Maya J. Pillai	Johns Biju	B.Ed 2019-21
		Snetha K	B.Ed 2019-21
		Yamuna M M	B.Ed 2019-21
		Amrutha K	B.Ed 2019-21
		Swathi C V	B.Ed 2019-21
		Risina T	B.Ed 2019-21
		Anu Maria M	B.Ed 2020-22
		Haibin Mathew	B.Ed 2020-22
		MukthaSasindran	B.Ed 2020-22
		Anusree K	B.Ed 2020-22
		Ayana K	B.Ed 2020-22


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In the mentoring process they were advised the importance of vaccination and strictly warned to get away from crowd. They were instructed to prepare short films and prepare articles regarding the impact of Covid.

During the third Semester their classes were on line, those who find it very difficult to manage the sessions were given special assistance. They compensated the running class in an online mode.

In forth Sem, separate heterogeneous groups comprising students from different options were formed and their communication skills, numerical skills, general knowledge, linguistic skills were enhanced. Students from language (peer group) linguistic and communication skills, in thematic group enhanced the numerical skills. Social Science and Natural Science optional for improving the general knowledge.

In order to compensate the deficiencies of the On line mode audios, ppt's and pdf notes were shared.

In order for the holistic integrated development, they are encouraged to take



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Mentoring List - 2021-2022

Sl.No	Name of Mentor	Name of Mentee	Programme& Year of Study
9	Mrs. Maya J. Pillai	Anu Maria M	B.Ed 2020-22
		Haibin Mathew	B.Ed 2020-22
		MukthaSasindran	B.Ed 2020-22
		Anusree K	B.Ed 2020-22
		Ayana K	B.Ed 2020-22
		Aksharamol	B.Ed 2021-23
		Anamol A M	B.Ed 2021-23
		Indukumari U K	B.Ed 2021-23
		NihaPadmanabhan	B.Ed 2021-23
		Vismaya E M	B.Ed 2021-23


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ACADEMIC YEAR (2020-22)

Covid pandemic brought considerable changes in our routine functioning. The social isolation and related psychosocial problems cumulated the significance of mentoring.

The freshmen were given an opportunity to reflect themselves annual and they were instructed to find the merits, their positives and negatives separately and were advised to find strategies to eliminate their negatives.

(Those who feel anger are advised to find out the benefits and helps they get from the person to whom they feel anger — as part of conflict resolution skill especially anger management skill).

Being the pandemic period, they suffered a lot of physical and mental constraints conflicts and hence all are given special positive thoughts and stories with good moral values before the beginning of the class.



They are given small topics of their own interest for field work and for collecting data. They were given training to prepare tools for quantifying

In this session they are given peer tutoring, criticism class on the basis of the seminar they conducted and special assistance to the students who needed psychic and moral help being the terrible pandemic period.

After the second semester on they went for internship programme. As the programme was conducted in an online mode the mentees faced many problems while taking the online mode. They were using this pattern for teaching first time in their life. So they are given psychological help whenever needed.

Certain urgent emergency situations are needed when the student's parents were abroad and out of state and mentoring is specially done for minimizing their anxiety.

After the internship the fourth semester is completed with the online mode and they are given class using the audios, google meet and zoom and here mentoring was provided to needy students in an online mode.

As in the beginning when the mentees were advised to find out their position, negative and their own

They are given small topics of their own interest for field work and for collecting data they were given training to prepare tools for quantifying

In this session they are given peer tutoring, criticism class on the basis of the seminar they conducted and special assistance to the students who needed psychic and moral help being the terrible pandemic period.

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Mentoring List-2022-2023

Sl.No	Name of Mentor	Name of Mentee	Programme& Year of Study
9	Mrs. Maya J. Pillai	Aksharamol	B.Ed 2021-23
		Anumol A M	B.Ed 2021-23
		Indukumari U K	B.Ed 2021-23
		NihaPadmanabhan	B.Ed 2021-23
		Vismaya E M	B.Ed 2021-23
		Aleena James	B.Ed 2022-24
		Anagha P K	B.Ed 2022-24
		Anju M J	B.Ed 2022-24
		Blessy Joy	B.Ed 2022-24
		Anju V	B.Ed 2022-24


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Suggestions to improve, in the Semester also they were asked to introspect and in this past introspection process considerable remarked changes are found to be occurred. They have removed and reduced their negativities and improved their self confidence and self esteem.

Malla
Dr. Maya Jilla



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SREEKRISHNAPURAM, K. THIRUVANANTHAPURAM, KERALA, INDIA - 670031

ACADEMIC YEAR 2021-2023.

As usual immediately after the bridge course students are given opportunity to participate in the core courses. As they are from different disciplines and the subject psychology and philosophy are quite new they are given proper orientation in the mentoring sessions.

They find certain terms in the psychology and philosophy difficult to grasp in the first semester. So they are given remedial teaching as part of the mentoring program. They were given peer tutoring to eliminate their difficulties.

Those who were having difficulties in facing the audience are specially assisted. In the first semester, they are exposed to the community by giving them opportunity to collect information as part of the research article writing.

The second semester the pre-phase of internship they are given help to increase their self confidence, communication skills, inter relationship building strategies while interacting with and measures to minimize their negativities in the light of the introspections made in the beginning of the first semester.

In the third semester when they go for the internship programme their plans were observed and merits were highlighted and limitations were



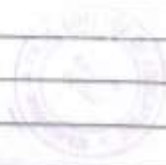
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pointed out properly. In this period they were faced with B.Ed. practical examination. They were given confidence and suggestions for making best choices. In the forth semester they really feel what to do next? They are much bothered about their future. So they are given confidence and optimistic thinking they are also given adequate assistance for preparing for the competitive examinations like KJET, SET, etc.

By the end of the forth semester they are again asked to introspect and find out their merits and limitations. This post introspect report is compared with the pre-introspection report. Most of them indicated positive desirable changes and those who have to improve still are followed.

Those who are undergoing self study courses are given proper assistance in undertaking the courses effectively.

Dr. Mrs. Manj J. Pillai



Principal
P.K.M. COLLEGE OF EDUCATION
KATHARIPPA, SRIKANTHAPURAM
KARNATAKA

Sl.No	Name of Mentor	Name of Mentee	Programme& Year of Study
5	Dr. Prasanth Mathew	Ranjumol C T	B.Ed 2017-19
		Vijila P	B.Ed 2017-19
		Akshara P	B.Ed 2017-19
		Anju Maria Mulloor	B.Ed 2017-19
		Sangeetha C P	B.Ed 2017-19
		Thrishna V K	B.Ed 2017-19
		Gokula E	B.Ed 2018-20
		JishnaKariyil	B.Ed 2018-20
		Anjali C K	B.Ed 2018-20
		Athira K	B.Ed 2018-20
		Sreya Joseph	B.Ed 2018-20

June 2018 (2nd years)

The mentee group shared their concern about hectic criticisms lesson plans preparation and pre-internship period. Even though they knew about the importance of these phases they were facing some unwanted stress and fear. So they were given emotional support. They were given opportunity to share unwanted stress with senior batches.

Personal experience sharing by the seniors about how they faced the internship phase helped them to relieve them from the tension. They were given the assurance that the required pedagogic potential and confidence will be developed in all after the internship.

They were also given all the ment support. Whenever they get a gap in between the optional classroom discussion they came to the mentor for friendly talks.




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July 2018 (2017-19 batch)

All the mentees were provided with the required guidance, support and advices for admirably going through the internship programs. They were also given the advice to contact anytime during internship.



September 2018 (Batch: 2018-20)

The first year student teachers were welcomed to the new campus. They were introduced to the totally different campus and also about the speciality of the professional course. While sharing they expressed their concerns regarding the teacher education programme and their its works. They were made clear about the structure and flow of the programme. They promised to have a good two year programme in this campus.




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October 2018 (Batch : 2018-20)

After completing one month in the campus they absentees shared the views about the programme and the campus. They were encouraged to participate and involve in all the curricular and co-curricular activities in the college. They were asked to break their comfort zone and they reacted positively.



November 2018 (Batch : 2018-20)

The advices had a positive impact on the mentee groups. The induction programme and Bridge course have helped them to break introvert nature and also to come out off the comfort zone. They reported that they have come to a state where they could enjoy and involve in the variety of college activities. They also started taking up responsible roles in the college. They promised to continue the same.



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December 2018 (Batch: 2018-20)

The mentees shared the experience of the college on Christmas celebration day. The emotional and mental strength they gathered from within the college have been reflecting on their personality. It was happy to see the mentee group coming forward and taking initiatives for all college events. Very hopefully wished a new year.



January 2019 [Batch: 2017-19, 2018-20]

It was for the first time the first year and second year mentee group met each other. Second years shared their view on different aspects of B.Ed programme. Second years have developed their pedagogic skill a lot after the internship. They were able to clear the doubts raised by the first years.



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February 2019 [Batch : 2017-19, 2018-

Towards the end of the semester both first years and second years were motivated to prepare for their exams. Second years were given special mentorship about preparation for competitive exams. They shared their concerns about the placement and higher studies in the next academic year. The mentee group expressed their thankfulness to the mentor for supporting and instilling strength in them.




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2019-2020

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Mentoring List - 2019-20

Sl.No	Name of Mentor	Name of Mentee	Programme & Year of Study
5	Dr. Prasanth Mathew	Gokula E	B.Ed 2018-20
		Jishna Kariyil	B.Ed 2018-20
		Anjali C K	B.Ed 2018-20
		Athira K	B.Ed 2018-20
		Sreya Joseph	B.Ed 2018-20
		Siona Jacob	B.Ed 2019-21
		Anju Varghese	B.Ed 2019-21
		Bency Scaria	B.Ed 2019-21
		Alan Maria John	B.Ed 2019-21
		Anju A	* B.Ed 2019-21


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June 2019

[Batch: 2018-20]

A personal talk was conducted between mentor and mentee group during the 3rd semester. They shared their fear about the hectic schedule at the being begining of the semester. Preparations for criticisms lessons caused stress among the students. They were given the assurance that the required pedagogic potential will develop only through practice and self confidence is the only factor require for passing through the present situation.



July 2019

[Batch: 2019-20]

The mentee group shared a lot of concerns and queries regarding internship whether they can effectively take up the role of a teacher was their major concern. Mentee group shared their fear and anxiety among themselves. Listening patiently and giving simple remedies for their queries boosted their confidence for successfully conducting of the internship period. They were also given the confidence to take up the role of a researcher and activist at school.





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September 2019

[Batch : 2019-21]

The 1st semester student staffs were welcomed to the new campus. Joining a professional course and coping up the new atmosphere was the major concern for the new batch. The college activities and rules are totally different from arts and science college. Right guidance were given to the new group. They were ready take up the challenges.

28. 9. 2019



October 2019

[Batch : 2019-20]

The induction program and Bridge course helped to develop a positive attitude among the group. They have come to a state where they can enjoy and involve in all college activities. The mentor group was encouraged to participate in value added courses and extension programmes.




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November 2019

[Batch : 2019-21]

During the model exams we came to realise that depending upon the guide book and class notes is a custom for many. They become frustrated when they come to a stage of preparing own notes by reading reference books. But instilling confidence in them they were okay.

Some of the students also faced difficulty in the way of writing exam when proper instructions were given they tried to give better performance.



December 2019

[Batch : 2019-20]

The mentor group shared the positive change after joining the B.Ed. programme. They were happy to share the strengths they gain from the college during the Christmas day celebration. Expecting more positive output we wished a hopeful new year.



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January 2020

[Batch: 2018-20, 2019-21]

Jointly the first year and second year students during the first combined mentoring session shared different views on different dimensions of B.Ed. programme. They were encouraged to bring innovative programmes in the college and also to participate and present research papers during national, international seminars/conferences.



February 2020

[Batch: 2018-20, 2019-21]

At the end of the course, second years were able to encourage first years and instill confidence in them to face the hectic internship period. Second years shared outcomes like research papers, certificates of value added course and clearing competitive exams that they gained from the college. Wished all the success for both year students for their semester exams.




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Tel: 0460 2230929, Fax: 04602 232449

Mentoring List-2020-21

Sl.No	Name of Mentor	Name of Mentee	Programme & Year of Study
5	Dr. Prasanth Mathew	Siona Jacob	B.Ed 2019-21
		Anju Varghese	B.Ed 2019-21
		Bency Scaria	B.Ed 2019-21
		Alan Maria John	B.Ed 2019-21
		Anju A	B.Ed 2019-21
		Litty Sunder	B.Ed 2020-22
		Nivya Joseph	B.Ed 2020-22
		Sandra Biju	B.Ed 2020-22
		Sreya Remesh Babu	B.Ed 2020-22
		Vishnu Prathap M	B.Ed 2020-22
		Jisna Baby	B.Ed 2020-22



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February 2021

[Batch 2020-22]

Due to the covid pandemic, first year joined the course lately. The new atmosphere, large change in the curriculum transaction in a professional course were all a large concern for new students. It took some time for them to cope with the challenges. The 9-day induction programme conducted through online have encouraged and motivated. From the mentoring session, it was clear that more sessions have to organize to improve their pedagogic skill.



March 2021

[Batch: 2020-22]

Large changes have occurred in the educational field, teaching, learning and assessment methods have changed. New platforms and new teaching style have emerged. It was necessary to build confidence and make the group expert in technology. With the changing scenario across the world they also started coping with the challenges.




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Academic year : 2021-2022

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Mentoring List - 2021-2022

Sl.No	Name of Mentor	Name of Mentee	Programme & Year of Study
5	Dr. Prasanth Mathew	Litty Sunder	B.Ed 2020-22
		Nivya Joseph	B.Ed 2020-22
		Sandra Biju	B.Ed 2020-22
		SreyaRemeshBabu	B.Ed 2020-22
		Vishnu Prathap M *	B.Ed 2020-22
		Jisna Baby	B.Ed 2020-22
		Jinisha John	B.Ed 2021-23
		Jahana T V	B.Ed 2021-23
		Jwala Maria Cyriac	B.Ed 2021-23
		Emil Thankachan	B.Ed 2021-23
		HarshaSanthosh	B.Ed 2021-23
		HrishikeshBabu	B.Ed 2021-23


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2022

August 2021

[Batch 2020-22]

To encourage and instill confidence is the main duty of the mentor. The mentee group shared their concern regarding online classes and upcoming internship. Clarifications were given regarding their queries. They were also given the guidance to effectively handle the internship period. Even though the period is a short they were given the instructions to study the changes in students in the post-covid.



September 2021

[Batch: 2020-22]

The mentee group faced a lot of problems at school during internship. Since it was online education for the students in the previous years many unfamiliar issues were faced by teachers at school. There were a lot of changes in the students after covid pandemic which were difficult for the student teachers to handle. The motivations and proper guidance helped them to handle the situation.




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KRTMANSARIBAM KANNUR DIST.

November 2021

[Batch : 2021-23]

New batch students joined the B.Ed programme lately due to the pandemic. Joining a professional course and coping up with the formalities which is totally different from Arts and Science college atmosphere is the concern for most. A bridge course 'Teacher in the new normal' have encouraged and instill confidence. It helped them to involve in the college activities and also break all the post covid issues.



January 2022

[Batch : 2021-23, 2020-

In a combined group, the second year shared the experience at school during internship. All the mentees were encouraged to be a part of 'pragya: The learning support system for students at risk'. Hands on online classes are the way to future opportunity. They were also encouraged to participate in college activities, inter B.Ed. competition and present research papers in upcoming 'National Seminar & Paper presentation competition' as part of national e-

Academic year : 2022 - 2023



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Mentoring List-2022-2023

Sl.No	Name of Mentor	Name of Mentee	Programme & Year of Study
5	Dr. Prasanth Mathew	Jinisha John	B.Ed 2021-23
		Jahana T V	B.Ed 2021-23
		Jwala Maria Cyriac	B.Ed 2021-23
		Emil Thankachan	B.Ed 2021-23
		HarshaSanthosh	B.Ed 2021-23
		HrishikeshBabu	B.Ed 2021-23
		Josna Jose	B.Ed 2022-24
		* Maria Baby	B.Ed 2022-24
		Liya	B.Ed 2022-24
		Seethal C	B.Ed 2022-24
		Drishya P P	B.Ed 2022-24





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June 2023
[Batch : 2021-23]

Due to issues of late starting of the course the second years have to face first and second semester exams during the month of june and july. The mentor group shared the worries regarding the preparations of semester exams. Proper guidance were given for the preparations of exams.

It was also a proud movement that 9 students of this batch attended Resource Person training at FMC, Govt of Kerala. Mentoring have helped students to involve in community extended activities with courage.



July 2022
[Batch : 2021-23]

Covid pandemic had a great impact on this batch. Constant mental support were given to all members. They were constantly encouraged to make use of the opportunities. Students were asked to participate in Inter B.Ed programmes. As a mentor, students were encouraged to participate in paper presentation at St. Joseph's college of Teacher Education. These chances will help them to explore the culture and improve their communication skills.


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August 2022

[Batch: 2021-23]

Pre internship struggles create a sort of tension and worries in student teachers. They were made clear that pedagogic skills are improved only through practises. The reflective practice and positive peer assessment will help all to convert the weakness to strength. The joyful experience at school will provide the necessary strength to move further.

The students had to find alternative strategies to overcome the impact of covid among school students. They found courage and confidence from each mentoring sessions.



October 2022

[Batch: 2022-24]

The first year joined the course during the month of September with lot of worries about the course. The bridge course "Teacher beyond the new normal" helped them to break the ice.

The skills, strength and their competences were highlighted during the first session. Friendly discussions were carried out so that the students were to be given a feeling of acceptance.




BRIDGE COURSE
KATTHAPURAM, P. O. SREEKANDAPURAM, KANNUR

December 2022

[Batch: 2022-24]

Most of the members of this batch are highly competent, but they had to be motivated to use their potential creatively. They were motivated to join various value-added courses to improve their potentials. Mentor group shared their positive experiences of the past year during the last meeting of the year. Students were motivated to take responsible and voluntary activities and also to participate in all college activities.



January 2023

[Batch: 2021-23, 2022-24]

Second years were given the courage to face their final practical exams. Making them aware of the potentials, they were motivated to face the challenges of the exams.

The speciality of the B.Ed programme and different difficult theory paper preparation during the second semester was the main thought of the student mentor. They were given the proper guidance, to go under a systematic pattern was very useful for them.




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February 2023

[Batch: 2021-23, 2022-24]

In a combined session, second year shared their experiences and also how the mentoring sessions helped them to face the challenges.

The mentee group was encouraged to participate in college curricular and co-curricular activities. They were asked to prepare and present research paper in KSCIE co-sponsored National seminar. They were also motivated to join in value added courses.



March 2023

[Batch: 2021-23, 2022-24]

Second year mentee group shared their concerns regarding last semester exams which are extended to June - July and also regarding the placement in the next academic year. They were motivated and encouraged to crack all the AI-Teacher eligibility test and other competitive exams. Different strategies were discussed with the students to effectively appear for their end semester exams.





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Mentoring List - 2018-19

Sl.No	Name of Mentor	Name of Mentee	Programme& Year of Study
2	Dr.Rekha K R	Littymol Thomas	B.Ed 2017-19
		Sheeja Philip	B.Ed 2017-19
		Anusha E	B.Ed 2017-19
		FarhanaKhadeer	B.Ed 2017-19
		Mini Scaria	B.Ed 2017-19
		Roshna Suresh	B.Ed 2017-19
		Thulasi M B	B.Ed 2018-20
		Thushara K K	B.Ed 2018-20
		Remyasree M V	B.Ed 2018-20
		Abia Jose	B.Ed 2018-20
		Renjini N V	B.Ed 2018-20




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June 2018 (2nd year)

The mentee group, since in the verge of internship and the hectic pre-internship hectic schedule, was sharing with the mentor, their concerns regarding the above mentioned aspects of the B.Ed Programme. Though they know the significance of these phases some sort of unwanted stress was visible. So they were consoled and conscientised with the usual emotional state during this period and what some of their senior batches were sharing they are relieved of the tension. They were given the assurance that the required pedagogic potential is not that difficult to attain but confidence building is essential for successfully passing through the present situation.

Whenever they get a gap in between the pedagogic discussions, they came to the mentor for friendly talks which in turn provided them a sort of relief.

Dr REKHA K.R



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July 2018 (2nd years)
The mentees were provided with the required advices for admirably some through the Internship programs.

Sept 2018 (1st years)

The 1st Semester student teachers, who are in a totally different campus atmosphere, were welcomed to the new campus and the specialities of the campus life were shared by them. While sharing they expressed some ambiguities regarding the teacher education programme and the workload which they have heard about were reflected. While the need and significance of the components were made clear, they were convinced. They promised to have a nice interaction in the campus.

October 2018 (1st years)

The mentees shared the views that they are coping up with the new atmosphere. Encouraging them to involve in all the activities, as far as possible, they positively reacted.

November 2018 (1st years)

Whether the positiveness sprouted is maintained by the mentee group was specially noticed. They reported that they have come to a state where they enjoy



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their improvement in the variety of activities in different roles. Sharing the happiness they promised to extend it in the times to come also.

December 2018 : (1st year)

Shared the specific experiences of the whole year. The strength they have gathered from within the institution as well as the rectifications to be brought out in their personality also were put to discussion. Very hopefully wishing a new year and thanking the blessings of the ~~of~~ festive year the group parted.

2019 January : (1st year & 2nd year)

Jointly the first-year students and the second year students ~~for~~ during the mentoring hours shared different views on different dimensions of the B.Ed programme. Some of the doubts raised by the first-year students were clarified by the second years as if they have grown much, by undergoing the Internship programme.

February 2019

At the end semester of the course, the 2nd years and after completing one full semester the first years shared their experiences. All were motivated to prepare for the examinations and ultimately prepare for the life journey. The mentor group expressed their thankfulness to the mentor for supporting them and exhibiting confidence in them.



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Mentoring List - 2019-20

Sl.No	Name of Mentor	Name of Mentee	Programme& Year of Study
2	Dr. Rekha K.R.	Thulasi M B	B.Ed 2018-20
		Thushara K K	B.Ed 2018-20
		Remyasree M V	B.Ed 2018-20
		Abia Jose	B.Ed 2018-20
		Renjini N V	B.Ed 2018-20
		Akhila E.K	B.Ed 2019-21
		Sayona Jose	B.Ed 2019-21
		Ribisha E	B.Ed 2019-21
		Haritha P .C	B.Ed 2019-21
		Athira C K	B.Ed 2019-21
		Sanooja P P	B.Ed 2019-21




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June 2019 (4 Years)

III Semester is a period of concern for the B.Ed students since the pre-semester activities give some hectic works and the related stress. So to minimise the stress related to the period personal talks were carried out.

July 2019 (4 Years)

On the neck of Internship the mentees had a lot to share their queries, ambiguities and concerns. To be a 'patient' listener itself is more than enough for them. Whether they can effectively carry out the role of 'teacher' is their major concern. While listening to the silly queries and providing answers to others questions is the best remedy for themselves. Provided, support, guidance and confidence for the successful conduct of the internship programme.

September 2019 (1st years)

Joining a professional course and coping up with the formalities of it, which is totally different from the Arts and Science College atmosphere is the concern for most of the first year students. Once we patiently listen and console them they are able to cope up with the new experiences.




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October 2019

How to prepare for the examinations is the major worry for most of the mentees. Once given clear instructions they are satisfied and try to be better in their performances.

Depending upon guide books is a custom for many. Once they have to prepare the notes they become frustrated. But by instilling confidence in them, they are okay.

November 2019 (1st years)

Though they have written a series of examinations during their UG and PG once joining B.Ed they still wait for guides and notes. To get rid of this habit much interactive friendly thoughts talks were required.

December 2019 (1st years)

At the end of the year sharing the positive changes this B.Ed Programme has brought about they feel thankful. Expecting more positive and fruitful experiences in the coming year they very open heartedly shared their views.

January 2020 (1st & 2nd years)

In a combined group to interact with a set of students is a thing of worry for many. Making them share their experiences in both the years



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and reporting the positive changes they have accumulated during the period made most of the students happy.

February 2020 (1st & 2nd Years)

Nearing the end of the course for the 2nd year, a painful parting and for the first year, a good bye to friends is a thing of fact. Anyway, sharing the experiences of acquiring different skills which they thought to be impossible give them a sense of satisfaction.

Wished them all success in the B.Ed semester examinations and the life journey.

DI REKHA-K.R



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Mentoring List-2020-21

Sl.No	Name of Mentor	Name of Mentee	Programme& Year of Study
2	Dr. Rekha K.R.	Akhila E.K	B.Ed 2019-21
		Sayona Jose	B.Ed 2019-21
		Ribisha E	B.Ed 2019-21
		Haritha P .C	B.Ed 2019-21
		Athira C K	B.Ed 2019-21
		Sanooja P P	B.Ed 2019-21
		ManeeshaBabu	B.Ed 2020-22
		Anusree K C	B.Ed 2020-22
		Jesmi George	B.Ed 2020-22
		LumithaBai B	B.Ed 2020-22
		Delna T S	B.Ed 2020-22




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September 2020 (11th year)

During the unprecedented Pandemic Year, the mentee group joined online and shared different apprehensions regarding their studies. As in any programme of study since this situation is not experienced by anyone including the mentor, it was difficult to console the students. Still as the rest of the world moves, we also moved. Making the challenges and limitations new avenues for building up digital and technical skills the mentees were exhorted to move further.

October 2020 (11th Year)

Still sharing their fears and ambiguities in the Covid world the mentees went on. Making them listen to and watch motivational talks and videos, they are consoled.

November 2020 (11th Year)

During the peak of COVID simply sharing of feelings was itself a great consolation. The exhortations to come with new skills and practising them for a better tomorrow was the motto of the mentoring work.



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2020-21.

December 2020 (1st year)

Their concern on having Internship on the online way was a hard nut to crack. Still there was no way out. Making them aware of the possibilities they were given confidence to face any challenges of Alateral life.

February
January 2021 (1st year)

Covid hitting to the deadly marks, in a frightening atmosphere 'instilling' confidence in others is 'a divine task'. The mentor group each other and the mentor each member of the student-group consoled one another and prayed for better health and confidence to step forward.

March 2021 (1st year)

Unprecedented, examinations were converted to online and the education scenario changing across the world was a night-mare for all. Confidence building was the main thrust of the period.


DR. REKHA K.R.


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2	Dr. Rekha K.R.	Maneesha Babu	B.Ed 2020-22
		Anusree K C	B.Ed 2020-22
		Jesmi George	B.Ed 2020-22
		Lumitha Bai B	B.Ed 2020-22
		Delna T S	B.Ed 2020-22
		Hitha K	B.Ed 2021-23
		Alex Jose	B.Ed 2021-23
		Haritha P V	B.Ed 2021-23
		Akshaya A V	B.Ed 2021-23
		Anand Ravi	B.Ed 2021-23




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August 2021 (II Years)

Instilling confidence was the main business of the mentor. Sharing their difficulties and problems in carrying out the effective learning and handling of some components of the programme were shared by the students. So a clarification at different dimensions and scope of the components and clearing the problems felt was the focus of discussions.

Sept 2021 (I Years)

The problems faced at schools during internship were discussed mainly. Since it was online education for the students in the previous years, many unfamiliar issues were to be addressed by almost all educational institutions across the world. So conscientization was carried out and confidence building strategies were worked out.

Dr. REKHA.K.R



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Mentoring List-2022-2023

Sl.No	Name of Mentor	Name of Mentee	Programme & Year of Study
2	Dr. Rekha K.R.	Hitha K	B.Ed 2021-23
		Alex Jose	B.Ed 2021-23
		Haritha P V	B.Ed 2021-23
		Akshaya A V	B.Ed 2021-23
		Anand Ravi	B.Ed 2021-23
		Arsha V	B.Ed 2022-24
		Akshay G	B.Ed 2022-24
		Chaitanya C K	B.Ed 2022-24
		Anitta Roy	B.Ed 2022-24
		Anusha V	B.Ed 2022-24




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June 2022 (2nd Year)

Pre-internship struggles create a set of tensions in the student teachers and they were worried. Making them realize the fact that once the experience is positively analysed it can be converted to strength. It was a joyful experience for many. Sometimes talking the same matter a number of times made them realize the same. To make further strength and courage are essential and working accordingly would strengthen them. Mentoring was truly a relief for them.

July 2022 (2nd Year)

Still carrying over the Covid-19 stress and the corresponding backwardness of students at school make the student-teachers worry a lot. They had to fight with alternate strategies was a big challenge. Equipping with confidence in the prime concern of mentoring process, and it could be a successful attempt.

September 2022

The first-year students with a variety of competencies as well as worries came to the mentoring sessions. First of all, the competencies and strengths were highlighted and the very negligible amount of tensions were to be worked out. Enough friendly talks were carried out for the same.



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October 2022 (1st year)

Friendly discussions were carried out so that students were to be given a feeling of acceptance.

November 2022 (1st year)

Being mostly competent members they had to be motivated to make use of their potentials innovatively and creatively. They were encouraged to have readings of such sort and contributions in the same path.

December 2022 (1st year)

Making them recollect the positive experiences of the past year and reflect upon the anticipations of the new year was the main activity. They were willingly sharing so that much motivation could be provided.

January 2023 (1st year)

The speciality of the B.Ed program during the 2nd semester was the main thrust of the student mentees. The necessity to undergo it with a systematic pattern of life was shared and was very effective for the mentees.




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February 2023 (1st and 2nd years)

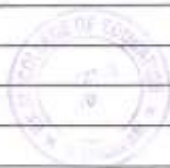
The different activities are an alloy in between the programme was the main thrust of the discussions. Clarity with the significance of each and how integration is possible was discussed. The meeting was much happy and it was an eye-opener.

March 2023 (1st and 2nd Years)

At the end of the year main thrust was how to appear for semester end examinations. Different strategies were discussed to effectively tackle the situation along with qualifying other eligibility tests.



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