



P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P. O., KANNUR – 670 631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE included under UGC 2(f) & 12(B) category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

3.4.3: 3.4.3: Institution has linkages with schools and other educational agencies for both academic and outreach activities and jointly organizes

LINKAGES WITH GENERAL COLLEGES



Name of the Programme: Field Trip to Kannur University Campus

MEMORIES OF A WONDERFUL DAY

The Physical education department of PKM College of Education, Madampam organized a field trip to Kannur University campus for B.Ed students of 2018-2020 Batch on 12th October 2018. We started our journey around 10.45 am from the college. 44 student teachers were present on that day. Fr. Sinoj, the Head of Physical education department, Jomol miss and non-teaching staff Sheeba chechi accompanied us. All other teachers wished us a wonderful journey.


We celebrated each moment in that journey with songs and claps. We played 'ANDHAKSHARI' which gave more energy to us. The most important thing is everyone actively participated in that game. We reached there at 11.45 am. Then we went to canteen for refreshment. From there we went to indoor stadium. We saw some students there who were practicing some events. Then we interacted with Suresh Kutty sir, the Head of physical education department, Kannur University and that talk was an interesting one. He asked a question which was asked to him by a student few years before. The question was 'why do we need teachers?' He told us to find the answer of this question before we go there next time. That was really a relevant question.

From there we moved to the physical fitness centre. We could see many machines which we had seen only in films. The guest lecturer Eldos sir and his students explained and demonstrated everything for us in detail. Then we went to the stadium and we saw the synthetic track. That was the first time I see a synthetic track. Fr. Sinoj explained different sports items that take place there. We had taken our lunch. Our lunch time was very funny. Usually we share our food with our optional classmates. But on that day all the student teachers, Fr.Sinoj, Jomol miss and Sheeba chechi shared food. After the lunch we took some photos. Then our classmates Sariga, Fr.Reji started their attempt to run around the ground. Sariga successfully completed her attempt. I could see satisfaction on her face.

Then we moved to the swimming pool. The instructor explained about different types of swimming. I had seen such pools only in television at the time of some completion. So that was very informative for me. He showed some swimming accessories that they use at the time of practicing. He explained each and everything he know about swimming in a brief and interesting way. After that we had very interesting session. We all assembled in the indoor stadium. Three people were waiting for us there, Sreejith sir and his two students. He introduced a new work out method 'Zoomba' to us. He said us to line up. At that time we had no idea about the dance. But he demonstrated everything and we practiced it there. Nobody was shy and each one participated in that session very actively and interestingly. We had freedom to do as possible to us. So everyone utilised that opportunity. Jomol miss also joined with us.

We were very tired after that session. We returned to college after that session. But we had good spirit so we could continue to sing songs up to the college. It was really a wonderful trip.




PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KAITHAPRAM P.O, MADAMPAM
SREEKANDAPURAM, KANNUR DT.,-670631




PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KAITHAPRAM P.O, MADAMPAM
SREEKANDAPURAM, KANNUR DT., -670631




PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KAITHAPRAM P.O, MADAMPAM
SREEKANDAPURAM, KANNUR DT.,-670631

P.K.M. COLLEGE OF EDUCATION



MADAMPAM, KAITHAPRAM P O, KANNUR – 670631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: pkmcedn@yahoo.co.in, Website: - www.pkmcollge.org

Tel: 0460 2230929, Fax: 04602 232449

FIELD TRIP

2018-19

The following students participated in the programme held on 12/10/2018

SI NO	NAME OF THE STUDENT
1.	AKHILA JOHN
2.	AMRUDHA SIBY
3.	ANJANA K.C
4.	ARYA PREMARAJ P. K
5.	GIBY BABU
6.	MEENU T C
7.	REVATHI PARAMESWARAN
8.	BISNA NARIKKODAN
9.	GOKULA E
10.	HARITHAMOL P P
11.	NIMISHA A
12.	SRUTHI C K
13.	THULASI M B
14.	THUSHARA K.K
15.	ANUMOL MATHEW
16.	AYONA VINCENT
17.	HARSHA A.T
18.	JISHNA KARIYIL
19.	MEENU STEPHEN
20.	MERITA STEPHEN
21.	NIMITHA JOSE
22.	RAJINA P P
23.	SNEHA P SEBASTIAN
24.	SOUPARNIKA J

Dr. Sinoj Joseph
Assistant Professor in Physical Education
PKM College of Education
Madampam-670631



PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KAITHAPRAM P.O, MADAMPAM
SREEKANDAPURAM, KANNUR DT.,-670631

P.K.M. COLLEGE OF EDUCATION



MADAMPAM, KAITHAPRAM P O, KANNUR – 670631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: pkmcedn@yahoo.co.in Website: - www.pkcollege.org

Tel: 0460 2230929, Fax: 04602 232449

25	ANJALI A K
26	ANJALI C K
27	JAHIRA K
28	MAHIMA K
29	NEETHU MADHUSOODANAN K V
30	PRIYANKA THALIYIL
31	RAMYASREE M V
32	RISHANA K M P
33	ABIA JOSE
34	ANJUSHA M
35	APARNA FRANCIS
36	ATHIRA K
37	JOSLY JOSE
38	NIDHIN JOSE
39	RIYA ROSE MATHEW
40	SARIKA CHACKO
41	SHYNA N RAJU
42	SONIA CYRIAC
43	SREYA JOSEPH
44	ATHIRA P.K




PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KAITHAPRAM P.O, MADAMPAM
SREEKANDAPURAM, KANNUR DT.,-670631


Dr. Sinoj Joseph
Assistant Professor in Physical Education
PKM College of Education
Madampam-670631

Name of the Programme: Intercollegiate Fitness and Health Promotion Training Programme



P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P O, KANNUR – 670631
(Govt. Aided Teacher Education Institution affiliated to Kannur University)
Recognized by NCTE and included under UGC 2(f) & 12B category
Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary
Email: pkmcedn@yahoo.co.in, Website: - www.pkcollege.org
Tel: 0460 2230929, Fax: 04602 232449

19-2
outreach

State Level Inter Collegiate

Fitness and Health Promotion Training Programme

Organized by St. Pius X College and P K M College of Education, Madampam
(Dept. Of Physical Education) on 28th Sept. 2019 at Rajapuram

Report

P.K.M College of Education, Madampam, to provide an intense training on Fitness and Health, organised a one-day workshop on 28 September 2019 at St. Pius X College Campus, Rajapuram. The event was basically designed as a part of 'Fit India Campaign' to provide a unique and exciting opportunity to learn and practice physical fitness for effective academic performance. Around hundred students from various colleges along with teaching and non-teaching staff participated in the workshop. The workshop was organized jointly by Department of Physical Education, P.K.M College of Education, Madampam and St. Pius X College Campus, Rajapuram.

The program officially started at 10 a.m. Our college Manager His Excellency Mar Joseph Pandarasseriyil inaugurated the ceremony with a delightful speech. Dr. Asha Chacko (Principal, St. Pius X College Campus, Rajapuram) delivered presidential address. Dr. Sr. Jessy N.C (Principal, P.K.M College of Education, Madampam) and Fr. George Puthuparambil delivered Felicitations. Dr. Fr. Sinoj Joseph offered a vote of thanks and this concluded the inauguration ceremony.

After that the technical session started and it was handled by Dr. Anoop K.V (HOD of Dept. of Physical Education, Govt. College, Manjeswaram). He dealt with Positive Health - Tense and Challenges. The session was made innovative and informative by demonstrating various *yogasanas* and physical exercises practically to students.

After lunch, the second session began and it was a Zumba dance section. It was led by Prof. Sreejith (Assistant Professor, Dept of Physical Education, Kannur University Campus, Mangattuparamba). Here students enjoyed a lot by dancing intensely to the rhythm of rock music.

This was followed by a valedictory session where Fr. Dino Kumbanattu delivered Presidential Address. Some students gave a brief evaluation on the workshop. The certificates were then distributed to students. After a photo session, the event concluded with National Anthem.



PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KAITHAPRAM P.O, MADAMPAM
SREEKANDAPURAM, KANNUR DT., -670631




PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KAITHAPRAM P.O, MADAMPAM
SREEKANDAPURAM, KANNUR DT.,-670631




PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KAITHAPRAM P.O, MADAMPAM
TREKANDAPURAM, KANNUR DT., -670631




PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KAITHAPRAM P.O, MADAMPAM
SREEKANDAPURAM, KANNUR DT.-670631




PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KAITHAPRAM P.O, MADAMPAM
SREEKANDAPURAM, KANNUR DT.,-670631

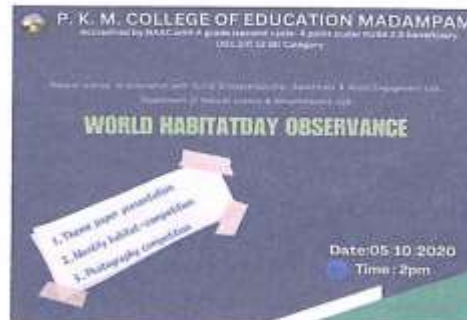
Name of the Programme: World Habitat Day

P.K.M. COLLEGE OF EDUCATION, MADAMPAM

WORLD HABITAT DAY OBSERVANCE

5th October, 2020

HOUSING FOR ALL: A BETTER URBAN FUTURE.




OBJECTIVES

- To develop Naturalistic intelligence among students.
- To develop scientific temper, sensitivity and creativity.
- To develop observation skills and research attitude
- To develop natural consciousness

1. THEME PAPER PRESENTATION

On 5th October 2020 as a part of the celebration of World Habitat Day in association with Social Entrepreneurship, Swachhata & Rural Engagement Cell, Department of Natural science and Bhoomithrasena club of PKM College of Education MADAMPAM has organised a theme paper presentation on the topic "Housing for all : a better urban future" on the microsoft teams platform. The program began at 2 pm. Ms Jain James was anchored the program. The program started with a prayer by Ms. Sweetymol Shaji. The welcome speech was delivered by Ms. Haritha P C. The presidential address was delivered by Dr. Sr. Jessy N C, Principal of PKM College of education Madampam. Through her presidential address, she explained the significance of celebrating such days. She also spoke about the importance of habitat protection. The felicitation





PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KAITHAPRAM, P. O., MADAMPAM
SREEKANDAPURAM, KANNUR DT.,-670631

to the program was delivered by Mrs. Jomol Jose, Assistant professor Department of Natural Science, and the program coordinator.



Later the paper presentation session was started. The first presentation was done by Ms. Anjali Varghese, department of mathematics on the topic "Housing for all for a better urban future". Through her presentation, she elaborately explained the importance of protecting the habitat. Also explained why we need a sustainable development. The presentation ended with discussion about the topic. The second presentation was done by Mr. Jomal Jose, department of English on the topic "Habitat loss driving up human – elephant conflict in Kerala. He explained the topic habitat destruction in the context of problems in Kerala. He explained the topic with the numbers of destructed habitats of elephants in Kerala. The reasons of habitat destructions were presented and the ways to protect the habitat also explained by him. The presentation ended with discussion.




PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KAITHAPRAM, P. O., MADAMPAM
SREEKANDAPURAM, KANNUR DT.,-670631

The third presentation topic was “Restoration ecology” which is taken by Ms. Anuhridya O, department of natural science. In her presentation she elaborately explained how to restore an ecosystem or habitat. The elaborated and informative session ended with a discussion. Ms. Sayona Jose, department of Malayalam done by the fourth presentation on the topic “habitat significance”. It was a very informative session in which she explained in detail about what is habitat, what is the significance of habitat, the purpose of protecting the habitat. The presentation winded up with a discussion on the topic.



Fr. Abin Jose, department of Physical science done the fifth and last presentation on the topic “habitat changes in the context of Covid 19”. The destruction of habitat resulted in loss of habitats of infectious agents, like viruses, bacteria etc. Thus they started to infect humans. He explained that if the natural balance of ecosystem got disturbed, it will leads to infectious diseases. He concluded that, during this pandemic condition we need to think about protecting the habitats. The presentation concluded with discussion.



Principal's Signature
PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KAITHAPRAM, P. O., MADAMPAM
SREEKANDAPURAM, KANNUR DT.,-870631

After the presentations, Ms. Amrutha K, Department of Natural science made the program very beautiful with her sweet voice. Ms.Vinaya PP, department of physical science, convener of Bhoomithrasena club delivered vote of thanks to the program. The program winded up with vote of thanks. The program was so informative and provides awareness about conservation of habitat.


2. IDENTIFY HABITAT – COMPETITION

Conducted identify habitat competition for the B.Ed. students. In this competition given instructions to identify the habitat of one animal or plant and observe, find out the characteristics and peculiarities of its habitat. Send the findings of the habitat with photo. This competition was conducted to inculcate observation skills and research attitude, natural consciousness etc. Many students were participated in the programme and the first place was won by Anuhridya O. (Natural Science).

3. PHOTOGRAPHY COMPETITION

Conducted a photography competition on the theme Natural Habitat- My Home, for the B.Ed. students. This competition held to promote natural consciousness and to appreciate and value biodiversity and the nature. Many students were participated in the competition and first place was won by Abin Jose (Physical Science).




PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KAITHAPRAM, P. O., MADAMPAM
SREEKANDAPURAM, KANNUR DT.,-670631

FEEDBACK

The World Habitat day programme was a very successful one. The theme was Housing for all for a better urban life. 5 students were presented theme papers on relevant topics and this made a great impact among the student teachers. The paper presentations were highly informative and covered different significant areas in Habitat. Also the identify habitat competition helped to improve observation skills and research attitude among the B.Ed. students. Many students were enthusiastically participated in photography completion and which helped to improve natural consciousness.

CO ORDINATORS

Faculty – Mrs. Jomol Jose (Asst. Prof. in Natural Science)

Student coordinators – Drisya V.V, Haritha P.C, Vinaya P.P.

PARTICIPANTS

B.Ed. students (PKM 2019-21 batch) – 32

Teaching faculty- 4

OUTCOMES

Newspaper report


5 theme papers

Video

VENUE

Online digital platform Microsoft Teams




PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KAITHAPRAM, P. O., MADAMPAM
SREEKANDAPURAM, KANNUR DT.,-670631



P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P O, KANNUR – 670631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: pkmcedn@yahoo.co.in, Website: - www.pkmcollege.org

Tel: 0460 2230929, Fax: 04602 232449

Circular No: 28/PKM/2020-21

Date: 1/10/2020

Sub: Housing for all: A better urban future

CIRCULAR

We are excited to introduce an important awareness programme, "Housing for All", which focuses on creating a better urban future by addressing housing needs and promoting inclusive communities. As we strive to make our city a more liveable and equitable place, your participation in this initiative is crucial.

Date: 05-10-2020

Time: 2:00 pm

Platform: Microsoft teams

Best regards,



Principal

Copy to All TS, NTS and Students



PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KAITHAPRAM, P. O., MADAMPAM
SREEKANDAPURAM, KANNUR DT.,-670631

ABSTRACT FOR REPORT

Assessment Year – 2020-21

Office File No : Digital File No:

ABOUT THE PROGRAMME		
Programme Title		World Habitat Day Observance, 5 th October 2020 Housing For All : A Better Urban Future
Sub Programme	Programme 1	Theme Paper Presentation
	Programme 2	Identify Habitat Competition
	Programme 3	Photography Competition
Nature of the Programme		
Level of the Programme		
Type of the Programme	Inhouse/outreach	Outreach
	Online/offline	Online
Objectives		<ul style="list-style-type: none"> • To develop Naturalistic intelligence among students • To develop scientific temper, sensitivity and creativity • To develop observation skills and research attitude • To develop natural consciousness
Issues addressed		<ul style="list-style-type: none"> • Sustainable management of habitat (ecosystems) and it's protection. • Habitat loss and the following HumanElephant conflicts in Kerala • Restoration of the lost ecosystems • Significance and the purpose of the protection of habitats
Date & time		5 th October 2020
Venue		Online Digital Platform – Microsoft Teams




PRINCIPAL
P.K.M. COLLEGE OF EDUCATION
KAITHAPPRAM, P. O., MADAMPAM
SREEKANDAPURAM, KANNUR DT.,-670631

Duration		
ORGANIZING LEVEL		
Organized by		Department of Natural Science and Bhoomithrasena club, P.K.M. College of Education Madampam
Association/ Collaboration with		Social Entrepreneurship, Swachhata & Rural Engagement Cell
sponsored by	External	

	Internal	
Sanctioned amount		
Sanction order details		
Faculty in charge		Mrs. Jomol Jose
Student co ordinators (Programme)		Drisya V.V, Haritha P.C, Vinaya P.P
Student co ordinators (Anchors)		Ms. Jain James
Student co ordinators (Reporting)		
Student co ordinators (ICT)		
Student co ordinators (Media)		

RESOURCE TEAM			
Resource Persons/Experts	Name	Designation	Role

Resource Persons/Experts	<ul style="list-style-type: none"> •Ms. Anjali Varghese •Mr. Jomal Jose •Ms. Anuhridya O •Ms. Sayona Jose •Fr. Abin Jose 	<ul style="list-style-type: none"> Student Teacher Student Teacher Student Teacher Student Teacher Student Teacher 	<ul style="list-style-type: none"> Presenter Presenter Presenter Presenter Presenter
Public Person			
Management Representative			
PTA Representative			
Alumni Representative			
Cooperative School Representative			




PRINCIPAL
 P.K.M. COLLEGE OF EDUCATION
 KAITHAPRAM, P. O., MADAMPAM
 SREEKANDAPURAM, KANNUR DT.,-670631

PARTICIPANTS		
Students participants	Batch 1:	B.Ed students (P.K.M. 2019-21 Batch) – A total of 32 participants
	Batch 2:	
Teacher Educators	4 Participants	
Administrative staff	Dr. Jessy N.C, Principal Mrs. Jomol Jose, Asst. Professor, Natural Science & Programme Coordinator	
Student Teachers outside PKM		
Teacher Educators outside PKM		
Researchers		
School Teachers		
School students		

Alumni	
General public	

FEEDBACK	
Oral feedback	Yes
Written feedback	Yes
Google form	
On the spot	

UPLOADING DOCUMENTS			
Plan of Action	Yes		
Notice/ circular	Yes		
Brochure	Yes		
Programme sheet	Yes		
Photograph with titles			
Reports	Print	yes	Digital
			Yes
Geo tagged photos	Yes		
Videos edited for uploading	Yes		
Participant list	Yes		
Programme certificates	Duty certificates		
Statement of Expenditure			
	News paper	Yes	
	Local channel	Radio	




Jessy N.C.
PRINCIPAL

P.K.M. COLLEGE OF EDUCATION
KATHAPRAM. P. O., MADAMPAM
SREEKANDAPURAM, KANNUR DT.,-670631

Mass media	Online news	
Social media	Website	
	Facebook	
	Instagram	




 PRINCIPAL
 P.K.M. COLLEGE OF EDUCATION
 KAITHAPRAM. P. O., MADAMPAM
 SREEKANDAPURAM, KANNUR DT.,-670631

