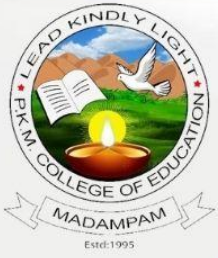


# P.K.M. COLLEGE OF EDUCATION



**MADAMPAM, KAITHAPRAM P. O., KANNUR – 670 631**  
**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

**Recognized by NCTE included under UGC 2(f) & 12(B) category**  
**Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary**

**3.3.1: Average number of outreach activities organized by the institution during the last five years.**

## **OUTREACH ACTIVITIES**

### **2018-19**



**Report of each outreach activity organized along with video/ photographs with seal and signature of the Principal**

**2018-19**

**Name of the Programme: Kuttanaadinoppam**

**Kuttanaadinoppam**

In 2018 Kerala state has witnessed a worst flood in its history, which caused widespread destruction in various regions. In response to this, P.K.M College of Education organized a massive clothing drive, collecting new and gentle-used clothes from students, faculty, and the local community. These clothes were sorted, cleaned and distributed to the effected people. This initiative aims at providing basic clothing and comfort to the flood victims. In addition to clothing, P.K.M college initiated a fundraising campaign to collect monetary funds. This a fundraising campaign aims at providing financial support for availing basic essentials. The campaigns were conducted under the guidance of Staff Association of P.K.M College of Education on 3/08/2018. The collected funds and clothes were hand over by DR. Rekha K.R to Sreekandapuram Municipality .....(name and designation who received the fund)



collecting the fund by staff coordinators and students



handing over the collected fund and cloths.



  
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KAITHAPRAM, P. O., MADAMPAM  
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## KUTTANADINOPPAM

### PARTICIPATION LIST

2018- 2020 BATCH

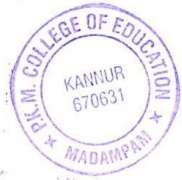
03/08/2018

SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	AKHILA JOHN	ENGLISH	✓
2	AMRUDHA SIBY	ENGLISH	✓
3	ANJANA K.C.	ENGLISH	✓
4	ARYA PREMARAJ P.K.	ENGLISH	✓
5	GIBY BABU	ENGLISH	✓
6	MEENU T.C.	ENGLISH	✓
7	REVATHY PARAMESWARAN	ENGLISH	✓
8	BISNA NARIKKODAN	ENGLISH	✓
9	GOKULA E.	MALAYALAM	Absent
10	HARITHAMOL P.P.	MALAYALAM	Absent
11	NIMISHA A.	MALAYALAM	✓
12	SRUTHI C.K.	MALAYALAM	✓
13	THULASI M.B	MALAYALAM	✓
14	THUSHARA K.K.	MALAYALAM	Absent
15	ANUMOL MATHEW	MATHEMATICS	✓
16	AYONA VINCENT	MATHEMATICS	✓
17	HARSHA A. P	MATHEMATICS	✓
18	JISHNA KARIYIL	MATHEMATICS	✓
19	MEENU STEPHEN	MATHEMATICS	✓
20	MERITTA STEPHEN	MATHEMATICS	✓
21	NIMITHA JOSE	MATHEMATICS	✓
22	RAJINA P.P.	MATHEMATICS	✓
23	SNEHA P SEBASTIAN	MATHEMATICS	✓
24	SOUPARNIKA J.	MATHEMATICS	✓
25	ANJALI A.K.	NATURAL SCIENCE	✓
26	ANJALI C.K.	NATURAL SCIENCE	✓
27	JAHIRA K.	NATURAL SCIENCE	✓
28	MAHIMA K.	NATURAL SCIENCE	✓
29	NEETHU MADHUSOODANAN K.V	NATURAL SCIENCE	✓
30	PRIYANKA TALYIL	NATURAL SCIENCE	✓
31	REMYASREE M.V.	NATURAL SCIENCE	✓
32	RISHANA K.M.P	NATURAL SCIENCE	✓
33	ABIYA JOSE	PHYSICAL SCIENCE	Absent
34	ANJUSHA M.	PHYSICAL SCIENCE	✓
35	APARNA FRANCIS	PHYSICAL SCIENCE	✓
36	ATHIRA K.	PHYSICAL SCIENCE	✓
37	JOSLY JOSE	PHYSICAL SCIENCE	✓



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 KANNUR DISTRICT, KANNUR DT.,-670631

38	NIDHIN JOSE	PHYSICAL SCIENCE	Absent
39	RIYA ROSE MATHEW	PHYSICAL SCIENCE	✓
40	SARIKA CHACKO	PHYSICAL SCIENCE	✓
41	SHYNA N RAJU	PHYSICAL SCIENCE	✓
42	SONIA CYRIAC	PHYSICAL SCIENCE	Absent
43	SREYA JOSEPH	PHYSICAL SCIENCE	Absent
44	ATHIRA P.K.	SOCIAL SCIENCE	Absent
45	JASMINE THOMAS	SOCIAL SCIENCE	✓
46	REJI P GEORGE	SOCIAL SCIENCE	✓
47	REMYA RAGHAVAN	SOCIAL SCIENCE	✓
48	RENJINI N.V	SOCIAL SCIENCE	✓
49	RISINA T	SOCIAL SCIENCE	✓
50	SUJINA T.V.	SOCIAL SCIENCE	✓



*[Handwritten Signature]*

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Name of the Programme: International Ozone Day



## P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P O, KANNUR – 670631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

Circular No: /PKM/2018-19

Date: 15/09/2018

Sub: International Ozone Day

### CIRCULAR

We are excited to announce the observance of International Ozone Day. This event mainly involves a sessions which mainly explains about the "Importance of Ozone and problems related to Ozone depletion". We invite all students and staff to participate in this event so that we can educate us more about this raising problem.

Date: 17-09-2018

Time: 3.00 P.M to 4.00 P.M

Venue: College auditorium

Best regards,

Principal

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM. P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

Copy to

All TS, NTS and Students



## OZONE DAY OBSERVANCE

We observed Ozone day by conducting different programmes such as quiz, competition, exhibition and documentary preparation, presentation and uploaded the video in the YouTube channel of Bhoomithrasena Club

### QUIZ COMPETITION

On 15-09-18 a quiz competition was organized by the Bhoomithrasena, P.K.M. College of Education, Madampam in college auditorium for B.Ed. students. The theme was "Ozone- a New Lease on Life". The welcome speech was delivered by Sruthi C.K, student co-ordinator, bhoomithrasena. The students were divided in to 4 groups such as Troposphere, Stratosphere, Mesosphere and Thermosphere, The Quiz programme was led by Priyanka Thaliyil, Jahira K. RemyaRaghavan, Renjini NV & Sruthi CK, the student co-ordinators of bhoomithrasena Questions were covered different areas of ozone such as history, acts, ozone depletion, diseases, precautions, solutions etc. In quiz competition first place was secured by the Troposphere group Second and third place was secured by the Mesosphere and Thermosphere respectively. The student co-ordinator Jahira K delivered the vote of thanks. The prizes were distributed for the winners on 18-09-18 in the morning as viewers.


### EXHIBITION

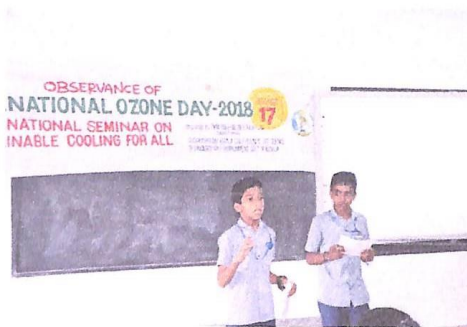
On 17-09-18, an exhibition was conducted on the topic "Be Cool & Carry on "by. bhoomihrasena. In the exhibition bhoomithrasena exhibited different themes containing charts, posters, slogans, captions, paintings, drawings, articles etc. The exhibition was very significant and conveyed different good messages to the viewers.


### PREPARED DOCUMENTARY PRESENTATION

A documentary on "Ozone- the Umbrella of Life" was prepared by the bhoomithrasena club members. It was presented in front of BEd, students on 25-09-18. The session was welcomed by Renjini N.V. Student co-ordinator. Rishana KMP was given a brief description about the video and then the video was presented The documentary was included Ozone & its significance, history of ozone, present status, strategies should take to reduce ozone depletion etc. The documentary conveyed different information and messages to students and it was a good experience to them. The session was concluded with vote of thanks by Riya Rose Mathew Later the video was uploaded in the YouTube channel of Bhoomithrasena Club, PKM College of Education, Madampam



  
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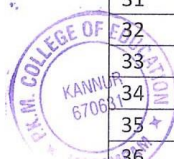
# INTERNATIONAL OZONE DAY

## PARTICIPATION LIST

2018- 2020 BATCH

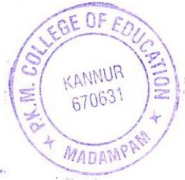
17/09/2018

SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	AKHILA JOHN	ENGLISH	✓
2	AMRUDHA SIBY	ENGLISH	✓
3	ANJANA K.C.	ENGLISH	✓
4	ARYA PREMARAJ P.K.	ENGLISH	✓
5	GIBY BABU	ENGLISH	✓
6	MEENU T.C.	ENGLISH	✓
7	REVATHY PARAMESWARAN	ENGLISH	✓
8	BISNA NARIKKODAN	ENGLISH	✓
9	GOKULA E.	MALAYALAM	✓
10	HARITHAMOL P.P.	MALAYALAM	✓
11	NIMISHA A.	MALAYALAM	✓
12	SRUTHI C.K.	MALAYALAM	✓
13	THULASI M.B	MALAYALAM	✓
14	THUSHARA K.K.	MALAYALAM	✓
15	ANUMOL MATHEW	MATHEMATICS	✓
16	AYONA VINCENT	MATHEMATICS	✓
17	HARSHA A. P	MATHEMATICS	✓
18	JISHNA KARIYIL	MATHEMATICS	✓
19	MEENU STEPHEN	MATHEMATICS	✓
20	MERITTA STEPHEN	MATHEMATICS	✓
21	NIMITHA JOSE	MATHEMATICS	✓
22	RAJINA P.P.	MATHEMATICS	✓
23	SNEHA P SEBASTIAN	MATHEMATICS	✓
24	SOUPARNIKA J.	MATHEMATICS	✓
25	ANJALI A.K.	NATURAL SCIENCE	✓
26	ANJALI C.K.	NATURAL SCIENCE	✓
27	JAHIRA K.	NATURAL SCIENCE	✓
28	MAHIMA K.	NATURAL SCIENCE	✓
29	NEETHU MADHUSOODANAN K.V	NATURAL SCIENCE	✓
30	PRIYANKA TALIYIL	NATURAL SCIENCE	✓
31	REMYASREE M.V.	NATURAL SCIENCE	✓
32	RISHANA K.M.P	NATURAL SCIENCE	✓
33	ABIYA JOSE	PHYSICAL SCIENCE	✓
34	ANJUSHA M.	PHYSICAL SCIENCE	✓
35	APARNA FRANCIS	PHYSICAL SCIENCE	✓
36	ATHIRA K.	PHYSICAL SCIENCE	✓
37	JOSLY JOSE	PHYSICAL SCIENCE	✓



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KANDAPURAM, KANNUR DT.,-670631

38	NIDHIN JOSE	PHYSICAL SCIENCE	✓
39	RIYA ROSE MATHEW	PHYSICAL SCIENCE	✓
40	SARIKA CHACKO	PHYSICAL SCIENCE	✓
41	SHYNA N RAJU	PHYSICAL SCIENCE	✓
42	SONIA CYRIAC	PHYSICAL SCIENCE	✓
43	SREYA JOSEPH	PHYSICAL SCIENCE	✓
44	ATHIRA P.K.	SOCIAL SCIENCE	✓
45	JASMINE THOMAS	SOCIAL SCIENCE	✓
46	REJI P GEORGE	SOCIAL SCIENCE	✓
47	REMYA RAGHAVAN	SOCIAL SCIENCE	✓
48	RENJINI N.V	SOCIAL SCIENCE	✓
49	RISINA T	SOCIAL SCIENCE	✓
50	SUJINA T.V.	SOCIAL SCIENCE	✓



*[Handwritten Signature]*

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**Name of the Programme: Milma Malayora Dairy Visit**



**P.K.M. COLLEGE OF EDUCATION**

**MADAMPAM, KAITHAPRAM P O, KANNUR – 670631**

**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

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E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

Circular No: /PKM/2018-19

Date: 26/11/2018

**Sub: Milma Malayora Dairy Visit**

**CIRCULAR**

We are excited to inform you about the upcoming Industrial Visit to Milma Malayora Dairy organised by the College Union of 2018-19. This event is a wonderful opportunity for us to know more about the different steps involved in the packing and preservation of milk.

**Event Details:**

Date: 27-11-2018

Time: 9.00 A.M

Platform:

**Best regards,**

**Principal**

**PRINCIPAL**  
P.K.M. COLLEGE OF EDUCATION  
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## **Industrial Visit Report: Milma Malayora Dairy**

### **Introduction:**

On 27<sup>th</sup> November 2018, our class embarked on an educational and enlightening industrial visit to Milma Malayora Dairy, one of the leading dairy processing units in the region. The purpose of the visit was to provide students with practical insights into the dairy industry's operations, processes, and technologies.

### **Arrival and Reception:**

We arrived at the Milma Malayora Dairy facility at 10 am. The reception was warm, and we were greeted by the company staff who guided us throughout the visit. The premises were clean and well-maintained, reflecting the company's commitment to hygiene and quality standards.


### **Overview of Milma Malayora Dairy:**

Milma Malayora Dairy, a subsidiary of Kerala Cooperative Milk Marketing Federation (Milma), is renowned for its high-quality dairy products. The company specializes in milk processing, cheese production, curd, sambharam, lassi, ghee, butter, paneer, and various other dairy-based products. The visit provided us with a comprehensive understanding of the dairy industry's supply chain and production processes.

### **Production Processes:**

During the visit, we were given a detailed insight into the production processes involved in dairy product manufacturing. The knowledgeable staff explained the steps of milk pasteurization, homogenization, and various other processes involved in making products like toned milk and curd. We witnessed the state-of-the-art machinery and technology used in these processes, emphasizing the importance of automation and precision in the industry.



  
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### **Quality Control and Hygiene:**

One of the notable aspects of Milma Malayora Dairy is its stringent quality control measures. We learned about the rigorous testing procedures employed to ensure the quality and safety of the products. The emphasis on hygiene was evident in every part of the facility, highlighting the company's commitment to producing safe and healthy dairy products for consumers.


### **Environmental Sustainability:**

Milma Malayora Dairy is also dedicated to environmental sustainability. We were shown their eco-friendly initiatives, such as waste recycling, energy-efficient systems, and water conservation methods. It was inspiring to see a company integrating sustainable practices into its operations, setting a positive example for the industry.

### **Conclusion:**

The industrial visit to Milma Malayora Dairy was a valuable learning experience for all the students. It provided us with practical knowledge about the dairy industry, its processes, and the importance of quality control and sustainability. The visit enhanced our understanding of the practical applications of the concepts we study in our classrooms. We express our sincere gratitude to the management and staff of Milma Malayora Dairy for their warm hospitality and for imparting valuable knowledge to us. This visit will undoubtedly have a lasting impact on our academic and professional growth.



  
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Milma Malayora Dairy



Production unit



The staff guiding the instructions



Employees explain the steps in pasteurization, homogenization etc.



Group photo taken in front of Milma Malayora Dairy



*[Signature]*  
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SREEKANDAPURAM, KANNUR DT., -670631

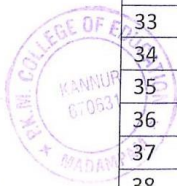
# MILMA MALOYARA DIARY VISIT

## PARTICIPATION LIST

2018- 2020 BATCH

24/11/2018


SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	AKHILA JOHN	ENGLISH	X
2	AMRUDHA SIBY	ENGLISH	X
3	ANJANA K.C.	ENGLISH	X
4	ARYA PREMARAJ P.K.	ENGLISH	X
5	GIBY BABU	ENGLISH	X
6	MEENU T.C.	ENGLISH	X
7	REVATHY PARAMESWARAN	ENGLISH	X
8	BISNA NARIKKODAN	ENGLISH	X
9	GOKULA E.	MALAYALAM	X
10	HARITHAMOL P.P.	MALAYALAM	X
11	NIMISHA A.	MALAYALAM	X
12	SRUTHI C.K.	MALAYALAM	X
13	THULASI M.B	MALAYALAM	X
14	THUSHARA K.K.	MALAYALAM	X
15	ANUMOL MATHEW	MATHEMATICS	X
16	AYONA VINCENT	MATHEMATICS	X
17	HARSHA A. P	MATHEMATICS	X
18	JISHNA KARIYIL	MATHEMATICS	X
19	MEENU STEPHEN	MATHEMATICS	X
20	MERITTA STEPHEN	MATHEMATICS	X
21	NIMITHA JOSE	MATHEMATICS	X
22	RAJINA P.P.	MATHEMATICS	X
23	SNEHA P SEBASTIAN	MATHEMATICS	X
24	SOUPARNIKA J.	MATHEMATICS	X
25	ANJALI A.K.	NATURAL SCIENCE	X
26	ANJALI C.K.	NATURAL SCIENCE	X
27	JAHIRA K.	NATURAL SCIENCE	X
28	MAHIMA K.	NATURAL SCIENCE	X
29	NEETHU MADHUSOODANAN K.V	NATURAL SCIENCE	X
30	PRIYANKA TALYIL	NATURAL SCIENCE	X
31	REMYASREE M.V.	NATURAL SCIENCE	X
32	RISHANA K.M.P	NATURAL SCIENCE	X
33	ABIYA JOSE	PHYSICAL SCIENCE	X
34	ANJUSHA M.	PHYSICAL SCIENCE	X
35	APARNA FRANCIS	PHYSICAL SCIENCE	X
36	ATHIRA K.	PHYSICAL SCIENCE	X
37	JOSLY JOSE	PHYSICAL SCIENCE	X
38	NIDHIN JOSE	PHYSICAL SCIENCE	X
39	RIYA ROSE MATHEW	PHYSICAL SCIENCE	X



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SREEKANDAPURAM, KANNUR DT., 670531

40	SARIKA CHACKO	PHYSICAL SCIENCE	✗
41	SHYNA N RAJU	PHYSICAL SCIENCE	✗
42	SONIA CYRIAC	PHYSICAL SCIENCE	✗
43	SREYA JOSEPH	PHYSICAL SCIENCE	✗
44	ATHIRA P.K.	SOCIAL SCIENCE	✗
45	JASMINE THOMAS	SOCIAL SCIENCE	✗
46	REJI P GEORGE	SOCIAL SCIENCE	✗
47	REMYA RAGHAVAN	SOCIAL SCIENCE	✗
48	RENJINI N.V	SOCIAL SCIENCE	✗
49	RISINA T	SOCIAL SCIENCE	✗
50	SUJINA T.V.	SOCIAL SCIENCE	✗



  
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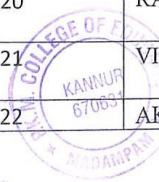
## MILMA MALAYORA DIARY VISIT

### PARTICIPATION LIST

2017- 2019 BATCH

21/11/2018

SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	LITTYMOL THOMAS	ENGLISH	X
2	MADHURIMA E P	ENGLISH	X
3	MANJU K R	ENGLISH	X
4	RANJU MOL C T	ENGLISH	X
5	AMRUTHA RADHAKRISHNAN	ENGLISH	X
6	SARATH C	MALAYALAM	X
7	ARYA M.P	MALAYALAM	X
8	DILNA P.V	MALAYALAM	X
9	SHEEJA PHILIP	MALAYALAM	X
10	SHIGINA K	MALAYALAM	X
11	THASLEEMA M.K	MALAYALAM	X
12	VIJILA P	MATHEMATICS	X
13	AKASH K	MATHEMATICS	X
14	SHEBIN K RAJU	MATHEMATICS	X
15	ATHIRA SAGAR	MATHEMATICS	X
16	JIMNA P	MATHEMATICS	X
17	JINI JOY	MATHEMATICS	X
18	NEETHU V	MATHEMATICS	X
19	SUBINA T	MATHEMATICS	X
20	RAFEENA T P	MATHEMATICS	X
21	VISHAKH A	NATURAL SCIENCE	X
22	AKSHARA P	NATURAL SCIENCE	X



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KAITHAPRAM. P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

PRINCIPAL

23	AMMU JOSE	NATURAL SCIENCE	X
24	ANAGHA K	NATURAL SCIENCE	X
25	ANUSHA E	NATURAL SCIENCE	X
26	ASWATHI P.V	NATURAL SCIENCE	X
27	C P ROOPAMA	NATURAL SCIENCE	X
28	FARHANA KHADER	NATURAL SCIENCE	X
29	MRIDULA RAMESH C	NATURAL SCIENCE	X
30	ANJU MARIA MULLOOR	PHYSICAL SCIENCE	X
31	ANUSREE V.P	PHYSICAL SCIENCE	X
32	JILU SIMON	PHYSICAL SCIENCE	X
33	LAYA LUKA	PHYSICAL SCIENCE	X
34	LIYA JOY	PHYSICAL SCIENCE	X
35	MINU MOL THOMAS	PHYSICAL SCIENCE	X
36	PONNISHA THOMAS	PHYSICAL SCIENCE	X
37	PRIYA JOY	PHYSICAL SCIENCE	X
38	RIBINA V	PHYSICAL SCIENCE	X
39	SANGEETHA C P	PHYSICAL SCIENCE	X
40	JINU A.M	SOCIAL SCIENCE	X
41	AKHILA LAKSHMANAN	SOCIAL SCIENCE	X
42	MINI SCARIA	SOCIAL SCIENCE	X
43	RAJASREE THAZHATHUVEETIL	SOCIAL SCIENCE	X
44	RIYA MARY THOMAS	SOCIAL SCIENCE	X
45	ROSHNA SURESH	SOCIAL SCIENCE	X
46	SARITHA C NARAYANAN	SOCIAL SCIENCE	X
47	SOUPARNIKA K B	SOCIAL SCIENCE	X
48	THRISHNA V K	SOCIAL SCIENCE	X



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KAITHAPRAM. P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

**Name of the Programme: Field Trip to Puthukaad Estate**



**P.K.M. COLLEGE OF EDUCATION**

**MADAMPAM, KAITHAPRAM P O, KANNUR – 670631**

**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

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Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

Circular No: /PKM/2018-19

Date: 27/11/2018

**Sub: Field Trip to Puthukaad estate**

**CIRCULAR**

We are happy to announce about an upcoming Field Trip to Puthukaad Estate organised by Physical Education department, this will help us to explore a new place.

**Event Details:**

Date: 29-11-2018

Time: 11.00 A.M

**Best regards,**

Principal

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P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM. P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

Copy to

All TS, NTS and Students



change font page.

*Education*  
**Department of Physical Science Field Trip Report**

Date: 29<sup>th</sup> November 2018

Destination: Puthukkad Estate Chemperi, Kannur

Activity: Trekking (10:00 AM - 1:00 PM)

Head of the Department: Dr. Sinoj Joseph

**Introduction:**

On 29<sup>th</sup> November 2018, the Physical Science Department organized a trekking field trip to Puthukkad Estate in Chemperi, Kannur. The trip was aimed at promoting physical activity and exploring the natural beauty of the region while encouraging teamwork and camaraderie among the students. The expedition was led by Dr. Sinoj Joseph, Head of the Physical Education Department and enthusiastic students.


**Objectives:**


1. To promote physical fitness and outdoor activities among students.
2. To foster a sense of teamwork and unity among participants.
3. To explore the natural beauty and biodiversity of the Puthukkad Estate region.
4. To provide students with an opportunity to unwind and relax amidst nature.

**Activities:**

The trekking trip commenced at 10:00 AM and lasted until 1:00 PM. During this time, students engaged in various activities:



  
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**1. Guided Trek:** Dr. Sinoj Joseph, Head of the Physical Science Department guided the students on a trekking expedition through the picturesque trails of Puthukkad Estate. The students explored the lush greenery, diverse flora, and fauna of the region, enhancing their understanding of the local ecosystem.

**2. Educational Pit Stops:** Along the trekking route, educational pit stops were organized, where faculty members discussed the scientific aspects of the surrounding environment. Topics such as plant adaptations, geological formations, and local wildlife were explored, connecting the trekking experience with the concepts of physical science.


**3. Team-building Exercises:** During the trek, students participated in team-building exercises, enhancing their communication, cooperation, and problem-solving skills. These activities were designed to promote unity and collaboration among the participants.

**4. Natural Photography:** Students were encouraged to capture the scenic beauty of the estate through photography. This activity allowed them to appreciate the aesthetics of nature and develop their creative skills.

**5. Refreshment Break:** A refreshment break was provided, allowing students to rest, hydrate, and rejuvenate before continuing the trek.

**Conclusion:**

The trekking field trip to Puthukkad Estate, Chemperi, was a resounding success. It provided students with a refreshing break from their academic routine, allowing them to connect with nature, engage in physical activities, and develop essential life skills. The trip was made possible by the leadership and support of Dr. Sinoj Joseph, Head of the Physical Education Department, and the active participation of both students and faculty members. We believe that such outdoor activities play a vital role in the holistic development of students, encouraging them to appreciate the natural world and promoting a healthy lifestyle. We extend our gratitude to the department for organizing this enriching experience.



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Arrival of the students to the Puthukkad Estate




Dr. Sinoj Joseph delivers the guidelines for trekking to the students



Students trekking in the estate



  
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Refreshment Break



Students dancing together after the trek



  
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## FIELD TRIP TO PUTHUKKAD ESTATE

### PARTICIPATION LIST

2017- 2019 BATCH

29/11/2018

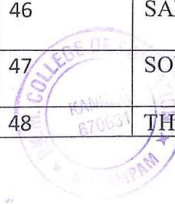
SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	LITTYMOL THOMAS	ENGLISH	P
2	MADHURIMA E P	ENGLISH	P
3	MANJU K R	ENGLISH	P
4	RANJU MOL C T	ENGLISH	P
5	AMRUTHA RADHAKRISHNAN	ENGLISH	P
6	SARATH C	MALAYALAM	P
7	ARYA M.P	MALAYALAM	P
8	DILNA P.V	MALAYALAM	P
9	SHEEJA PHILIP	MALAYALAM	P
10	SHIGINA K	MALAYALAM	P
11	THASLEEMA M.K	MALAYALAM	P
12	VIJILA P	MATHEMATICS	P
13	AKASH K	MATHEMATICS	P
14	SHEBIN K RAJU	MATHEMATICS	P
15	ATHIRA SAGAR	MATHEMATICS	P
16	JIMNA P	MATHEMATICS	P
17	JINI JOY	MATHEMATICS	P
18	NEETHU V	MATHEMATICS	P
19	SUBINA T	MATHEMATICS	P
20	RAFEENA T P	MATHEMATICS	P
21	VISHAKH A	NATURAL SCIENCE	P




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22	AKSHARA P	NATURAL SCIENCE	P
23	AMMU JOSE	NATURAL SCIENCE	P
24	ANAGHA K	NATURAL SCIENCE	P
25	ANUSHA E	NATURAL SCIENCE	P
26	ASWATHI P.V	NATURAL SCIENCE	P
27	C P ROOPAMA	NATURAL SCIENCE	P
28	FARHANA KHADER	NATURAL SCIENCE	P
29	MRIDULA RAMESH C	NATURAL SCIENCE	P
30	ANJU MARIA MULLOOR	PHYSICAL SCIENCE	P
31	ANUSREE V.P	PHYSICAL SCIENCE	P
32	JILU SIMON	PHYSICAL SCIENCE	P
33	LAYA LUKA	PHYSICAL SCIENCE	P
34	LIYA JOY	PHYSICAL SCIENCE	P
35	MINU MOL THOMAS	PHYSICAL SCIENCE	P
36	PONNISHA THOMAS	PHYSICAL SCIENCE	P
37	PRIYA JOY	PHYSICAL SCIENCE	P
38	RIBINA V	PHYSICAL SCIENCE	P
39	SANGEETHA C P	PHYSICAL SCIENCE	P
40	JINU A .M	SOCIAL SCIENCE	P
41	AKHILA LAKSHMANAN	SOCIAL SCIENCE	P
42	MINI SCARIA	SOCIAL SCIENCE	P
43	RAJASREE THAZHATHUVEETIL	SOCIAL SCIENCE	P
44	RIYA MARY THOMAS	SOCIAL SCIENCE	P
45	ROSHNA SURESH	SOCIAL SCIENCE	P
46	SARITHA C NARAYANAN	SOCIAL SCIENCE	P
47	SOUPARNIKA K B	SOCIAL SCIENCE	P
48	THRISHNA V K	SOCIAL SCIENCE	P



  
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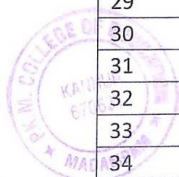
## FIELD TRIP TO PUTHUKKAD ESTATE

### PARTICIPATION LIST

2018- 2020 BATCH

29/11/2018


SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	AKHILA JOHN	ENGLISH	P
2	AMRUDHA SIBY	ENGLISH	P
3	ANJANA K.C.	ENGLISH	P
4	ARYA PREMARAJ P.K.	ENGLISH	P
5	GIBY BABU	ENGLISH	P
6	MEENU T.C.	ENGLISH	P
7	REVATHY PARAMESWARAN	ENGLISH	P
8	BISNA NARIKKODAN	ENGLISH	P
9	GOKULA E.	MALAYALAM	P
10	HARITHAMOL P.P.	MALAYALAM	absent
11	NIMISHA A.	MALAYALAM	P
12	SRUTHI C.K.	MALAYALAM	P
13	THULASI M.B	MALAYALAM	P
14	THUSHARA K.K.	MALAYALAM	P
15	ANUMOL MATHEW	MATHEMATICS	P
16	AYONA VINCENT	MATHEMATICS	P
17	HARSHA A. P	MATHEMATICS	P
18	JISHNA KARIYIL	MATHEMATICS	P
19	MEENU STEPHEN	MATHEMATICS	P
20	MERITTA STEPHEN	MATHEMATICS	P
21	NIMITHA JOSE	MATHEMATICS	P
22	RAJINA P.P.	MATHEMATICS	P
23	SNEHA P SEBASTIAN	MATHEMATICS	P
24	SOUPARNIKA J.	MATHEMATICS	P
25	ANJALI A.K.	NATURAL SCIENCE	P
26	ANJALI C.K.	NATURAL SCIENCE	P
27	JAHIRA K.	NATURAL SCIENCE	P
28	MAHIMA K.	NATURAL SCIENCE	P
29	NEETHU MADHUSOODANAN K.V	NATURAL SCIENCE	P
30	PRIYANKA TALIYIL	NATURAL SCIENCE	P
31	REMYASREE M.V.	NATURAL SCIENCE	P
32	RISHANA K.M.P	NATURAL SCIENCE	P
33	ABIYA JOSE	PHYSICAL SCIENCE	P
34	ANJUSHA M.	PHYSICAL SCIENCE	P
35	APARNA FRANCIS	PHYSICAL SCIENCE	P



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36	ATHIRA K.	PHYSICAL SCIENCE	P
37	JOSLY JOSE	PHYSICAL SCIENCE	P
38	NIDHIN JOSE	PHYSICAL SCIENCE	P
39	RIYA ROSE MATHEW	PHYSICAL SCIENCE	P
40	SARIKA CHACKO	PHYSICAL SCIENCE	P
41	SHYNA N RAJU	PHYSICAL SCIENCE	P
42	SONIA CYRIAC	PHYSICAL SCIENCE	P
43	SREYA JOSEPH	PHYSICAL SCIENCE	P
44	ATHIRA P.K.	SOCIAL SCIENCE	P
45	JASMINE THOMAS	SOCIAL SCIENCE	P
46	REJI P GEORGE	SOCIAL SCIENCE	P
47	REMYA RAGHAVAN	SOCIAL SCIENCE	P
48	RENJINI N.V	SOCIAL SCIENCE	P
49	RISINA T	SOCIAL SCIENCE	P
50	SUJINA T.V.	SOCIAL SCIENCE	P



  
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Name of the Programme: Urjakiran



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Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

Circular No: /PKM/2018-19

Date: 11/01/2019

Sub: Urjakiran

### CIRCULAR

We are excited to invite you to a class conducted at St. George High School, Chembentotti on the topic "Energy Efficiency and Conservation" join us as this programme would educate us more about the importance of conservation of energy.

#### Event Details:

➤ Seminar

Date: 14-01-2019

Venue: St. George H S Chembenthotti

Copy to

All TS, NTS and Students



Best regards

  
Principal

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## URJAKIRAN 2018 – 2019

As a teacher education institute P.K.M. College of Education conducted Urjakiran in the Irikkur constituency. On 14th January 2019 an awareness class on "Energy Efficiency and Conservation" was conducted at St. George HS, Chempanthotty. The class was taken by Sri Padhmanabhan A., Assistant Engineer, KSEB Sreekandapuram and Ms. Ashlin Raj, EMC resource person, Kannur. Public meeting was inaugurated by Sri K.C. Joseph MLA. Kannur district EMC resource person Sri Wilson Francis participated in the program. Participation was around 500 and consumer number of the participants was collected for monitoring the energy usage for the coming months. Prizes for best energy conservers were given on that occasion. As part of this various competitions like poster, carton, slogan, online quiz and troll competitions were organized and they were exhibited on that day. Sarika Chacko and Anjusha M. were the student coordinators of program.



**Add participation listit**



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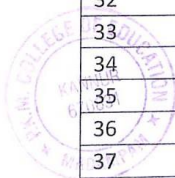
## URJAKIRAN AWARENESS PROGRAMME

### PARTICIPATION LIST

2018- 2020 BATCH

14/01/2019

SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	AKHILA JOHN	ENGLISH	✓
2	AMRUDHA SIBY	ENGLISH	Absent
3	ANJANA K.C.	ENGLISH	✓
4	ARYA PREMARAJ P.K.	ENGLISH	✓
5	GIBY BABU	ENGLISH	Absent
6	MEENU T.C.	ENGLISH	✓
7	REVATHY PARAMESWARAN	ENGLISH	✓
8	BISNA NARIKKODAN	ENGLISH	✓
9	GOKULA E.	MALAYALAM	✓
10	HARITHAMOL P.P.	MALAYALAM	✓
11	NIMISHA A.	MALAYALAM	✓
12	SRUTHI C.K.	MALAYALAM	✓
13	THULASI M.B	MALAYALAM	✓
14	THUSHARA K.K.	MALAYALAM	✓
15	ANUMOL MATHEW	MATHEMATICS	✓
16	AYONA VINCENT	MATHEMATICS	✓
17	HARSHA A. P	MATHEMATICS	✓
18	JISHNA KARIYIL	MATHEMATICS	✓
19	MEENU STEPHEN	MATHEMATICS	✓
20	MERITTA STEPHEN	MATHEMATICS	✓
21	NIMITHA JOSE	MATHEMATICS	✓
22	RAJINA P.P.	MATHEMATICS	✓
23	SNEHA P SEBASTIAN	MATHEMATICS	✓
24	SOUPARNIKA J.	MATHEMATICS	✓
25	ANJALI A.K.	NATURAL SCIENCE	✓
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27	JAHIRA K.	NATURAL SCIENCE	✓
28	MAHIMA K.	NATURAL SCIENCE	✓
29	NEETHU MADHUSOODANAN K.V	NATURAL SCIENCE	✓
30	PRIYANKA TALIYIL	NATURAL SCIENCE	✓
31	REMYASREE M.V.	NATURAL SCIENCE	✓
32	RISHANA K.M.P	NATURAL SCIENCE	✓
33	ABIYA JOSE	PHYSICAL SCIENCE	✓
34	ANJUSHA M.	PHYSICAL SCIENCE	✓
35	APARNA FRANCIS	PHYSICAL SCIENCE	✓
36	ATHIRA K.	PHYSICAL SCIENCE	✓
37	JOSLY JOSE	PHYSICAL SCIENCE	✓
38	NIDHIN JOSE	PHYSICAL SCIENCE	✓
39	RIYA ROSE MATHEW	PHYSICAL SCIENCE	✓




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KALTHAPURAM, P.O., MADAMPAM  
KANKURDT.

40	SARIKA CHACKO	PHYSICAL SCIENCE	✓
41	SHYNA N RAJU	PHYSICAL SCIENCE	✓
42	SONIA CYRIAC	PHYSICAL SCIENCE	✓
43	SREYA JOSEPH	PHYSICAL SCIENCE	✓
44	ATHIRA P.K.	SOCIAL SCIENCE	✓
45	JASMINE THOMAS	SOCIAL SCIENCE	✓
46	REJI P GEORGE	SOCIAL SCIENCE	✓
47	REMYA RAGHAVAN	SOCIAL SCIENCE	✓
48	RENJINI N.V	SOCIAL SCIENCE	✓
49	RISINA T	SOCIAL SCIENCE	✓
50	SUJINA T.V.	SOCIAL SCIENCE	✓



  
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## URJAKIRAN AWARENESS PROGRAMME

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14/01/2019

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2	MADHURIMA E P	ENGLISH	✓
3	MANJU K R	ENGLISH	✓
4	RANJU MOL C T	ENGLISH	✓
5	AMRUTHA RADHAKRISHNAN	ENGLISH	✓
6	SARATH C	MALAYALAM	✓
7	ARYA M.P	MALAYALAM	✓
8	DILNA P.V	MALAYALAM	✓
9	SHEEJA PHILIP	MALAYALAM	✓
10	SHIGINA K	MALAYALAM	✓
11	THASLEEMA M.K	MALAYALAM	Absent
12	VIJILA P	MATHEMATICS	✓
13	AKASH K	MATHEMATICS	✓
14	SHEBIN K RAJU	MATHEMATICS	✓
15	ATHIRA SAGAR	MATHEMATICS	✓
16	JIMNA P	MATHEMATICS	✓
17	JINI JOY	MATHEMATICS	✓
18	NEETHU V	MATHEMATICS	✓
19	SUBINA T	MATHEMATICS	✓
20	RAFEENA T P	MATHEMATICS	✓
21	VISHAKH A	NATURAL SCIENCE	Absent




  
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 SREEKANDAPURAM, KANNUR DT.,-670631

22	AKSHARA P	NATURAL SCIENCE	✓
23	AMMU JOSE	NATURAL SCIENCE	✓
24	ANAGHA K	NATURAL SCIENCE	✓
25	ANUSHA E	NATURAL SCIENCE	✓
26	ASWATHI P.V	NATURAL SCIENCE	✓
27	C P ROOPAMA	NATURAL SCIENCE	Absent
28	FARHANA KHADER	NATURAL SCIENCE	✓
29	MRIDULA RAMESH C	NATURAL SCIENCE	✓
30	ANJU MARIA MULLOOR	PHYSICAL SCIENCE	✓
31	ANUSREE V.P	PHYSICAL SCIENCE	✓
32	JILU SIMON	PHYSICAL SCIENCE	✓
33	LAYA LUKA	PHYSICAL SCIENCE	Absent
34	LIYA JOY	PHYSICAL SCIENCE	✓
35	MINU MOL THOMAS	PHYSICAL SCIENCE	✓
36	PONNISHA THOMAS	PHYSICAL SCIENCE	✓
37	PRIYA JOY	PHYSICAL SCIENCE	✓
38	RIBINA V	PHYSICAL SCIENCE	✓
39	SANGEETHA C P	PHYSICAL SCIENCE	✓
40	JINU A .M	SOCIAL SCIENCE	✓
41	AKHILA LAKSHMANAN	SOCIAL SCIENCE	✓
42	MINI SCARIA	SOCIAL SCIENCE	✓
43	RAJASREE THAZHATHUVEETIL	SOCIAL SCIENCE	✓
44	RIYA MARY THOMAS	SOCIAL SCIENCE	✓
45	ROSHNA SURESH	SOCIAL SCIENCE	✓
46	SARITHA C NARAYANAN	SOCIAL SCIENCE	✓
47	SOUPARNIKA K B	SOCIAL SCIENCE	✓
48	THRISHNA V K	SOCIAL SCIENCE	PRINCIPAL

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KANDAPURAM, KANNUR DT.,-670631

40	SARIKA CHACKO	PHYSICAL SCIENCE	✓
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42	SONIA CYRIAC	PHYSICAL SCIENCE	✓
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44	ATHIRA P.K.	SOCIAL SCIENCE	✓
45	JASMINE THOMAS	SOCIAL SCIENCE	✓
46	REJI P GEORGE	SOCIAL SCIENCE	✓
47	REMYA RAGHAVAN	SOCIAL SCIENCE	✓
48	RENJINI N.V	SOCIAL SCIENCE	✓
49	RISINA T	SOCIAL SCIENCE	✓
50	SUJINA T.V.	SOCIAL SCIENCE	✓



  
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**Name of the Programme: Orientation Programme - Teachers as Peace Builders**



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**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in) Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

Circular No: /PKM/2018-19

Date: 15/02/2019

**Sub: Teachers as Peace Builders**

**CIRCULAR**

We are happy to invite you to the orientation programme on the topic "Teachers as Peace Builders" organised by Physical Science department. This programme would help us to know more about a role of teacher in promoting peace and harmony.

**Event Details:**

Date: 18-02-2019

Time: 10.00 A.M

Venue: College Auditorium

**Best regards,**

Principal

Copy to

All TS, NTS and Students



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### International orientation program, 18 February 2019

Title: Orientation Day: Teachers as Peace Builders

The Orientation Day event titled "Teachers as Peace Builders" was a remarkable and enlightening experience. Held on 18<sup>th</sup> February 2019, it provided a platform for educators, students, and the broader community to come together and discuss the pivotal role that teachers play in promoting peace and harmony. An international Peace activist Dr Jill Carr- Harris was the chief guest of that day. Shyna N Raju of Physical Science optional was the student coordinator of the program. 18 teaching staffs and seven student teachers The program highlighted the importance of peace in schools. This report summarizes the key highlights of the event, including the objectives, speaker, activities, and takeaways.

Objectives:

The primary objectives of the event were as follows:


- a. To underscore the significance of teachers as agents of peace and builders of a peaceful learning environment.
- b. To facilitate dialogue and knowledge sharing among educators, students, and community members.
- c. To explore effective strategies for incorporating peace education into the curriculum.
- d. To inspire participants to actively promote peace, tolerance, and empathy in their communities.

Key Speakers and Sessions:

The event featured a distinguished panel of speakers, including:

International peace campaigner Dr. Jill Carr gave an interesting keynote speech in which she emphasized the crucial part teachers play in fostering peace in classrooms. A group of seasoned instructors and Dr. Rekha K. R. discussed their experiences and methods for encouraging calmness in the classroom. The student coordinator named Shyna N. Raju spoke about the impact of teachers in shaping their perspective on peace and conflict resolution



  
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**Conclusion:**

The Orientation Day event, "Teachers as Peace Builders," served as a significant platform to underscore the crucial role teachers play in creating a peaceful society. The event facilitated a rich exchange of ideas, strategies, and experiences, inspiring educators, students, and community members to actively promote peace and harmony in their respective spheres. It is evident that teachers, as peace builders, have the power to transform individuals, communities, and society as a whole. This event has served as a reminder of the importance of peace education and the need to empower educators to be effective agents of peace. In conclusion, the "Teachers as Peace Builders" event has been a resounding success, fostering a sense of responsibility and commitment among all participants to work collectively towards a more peaceful and harmonious future.




Dr. Jessie N. C handing over a token of love to Dr Jill Carr Harris



Dr. Jill Carr Harris addressing her speech



  
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Shyna N Raju speaking about the impact of teachers in shaping their perspective on peace and conflict resolution



Dr. Rekha K.R delivering the felicitation speech




Dr. Jill Carr Harris handing over the certificate to David Prashanth



Group photo taken with the guest of honour



  
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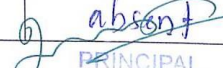
**INTERNATIONAL ORIENTATION  
PROGRAMME: TEACHERS AS PEACE BUILDERS**

**PARTICIPATION LIST**

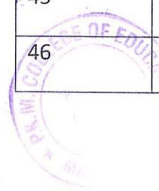
2017- 2019 BATCH


18/02/2019

SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	LITTYMOL THOMAS	ENGLISH	✓
2	MADHURIMA E P	ENGLISH	✓
3	MANJU K R	ENGLISH	✓
4	RANJU MOL C T	ENGLISH	✓
5	AMRUTHA RADHAKRISHNAN	ENGLISH	absent
6	SARATH C	MALAYALAM	✓
7	ARYA M.P	MALAYALAM	✓
8	DILNA P.V	MALAYALAM	✓
9	SHEEJA PHILIP	MALAYALAM	✓
10	SHIGINA K	MALAYALAM	absent
11	THASLEEMA M.K	MALAYALAM	✓
12	VIJILA P	MATHEMATICS	✓
13	AKASH K	MATHEMATICS	absent
14	SHEBIN K RAJU	MATHEMATICS	✓
15	ATHIRA SAGAR	MATHEMATICS	absent
16	JIMNA P	MATHEMATICS	absent
17	JINI JOY	MATHEMATICS	✓
18	NEETHU V	MATHEMATICS	✓
19	SUBINA T	MATHEMATICS	✓
20	RAFEENA T P	MATHEMATICS	absent

  
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21	VISHAKH A	NATURAL SCIENCE	<i>absent</i>
22	AKSHARA P	NATURAL SCIENCE	<i>absent</i>
23	AMMU JOSE	NATURAL SCIENCE	✓
24	ANAGHA K	NATURAL SCIENCE	✓
25	ANUSHA E	NATURAL SCIENCE	✓
26	ASWATHI P.V	NATURAL SCIENCE	<i>absent</i>
27	C P ROOPAMA	NATURAL SCIENCE	✓
28	FARHANA KHADER	NATURAL SCIENCE	✓
29	MRIDULA RAMESH C	NATURAL SCIENCE	✓
30	ANJU MARIA MULLOOR	PHYSICAL SCIENCE	✓
31	ANUSREE V.P	PHYSICAL SCIENCE	<i>absent</i>
32	JILU SIMON	PHYSICAL SCIENCE	✓
33	LAYA LUKA	PHYSICAL SCIENCE	✓
34	LIYA JOY	PHYSICAL SCIENCE	✓
35	MINU MOL THOMAS	PHYSICAL SCIENCE	✓
36	PONNISHA THOMAS	PHYSICAL SCIENCE	✓
37	PRIYA JOY	PHYSICAL SCIENCE	✓
38	RIBINA V	PHYSICAL SCIENCE	✓
39	SANGEETHA C P	PHYSICAL SCIENCE	<i>absent</i>
40	JINU A .M	SOCIAL SCIENCE	✓
41	AKHILA LAKSHMANAN	SOCIAL SCIENCE	✓
42	MINI SCARIA	SOCIAL SCIENCE	✓
43	RAJASREE THAZHATHUVEETIL	SOCIAL SCIENCE	✓
44	RIYA MARY THOMAS	SOCIAL SCIENCE	✓
45	ROSHNA SURESH	SOCIAL SCIENCE	✓
46	SARITHA C NARAYANAN	SOCIAL SCIENCE	✓



  
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47	SOUPARNIKA K B	SOCIAL SCIENCE	<i>absent</i>
48	THRISHNA V K	SOCIAL SCIENCE	<i>✓</i>



  
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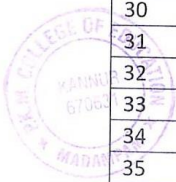
**INTERNATIONAL ORIENTATION PROGRAMME:  
TEACHERS AS PEACE BUILDERS**


**PARTICIPATION LIST**

**2018- 2020 BATCH**

18/02/2019


SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	AKHILA JOHN	ENGLISH	✓
2	AMRUDHA SIBY	ENGLISH	✓
3	ANJANA K.C.	ENGLISH	✓
4	ARYA PREMARAJ P.K.	ENGLISH	✓
5	GIBY BABU	ENGLISH	✓
6	MEENU T.C.	ENGLISH	✓
7	REVATHY PARAMESWARAN	ENGLISH	✓
8	BISNA NARIKKODAN	ENGLISH	Absent
9	GOKULA E.	MALAYALAM	✓
10	HARITHAMOL P.P.	MALAYALAM	✓
11	NIMISHA A.	MALAYALAM	✓
12	SRUTHI C.K.	MALAYALAM	✓
13	THULASI M.B	MALAYALAM	✓
14	THUSHARA K.K.	MALAYALAM	✓
15	ANUMOL MATHEW	MATHEMATICS	Absent
16	AYONA VINCENT	MATHEMATICS	✓
17	HARSHA A. P	MATHEMATICS	Absent
18	JISHNA KARIYIL	MATHEMATICS	✓
19	MEENU STEPHEN	MATHEMATICS	Absent
20	MERITTA STEPHEN	MATHEMATICS	✓
21	NIMITHA JOSE	MATHEMATICS	Absent
22	RAJINA P.P.	MATHEMATICS	Absent
23	SNEHA P SEBASTIAN	MATHEMATICS	Absent
24	SOUPARNIKA J.	MATHEMATICS	Absent
25	ANJALI A.K.	NATURAL SCIENCE	✓
26	ANJALI C.K.	NATURAL SCIENCE	✓
27	JAHIRA K.	NATURAL SCIENCE	✓
28	MAHIMA K.	NATURAL SCIENCE	✓
29	NEETHU MADHUSOODANAN K.V	NATURAL SCIENCE	✓
30	PRIYANKA TALIYIL	NATURAL SCIENCE	✓
31	REMYASREE M.V.	NATURAL SCIENCE	✓
32	RISHANA K.M.P	NATURAL SCIENCE	✓
33	ABIYA JOSE	PHYSICAL SCIENCE	✓
34	ANJUSHA M.	PHYSICAL SCIENCE	✓
35	APARNA FRANCIS	PHYSICAL SCIENCE	✓
36	ATHIRA K.	PHYSICAL SCIENCE	✓
37	JOSLY JOSE	PHYSICAL SCIENCE	✓



  
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 SREEKANANDAPURAM, KANNUR DT., 670631

38	NIDHIN JOSE	PHYSICAL SCIENCE	✓
39	RIYA ROSE MATHEW	PHYSICAL SCIENCE	✓
40	SARIKA CHACKO	PHYSICAL SCIENCE	✓
41	SHYNA N RAJU	PHYSICAL SCIENCE	✓
42	SONIA CYRIAC	PHYSICAL SCIENCE	✓
43	SREYA JOSEPH	PHYSICAL SCIENCE	✓
44	ATHIRA P.K.	SOCIAL SCIENCE	✓
45	JASMINE THOMAS	SOCIAL SCIENCE	✓
46	REJI P GEORGE	SOCIAL SCIENCE	✓
47	REMYA RAGHAVAN	SOCIAL SCIENCE	✓
48	RENJINI N.V	SOCIAL SCIENCE	✓
49	RISINA T	SOCIAL SCIENCE	✓
50	SUJINA T.V.	SOCIAL SCIENCE	✓



  
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## Orientation Programme - National Science Day-Science for all generation



### **P.K.M. COLLEGE OF EDUCATION**

**MADAMPAM, KAITHAPRAM P O, KANNUR – 670631**

**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

Circular No: /PKM/2020-21

Date: 23/02/2019

**Sub: National Science Day**

#### CIRCULAR

A warm invitation is extended to a orientation programme on the topic "Science for all generation" as a part of "National Science Day" organised by the department of science and technology, govt of India. at 11.A.M. which is conducted by the physical science department.

#### **Event Details:**

Date: 25-02-2019

Time: 11.00 A.M

Platform: College Auditorium

**Best regards,**

Principal

Copy to

All TS, NTS and Students



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## NATIONAL SCIENCE DAY, 25 FEBRUARY 2019

As a part of the National Science Day Celebrations, a National Conference on "Science for All Generations" and a Paper Presentation Competition for graduates and post graduates was conducted on 25th February 2019. The program was supported by Kerala State Council for Science Technology and Environment, Govt of Kerala and Department of Science and Technology, Govt. of India. The inauguration was done by Dr. A. V. Ajaykumar, Director Science Park, Kannur. The technical session was made by Dr. Manoj M. J., Research Scientist, Cochin University of Science and Technology. The paper presentation competition for graduates and post graduates was conducted on the main theme "Science for All Generations". 43 papers from graduate and post graduate students, teachers etc. presented in competition. Teachers and students from different schools outside Kerala also participated in competition. Awards like Best Paper Award in Humanities and Science stream students and Best Paper Presenter Award for students and teachers were awarded separately. Riya Rose Mathew and Aparna Francis of Physical Science won the Best Paper Award in Science stream. Shyna N Raju and Josly Jose were the student coordinators from Physical Science Department.


As part of National Science Day Celebrations, a National Conference on 'Science for All Generations' and paper presentation competition for UG and PG students were conducted at P.K.M. College of Education, Madampam on 25th February 2019. The program was supported by Kerala State Council for Science, Technology and Environment, Govt. of Kerala and Department of Science and Technology, Govt. of India. All student teachers of Physical Science Department presented paper in this seminar. The presenters & title of the papers are:

1. Being and becoming a peace builder- Abia Jose & Shyna N Raju
2. Becoming an ecofriendly citizen through sensitized learning-Riya Rose Mathew & Aparna Francis
3. The role of teacher training institutions for attaining sustainable development goals of health & well-being - Josly Jose & Nidhin Jose
4. Potential of educational institutions to combat climate change - Athira K. & Sreya Joseph
5. Teacher: the conserver not only culture but also energy-Sarika Chacko & Anjusha M.
6. Science for health - Sonia Cyriac



  
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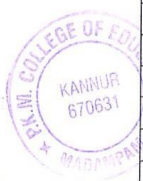
# NATIONAL SCIENCE DAY

## PARTICIPATION LIST

2018- 2020 BATCH

25/02/2019

SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	AKHILA JOHN	ENGLISH	✓
2	AMRUDHA SIBY	ENGLISH	✓
3	ANJANA K.C.	ENGLISH	✓
4	ARYA PREMARAJ P.K.	ENGLISH	✓
5	GIBY BABU	ENGLISH	✓
6	MEENU T.C.	ENGLISH	✓
7	REVATHY PARAMESWARAN	ENGLISH	✓
8	BISNA NARIKKODAN	ENGLISH	✓
9	GOKULA E.	MALAYALAM	✓
10	HARITHAMOL P.P.	MALAYALAM	✓
11	NIMISHA A.	MALAYALAM	✓
12	SRUTHI C.K.	MALAYALAM	✓
13	THULASI M.B	MALAYALAM	✓
14	THUSHARA K.K.	MALAYALAM	Absent
15	ANUMOL MATHEW	MATHEMATICS	✓
16	AYONA VINCENT	MATHEMATICS	✓
17	HARSHA A. P	MATHEMATICS	✓
18	JISHNA KARIYIL	MATHEMATICS	✓
19	MEENU STEPHEN	MATHEMATICS	✓
20	MERITTA STEPHEN	MATHEMATICS	✓
21	NIMITHA JOSE	MATHEMATICS	✓
22	RAJINA P.P.	MATHEMATICS	✓
23	SNEHA P SEBASTIAN	MATHEMATICS	✓
24	SOUPARNIKA J.	MATHEMATICS	✓
25	ANJALI A.K.	NATURAL SCIENCE	✓
26	ANJALI C.K.	NATURAL SCIENCE	✓
27	JAHIRA K.	NATURAL SCIENCE	✓
28	MAHIMA K.	NATURAL SCIENCE	✓
29	NEETHU MADHUSOODANAN K.V	NATURAL SCIENCE	✓
30	PRIYANKA TALIYIL	NATURAL SCIENCE	✓
31	REMYASREE M.V.	NATURAL SCIENCE	✓
32	RISHANA K.M.P	NATURAL SCIENCE	✓
33	ABIYA JOSE	PHYSICAL SCIENCE	✓
34	ANJUSHA M.	PHYSICAL SCIENCE	✓
35	APARNA FRANCIS	PHYSICAL SCIENCE	✓
36	ATHIRA K.	PHYSICAL SCIENCE	✓



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KAITHAPPAM P.O. MADAMPAM  
CHIEKANDAPURAM, KANNUR DT.,-670631

37	JOSLY JOSE	PHYSICAL SCIENCE	✓
38	NIDHIN JOSE	PHYSICAL SCIENCE	✓
39	RIYA ROSE MATHEW	PHYSICAL SCIENCE	✓
40	SARIKA CHACKO	PHYSICAL SCIENCE	✓
41	SHYNA N RAJU	PHYSICAL SCIENCE	✓
42	SONIA CYRIAC	PHYSICAL SCIENCE	✓
43	SREYA JOSEPH	PHYSICAL SCIENCE	✓
44	ATHIRA P.K.	SOCIAL SCIENCE	✓
45	JASMINE THOMAS	SOCIAL SCIENCE	✓
46	REJI P GEORGE	SOCIAL SCIENCE	✓
47	REMYA RAGHAVAN	SOCIAL SCIENCE	✓
48	RENJINI N.V	SOCIAL SCIENCE	✓
49	RISINA T	SOCIAL SCIENCE	✓
50	SUJINA T.V.	SOCIAL SCIENCE	✓



*[Handwritten Signature]*


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# NATIONAL SCIENCE DAY

## PARTICIPATION LIST

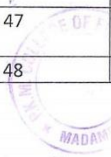
2017- 2019 BATCH

25/02/2019

SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	LITTYMOL THOMAS	ENGLISH	✓
2	MADHURIMA E P	ENGLISH	✓
3	MANJU K R	ENGLISH	✓
4	RANJU MOL C T	ENGLISH	Absent
5	AMRUTHA RADHAKRISHNAN	ENGLISH	✓
6	SARATH C	MALAYALAM	✓
7	ARYA M.P	MALAYALAM	✓
8	DILNA P.V	MALAYALAM	✓
9	SHEEJA PHILIP	MALAYALAM	✓
10	SHIGINA K	MALAYALAM	✓
11	THASLEEMA M.K	MALAYALAM	✓
12	VIJILA P	MATHEMATICS	✓
13	AKASH K	MATHEMATICS	✓
14	SHEBIN K RAJU	MATHEMATICS	✓
15	ATHIRA SAGAR	MATHEMATICS	✓
16	JIMNA P	MATHEMATICS	✓
17	JINI JOY	MATHEMATICS	✓
18	NEETHU V	MATHEMATICS	✓
19	SUBINA T	MATHEMATICS	✓
20	RAFEENA T P	MATHEMATICS	Absent
21	VISHAKH A	NATURAL SCIENCE	

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SRIKANTHAPURAM, KANNUR DT.,-670631

22	AKSHARA P	NATURAL SCIENCE	✓
23	AMMU JOSE	NATURAL SCIENCE	✓
24	ANAGHA K	NATURAL SCIENCE	✓
25	ANUSHA E	NATURAL SCIENCE	✓
26	ASWATHI P.V	NATURAL SCIENCE	✓
27	C P ROOPAMA	NATURAL SCIENCE	✓
28	FARHANA KHADER	NATURAL SCIENCE	✓
29	MRIDULA RAMESH C	NATURAL SCIENCE	✓
30	ANJU MARIA MULLOOR	PHYSICAL SCIENCE	✓
31	ANUSREE V.P	PHYSICAL SCIENCE	✓
32	JILU SIMON	PHYSICAL SCIENCE	✓
33	LAYA LUKA	PHYSICAL SCIENCE	✓
34	LIYA JOY	PHYSICAL SCIENCE	✓
35	MINU MOL THOMAS	PHYSICAL SCIENCE	✓
36	PONNISHA THOMAS	PHYSICAL SCIENCE	✓
37	PRIYA JOY	PHYSICAL SCIENCE	✓
38	RIBINA V	PHYSICAL SCIENCE	✓
39	SANGEETHA C P	PHYSICAL SCIENCE	✓
40	JINU A.M	SOCIAL SCIENCE	✓
41	AKHILA LAKSHMANAN	SOCIAL SCIENCE	✓
42	MINI SCARIA	SOCIAL SCIENCE	✓
43	RAJASREE THAZHATHUVEETIL	SOCIAL SCIENCE	✓
44	RIYA MARY THOMAS	SOCIAL SCIENCE	✓
45	ROSHNA SURESH	SOCIAL SCIENCE	✓
46	SARITHA C NARAYANAN	SOCIAL SCIENCE	✓
47	SOUPARNIKA K B	SOCIAL SCIENCE	✓
48	THRISHNA V K	SOCIAL SCIENCE	✓



*[Signature]*  
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## Name of the Programme: INNOLIT Expo-Blaze Trailors Theatre Day Observance at ALPS, Chulliyad

primary contributors of Global Warming and thereafter victims of their own actions. The movie forces us to believe that global warming will cause another Ice Age.



### EXTENSION ACTIVITY IN ASSOCIATION WITH BLAZE TRAILORS

#### **Inno Lit Expo: Phase 1 : Observance of Theatre Day**

World Theatre Day celebration Inno Lit Expo was conducted in association with Blaze Trailors , the interactive forum of English language teachers on 27<sup>th</sup> march 2019 at A.L.P School Chooliad. The whole programme incorporated diverse elements of exploring the different dimensions of teaching English . It served as a beginning step to English literature and theatre as far as the students of the A.L.P school are concerned. Akhila delivered the welcome speech and Amrudha showered the words of gratitude.

#### **Presentations on World Theatre Day**

Presenters : Anjana K.C and Arya Premaraj

Content : The importance of Theatre Day, Details on playwrights such as Shakespeare, Marlow, Shaw and Brecht and a brief history of Theatre Movements in English Drama.

Enactment : Masquerade

An adapted version of the play *Macbeth* was performed by the student teachers before the students.



  
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**Dialogue Bubble**

The students were given opportunity to act and deliver the famous dialogue from the play Macbeth.

*“ Life is a tale told by an idiot , full of sound  
fury, signifying nothing”*

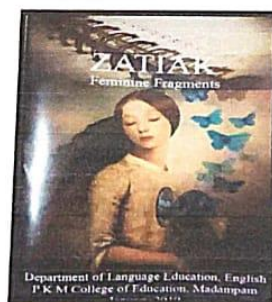
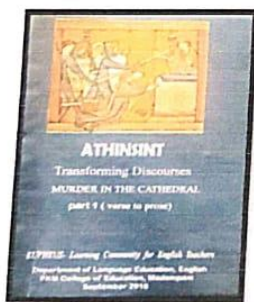
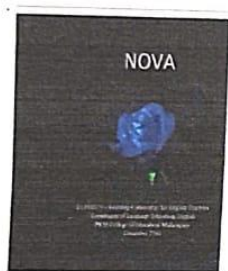
and



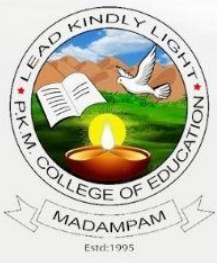
## The Publications



  
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*[Signature]*  
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**SREEKANDAPURAM, KANNUR 670631**



# P.K.M. COLLEGE OF EDUCATION

**MADAMPAM, KAITHAPRAM P. O., KANNUR – 670 631**

**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

**Recognized by NCTE included under UGC 2(f) & 12(B) category**

**Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary**

**3.3.1: Average number of outreach activities organized by the institution during the last five years.**

## OUTREACH ACTIVITIES

**2019-20**



**Name of the Programme: Mannu, Manushyan, Mahatmav - A Workshop  
on Care Our Earth Initiatives**



**P.K.M. COLLEGE OF EDUCATION**  
MADAMPAM, KAITHAPRAM P O, KANNUR – 670631  
(Govt. Aided Teacher Education Institution affiliated to Kannur University)  
Recognized by NCTE and included under UGC 2(f) & 12B category  
Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary  
E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)  
Tel: 0460 2230929, Fax: 04602 232449

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Circular No: /PKM/2019-20 Date: 12/10/2019

**Sub: Mannu, Manushyan, Mahatmav-A workshop on Care our Earth Initiatives**

**CIRCULAR**

We are happy to announce that as part of the celebratingng the 150th birthday of Mahatma Gandhi a two days workshop is being organised by environmental educationdepartment.This programme would help us to established agricultural culture and native knowledge.we would like to invite editions publicationbased on agricultural lessons, tasting lessons and as a part of cultural traditions, we are also planning to conduct programslike 'Thanneerpandhal', 'Thodiyile Currikal','Chithrasamvadhham'. We cordially invite all the students and staff to be a part of this beautifulevent

**Event Details:**

Date: 15-10-2019 & 16-10-2019

Time: 10.00 A.M

Venue: College auditorium

**Best Regards**  
  
**Principal**

Copy to

All TS, NTS and Students




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**Mannu, Manushyan, Mahathmavu**  
**Environmental Education and Experimental Learning**  
**2019 October 15, 16**

An integrated programme on environmental education and experiential learning was held on October 15 and 16, 2019, as part of the celebrations for the 150th anniversary of Mahatma Gandhi's birth as well as the 25th anniversary of P.K.M. College of Education and Malabar Social Society. This programme established agricultural culture and native knowledge under the title "Mannu, Manushyan, Mahathmavu" publication of editions based on agricultural lessons, tasting lessons and as a part of cultural traditions, programs like 'Thanneerpandhal', 'Thodiyile Currikal', 'Chithrasamvadham' was conducted.

Day 1, 15/10/2019 – "Vithum Kaikottum"



  
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On October 15, 2019, the first day of workshop which was named 'Vithum Kaikkottum' began with a prayer dance, College Principal Dr. Jessy N.C delivered introductory address and Ms. Minimol George, the programme coordinator delivered welcome address. In the college auditorium, Fr. Shelton



"Chithrasamvadham" commenced by Fr. Manoj Ottaplackal



Students planting green crops

Appozhipparambil delivered benedictory speech, MASS

Coordinator Abraham Ullattupullickal gave the primary keynote address. The PTA President, K. J. Chako, Mr. Homnas Kuruvila, the Agriculture Officer, Mr. C. Biju Joseph, and Mr. Shibi conveyed their greetings and honoured the farmers by giving them gifts and shovels as a token of appreciation. After the lunch, gifts were then given to the dedicated housewives who had made lunch for everyone. Mr. Biju

Joseph also presented the agricultural journal 'Kathir', which had been created by Malayalam department students. Dr. Prashanth Mathew, Vice Principal of the college, gave the vote of thanks.



Releasing of Agricultural journal "Kathir"

Following that, Mr. Biju Joseph talked about the difficulties and opportunities in the agricultural sector and used this subject to interact with the audience. Later, 11 farmers competed in the 'Thenga Pothikkal' (Coconut Di husking)

"Thenga Pothikkal" Competition


competition, with the top three winners receiving substantial prizes. Following that, everyone gathered for Lunch. The first program of

afternoon session, Chitrasamvadam (Art Dialogue) program was commenced by Rev. Father Manoj Ottaplackal, an artistic genius, who creates wonders with the clay. Continuing, the farmers, along with the student teachers, actively participated in the discussions led by Dr. Prashanth Mathew. After the discussion, Dr. Rekha K. R presented the report of the activities held entire day. Student instructors were divided into specialised groups and went into agricultural areas with the farmers, planting green crops. The first day of workshop was concluded with the National Anthem.



Day 2, 16/10/2019- "Nattarivu"



  
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The second day of the Environmental Education and Experiential Learning School, which took place on October 16, 2019, Wednesday, was themed "Natarivu". The day's events and competitions got underway in the morning. Activities like Thodiyile curriekal, cutlet, dumpling, and salad making were organised. Additionally, contests for housewives were organised, such as the "Thodiyile Currikal" and non-teaching personnel were organised for the "dumpling competition." The "Cutlet competition" involved all of the students and professors. Teachers and student teachers also participated in the "Salad Competition." They prepared a variety of salads and served them. By 11'o clock all the participants gathered in the auditorium for inaugural ceremony. Ms. Minimol George delivered welcome address for the function. Dr. Jessy N C, delivered presidential address, Dr. R.K. Biju, senet member of Kannur University inaugurated the function. College Local Manager Fr. Luke Puthrikayil delivered a benedictory speech and Abraham Ullatupulliyil also extended and College

Chairperson Ms. ShivaKeerthana

" Thodiyile currikal"

delivered felicitation. The Malayalam

Cutlet display

Department students then handed Dr. R.K. Biju copies of two magazines they had published, that focused on the variety of herbs' flavours and their therapeutic properties.

They emphasised the health lessons, nutritional benefits of plants, and the range of flavours incorporated into their creation. In a subsequent event, doctors were recognized for their contributions, and housewives who participated in the session received gifts. Dr. Rekha, K. R,

expressed gratitude, and Dr. Radhika, the Ayurveda Medical Officer from Sreekandapuram Government,

organized a class titled "Promotion of Medicinal Plants and Healthy

Lifestyles" for students. This class emphasized agricultural practices and various aspects related to the cultivation and use of herbs, equipping

students with valuable knowledge. Discussions revolved around the potential changes needed to foster a healthier society through an introduction to medicinal plants and agriculture. Student teachers had prepared essays on these subjects as part of their learning process. Topics such as "Agriculture in World Literature," "Agricultural Culture in Malayalam Literature," "Agricultural Terminology and Songs," and "Respecting the Soil – Insights from Mahatma Gandhi and the "Tolstoy Farm" were



Dr. Rdhika taking class on topic 'Promotion of Medicinal plants and Healthy Lifestyles



*Principal's Signature*  
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presented. The conference wrapped up with a closing ceremony during which Dr. Abdul Asis, the Principal of Sir Syed College, delivered a concluding message. ShivaKeerthana Dinesh gave the welcome speech, and Program Coordinator Ms. Caroline expressed gratitude to all in attendance. Dr. Abdul Asis shared his experiences and insights from reading various Malayalam literature books. He also discussed the joy of reading, offering his perspectives and experiences to the audience. The winners of various competitions were awarded, and student teachers received certificates from Dr. Abdul Asis. The event culminated with the national anthem, marking the end of the "Mannu, Manushyan, Mahatmavu" project as a celebration of their learning and experiences.



*Dr. Abdul Asis delivering concluding message*



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**MANNU MANUSHYAN MAHATMAV:  
ENVIRONMENTAL EXPERIENTIAL WORKSHOP**


PARTICIPATION LIST

2019- 2021 BATCH

15/10/2019


SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	JOHNS BIJU	ENGLISH	P
2	JOMAL JOSE	ENGLISH	P
3	RAHUL K.	ENGLISH	P
4	JOFIA JOSE	ENGLISH	P
5	MRIDULA B.P.	ENGLISH	P
6	RASIKA K.P.	ENGLISH	P
7	SIONA JACOB	ENGLISH	P
8	SRUTHI RAMESH	ENGLISH	P
9	VISHNU P.S.	MALAYALAM	P
10	AKHILA E.K.	MALAYALAM	P
11	LAYA K.BABY	MALAYALAM	P
12	SAYONA JOSE	MALAYALAM	P
13	SNETHA K.	MALAYALAM	P
14	RAGESH T.	MATHEMATICS	P
15	AMBILI JOSEPH	MATHEMATICS	P
16	ANGELIN STEPHEN	MATHEMATICS	P
17	ANJALI VARGHESE	MATHEMATICS	P
18	ANJU VARGHESE	MATHEMATICS	P
19	ARSHA M.	MATHEMATICS	P
20	RIBISHA E.	MATHEMATICS	P
21	YAMUNA M.M.	MATHEMATICS	P
22	AMRUTHA K.	NATURAL SCIENCE	P
23	ANITHA P.	NATURAL SCIENCE	P
24	ANUHRIDYA O.	NATURAL SCIENCE	P
25	BENCY SCARIA	NATURAL SCIENCE	P
26	DRISHYA V. V.	NATURAL SCIENCE	P
27	HARITHA P. C.	NATURAL SCIENCE	P
28	JAIN JAMES	NATURAL SCIENCE	P
29	JISHNA C.H.	NATURAL SCIENCE	P
30	SHAHANAS K.	NATURAL SCIENCE	P
31	SIVAKEERTHANA DINESH	NATURAL SCIENCE	P
32	ABIN JOSE	PHYSICAL SCIENCE	P
33	ASHISH SASEENDRAN	PHYSICAL SCIENCE	P
34	ALAN MARIA JOHN	PHYSICAL SCIENCE	P
35	ANJUSHA KURIAN	PHYSICAL SCIENCE	P
36	ARUSHI CYRIL	PHYSICAL SCIENCE	P
37	ASHLY KURIAKOSE	PHYSICAL SCIENCE	P
38	ATHIRA C. K.	PHYSICAL SCIENCE	P



  
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39	BIJILA K. K.	PHYSICAL SCIENCE	P
40	SWATHI C. V.	PHYSICAL SCIENCE	P
41	SWEETYMOL SHAJI	PHYSICAL SCIENCE	P
42	VINAYA P. P.	PHYSICAL SCIENCE	absent
43	TOMSON SABU	SOCIAL SCIENCE	P
44	AKHILA P.V.	SOCIAL SCIENCE	P
45	ANJU A.	SOCIAL SCIENCE	P
46	ATHIRA V.K.	SOCIAL SCIENCE	P
47	MEGANA K.K.	SOCIAL SCIENCE	P
48	SANOOJA P.P	SOCIAL SCIENCE	P
49	ELIZABETH GEORGE	SOCIAL SCIENCE	P



  
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## Name of the Programme: Institutional Twinning Programme: Peace – Nagaland

### INSTITUTIONAL TWINNING PROGRAMME with NEISSR 10-14 December 2019



On the concept of Teachers and Parents as Peace Builders, an institutional twinning Programme between P.K.M. College of Education and North East Institute of Social Science & Research, Dimapur, in association with Bethlehem Educational Research Foundation & Peace channel Nagaland was materialized from 11<sup>th</sup> to 14<sup>th</sup> December 2019 at NEISSR, Dimapur, Nagaland, India.

In the context of the United Nation Sustainable Development goals (**SDG16**), **The next generation Teacher at PKM**, a mega Project is initiated during its Silver Jubilee year and this project has set 7 goals to be attained within a period of 10 years (2020-30), one among them is to develop TEACHERS as PEACE BUILDERS.

P.K.M. College, being situated in Kannur, a politically sensitive District of Kerala which has recorded numerous incidents of violence, has realized the urgency of initiating peace movements centering around families and schools, the pivot for root corrections. In association with Peace & Harmony Foundation, Kannur, P.K.M. has developed a **Peace Sensitivity Model** based on which It has undertaken several peace initiatives to realize its objectives of developing Teachers as Peace Builders.

The objectives set for the Programme are :

- Joint global Peace Building Initiatives.



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- Peace education for the marginalized
- Peace education for Techsary kids
- Peace and conflict resolution in family.
- Faculty and student exchange programmes
- Peace collaboration across cultures

**Team set for the Twinning Programme**

The team with the leadership of the originator of Peace Sensitivity Model, Dr. Prasanth Mathew, the Peace Forum Co-ordinator and famous Peace activist of Kannur District & the Assistant Professor of PKM College Ms. Minimol George (Sr. Caroline FCC), a senior faculty at P.K.M, Dr. Rekha K.R. and student Delegate Fr.Reji P.George was assigned to (and undergo Training Process for Peer Mediation) represent PKM College at NEISSR.


The team started from PKM on 10<sup>th</sup> December 2019 around 5.00 PM and after a road journey upto Bangalore and an air journey upto Dimapur via Kolkata reached the destination around 1.00 PM on 11<sup>th</sup> December 2019.

1<sup>st</sup> day

The first session was welcoming and introducing the PKM team for the twinning programme alongwith an interaction with the MSW students & faculty of NEISSR. In that session Dr. Prasanth Mathew presented a very clearcu plan of Action for Peace Building associating these 4 organizations-PKM College, NEISSR, Bethlehem Educational Research Foundation & Peace and Harmony Foundation Kannur.

The strategic Plan of Action was officially handed over to Dr. C.P.Anto, the Principal of NEISSR.



  
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The interaction with the MSW students of NEISSR was quite appreciable. The same day there was a technical session with Peace Channel Team. The members presented the work structure and strategies for Peace building activities.

2<sup>nd</sup> day

In the socio cultural context of Nagaland, the struggle and the resolution strategies Peace channel has to undertake were very vividly described. Project co-ordinator of Peace Channel Nepuni Paul took a session on 'peer mediation'.

With an aim to establish a network with institutions working on Peace and Peace related issues, actually this three day inter college and institutional level peace training workshop was held at Peace Channel hall in Dimapur from December 11<sup>th</sup> to 13<sup>th</sup>.

3<sup>rd</sup> day

The institutions have signed an Mou to collaborate the mission of peace building, developing training manuals, academic research, exchange programme of student and faculty and to establish a chair on peace and culture of dialogue at PKM College.

Dr. Anto, the Principal of NEISSR & Director of Peace Channel appreciated the initiative to learn peace building from psychological and sociological perspectives, adding that 'peace education' could be developed into various spectrum in local context. He stressed on developing a new trend in understanding the world citizenship and spiritual dimensions of inner peace and harmony in teaching and learning peace education. His dream plan and strategy of making Nagaland a model and the most peaceful state by 2030 was also shared.

The six steps, in the peer mediation process was illustrated though the training. Gugu, Alino and Garrol conducted various sessions on peace building while Dr. Deban



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Sharma, Assistant Professor of NEISSR took a session on 'dialogue' an unfolding process of transforming and deepening understanding of others and ourselves through listening, sharing and questioning. The various ways to carry out 'conflict mapping' was also elaborated by Dr. Deban.

During this academic year itself, we hope, a certificate course on Peace education for B.Ed. students could be started, which has got a global value.

To conclude the three day twinning programme can be recorded as a historical milestone in the jubilee year of PKM college and PKM wishes to be a hub for peace education for the entire state of Kerala.

3<sup>rd</sup> day

A meeting with the real Ambassador of Peace, Mar James Thoppil, the Bishop of Kohima was an eye opening experience. He shared the life style, experience of the Naga people, the struggle peace channel takes to establish peace in the Nagaland etc.

The visit to the heritage village Kusomo, was a very rare and unique experience to understand the sociological, cultural anthropological dimensions of life of Naga people.

In view of the proposed bandhs protesting CAB, the 4<sup>th</sup> day Programme was cut short and the certificates were distributed.

Opening a new vista for 'peace' and establishing a 'PKM mark' the team started the return journey.



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 11/10/2019



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MADAMPAM, KAITHAPRAM P O, KANNUR – 670631

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Tel: 0460 2230929, Fax: 04602 232449


### INSTITUTIONAL TWINNING PROGRAMME At NEISSR 10-12-2019 to 15-12-2019

#### Expenses:-

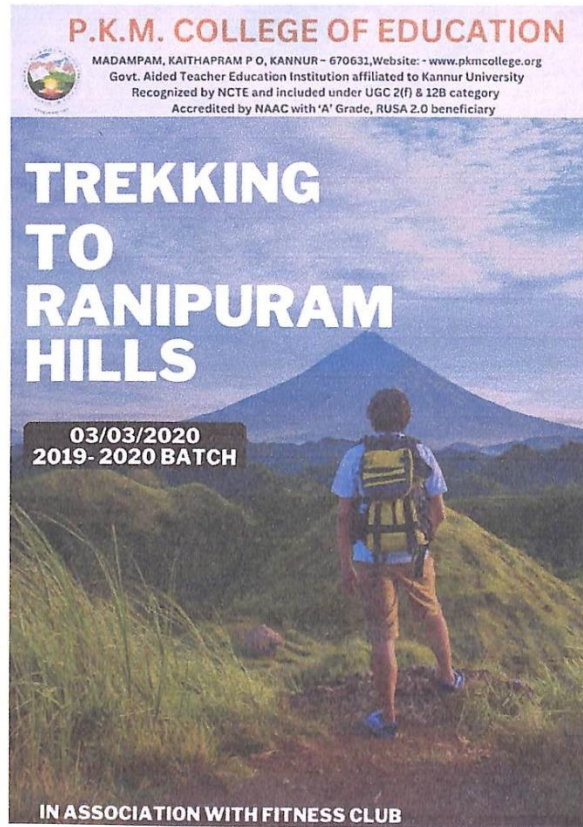
Sl. No.	Item	Amount
1.	Travel Flight charges Flight Ticket (Fr. Reji P. George)	67800.00 23100.00
2.	Road Journey (4 persons) Madampam-Mysore-diesel - 1000 Return - 1000 Fly bus - 3000 Bangalore –Mysore car - 3150	8150.00
3.	Food Breakfast - 810 Lunch - 1360 +90 Evening tea -300	2560.00
4.	Programme Banner - 200 Seal - 1000	1200.00
5.	Tips Dimapur driver	1000.00
6.	Incidental expenses - 240 - 225	465.00
7.	Printing expenses	535.00
	<b>Total</b>	<b>104810.00</b>

Advance Dr. Rekha K.R. - 21000.00  
(Ticket <sup>and</sup> driver)



  
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**Name of the Programme: Trekking to Ranipuram**



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*outreach*

**REPORT ON  
TREKKING TO RAANIPURAM HILLS**

**FIT INDIA MOVEMENT**

**FITNESS CLUB**

**Of**

**P.K.M COLLEGE OF EDUCATION  
MADAMPAM**




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## TREKKING TO RANIPURAM HILLS.

**Fit India Movement** is a new fitness revolution in the country. It is launched not only to increase the awareness among the mass but also to encourage people to start or increase physical activity and sports in their everyday live. Our Prime Minister Narendra Modi has launched Fit India Movement on the occasion of National Sports Day i.e. 29th August 2019.

On 3<sup>rd</sup> March 2020, Tuesday as part of Fit India Movement , Fitness club and Physical Education department of P.K.M College of Education jointly has organized one day trekking to Raaanipuram, Kasargode for the 2019-2020 batch. **Ranipuram** is a hill station and a tourist centre in the Indian state of Kerala. Situated in the Vellarikundu taluk, Kasargod District, Ranipuram mountain peak rises to 1022 metres above the sea level. Ranipuram is adjacent to Kottancheri-Talakaveri mountain range. On 3<sup>rd</sup> March 2020, morning students had reported at 7.30 a.m at college entrance as they were told . By 8 a.m bus has left the college by taking 30 students , Dr. Fr. Sinoj Joseph ( Associate Professor department head of Physical education ), Joshy Mathew ,and Sr.Raisy Philip (administrative staffs ). On the way, ten students joined the trip from Sreekandapuram and Thaliparamba. Bus had stopped at Pariyaram for breakfast . In bus students were enjoying by singing and dancing. On the way, trek team had their refreshment from Dr. Fr. Sinoj's home at Rajapuram. Around 12.15 p.m , travelling 115 kilometers trek team had reached the base point of Raanipuram . Students were gathered together and guidelines were given by Dr. Fr Sinoj Joseph and guide. Guide said "You should walk through the forest without making loud noise, should not prick plants, everyone should be responsible for their belongings , should not leave plastic waste in forest and do not climb on the rocks, for any help you can contact our officers at the hill ”.



  
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Around 12.40 pm trek team started to trek .On the way students took photographs and enjoyed deep woods and trekking trails . The climate was a mixture of sunny and cold. Trek team reached the top of the hill by 2.pm. Everyone had their lunch on the top of Raanipuram hills , they were also enjoying the beauty of nature . Around 3 pm trek team started to return to the base point .



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On the way back , trek team had their tea from Sr. Raisy Philip's home at Kallar and dinner from Dr. Fr Sinoj Joseph's home . At 6.30 p.m trek team had started their way back to college.



At the end of the day each and every student had enjoyed a lot.



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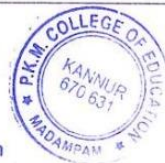
### TREKKING TO RANIPURAM

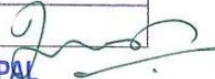
2019-20

The following students participated in the programme held on 29/08/2019

SI NO	NAME OF THE STUDENT
1.	AKHILA JOHN
2.	AMRUDHA SIBY
3.	ANJANA K.C
4.	ARYA PREMARAJ P. K
5.	GIBY BABU
6.	MEENU T C
7.	REVATHI PARAMESWARAN
8.	BISNA NARIKKODAN
9.	GOKULA E
10	HARITHAMOL P P
11	NIMISHA A
12	SRUTHI C K
13	THULASI M B
14	THUSHARA K.K
15	ANUMOL MATHEW
16	AYONA VINCENT
17	HARSHA A.T
18	JISHNA KARIYIL
19	MEENU STEPHEN
20	MERITA STEPHEN
21	NIMITHA JOSE
22	RAJINA P P
23	SNEHA P SEBASTIAN
24	SOUPARNIKA J

  
Dr. Sinoj Joseph  
Assistant Professor in Physical Education  
PKM College of Education  
Madampam-670631



  
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25	ANJALI A K
26	ANJALI C K
27	JAHIRA K
28	MAHIMA K
29	NEETHU MADHUSOODANAN K V
30	PRIYANKA THALIYIL
31	RAMYASREE M V
32	RISHANA K M P
33	ABIA JOSE
34	ANJUSHA M
35	APARNA FRANCIS
36	ATHIRA K
37	JOSLY JOSE
38	NIDHIN JOSE
39	RIYA ROSE MATHEW
40	SARIKA CHACKO
41	SHYNA N RAJU
42	SONIA CYRIAC
43	SREYA JOSEPH
44	ATHIRA P.K
45	JASMINE THOMAS
46	REJI P. GEORGE
47	REMYA RAGHAVAN
48	RENJINI N V
49	RISINA T.
50	SUJINA T V



*Dr. Sinoj Joseph*  
Dr. Sinoj Joseph

Assistant Professor in Physical Education  
PKM College of Education  
Madampam-670631

*[Signature]*

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## Name of the Programme: Field Trip-Physical Science Department

### Field Trip to Pilikula Science Park and Zoo: Dept. of Physical Education

Department of Physical Science of P. K. M College of Education, conducted a field trip to Pilikula Science park and Zoo on 7<sup>th</sup> December 2019 under the guidance of Dr. Prasanth Mathew. Before the trip the entire class were divided into groups for assigning duties. Committees were developed on the basis of this group. Planning and travelling arrangement committee, organization committee, finance committee, first aid committee and food committee members designed their work for field trip. Abin Jose and Athira C. K are the tour coordinators. Traveler bus was arranged by Abin Jose. Request letter was given to the college principal Dr. Jessy N. C. Field trip itinerary was prepared and got permission letter from college. Field trip willing certificate was collected from parents of each student.




*Jessy N. C.*  
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The field trip was started at 5.30 am from the college and first reached at bakal fort. Student teachers spent their half an hour in bakal fort and entered to bus for the next destination Mangalore. Students enjoyed their journey in bus by doing various tasks and games.

Reached at Pilikula Science Park at 12:30 P. M and had lunch. By 1:30 all entered in zoo. Pilikula Nisarga Dhama has major focus on the wildlife species of Western Ghats. Pilikula organizes a number of training and awareness programmes for teachers, students etc., for the conservation of Bio-diversity, Heritage and Culture. However, for the development, maintenance and for various programmes, it entirely depends on local revenue and donations. It incurs huge cost on feeding, medicines, shelters, management etc. Therefore, it needs support from the public to maintain and develop as one of the best Zoos of our country. Amazingly, Pilikula has been made possible by generous people who understand the need & benefit of conserving biodiversity and cultural heritage and have come forward with financial resources as well as personal involvement. Pilikula Zoo has 400 animals, reptiles and birds and most of the species are breeding.



  
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### PILIKULA REGIONAL SCIENCE CENTRE

The Pilikula Regional Science Centre (PRSC) at Pilikula, Mangaluru was set up jointly by the Department of Science & Technology (DST), Govt. of Karnataka (GoK) and National Council of Science Museums (NCSM) Kolkata, Ministry of Culture, Govt. of India (GoI). It is administered by the Pilikula Regional Science Centre Society (PRSCS) for which Deputy Commissioner of the District is the Chairman.

PRSC receives annual grants from Department of Science & Technology, Govt. of Karnataka for the maintenance, activities through Karnataka Science and Technology Promotion Society (KSTePS). Through interactive science exhibits and free choice science learning activities, the center caters to the large population of the Region and is program for building up.


Science Centre is set up in an area of about 10 acres, having a built up area of approx. 4000 sq.m. It houses 3 exhibition galleries, a temporary exhibition hall, an inflatable dome planetarium, science demonstration area, activity area, an air conditioned auditorium, a 3D theatre facility, library,



  
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conference hall, computer room, a small workshop for maintenance of exhibits and other public facilities. There is also a Science Park in the lush green garden area outside the Science Centre building, which includes a Dinosaur Park. The latest addition is a Planetarium of nano seam dome with a diameter of 18m, This project is entirely funded by the Dept. of Science and Technology, Govt. of Karnataka, having a hybrid projection system and with an active 3D facility. At evening 5:45 P. M went for a boating in Pilikula lake. By 6:40 P. M started the departure and reached at college at 11:30 P. M.



  
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**Name of the Programme: Pain and Palliative care awareness and training programme**

P K M College of Education Madampam

Silver Jubilee Year 2019-20


Pain and Palliative Care Awareness And Training Programme

2019 November 12 Tuesday

P K M College of Education had conducted a Pain and Palliative care Awareness and Training programme collaborated, with 'Kaniv' Palliative care unit ,Samaritan' Palliative care unit, and 'Janamaithri' Residence association. The programme was held on November 12, 2019 on Tuesday at the college auditorium as part of the celebration of the silver jubilee year 2019-20. Main aim of conducting this programme was to enhance the understanding and practice of palliative care among the people .The event focus on providing comprehensive knowledge about pain management and improving the quality of life for individuals facing serious illness.

The programme began with a prayer and followed by the welcome address of N F Mathew (president of Janamaithri association ) .




  
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Talking session of the training group highlighted the importance of caring during illness and gave us an idea about how to handle a serious illness situation with care. The programme was concluded with the vote of thanks of Kumari Sruthi C K



  
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Student teachers Nimisha A and Sariga Chacko shared their observance on the day .



Jose Kolliyil ,M J Annamma and C


Padmanabhan (Kaniv paliative care unit) delivered their felicitation speech.



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The Inauguration was done by Prof. O C Manomohan (Chairman of Paliative initiative training programme). Smt. Anitha C (trainer) and Sri. K D Joseph gave classes on pain and paliative care by explaining the needs and significance of paliative care.



  
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And presidential address was given by Dr. Jessy N C (principal,PKM college).



  
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## Name of the Programme: Field Visit-Natural Science Department

### Natural Science - Field Visit to Mysore

Conducted one day field trip to Mysore. Teachers are efficient organizers. For improving the skills of organization, planning, Communication, and other social skills, field trip is an irreplaceable task. It helps teaching trainees to develop social skills, leadership, Etc.

As the part of B. Ed. curriculum, the students of Natural Science 2019-21 batch conducted a field trip to Mysore. It was on 18th January 2020. Our group had total 10 members 9 students and one teaching faculty Mrs. Jomol Jose. The main destinations of the field trip were Mysore Zoo, Shukavana Rehabilitation Centre, Ranganathittu birds' sanctuary, Brindavan garden etc.




  
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We started our journey from college hostel at 3:45 am in a traveller. We reached Mysore at 8:30 am and had our breakfast from a Kerala hotel. After breakfast we went to our first destination, Mysore zoo. We reached there at 9:30 am and spend around one and half hours in zoo. Then we came out and reached at Shukavana Rehabilitation Center. It was a place specially created for different varieties of parrots. After Shukavana we reached in a restaurant and had our lunch at 1 o'clock. After lunch our next visiting spot was The Ranganathittu Birds Sanctuary and we spent around one hour in it. It was a beautiful place rich in trees like bamboo and it also having a river portion, In the river side there were a boating service. The Ranganathittu was really good for bird watching. Then we reached at the beautiful Brindavan Garden at 5:20 pm. after spending few hours there we returned at 8:30 pm and reache college hostel at 2:15 am




  
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## Name of the Programme: Gandhi Smrithi: Yathra

### Report of Gandhi Smrithi: Yathra

PKM College of Education in association with peace and harmony foundation Kannur organised a street play-mythri sandesa kala yathra – Mazhavilkodi on 15-01-2020. The Programme started with the welcome speech by the co-ordinator Dr. Rekha K R. The Programme was inaugurated by principal Dr. Jessie N. C. Fr. Scaria Kalloor, Director of Peace and harmony foundation Kannur gave keynote address. After that the team members presented Gandian thoughts and peace ideas and its relevance in the contemporary period through a street play. The Peace forum Student Co-ordinator Shyna N Raju expressed vote of thanks.



  
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# Name of the Programme: Punarvayana-Online Study Classes for 10th Standard Students



## PUNARVAYANA – ONLINE REMEDIAL PACKAGE

Covid 19 has affected the world. Experts claim that there will be changes in all sectors, including health, education, industry etc. SSLC, hither secondary examinations were postponed due to lockdown announced by the

central government. Online classes have increased in popularity in the education sector.'Punarvayana' is an online remedial package based on SCERT syllabus, prepared by PKM College of Education, Madampam in association with Sathyan Memorial library Alexnagar. Its purpose is to assist students in physics, chemistry and mathematics whose examinations were postponed due to lockdown. This was accomplished through video conferences conducted by Dr. Prasanth Mathew, Assistant professor in physical science using various platforms such as zoom, Go To meeting, cisco webex meeting and skype. The inauguration of the online class was held on Monday, April 27, 2020 via video conferencing. The programme started with a prayer. Dr. Prasanth Mathew welcomed the gathering. Dr. Jessy N C, principal of PK M College of education, Madampam presided over the function. Mr. Suneesh officially inaugurated the programme. Student representative Abin Jose delivered the vote of thanks. Then, in an

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online class for physical science students, Dr. Prasanth Mathew explained that this class is aimed at helping students in their exam preparation. Therefore, it is important to move away from teaching new concepts and make use of tricks and mnemonic techniques. There are a total of 14 units in class 10 in physics and chemistry. Student teachers were divided into two groups and were assigned with different lessons. Abin Jose, Ashish Saseendran, Ashly Kuriackose, Alan Mariya John, Anjusha Kurian and Bijila K K did the physics course and Arushi Cyril, Sweetymol Shaji, Swathi C V, Athira C K and Vinaya P P did the chemistry course. Bijila K K managed the physics course and Vinaya P P managed the chemistry course. Abin Jose and Ashish Saseendran took care of the digital front. Discussions based on how to do pre- assessment, content overview and postassessment were done on 29/04/2020, 01/05/2020 and 06/05/2020. It was decided that pre-assessment will be done by means of 'Kahoot' game, which builds confidence and skills in children. Topic based questions were prepared in the examination pattern for post-assessment which is followed by previous year questions. The eleven students prepared materials in their own way. The 'Punarvayana' online class kicked off in a video conference held on 08/05/2020 friday. The meeting began with a prayer. Dr. Prasanth Mathew welcomed the gathering. Dr. Jessy N C delivered the presidential address. The programme was inaugurated by Dr. Priya Mathew, principal of St. Joseph's teacher education, Mysuru. She appreciated the course prepared for the tenth standard and wishes that the same be done for other classes as well. Dr. Sholly Joseph (Assistant professor in mathematics), Ms. Ponnisha Thomas (Alumini of physical science 2017-19 batch), Mr. Joby Mathew (Secretary, Sathyan Memorial library, Alexnagar) delivered felicitations. Class representative Athira C K

  
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proposed the vote of thanks. Seperate classes were arranged for physics, chemistry and mathematics through google classrooms. Initially 34 students took part in the physics class and 35 joined the chemistry class. Physics classes were held at 10 am and chemistry classes were held at 11.30 am every day from 10/05/2020 onwards. Mathematics classes started on 17th May onwards and ended on 20th of May all the classes witnessed active participation of the students. In addition, all videos were uploaded on the college you tube channel.



Department of physical science of P. K. M College of Education has organized a webinar TE@CH - 2020 on the topic ' Online teaching, planning and execution' on 20th June 2020 at 10:00 A.M. Webinar was conducted on zoom application. Webinar was a part of college vision for the Next Generation Teacher. Class begun with a prayer. Dr. Prasanth Mathew head of Physical Science department preside over the function. Webinar was inaugurated by college Principal Dr. Sr.

Jessy. N C. DIET lecturer E. V Santhosh Kumar handled the session 'Online teaching, planning and execution' This webinar focused on producing video lesson, script writing and editing. Major steps in video production, important factors that contribute to an effective video was explained. Webinar was followed by interactive session where the participants shared their ideas and queries on video production.

  
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Welcome speech was delivered by student coordinator Arushi Cyril and vote of thanks by Athira. C. K.

Session was concluded at 12:15 P. M.

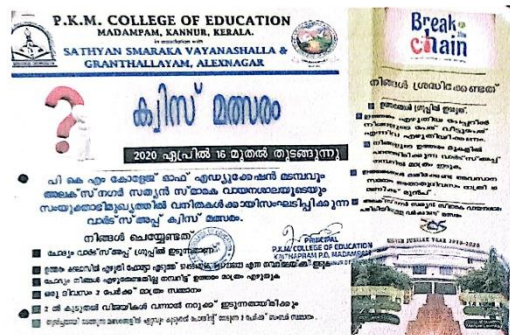


  
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# Name of the Programme: Online Quiz Competition for Womens of Local Community

## Report of Online Quiz Competition for Women's of Local Community



During the Covid lockdown period PKM College of Education in association with Sathyan Smaraka Vayanasala organised online quiz competition for women of the Alex Nagar locality. The

main objective of the programme was to motivate the women to update their knowledge and to become stress free during the lockdown period.

The online quiz competition was conducted for 8 days continuously from 14-04-2020 to 23-04-2020. About 16 women participated in the programme. Questions were prepared by the student teachers of PKM College and questions was given continuously for eight days through WhatsApp. Sathyabhama K P got first prize and Thankamani E V got second prize. It was a wonderful experience for all.

P.K.M. COLLEGE OF EDUCATION MADAMPAM, KANNUR, KERALA. SATHYAN SMARAKA VAYANASHALLA & GRANTHALLAYAM, ALEXNAGAR							
പി.കെ.എ. കോളേജ് ഓഫ് എഡ്യൂക്കേഷൻ മദമ്പം തമ്പുര സ്ത്രീകൾ വായനശാല (ഗ്രന്ഥശാല) അക്സൻ-സ്മരകം വായനശാലയുടെ സംയുക്തമായി കോരോണക്കാലത്തെ അഭിരുചിയിൽ സംഘടിപ്പിച്ച വനിതകൾക്കായുള്ള വനിതാ ക്വിസ് മത്സരത്തിന്റെ ഫലപത്രിക തിരു 16-04-2020 മുതൽ 23-04-2020 വരെ							
1 സത്യലത കെ പി	5	5	5	5	5	5	27
2 ലിജി ജോസ്	2	5	3	4	3	2	23
3 വന്ദനാ വാരാണസി	3	5	4	4	3	5	26
4 പ്രിയ ശരണ്യൻ	1	4	-	-	-	-	05
5 രാമേശ്വരി അലക്സാണ്ടർ	2	4	3	-	5	4	21
6 പ്രിയ വി കെ	1	5	4	-	3	4	25
7 രാമേശ്വരി ജോസ്	3	5	5	5	3	5	26
8 അഞ്ജി ജോസ്	2	5	3	-	4	2	16
9 സത്യലത അശ്വിനി	5	5	4	5	4	5	33
10 അലക്സാണ്ടർ വിജയ	4	5	5	5	2	4	31
11 ഗീതാ ദി പി	5	5	-	-	5	3	23
12 സമീപാ അലക്സാണ്ടർ	3	4	5	4	3	4	27
13 രാമേശ്വരി ജോസ്	2	-	-	4	3	-	18
14 അലക്സാണ്ടർ വിജയ	2	5	5	5	5	4	31
15 അഞ്ജി ജോസ്	1	-	-	-	-	-	01
16 അഞ്ജി കെ	3	5	5	4	4	5	26

*[Signature]*  
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**Name of the Programme: Online Quiz Competition to Sreekandapuram region**

**Report of Online Quiz Competition to Sreekandapuram region**



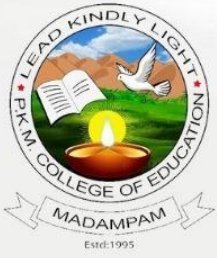
During the Covid lockdown period PKM College of Education in association with Sathyan Smaraka Vayanasala organised an online quiz competition for the school students below 15 years of Sreekandapuram region. Quiz

competition was conducted on 2020 May 1<sup>st</sup> at 10:45 am through the competition link shared through WhatsApp. The rules and regulation of quiz competition was detailed to the participants through WhatsApp. 23 School students participated in the quiz competition. Abhinraj C R got First prize with a cash award of Rs.1001. Neeraja C C got second prize with a cash award of Rs.751. Anjima A V got third prize with a cash award of Rs.501. The questions for the quiz competition was prepared by under the leadership of student council of the college. It was a very informative experience for all.

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# P.K.M. COLLEGE OF EDUCATION

**MADAMPAM, KAITHAPRAM P. O., KANNUR – 670 631**  
**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

**Recognized by NCTE included under UGC 2(f) & 12(B) category**  
**Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary**

**3.3.1: Average number of outreach activities organized by the institution during the last five years.**

## OUTREACH ACTIVITIES

**2020-21**



**NAME OF THE PROGRAMME: Onakkodi: A Gift to the nearby community**

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MADAMPAM, KAITHAPRAM P O, KANNUR – 670631  
(Govt. Aided Teacher Education Institution affiliated to Kannur University)  
Recognized by NCTE and included under UGC 2(f) & 12B category  
Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary  
E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)  
Tel: 0460 2230929, Fax: 04602 232449

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Circular No: *21*/PKM/2020-21 Date: 22/08/2020


Sub: Onakkodi: A Gift to the nearby community

CIRCULAR

We are excited to introduce a heartwarming initiative, Onakkodi aimed at fostering goodwill and strengthening our bonds within the community. Onam, the feastival of harvest and togetherness, is the perfect occasion to launch this noble endeavor. We cordially invite all students and staff to participate and make this event a true reflection of our shared values.

Date: 26-08-2020  
Time: 9.00 A.M  
Venue: Madampam

Best regards,  
  
Principal



Copy to  
All TS, NTS and Students

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KAITHAPRAM. P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

### ABSTRACT FOR REPORT

Assessment Year – 2020-21


Office File No : Digital File No:

ABOUT THE PROGRAMME		
Programme Title		Onakkodi distribution
Sub Programme	Programme 1:	
	Programme 2	
Nature of the Programme		
Level of the Programme		

Type of the Programme	Inhouse/outreach	Outreach
	Online/offline	Offline
Objectives	Extension is an essential function of higher education institution that derives its plans and programs for the delivery of community services from instruction and research. Conducting community extension service is about relationship in building communities through teaching.	
Issues addressed	-	
Date & time	2020 august 27	
Venue	Alexnagar	
Duration	Half an hour	

ORGANIZING LEVEL		
Organized by		PKM College Of Education Madampam
Association/ Collaboration with		
sponsored by	External	
	Internal	
Sanctioned amount		
Sanction order details		
Faculty in charge		Sr.Caroline FCC
Student co ordinators (Programme)		



  
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SREEKANDAPURAM, KANNUR DT. 670631

Student co ordinators (Anchors)	Sr.Christeena SVM
Student co ordinators (Reporting)	
Student co ordinators (ICT)	
Student co ordinators (Media)	

RESOURCE TEAM			
	Name	Designation	Role
Resource Persons/Experts			
Public Person			

Management Representative			
PTA Representative			
Alumni Representative			
Cooperative School Representative			

PARTICIPANTS	
Students participants	Batch 1:
	Batch 2:
Teacher Educators	8
Administrative staff	6
Student Teachers outside PKM	
Teacher Educators outside PKM	
Researchers	
School Teachers	
School students	
Alumni	
General public	10

FEEDBACK	
Oral feedback	Yes
Written feedback	
Google form	
On the spot	Yes

UPLOADING DOCUMENTS
Plan of Action




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SREEKANDAPIURAM, KANNUR DT., -670631

Notice/ circular	Yes		
Brochure			
Programme sheet			
Photograph with titles			
Reports	Printed	Digital	
Geo tagged photos			

Videos edited for uploading			
Participant list			
Programme certificates	Duty certificates		
Statement of Expenditure			
Mass media	News paper		
	Local channel	Radio	
	Online news		
Social media	Website		
	Facebook		
	Instagram		
Link of the document			
Publications/ proceedings if any			
Digital resource used			



  
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# P K M COLLEGE OF EDUCATION MADAMPAM



## Report

### ONAKKODI DISTRIBUTION



#### ONAKKODI DISTRIBUTION

Date: 27/08/2020  
Venue: Alexnagar



**Organizer :** PKM college of education Madampam

**Duration :** Half an Hour

**Date :** 27/08/2020

#### **Introduction**


The Onakkodi distribution event organized by PKM College on August 27, 2020, aimed to celebrate the festival of Onam by distributing traditional clothing, Onakkodi, to the underprivileged.

#### **Objectives**

Community Engagement: Foster a sense of community spirit and inclusivity.

Celebration of Onam: Share the joy of the Onam festival with those less fortunate.



  
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Philanthropy: Provide assistance to the underprivileged through the distribution of essential clothing items.

### **Planning**

- Determining the financial resources required for the event.
- Arranging for the procurement and transportation of Onakkodi.
- Assembling a team of volunteers to assist in various aspects of the event.

### **Execution**


The PKM college of education Madampam organized a Onakkodi distribution to on 27/08/2020. At first we decide a distribution center with organized stations for efficient Onakkodi distribution. , Assigning specific roles to volunteers for smooth coordination. Dr.Jessy N.C principal of PKM college of education Madampam inaugurate this Programme. In this Programme faculty charge was to Sr. Caroline FCC and student coordinator is Sr. Christeena SVM. On this Programme we Implemented necessary precautions, such as social distancing and sanitization, in compliance with health guidelines.

### **Outcome**

The Onakkodi Distribution event organized by PKM College on August 27, 2020, exemplified the college's commitment to celebrating cultural diversity and fostering a sense of community. The success of the event not only added vibrancy to the Onam celebrations but also contributed to the overall positive atmosphere within the college.

This event stands as a testament to the college's dedication to promoting cultural heritage and creating memorable experiences for its students and staff.



  
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## Name of the Programme: Built a Bus Bay Shelter at Madampam

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MADAMPAM, KAITHAPRAM P O, KANNUR – 670631  
(Govt. Aided Teacher Education Institution affiliated to Kannur University)  
Recognized by NCTE and included under UGC 2(f) & 12B category  
Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary  
E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)  
Tel: 0460 2230929, Fax: 04602 232449

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Circular No: 2/PKM/2020-21 Date: 27/08/2020

**Sub: Built a Busbay Shelter at Madampam**

**CIRCULAR**

We are thrilled to announce a significant development for our community's convenience and safety, the construction of a brand-new Bus bay Shelter right here in Madampam. This project aims to enhance the commuting experience for all residents and visitors. Let's look forward to a safer and more convenient commuting experience in Madampam.

Date: 27-08-2020  
Venue: Madampam

Best regards  
  
Principal



Copy to  
All TS, NTS and Students

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SREEKANDAPURAM, KANNUR DT.,-670631

**ABSTRACT FOR REPORT**

Assessment Year – 2020-21

Office File No :      Digital File No:

ABOUT THE PROGRAMME		
Programme Title		Bus bay shelter inauguration
Sub Programme	Programme 1:	
	Programme 2	
Nature of the Programme		Inauguration
Level of the Programme		Public level
Type of the Programme	Inhouse/outreach	Outreach
	Online/offline	Offline
Objectives		To provide a bus bay shelter for Madampam locality

Type of the Programme	Inhouse/outreach	Outreach
	Online/offline	Offline
Objectives		To provide a bus bay shelter for Madampam locality
Issues addressed		
Date & time		27/08/20 3.00 pm
Venue		Madampam
Duration		1 hour

ORGANIZING LEVEL		
Organized by		PKM College of Education, Madampam
Association/ Collaboration with		
sponsored by	External	
	Internal	
Sanctioned amount		
Sanction order details		
Faculty in charge		Dr. Veena appukkuttan
Student co ordinators (Programme)		
Student co ordinators (Anchors)		




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SREERANGAPURAM, KANNUR DT., -670631

Google form				
On the spot				
UPLOADING DOCUMENTS				
Plan of Action				
Notice/ circular	Yes			
Brochure	Yes			
Programme sheet				
Photograph with titles				
Reports	Printed	yes	Digital	Yes
Geo tagged photos				
Videos edited for uploading				
Participant list				

Programme certificates	Duty certificates			
Statement of Expenditure				
Mass media	News paper			
	Local channel	Radio		
	Online news			
Social media	Website			
	Facebook			
	Instagram			
Link of the document				
Publications/ proceedings if any				
Digital resource used				




  
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Student co ordinators (Reporting)			
Student co ordinators (ICT)			
Student co ordinators (Media)			
RESOURCE TEAM			
	Name	Designation	Role
Resource Persons/Experts			
Public Person	Sri.P.P Raghavan	Chairman ,Sreekandapuram municipality	Inauguration
	Mrs.Shyla Joseph	Ward councillor	Felicitation
Management Representative	Rev.Fr.Luke Poothrukkaayil	Local manager	Blessing note

PTA Representative			
Alumni Representative			
Cooperative School Representative	Sri .Binoy K K	HM ,Maryland HS	Felicitation

PARTICIPANTS	
Students participants	Batch 1: Batch 2:
Teacher Educators	2
Administrative staff	2
Student Teachers outside PKM	
Teacher Educators outside PKM	
Researchers	
School Teachers	1
School students	
Alumni	
General public	10
FEEDBACK	
Oral feedback	
Written feedback	

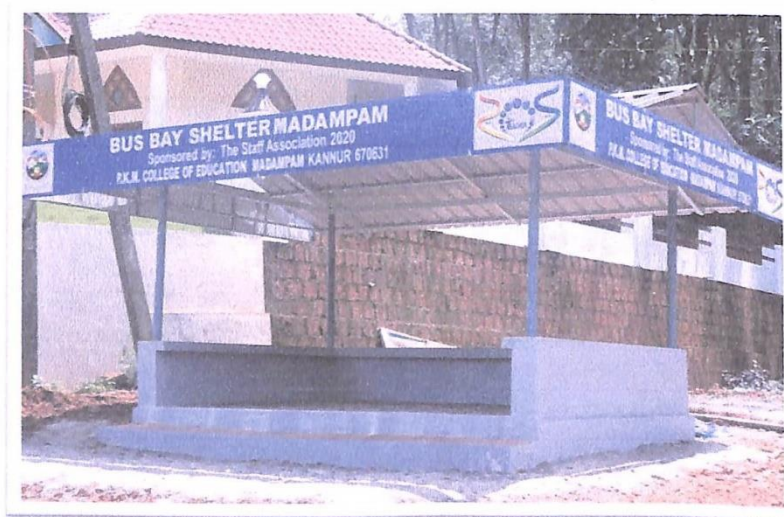


  
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**SREEKANAPURAM, KANNUR DT.,-670631**

## Report on Bus Bay Shelter Inauguration at Madampam by PKM College of Education

Date: 27/08/2020


Venue: Thumbeni, Iritty- Taliparamba Highway



### Introduction:

In the spirit of their silver jubilee celebrations, PKM College of Education, Madampam made a significant contribution to the local community by presenting a Bus Bay Shelter for the Madampam locality. The shelter, located at Thumbeni on the Iritty- Taliparambu Highway, was inaugurated on 27th August 2020. The project was made possible through the cooperative efforts and financial support from all members of the P.K.M. Staff Association.



  
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## Event Highlights:

### 1. Inauguration Ceremony:

The Bus Bay Shelter was inaugurated and opened to the public by Sri. P. P. Raghavan, Chairman of Sreekandapuram Municipality. The ceremony was presided over by Dr. Jessy N C, the principal of PKM College of Education. Rev. Fr. Luke Poothrukkayil, the local manager, and vicar of Madampam Forane Church, delivered a blessing note, emphasizing the importance of community development initiatives.



### 2. Dignitaries and Guests:

The event was graced by the presence of Ward Councillor Mrs. Shyla Joseph and Mr. Binoy K. K, the Headmaster of Maryland School. Both dignitaries expressed their appreciation for the initiative and its positive impact on the local community.




Dr. Veena Appukuttan, the Secretary of the Staff Association, expressed gratitude and delivered the vote of thanks to acknowledge the support received from all quarters.

### 3. Committee Recognition:

Mr. John P. T., the convener of the Building Construction Committee, extended a warm welcome to the gathering, highlighting the collective efforts that made the project successful.



  
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4. COVID-19 Protocol Adherence:


The entire program was meticulously conducted while strictly adhering to COVID-19 protocols. Measures such as social distancing, mask-wearing, and hand sanitization were followed to ensure the safety of all attendees.



Conclusion:

The inauguration of the Bus Bay Shelter at Madampam stands as a testament to P.K.M. College of Education's commitment to community welfare and development. This initiative not only provides a tangible benefit to the locality but also exemplifies the power of collective action and community spirit. The event showcased the college's dedication to making a positive difference in the lives of the people it serves.



  
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## Name of the Programme: Ozone Day Celebration Ozone for Life



### **P.K.M. COLLEGE OF EDUCATION**

**MADAMPAM, KAITHAPRAM P O, KANNUR – 670631**  
(Govt. Aided Teacher Education Institution affiliated to Kannur University)  
Recognized by NCTE and included under UGC 2(f) & 12B category  
Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary  
E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)  
Tel: 0460 2230929, Fax: 04602 232449

Circular No: 25/PKM/2020-21

Date: 14/09/2020

**Sub: Ozone Day celebration :Ozone for life**

#### CIRCULAR

We are thrilled to announce the upcoming celebration of Ozone Day, a day dedicated to the protection and preservation of our planet's ozone layer. This year's theme is "ozone for life", emphasizing the crucial role the ozone layer plays in sustaining life on earth. We cordially invite all students and staff to participate and make this event a grand success .

Date: 16-09-2020

Time: 10.30 A.M

Platform: Google Meet

Best regards,

Principal

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**P.K.M. COLLEGE OF EDUCATION**  
**KAITHAPRAM. P. O., MADAMPAM**  
**SREEKANDAPURAM, KANNUR DT.,-670631**

Copy to

All TS, NTS and Students



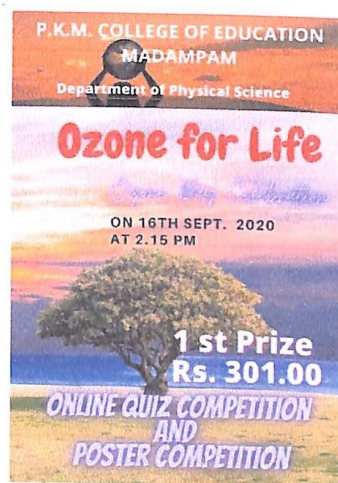
## PKM COLLEGE OF EDUCATION, MADAMPAM

### OZONE DAY CELEBRATION 2020

#### OZONE FOR LIFE

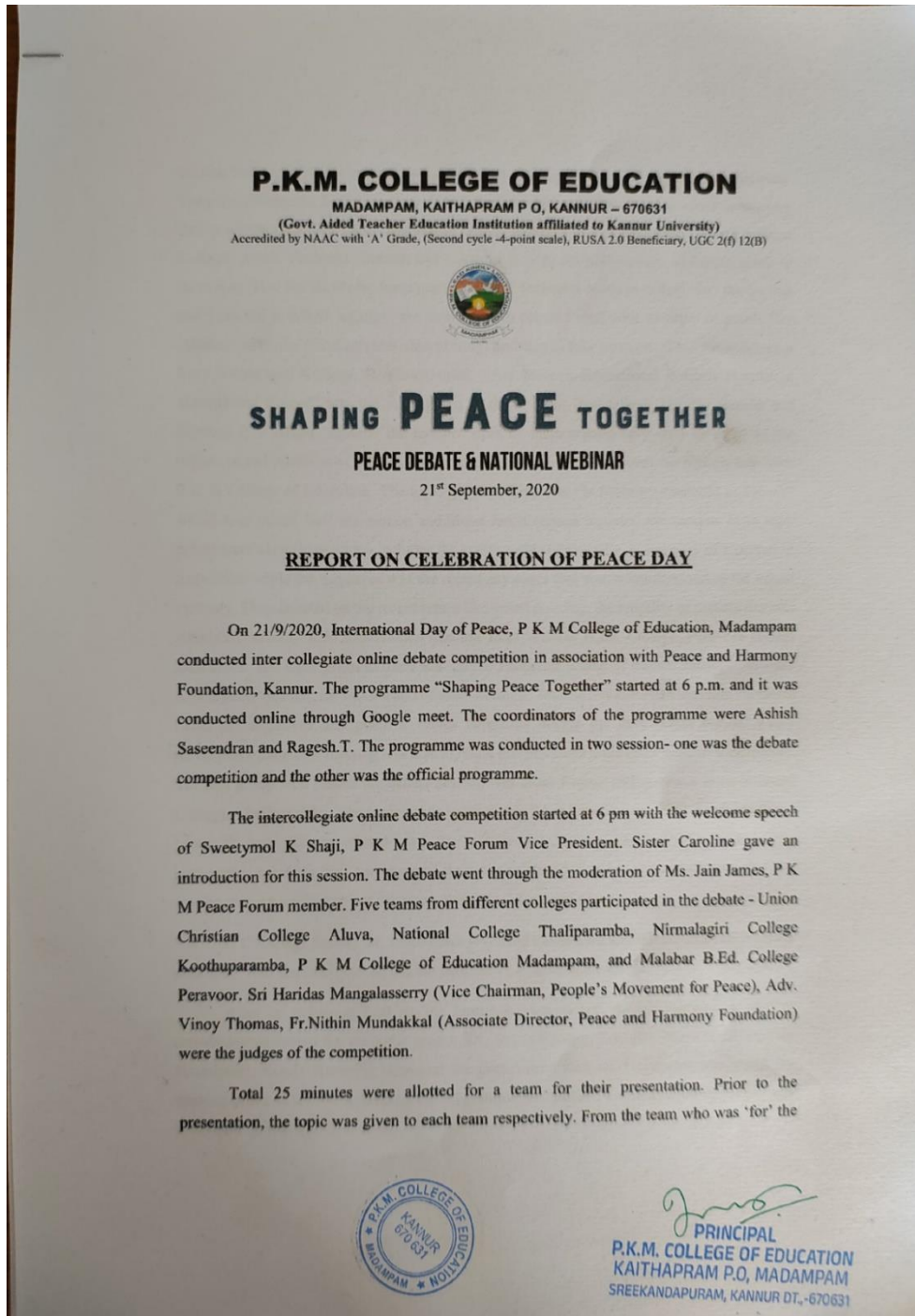
(35 years of ozone layer protection)

In 1994, the United Nations General Assembly proclaimed 16 September the International Day for the Preservation of the Ozone Layer. In the covid 19 context, department of physical science celebrated ozone day on 16th September 2020 at 2.15 pm via video conferencing. Ms. Arushi Cyril student teacher of physical science took the responsibility of coordinating the programme. The programme started with a prayer. In the official session, Ms. Alan Maria John, Student teacher of physical science delivered the welcome speech. Mrs. Suja Joseph, Guest lecture of physical science department presided over the programme. She reflects her views towards the necessity of protecting the ozone layer. Dr Jessy N C, principal of PKM College of education, Madampam inaugurated the programme. She emphasized the importance of ozone day and the duty of each individual in the protection of ozone layer. After that a video was presented based on the importance of ozone layer and the name of the short film was revealed. Poster making competition and quiz competition was also conducted as a part of the ozone day celebration. Most of the Student teachers participated in the programme. Ms. Sanooja P P and Ms. Jain James were selected as the winners of the poster making competition and quiz competition respectively and announced the winners during the live session. Finally, Ms. Arushi Cyril, Student coordinator of programme, delivered the vote of thanks.



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## Name of the Programme: Shaping Peace Together: Peace Debate

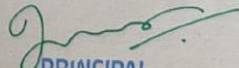


motion and 'against' the motion was decided by tossing the coin by one of the participant. From the 10 minutes, 2 minutes were allotted to each of the participants to introduce themselves and to substantiate their topic. The debate session started with the team from Union Christian College, Aluva. Prabeena Johnson and Lakshmi R were the participants. The topic given to them was "Has Social Media Endangered Peace?" Prabeena Johnson talked 'for' the motion and Lakshmi R talked 'against' the motion. Both debated well with an array of points like influence of media effecting individual privacy, problem of fake news etc. Then came the team from Nirmalagiri College, Koothuparamba. "Are Modern Educational Policies Helpful in Maintaining Peace?" was the topic given to them. Abin Biju talked 'for' the motion and Jismaria P V talked 'against' the motion. Both of them argued very well by pointing the negatives and positives of NEP 2020. Jomal Jose and Siona Jacob were the participants from P K M College of Education. The topic given to them was "Is Morality Essential to Peace?" Jomal Jose talked 'for' the motion and Siona Jacob argued 'against' the motion. Both their points were very sharp which includes the positive side of morality as a quality of a person to empathise while the negatives was the recent day cases that was misunderstood as the actual morality. They debated on the recent issues like moral policing, the morality of present day etc. After that Aswathi K.M and Midhun Mathew from Malabar B.Ed. College, Peravoor argued each other. The topic given to them was "Is the Pandemic a time of mental stress?" Aswathi K M argued 'against' the motion and Midhun Mathew 'for' the motion. Both the team members listed the negatives and positive things happened during the lock down period. Every participants joined the meeting was able to relate this particular topic as an issue of the moment. The last group who joined the debate session was Arun Kumar and Archana from National College, Thaliparamba. The topic given to them was "Are Law Enforcement Agencies Peace Lovers?" Arun Kumar argued 'for' the motion and Archana 'against' the motion. The participants speaking 'for' and 'against' the motion debated in a very enthusiastic manner. The session was a kaleidoscope of opinions, thoughts, ideas, and perspectives.

U C College faculty Dr. Jenee Peter reviewed the session and talked about each topics concisely. And she also pointed out her own views regarding the topics.

After the debate at 7.30 pm the formal session started. Ashish Saseendran, student coordinator delivered the welcome speech. Dr. Scaria Kalloor, Founder, Peace and Harmony Foundation, Kerala Network, delivered the presidential address. He started his speech by wishing peace to all. He addressed the programme as "glocal", an integration of people and ideas from global and local level.



  
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Dr. P.V Rajagopal, founder, Ekdha Parisad International, inaugurated the session with his valuable words. He also shared his venture "tree for peace" with the audience. He also emphasized the importance of peace in this Covid era and paused the question of how do we rebuild individual and global peace in this Covid era.

Dr. C.P Anto, Nagaland Director Peace Channel & Principal, NEISSR, Nagaland, gave key note address. He shared the history of peace day with the audience and also emphasised the importance of inner peace. He also expressed his happiness for hearing a group of youth speaking on the significance of peace in the present situation.


Haridas Mangalassery, VC, People's Movement for Peace, felicitated the function and gave judgmental review as one of the judges of the debate competition. He shared the issues of violence in Kannur and the measures that was taken to avoid it.

Fr. Nidhin Mundakkal, Asst. Joint Director, Peace and Harmony Foundation, announced the winners of the pulsating debate competition. The prize for 'the best supporter' was won by Jomal Jose of P K M College of Education, Madampam and the prize for 'the best against' was awarded to Aswathi K M of Malabar B.Ed. College, Peravoor. The prize money of 880 rupees were given to the winners.

Sr. Caroline FCC, Joint Director, Peace and Harmony Foundation & Coordinator P K M Peace Forum, delivered vote of thanks. And the programme was ended with the peace prayer. After the whole session the certificate was distributed to every participants who joined the webinar. A feedback session was also provided to them regarding the session. In total the programme was very innovative and successful.

The awards for the 'Best Supporter' and 'Best Opposer' were given online via Google Pay account transfer. The certificates for the debate participants and the participants of the webinar were give online. Also certificates for the Resource persons were given online.



  
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Brochure

PEACE & HARMONY FOUNDATION, KANNUR  
 CELEBRATING WORLD PEACE DAY  
**P. K. M. COLLEGE OF EDUCATION, MADAMPAM, KANNUR**  
 AND PKM PEACE FORUM

**SHAPING PEACE TOGETHER**  
 INTER COLLEGIATE ONLINE DEBATE COMPETITION  
 SEPTEMBER 21, 2020, 6:00 PM  
 CASH PRIZE

**BEST SUPPORTER Rs.750**      **BEST AGAINST Rs.750**

**TALKS BY WORLD PEACE ACTIVISTS**



Rev. Fr. Thomas  
 Director, Peace Channel &  
 Founder, PKM



Dr. P. V. Rajagopal  
 Founder, Peace & Harmony  
 Foundation, Kannur



Dr. S. V. S. Srinivasan  
 Founder, Peace & Harmony  
 Foundation, Kannur

Dr. J. K. Sankar : 944760254 (Chief Coordinator), 9446394778 (Student coordinator)

**PROGRAMMES**  
 6:00 PM TO 8:00 PM



WELCOME	PEACE & HARMONY FOUNDATION, KANNUR
DEBATE COMPETITION	<b>DR. THEER PETER</b> Vice-Chancellor, P.K.M. College of Education, Kannur
DEBATE REVIEW	<b>ASHISH SASSEENDRAN</b> Founder, Peace & Harmony
OFFICIAL SESSION	<b>DR. SCARIA KALLOOR</b> Founder, Peace & Harmony Foundation, Kannur
WELCOME	<b>DR. P. V. RAJAGOPAL</b> Founder, Peace & Harmony Foundation, Kannur
PEACE PRAYER	<b>DR. F. C. PANTO</b> Director, Peace Channel & Founder, PKM
PRESIDENTIAL ADDRESS	<b>DR. JESSY V</b> Founder, Peace & Harmony Foundation, Kannur
INAUGURATION	<b>SRI. HARIDAS MANGALASERRY</b> J.C. Peace & Harmony Foundation, Kannur
KEYNOTE ADDRESS	<b>BAKESH T</b> 1998 Peace Forum President
PRINCIPALS ADDRESS	<b>ADV. VINOD THOMAS</b>
FELICITATION	<b>FR. NICHIN MUNDAKKAL</b> Vice-Chancellor, P.K.M. College of Education, Kannur
JUDGES REVIEW	<b>SRI. CAROLIN FCC</b> Director, Peace & Harmony Foundation, Kannur
RESULT ANNOUNCEMENT	<b>ABIN JOSE</b> 1997 Peace Forum President
NOTE OF THANKS	<b>SRI. JAMES</b> 1998 Peace Forum President
TECHNICAL SUPPORT	
DEBATE MODERATOR	

**SHAPING PEACE TOGETHER**  
 INTER COLLEGIATE ONLINE DEBATE COMPETITION  
**RULES & INSTRUCTIONS**

- 1. മൂന്ന് മത്സരം വേദന 5 മത്സരം വേദനം
- 2. മൂന്ന് മത്സരം വേദന 30-09-2020, 06:00 PM, 06:00 PM
- 3. മൂന്ന് മത്സരം വേദന, 06:00 PM, 06:00 PM, 06:00 PM
- 4. മൂന്ന് മത്സരം വേദന, 06:00 PM, 06:00 PM, 06:00 PM
- 5. മൂന്ന് മത്സരം വേദന, 06:00 PM, 06:00 PM, 06:00 PM
- 6. മൂന്ന് മത്സരം വേദന, 06:00 PM, 06:00 PM, 06:00 PM
- 7. മൂന്ന് മത്സരം വേദന, 06:00 PM, 06:00 PM, 06:00 PM
- 8. മൂന്ന് മത്സരം വേദന, 06:00 PM, 06:00 PM, 06:00 PM
- 9. മൂന്ന് മത്സരം വേദന, 06:00 PM, 06:00 PM, 06:00 PM
- 10. മൂന്ന് മത്സരം വേദന, 06:00 PM, 06:00 PM, 06:00 PM

കമ്മിഷൻ  
 മൂന്ന് മത്സരം വേദന, 06:00 PM, 06:00 PM, 06:00 PM  
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 മൂന്ന് മത്സരം വേദന, 06:00 PM, 06:00 PM, 06:00 PM



*[Signature]*  
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**SREEKANDAPURAM, KANNUR DT.,-670631**



**ഇന്റർ കോളജ് ഡിബേറ്റ്: ജോമൽ ജോസ് ബെസ്റ്റ് സപ്പോർട്ടർ, കെ.എം. അശ്വതി ബെസ്റ്റ് ഒപ്പോസർ**

കണ്ണൂർ: ലോക സമാധാന ദിനത്തിന്റെ ഭാഗമായി പിസ് ആൻഡ് ഹാർമണി ഫൗണ്ടേഷനും പി.കെ.എം കോളജ് ഓഫ് എഡ്യൂക്കേഷനും ചേർന്ന് 'ഷെയറിംഗ് പിസ് ടുഗെറ്റ് ഇന്റർകോളജ് ഓൺലൈൻ ഡിബേറ്റ് മത്സരം സംഘടിപ്പിച്ചു. മടമ്പം പി.കെ.എം കോളജ് ഓഫ് എഡ്യൂക്കേഷനിലെ അധ്യാപക വിദ്യാർത്ഥി ജോമൽ ജോസ് ബെസ്റ്റ് സപ്പോർട്ടറായും പൊതുവർ മലബാർ ബി.എഡ് ട്രെയിനിംഗ് കോളജിലെ കെ.എം. അശ്വതി ബെസ്റ്റ് ഒപ്പോസറായും തെരഞ്ഞെടുക്കപ്പെട്ടു. വെബിനാർ ഏകതാ പരിഷത്ത് സ്റ്റാഫുകൾ ഡോ. പി.വി. രാജഗോപാൽ ഉദ്ഘാടനം ചെയ്തു. ബംഗളൂരു, നാഗാലാൻഡ്, മോലാലയ, മോപ്പാൽ എന്നിവിടങ്ങളിലുള്ള സമാധാനപ്രവർത്തകർ, വിവിധ കോളജുകളിലെ അധ്യാപകർ വിദ്യാർത്ഥികൾ തുടങ്ങിയവർ വെബിനാറിൽ പങ്കെടുത്തു. ലോകസമാധാന പ്രവർത്തകരായ ഡോ. സി.പി. ആന്റോ (ഡയറക്ടർ, പിസ് ചാനൽ ആൻഡ് പ്രിൻസിപ്പൽ എൻജിനീയറിംഗ് എസ്.എസ്.ആർ നാഗാലാൻഡ്), റവ. ഡോ. സ്കറിയ കല്ലൂർ (പിസ് ആൻഡ് ഹാർമണി ഫൗണ്ടേഷൻ, കേരള നെറ്റ് വർക്ക്), സ്റ്റുഡന്റ് കോ-ഓർഡിനേറ്റർ അശ്വിനി ചന്ദ്രൻ, പിസ് ആൻഡ് ഹാർമണി ഫൗണ്ടേഷൻ ജോയിൻഡ് മാനേജിംഗ് ഡയറക്ടർ പി.കെ.എം പിസ് ബിൽഡിംഗ് ഫോറം കോ-ഓർഡിനേറ്ററായ സിന്ധ്യ കരോളിൻ എഫ്.സി.എസ് എന്നിവർ പ്രസംഗിച്ചു.

**NEWS PAPER CUTTINGS**

**ഇന്റർ കോളജ് ഓൺലൈൻ ഡിബേറ്റ് മത്സരം നാളെ**

കണ്ണൂർ: ലോക സമാധാനദിനത്തോടനുബന്ധിച്ച് കണ്ണൂർ പിസ് ആൻഡ് ഹാർമണി ഫൗണ്ടേഷനും പി.കെ.എം കോളജ് ഓഫ് എഡ്യൂക്കേഷനും ചേർന്ന് 'ഷെയറിംഗ് പിസ് ടുഗെറ്റ്' എന്ന വിഷയത്തിൽ ഇന്റർ കോളജ് ഓൺലൈൻ ഡിബേറ്റ് മത്സരം നടത്തുന്നു. കോളജ് വിദ്യാർത്ഥികൾക്കായാണ് മത്സരം സംഘടിപ്പിക്കുന്നത്. നാളെ വൈകുന്നേരം ആറന് ഓൺലൈനായി നടത്തുന്ന പരിപാടി ഏകതാ പരിഷത്ത് സ്റ്റാഫുകൾ ഡോ. പി.വി. രാജഗോപാൽ ഉദ്ഘാടനം ചെയ്യും. ലോകസമാധാന പ്രവർത്തകരായ ഡോ. സി.പി. ആന്റോ (ഡയറക്ടർ, പിസ് ചാനൽ ആൻഡ് പ്രിൻസിപ്പൽ എൻജിനീയറിംഗ് എസ്.എസ്.ആർ നാഗാലാൻഡ്), റവ. ഡോ. സ്കറിയ കല്ലൂർ (ഫൗണ്ടർ, പിസ് ആൻഡ് ഹാർമണി ഫൗണ്ടേഷൻ, കേരള നെറ്റ് വർക്ക്) തുടങ്ങിയവർ പ്രസംഗിക്കും. വിജയികൾക്ക് കാഷ് അവാർഡ് നൽകും.



*[Signature]*  
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Registration for webinar: (Google forms link)

<https://docs.google.com/forms/d/1-cP9zTC4oYUdT8uNYdb/sjQFKN6-Vqk-AoqYaASaugk/edit?usp=sharing>

Webinar feedback: (Google forms link)

<https://docs.google.com/forms/d/1wJstRJJZhPOChWi7owNh-scqf3fhIsYiOYhGCgYYr-o/edit?usp=sharing>

### DEBATE SESSION

Topics for the debate:

1. നവ മാധ്യമ സംസ്കാരം സമാധാന ധ്വംസനത്തിന് കാരണമാകുന്നുണ്ടോ? (ഉണ്ട് / ഇല്ല)
2. നീതി പാലകർ സമാധാന പ്രിയരോ? ( ആണ് / അല്ല )
3. സുതന വിദ്യാഭ്യാസ കാഴ്ചപ്പാടുകൾ സമാധാന സ്ഥാപനത്തിന് അനുഗുണമോ? ( ആണ് / അല്ല )
4. സഭാചാര ബോധം സമാധാന പാലനത്തിന് അത്യന്താപേക്ഷിതമോ? ( ആണ് / അല്ല )
5. കോവിഡ് കാലം മാനസിക സംഘർഷത്തിന്റെ നാളുകൾ. ( ആണ് / അല്ല )

**Team 1:** Prabeena Johnson & Lakshmi R (*Union Christian College, Aluva-2*)

**Team 2:** Arun Kumar R & Archana Rajasekharan (*National College Taliparamba*)

**Team 3:** Abin Biju & Jismariya P V (*Nirmalagiri College, Koothuparamba*)

**Team 4:** Jomal Jose & Siona Jacob (*PKM College of Education, Madampam, Kannur*)

**Team 5:** Aswathi K M & Midhun Mathew (*MALABAR Bed College, Peravoor*)



  
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## Name of the Programme: Housing for all:- A Better urban future

### P.K.M. COLLEGE OF EDUCATION, MADAMPAM

#### WORLD HABITAT DAY OBSERVANCE

5<sup>th</sup> October, 2020

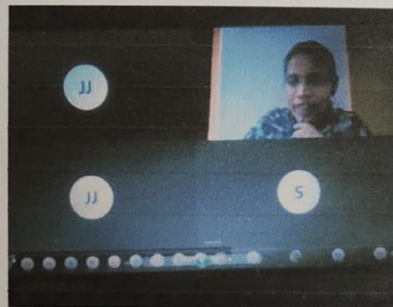
#### HOUSING FOR ALL: A BETTER URBAN FUTURE.


##### OBJECTIVES

- To develop Naturalistic intelligence among students.
- To develop scientific temper, sensitivity and creativity.
- To develop observation skills and research attitude
- To develop natural consciousness

##### 1. THEME PAPER PRESENTATION

On 5<sup>th</sup> October 2020 as a part of the celebration of World Habitat Day in association with Social Entrepreneurship, Swachhata & Rural Engagement Cell, Department of Natural science and Bhoomithrasena club of PKM College of Education MADAMPAM has organised a theme paper presentation on the topic "Housing for all : a better urban future" on the microsoft teams platform. The program began at 2 pm. Ms Jain James was anchored the program. The program started with a prayer by Ms. Sweetymol Shaji. The welcome speech was delivered by Ms. Haritha P C. The presidential address was delivered by Dr. Sr. Jessy N C, Principal of PKM College of education Madampam. Through her presidential address, she explained the significance of celebrating such days. She also spoke about the importance of habitat protection. The felicitation to the program was delivered by Mrs. Jomol Jose, Assistant professor Department of Natural Science, and the program coordinator.



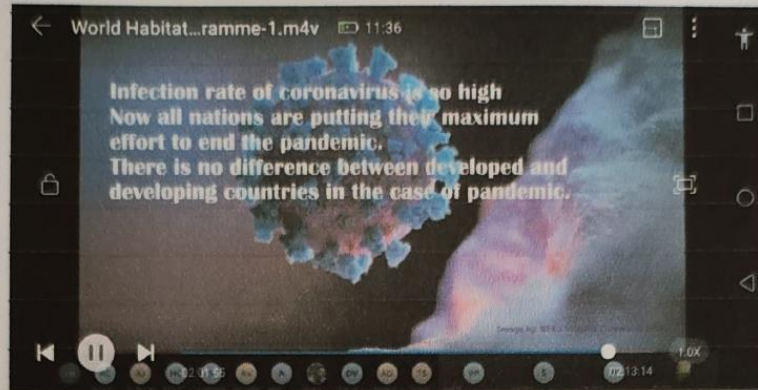
  
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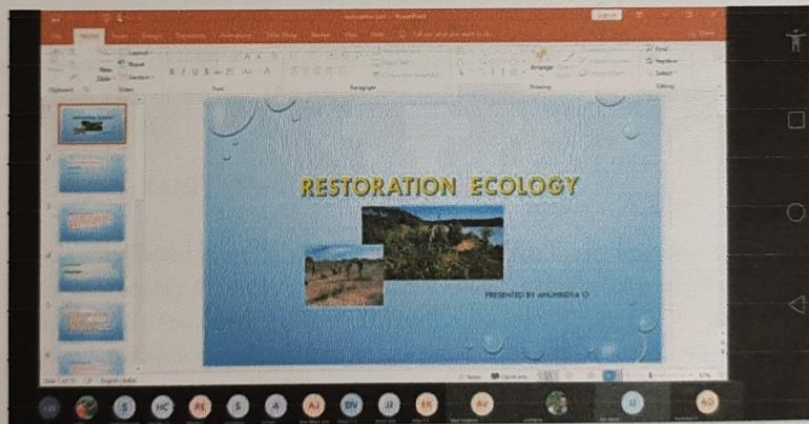
Later the paper presentation session was started. The first presentation was done by Ms. Anjali Varghese, department of mathematics on the topic “Housing for all for a better urban future”. Through her presentation, she elaborately explained the importance of protecting the habitat. Also explained why we need a sustainable development. The presentation ended with discussion about the topic. The second presentation was done by Mr. Jomal Jose, department of English on the topic “Habitat loss driving up human – elephant conflict in Kerala. He explained the topic habitat destruction in the context of problems in Kerala. He explained the topic with the numbers of destructed habitats of elephants in Kerala. The reasons of habitat destructions were presented and the ways to protect the habitat also explained by him. The presentation ended with discussion.



*Jomal Jose*  
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The third presentation topic was “Restoration ecology “which is taken by Ms. Anuhridya O, department of natural science. In her presentation she elaborately explained how to restore an ecosystem or habitat. The elaborated and informative session ended with a discussion. Ms. Sayona Jose, department of Malayalam done by the fourth presentation on the topic “habitat significance”. It was a very informative session in which she explained in detail about what is habitat, what is the significance of habitat, the purpose of protecting the habitat. The presentation winded up with a discussion on the topic.



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Fr. Abin Jose, department of Physical science done the fifth and last presentation on the topic “habitat changes in the context of Covid 19”. The destruction of habitat resulted in loss of habitats of infectious agents, like viruses, bacteria etc. Thus they started to infect humans. He explained that if the natural balance of ecosystem got disturbed, it will leads to infectious diseases. He concluded that, during this pandemic condition we need to think about protecting the habitats. The presentation concluded with discussion.

After the presentations, Ms. Amrutha K, Department of Natural science made the program very beautiful with her sweet voice. Ms. Vinaya PP, department of physical science, convenor of Bhoomithrasena club delivered vote of thanks to the program. The program winded up with vote of thanks. The program was so informative and provides awareness about conservation of habitat.


## 2. IDENTIFY HABITAT – COMPETITION

Conducted identify habitat competition for the B.Ed. students. In this competition given instructions to identify the habitat of one animal or plant and observe, find out the characteristics and peculiarities of its habitat. Send the findings of the habitat with photo. This competition was conducted to inculcate observation skills and research attitude, natural consciousness etc. Many students were participated in the programme and the first place was won by Anuhridya O. (Natural Science).

## 3. PHOTOGRAPHY COMPETITION

Conducted a photography competition on the theme Natural Habitat- My Home, for the B.Ed. students. This competition held to promote natural consciousness and to appreciate and value biodiversity and the nature. Many students were participated in the competition and first place was won by Abin Jose (Physical Science).



  
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### **FEEDBACK**

The World Habitat day programme was a very successful one. The theme was Housing for all for a better urban life. 5 students were presented theme papers on relevant topics and this made a great impact among the student teachers. The paper presentations were highly informative and covered different significant areas in Habitat. Also the identify habitat competition helped to improve observation skills and research attitude among the B.Ed. students. Many students were enthusiastically participated in photography completion and which helped to improve natural consciousness.

### **CO ORDINATORS**

Faculty – Mrs. Jomol Jose (Asst. Prof. in Natural Science)  
Student coordinators – Drisya V.V, Haritha P.C, Vinaya P.P.

### **PARTICIPANTS**

B.Ed. students (PKM 2019-21 batch) – 32  
Teaching faculty- 4

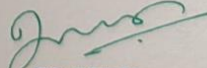
### **OUTCOMES**

Newspaper report  
5 theme papers  
Video

### **VENUE**

Online digital platform Microsoft Teams



  
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## Name of the Programme: Gandhi Smrithi:2k20



### **P.K.M. COLLEGE OF EDUCATION**

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**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in) Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

Circular No 21/PKM/2020-21

Date: 1/10/2020

**Sub: Gandhi Smrithi 2K20**

#### **CIRCULAR**

As we approach the anniversary of Mahatma Gandhi's birth, we are reminded of his invaluable contributions to our nation and the world. To honor his legacy and teachings, we will be observing "Gandhi Smrithi" at our college from 02-10-2020 to 10-10-2020. We warmly welcome all the staff and student to the programme.

#### **Event Details:**

- Quiz Competition- 02-10-2020 – 10.00 A.M
- Collage Competition – 04-10-2020 – 10.00 A.M

Date: 02-10-2020 to 10-10-2020

Platform: Google Meet

Best regards,

**Principal**

Copy to

All TS, NTS and Students




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**P.K.M COLLEGE OF EDUCATION  
MADAMPAM  
GANDHI SMRITI 2K20  
DEPARTMENT OF SOCIAL SCIENCE (ORAGANIZED)**

**REPORT**

As part of Gandhi Jayanthi, the Department of Social Science conducted different types of competition in the name of Gandhi Smriti 2K20 for the students of P.K.M College of Education, Madampam. There are mainly four types of competitions. They are Collage making, speech, quiz and caption making competition. The main objective of the programme was to get more knowledge about Gandhiji and to understand how the students utilize their skills.

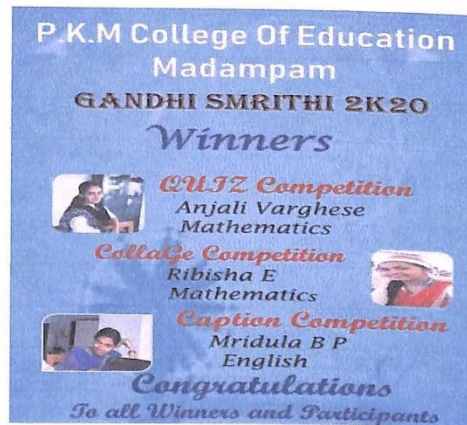


  
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A quiz competition was conducted for the students of P.K.M College of Education organized by the Department of Social Science. The quiz was conducted through Google form. The quiz competition was conducted on 2<sup>nd</sup> October 2020. At sharp 10 am, the link for quiz competition was given to the students through WhatsApp group. The time given for the quiz competition was 10 minutes. 7 participants were completed the quiz. And Ms. Anjali Varghese from Mathematics Department won the first prize in quiz competition.


On 4<sup>th</sup> October a collage competition was organized for the faculty and students of P.K.M College of Education under the auspices of the Department of Social Sciences. The theme for the collage competition was Sanitary Village Beautiful Village. Ms. Ribisha E, Mathematics Department won first prize in collage competition.

As part of the Gandhi Jayanthi week celebration, the Department of *Social Science* organized a caption writing competition for students of P.K.M College of Education. On October 7<sup>th</sup> a picture of the life of Gandhi and other suggestions for the competition were sent to the WhatsApp group. On 08/ 10/ 2020 the Social Science Department has directed to send the appropriate captions to the WhatsApp number of Ms. Megana K.K before 9 pm. Ms. Sayona Jose, Ms. Amrita K and Ms. Mridula B.P were participated in the competition. Out of these Ms. Mridula B. P won first prize.



The students of P.K.M College of Education utilized their skill in a good way. But due to online competition the rate of participation was very low. The competition helps to express both the intelligent knowledge and artistic knowledge in a very good manner.



  
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## Name of the Programme: Covid-19 Help Desk Activity

### **P.K.M. COLLEGE OF EDUCATION, MADAMPAM**

(Govt. Aided Teacher Education Institution affiliated to Kannur University)  
Recognized by NCTE and included under UGC 2(f) & 12 (b)category  
Accredited by NAAC with 'A' Grade. (Second cycle 4 point scale), RUSA 2.0 beneficiary  
Email: pkmcedn@yahoo.co.in, Website: www.pkmcollege.org  
Tel: 0460 2230929, Fax: 04602 232449

#### **Report**

#### **COVID-19 Medical Kit Distribution**

In response to the ongoing COVID-19 pandemic PKM College of Education , Madampam took proactive measures to safeguard the health and well-being of its community members. A significant step in this direction was the distribution of COVID-19 medical kits. This report provides an account of the event, including key participants and proceedings. As part of the college's comprehensive COVID-19 preventive measures, a medical kit distribution initiative was undertaken.

As part of the college's comprehensive covid -19 preventive measures ,a medical kit distribution initiative was undertaken. The distribution was carried out under the guidance and supervision of the COVID Help Desk, ensuring adherence to safety protocols and best practices.

Dr.Sinoj Joseph extended a warm welcome to the gathering,emphasizing the significance of collective action in the face of the pandemic



A handwritten signature in blue ink, appearing to read "Sinoj Joseph".

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The COVID-19 medical kit distribution at PKM College Madambam exemplifies a proactive approach in ensuring the safety and well-being of the college community. Through the collaborative efforts of the COVID Help Desk, college administration, and Malabar Social Service, this initiative serves as a testament to the dedication of the institution in the fight against the pandemic.



വികെഎം കോളജ് ഓഫ് എഡ്യൂക്കേഷന്റെ കോവിഡ് ഡെഡിക്കൽ കിറ്റ് ലെ ബാർ സോഷ്യൽ സർവീസ് സൊസൈറ്റി ഡയറക്ടർ ഫാ.ബിബിൻ കണ്ടോത്ത് കോളജ് പ്രിൻസിപ്പൽ ഡോ.എൻ.സി. ജൈസിയയിൽ നിന്നും സ്വീകരിക്കുന്നു.




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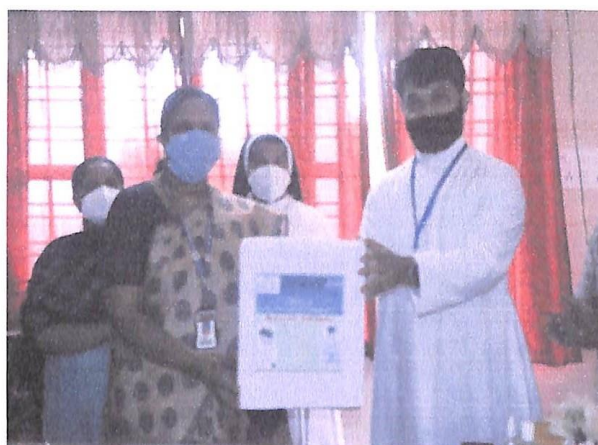
Miss Jomol extended a heartfelt vote of thanks, acknowledging the concerted efforts of all involved in organizing and executing the medical kit distribution.



  
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Fr. Bibin Kandoth, Director of Malabar Social Service, graciously received the medical kits from Principal Dr. Jessy N.C., symbolizing a collaborative effort to combat the pandemic.



The meeting was presided over by Dr. Jessy N.C, (the Principal )demonstrating her commitment to the well-being of the college community.Fr. Bibin Kandoth, in his capacity as the Director of Malabar Social Service, addressed the attendees, highlighting the importance of community-wide cooperation in overcoming the challenges posed by COVID-19.



  
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പി.കെ.എം കോളേജ് ഓഫ് എഡ്യൂക്കേഷൻ മെഡിക്കൽ കിറ്റ് കൈമാറുന്നു

### മടമ്പം ബി എഡ് കോളേജ് മെഡിക്കൽ കിറ്റ് വിതരണം തൽകി

പുതുപുസ്തകകോർസസ് കരുതലോടെ താടിനോടൊപ്പമുള്ള പി.കെ.എം കോളേജ് ഓഫ് എഡ്യൂക്കേഷൻ കോമ്പൗണ്ട് പ്രതിരോധ പ്രവർത്തനങ്ങളുടെ ഭാഗമായി ഹെൽത്ത് സെന്റർക്കിടുത്ത് മെഡിക്കൽ കോമ്പൗണ്ട് മെഡിക്കൽ കിറ്റ് വിതരണം നടത്തി. മെഡിക്കൽ സോഷ്യൽ സർവീസ് സോസൈറ്റി ഡയറക്ടർ ഫാ ബിബിൻ കണ്ണൻ തൽകി കിറ്റുകൾ സ്വീകരിച്ചു. കോളേജ് പ്രിൻസിപ്പൽ വേലായുധൻ സി. ജെ.എസ് അദ്ധ്യക്ഷത വഹിച്ചു. വേലായുധൻ സി. ജെ.എസ്. അദ്ധ്യക്ഷത വഹിച്ചു. വേലായുധൻ സി. ജെ.എസ്. എ.എസ്.എസ്. പ്രസിഡൻ്റ്.

10000 രൂപ സഹായം നൽകി മെഡിക്കൽ കിറ്റ് വിതരണം നടത്തി. കോളേജ് ഓഫ് എഡ്യൂക്കേഷൻ കോമ്പൗണ്ട് പ്രതിരോധ പ്രവർത്തനങ്ങളുടെ ഭാഗമായി ഹെൽത്ത് സെന്റർക്കിടുത്ത് മെഡിക്കൽ കോമ്പൗണ്ട് മെഡിക്കൽ കിറ്റ് വിതരണം നടത്തി. മെഡിക്കൽ സോഷ്യൽ സർവീസ് സോസൈറ്റി ഡയറക്ടർ ഫാ ബിബിൻ കണ്ണൻ തൽകി കിറ്റുകൾ സ്വീകരിച്ചു. കോളേജ് പ്രിൻസിപ്പൽ വേലായുധൻ സി. ജെ.എസ് അദ്ധ്യക്ഷത വഹിച്ചു. വേലായുധൻ സി. ജെ.എസ്. എ.എസ്.എസ്. പ്രസിഡൻ്റ്.

**മെഡിക്കൽ കിറ്റ് വിതരണം**

പുതുപുസ്തകകോർസസ് കരുതലോടെ താടിനോടൊപ്പമുള്ള പി.കെ.എം കോളേജ് ഓഫ് എഡ്യൂക്കേഷൻ കോമ്പൗണ്ട് പ്രതിരോധ പ്രവർത്തനങ്ങളുടെ ഭാഗമായി ഹെൽത്ത് സെന്റർക്കിടുത്ത് മെഡിക്കൽ കോമ്പൗണ്ട് മെഡിക്കൽ കിറ്റ് വിതരണം നടത്തി. മെഡിക്കൽ സോഷ്യൽ സർവീസ് സോസൈറ്റി ഡയറക്ടർ ഫാ ബിബിൻ കണ്ണൻ തൽകി കിറ്റുകൾ സ്വീകരിച്ചു. കോളേജ് പ്രിൻസിപ്പൽ വേലായുധൻ സി. ജെ.എസ് അദ്ധ്യക്ഷത വഹിച്ചു. വേലായുധൻ സി. ജെ.എസ്. എ.എസ്.എസ്. പ്രസിഡൻ്റ്.

**പി.കെ.എം കിറ്റുകൾ തൽകി**

വേലായുധൻ സി. ജെ.എസ്. എ.എസ്.എസ്. പ്രസിഡൻ്റ്.



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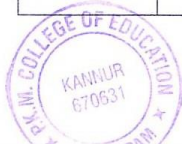
## COVID MEDICAL KIT DISTRIBUTION


### PARTICIPATION LIST

2020- 2022 BATCH

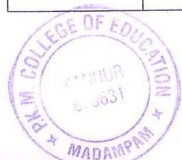
28/05/2021


SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	ALEX BABY	ENGLISH	P
2	ARUN SHAJI	ENGLISH	P
3	ALBY ANN STEPHEN	ENGLISH	P
4	DIVYASHREE ARAVIND	ENGLISH	P
5	KRISHNA PRIYA K.	ENGLISH	P
6	LITTY SUNDER	ENGLISH	P
7	RAJINA M. P.	ENGLISH	P
8	SANDRA MARYA SHAJI	ENGLISH	P
9	ADITHYA V	MALAYALAM	P
10	ANJALI R	MALAYALAM	P
11	ANUSREE K.C.	MALAYALAM	P
12	APARNA U.	MALAYALAM	P
13	ARCHANA K.C.	MALAYALAM	P
14	ATHULYA C.	MALAYALAM	P
15	NIVYA JOSEPH	MALAYALAM	P
16	SOORYA BABU	MALAYALAM	P
17	TOBY S ABRAHAM	MATHEMATICS	P
18	ANUSREE M.	MATHEMATICS	P
19	ARCHANA MADHUSOODANAN	MATHEMATICS	P
20	ASWATHI	MATHEMATICS	P



  
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21	JESMI GEORGE	MATHEMATICS	P
22	JISNA BABY	MATHEMATICS	P
23	MANEESHA BABU	MATHEMATICS	P
24	SANDHRA BIJU	MATHEMATICS	P
25	ANULAKSHMI P.	NATURAL SCIENCE	P
26	ATHIRA ANAND A.	NATURAL SCIENCE	P
27	JEENA SAJITH M.	NATURAL SCIENCE	P
28	KAVYA V.	NATURAL SCIENCE	P
29	LUMITHA BAI B.	NATURAL SCIENCE	P
30	M. ANU MARIYA	NATURAL SCIENCE	P
31	MARIA BABY	NATURAL SCIENCE	P
32	MARIZA MARKOSE	NATURAL SCIENCE	P
33	SAYOOJ V V	PHYSICAL SCIENCE	P
34	ANAGHA K K	PHYSICAL SCIENCE	P
35	ANUSREE K	PHYSICAL SCIENCE	P
36	ASHLY THOMAS	PHYSICAL SCIENCE	P
37	ASWATHI N V	PHYSICAL SCIENCE	P
38	AYANA K	PHYSICAL SCIENCE	P
39	DELNA T S	PHYSICAL SCIENCE	P
40	SARANYA L	PHYSICAL SCIENCE	P
41	SHYONA STEPHEN	PHYSICAL SCIENCE	P
42	HAIBIN MATHEW	SOCIAL SCIENCE	P
43	VISHNUPRATHAP M.	SOCIAL SCIENCE	P
44	ANASWARA K	SOCIAL SCIENCE	P
45	ANU PHILIP	SOCIAL SCIENCE	P



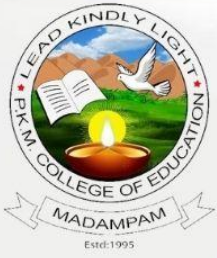
  
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 SREEKANDAPURAM, KANNUR DT.,-670

46	ASHA N	SOCIAL SCIENCE	P
47	ATHIRA SHAJI	SOCIAL SCIENCE	P
48	JUVAIRIYA M N	SOCIAL SCIENCE	P
49	MUKTHA SASINDRAN	SOCIAL SCIENCE	P
50	SREYA REMESHBABU	SOCIAL SCIENCE	P



A handwritten signature in black ink, appearing to be "J. Sreekanth", written over the printed name of the Principal.

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SREEKANDAPURAM 670631



# P.K.M. COLLEGE OF EDUCATION

**MADAMPAM, KAITHAPRAM P. O., KANNUR – 670 631**  
**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

**Recognized by NCTE included under UGC 2(f) & 12(B) category**  
**Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary**

**3.3.1: Average number of outreach activities organized by the institution during the last five years.**

## OUTREACH ACTIVITIES

**2021-22**



Name of the programme: Oppam 2021



## P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P O, KANNUR – 670631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

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E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

Circular No 52/PKM/2021-22

Date: 30/05/2021

Sub: Oppam 2021

### CIRCULAR

A warm invitation is extended to Covid Intervention Programme conducted as a part of Oppam 2021. Please ensure your participation, to make this event successful.

#### Event Details:

Date: 02-06-2021

Time: 3.00 P.M

Platform: Zoom

Best regards,

Principal

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Copy to

All TS, NTS and Students






## Oppam 2021

Madampam: PKM College of Education as part of Covid 19 pandemic survival activities conducted the inaugural ceremony of the event 'Oppam 2021, PKM stands hand in hand with the Country.' The event was organized online under the virtual platform zoom. PKM College is active in a number of activities such as providing learning support to children with special needs, addressing students learning disabilities and caring for those with socio-economic and psychological needs.

Irikkur Constituency MLA Adv. Sajeev Joseph inaugurated the function. College principal Dr. Jessy NC delivered the Welcome Address. College Manager Mar. Joseph Pandarassery delivered the presidential address and Srikandapuram Municipality Chairperson Dr. Philomina KV delivered the key note address. Manager Rev. Father Jose Nedungadu delivered the blessing speech. Local Manager Rev. Dr. Luke Puthrikayil, Teacher Education Center, Mananthavadi Director M. P Anil and Student Representative Mariza Markoze did the felicitation for the event. Prashant Mathew delivered the Vote of Thanks marking the conclusion of the programme.



  
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SREEKANDAPURAM, KANNUR DT.,-670631

## NEWS REPORTS

June 2, 2021, Sreekandapuram Vision




**നാടിനൊപ്പം പി കെ എം കോളേജ് മടന്നു**  
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മടന്നു : മഹാമാരിക്കാലത്തെ അതിജീവനത്തിന്റെ ഭാഗമായി പി. കെ. എം കോളേജ് ഓഫ് എഡ്യൂക്കേഷന്റെ ആഭിമുഖ്യത്തിൽ 'ഒപ്പം 2021', കൈകോർത്തു കരുതലോടെ നാടിനൊപ്പം പി കെ.എം പരിപാടിയുടെ ഉദ്ഘാടന സമ്മേളനം ഓൺലൈനിൽ സംഘടിപ്പിച്ചു. സവിശേഷപരിഗണനയർഹിക്കുന്ന കുട്ടികൾക്കു പഠനപിന്തുണ നൽകൽ, വിദ്യാർത്ഥികളുടെ പഠനപിന്തുണയ്ക്കായി പരിഹരിക്കൽ, സാമൂഹ്യ സാമ്പത്തിക മാനസിക പരിഗണനയർഹിക്കുന്നവർക്കായുള്ള കരുതൽ എന്നിങ്ങനെ നിരവധി പ്രവർത്തനങ്ങളിൽ പി കെ. എം കോളേജ് സജീവമാകുകയാണ്.

ഇരിക്കൂർ നിയോജക മണ്ഡലം എം എൽ എ അഡ്വ സജീവ് ജോസഫ് ഉദ്ഘാടനം നിർവഹിച്ച ചടങ്ങിൽ കോളേജ് പ്രിൻസിപ്പാൾ ഡോ.സിന്ധു ജെസ്സി എൻ. സി സ്വാഗതം പറഞ്ഞു. കോളേജ് മാനേജർ മാർ. ജോസഫ് പണാരശ്ശേരി അദ്ധ്യക്ഷഭാഷണവും ശ്രീകണ്ഠപുരം മുൻസിപ്പാലിറ്റി ചെയർപേഴ്സൺ ഡോ. പീലോമിനാ കെ.വി മുഖ്യ പ്രഭാഷണവും കോളേജ് പ്രൊ. മാനേജർ റെവ. ഫാദർ ജോസ് നെടുങ്ങാട്ട് അന്വേശന പ്രഭാഷണവും നടത്തി. ലോകത്തെ മാനേജർ റെവ. ഫാദർ ലൂക്ക് പുന്യക്കയിൽ, കീച്ചൽ എഡ്യൂക്കേഷൻ സെന്റർ മാനന്തവാടി ഡയറക്ടർ ഡോ. എം.പി അനിൽ, വിദ്യാർത്ഥി പ്രതിനിധി മരീസ മാർക്കോസ് എന്നിവർ ആശംസ അർപ്പിച്ച ചടങ്ങിൽ വൈസ് പ്രിൻസിപ്പാൾ ഡോ. പ്രശാന്ത് മാത്യു നന്ദി പ്രകാശിപ്പിച്ചു.




  
PRINCIPAL  
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June 03, 2021, Deepika

**'ഒപ്പം 2021  
കൈകോർത്തു  
കരുതലോടെ  
നാടിനൊപ്പം പിതൃകേന്ദ്രം'  
ഉദ്ഘാടനം ചെയ്തു**

പത്തുവർഷം മുമ്പ് മദ്രാസ് പിതൃകേന്ദ്രം കോളേജ് ഓഫ് എഡ്യൂക്കേഷന്റെ ആഭിമുഖ്യത്തിൽ 'ഒപ്പം 2021, കൈകോർത്തു കരുതലോടെ നാടിനൊപ്പം പിതൃകേന്ദ്രം' പരിപാടി സംഘടിപ്പിച്ചു. ഓൺലൈനായി നടന്ന പരിപാടി സജീവ് ജോസഫ് എം.എൽ.എ ഉദ്ഘാടനം നിർവഹിച്ചു. സവിശേഷ പരിഗണനയർഹിക്കുന്ന കുട്ടികൾക്ക് പഠനപിന്തുണ നൽകൽ, വിദ്യാർത്ഥികളുടെ പഠനപിന്നോക്കാവസ്ഥ പരിഹരിക്കൽ, സാമൂഹ്യ സാമ്പത്തിക മാനസിക പരിഗണനയർഹിക്കുന്നവർക്കായുള്ള കരുതൽ ഏർപ്പാടുകൾ നിരവധി പ്രവർത്തനത്തിന്റെ ഭാഗമായാണ് പദ്ധതി നടപ്പാക്കുന്നത്. ചടങ്ങിൽ കോളേജ് പ്രിൻസിപ്പൽ ഡോ.സിസ്റ്റർ എൻ. സി. ജെസി ആമുഖ പ്രഭാഷണം നടത്തി. കോളേജ് മാനേജർ മാർ ജോസഫ് പണ്ടാരശേരി അധ്യക്ഷത വഹിച്ചു. ശ്രീകണ്ഠപുരം നഗരസഭ ചെയർപേഴ്സൺ ഡോ. കെ.വി. ഹിമലാമിന മുഖ്യ പ്രഭാഷണവും, കോളേജ് പ്രൊ. മാനേജർ ഹാ. ജോസ് നെടുങ്ങാട്ട് അനുഗ്രഹ പ്രഭാഷണവും നടത്തി. ലോക്കൽ മാനേജർ ഹാ. ലൂക്ക് പുതുക്കയിൽ, ഡോ. എം.പി. അനിൽ, മതീസ മാർക്കോസ്, വൈസ് പ്രിൻസിപ്പൽ ഡോ. പ്രശാന്ത് മാത്യു എന്നിവർ പ്രസംഗിച്ചു.



  
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SREEKAN. DAPURAM, KANNUR DT., -670631

June 03, 2021, Deshabhimani

## നാടിനൊപ്പം പിതൃകന്യാ

ശ്രീകണ്ഠപുരം

മഹാമാരിക്കാലത്തെ അതിജീവനത്തിന്റെ ഭാഗമായി പിതൃകന്യാ കോളേജ് ഓഫ് എഡ്യൂക്കേഷന്റെ ആഭിമുഖ്യത്തിൽ 'ഒപ്പം 2021, കൈകോർത്തു കരുതലോടെ നാടിനൊപ്പം പിതൃകന്യാ' പരിപാടിയുടെ ഉദ്ഘാടനം സജീവ് ജോസഫ് എംഎൽഎ നിർവഹിച്ചു. ജോസഫ് പണ്ടാരശ്ശേരി അധ്യക്ഷനായി. കെ വി ഫിലോമിന, റവ. ഫാദർ ജോസ് നെടുങ്ങാട്ട്, റവ. ഫാദർ ലൂക്ക് പുതുക്കയിൽ, ടീച്ചർ എഡ്യൂക്കേഷൻ സെന്റർ മാനന്തവാടി ഡയറക്ടർ ഡോ. എം പി അനിൽ, വിദ്യാർഥി പ്രതിനിധി മരീസ മാർക്കോസ് എന്നിവർ സംസാരിച്ചു. ഡോ. സിസ്റ്റർ ജെസ്സി എൻ സി സ്വാഗതവും ഡോ. പ്രശാന്ത് മാത്യു നന്ദിയും പറഞ്ഞു.



  
PRINCIPAL

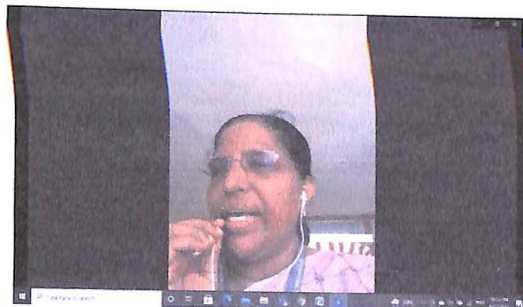
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June 03, 2021 Malayala Manorama

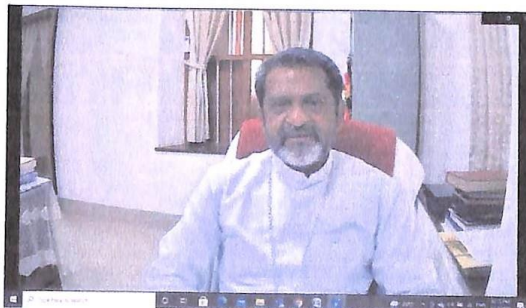


### PROGRAMME PHOTOS

WELCOME – Dr. JESSY N C (PRINCIPAL)

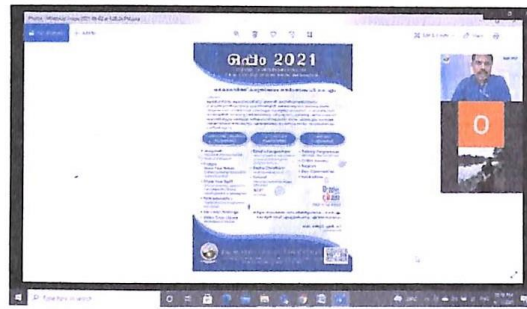


PRESIDENTIAL ADDRESS – Mar. JOSEPH PANDARASSERI




*Jessy N C*  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KAITHAPRAM, P.O. MADAMPAM  
 KUTHIAMPALAM, THRISSUR DT., -670631

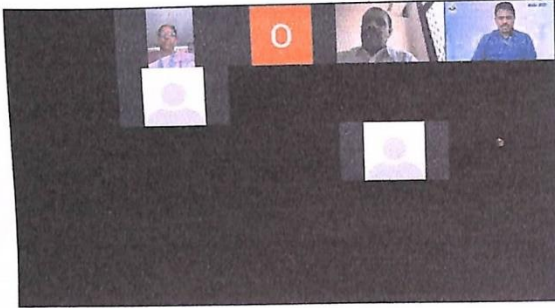
INAUGURATION – Adv. SAJEEV JOSEF (MLA, IRRIKUR CONSTITUENCY)



SPECIAL ADDRESS – Dr, K V PHILOMINA (MUNCIPAL CHAIRPERSON, SREEKANDAPURAM)



  
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BLESSING SPEECH – Rev. Fr. JOSE NEDUNGATT




FELICITATION – Rev. Fr. LUK POOTHIKKAYIL



FELICITATION – A P ANIL (DIRECTOR, MANANTHAVADI TEACHER EDUCATION CENTER)



  
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FELICITATION – MAREESA MARKOSE (STUDENT REPRESENTATIVE)



VOTE OF THANKS – Dr PRASANTH MATHEW (VICE PRINCIPAL)



#### PROGRAMME HISTORY

Email ID : [oppampkmcedn@gmail.com](mailto:oppampkmcedn@gmail.com)

Password : Oppam@2021

Recorded Programme Link

[https://drive.google.com/file/d/18OnwngCT8JZzfHi60i\\_Aj\\_xReNRpT1-f/view?usp=sharing](https://drive.google.com/file/d/18OnwngCT8JZzfHi60i_Aj_xReNRpT1-f/view?usp=sharing)





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## Name of the programme: Art of Living: -Covid Care

പീപ്പിൾസ് മൂവ്മെന്റ് ഫോർ പീസ് സംഘടനയുടെയും പി കെ എം കോളേജ് ഓഫ് എഡ്യൂക്കേഷന്റെയും സംയുക്തമായി 2021 ജൂൺ 7 ,8 ,9 തീയതികളിൽ നടത്തിയ ത്രീ ദിന യോഗ ക്ലാസ് സമാപിച്ചു . മൂന്ന് ദിവസം നീണ്ടുനിന്ന പരിപാടിയിൽ ഡോ.ടി വി വേണുഗോപാൽ സമാപന സന്ദേശം നൽകി. സ്വരാജ് എന്ന ഗാന്ധിയൻ ആശയത്തെ ജീവിതവുമായി ബന്ധിപ്പിച്ചുകൊണ്ട് അദ്ദേഹം സംസാരിച്ചു. മനുഷ്യന്റെ രാജ്യം എന്നത് സ്വന്തം മനസ്സും ശരീരവും ആണെന്ന് പറഞ്ഞുകൊണ്ട് ഇന്നത്തെ മാറിയ സാഹചര്യത്തിൽ യോഗയുടെ ആവശ്യകത എത്രത്തോളമുണ്ടെന്ന് ചൂണ്ടി കാട്ടി ഓ അധികം വിദ്യാർത്ഥികൾ ആണ് പരിപാടികളിൽ പങ്കെടുത്തത്. എൻ വൈ പി ദേശീയ കോർഡിനേറ്റർ സുകുമാരൻ കാരയിൽ , പീപ്പിൾസ് മൂവ്മെന്റ് ഫോർ പീസ് സംഘടനയുടെ വൈസ് ചെയർമാൻ ഹരിദാസ് മംഗലശ്ശേരി , പീപ്പിൾസ് മൂവ്മെന്റ് ഫോർ പീസ് ചെയർമാൻ ഫാദർ ജൂനിയ കല്ലൂർ , പി കെ എം കോളേജ് ഓഫ് എഡ്യൂക്കേഷൻ പ്രിൻസിപ്പാൾ ഡോ ജെസ്സി എൻ സി , ഡോ രേഖ കെ ആർ , സിസ്റ്റർ കരോളിൻ എന്നിവർ സംസാരിച്ചു

<https://apnades.in/pkm-yoga/>

Three days Yoga class ended giving refreshments to mind and body.

The PKM college of Education together with Peoples movement for peace organized a 3days yoga class ended. Dr. TC. Venugopal gave the message. He stressed the need of Gandhian principle " swaraj". The nation of mankind is the body and mind of a person. The changing life style and the need of yoga was emphasized. In the programme around 60 students participated. N. Y. P national coordinator Sukumaran Karayil, people's movement for peace vice chairman Haridas Mangalassery, people's movement for peace chairman Fr. Scaria Kalloor, PKM college of Education Principal Dr. Jessy N.C, Dr. Rekha R, and Sr. Karolin gave speech.



*[Handwritten Signature]*

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മടമ്പം പി കെ എം കോളേജ് covid-19 ഹെൽപ്പ് ഡെസ്കിന്റെ നേതൃത്വത്തിൽ നടത്തപ്പെടുന്ന വിവിധ സാമൂഹ്യക്ഷേമ പ്രവർത്തനങ്ങളുടെ ഭാഗമായി കുട്ടികൾ തയ്യാറാക്കിയ ഹാൻഡ് സാനിറ്റൈസർ പി കെ എം കോളേജ് പ്രിൻസിപ്പൽ ഡോ. ജെസ്സി എൻ സി ശ്രീകണ്ഠാപുരം നഗരസഭ ചെയർപേഴ്സൺ ഡോക്ടർ കെ വി ഫിലോമിന ടീച്ചറിന് കൈമാറി. ഹെൽപ്പ് ഡെസ്ക് കോഡിനേറ്റർ ആയ ഡോ. സിനോജ് ജോസഫ് മിസ്.ജോമോൾ ജോസ്, നഗരസഭ വൈസ് ചെയർമാൻ ശ്രീ ശിവദാസൻ, നഗരസഭാ സുപ്രണ്ട് അനീഷ് കുമാർ യു. നഗരസഭാ വിദ്യാഭ്യാസ സ്റ്റാൻഡിങ് കമ്മിറ്റി ചെയർപേഴ്സൺ ത്രേസ്യമ്മ മാത്യു എന്നിവർ സന്നിഹിതരായിരുന്നു.

[https://www.wconekerala.com/2021/06/blog-post\\_490.html](https://www.wconekerala.com/2021/06/blog-post_490.html)

<https://apnades.in/pkm-sanitiser/>



6. ഹാൻഡ് സാനിറ്റൈസർ വിതരണം നടത്തി

മടമ്പം പി കെ എം കോളേജ് covid-19 ഹെൽപ്പ് ഡെസ്കിന്റെ നേതൃത്വത്തിൽ നടത്തപ്പെടുന്ന വിവിധ സാമൂഹ്യക്ഷേമ പ്രവർത്തനങ്ങളുടെ ഭാഗമായി കുട്ടികൾ തയ്യാറാക്കിയ ഹാൻഡ് സാനിറ്റൈസർ പി കെ എം കോളേജ് പ്രിൻസിപ്പൽ ഡോ. ജെസ്സി എൻ സി ശ്രീകണ്ഠാപുരം സ്റ്റേഷൻ ഇൻസ്പെക്ടർ രജിത്ത് K R ന് കൈമാറി. ഹെൽപ്പ് ഡെസ്ക് കോഡിനേറ്റർ ആയ ഡോ. സിനോജ് ജോസഫ് മിസ്.ജോമോൾ ജോസ്, ശ്രീകണ്ഠാപുരം സ്റ്റേഷൻ എസ് ഐ മാരായ ടോമി തോമസ്, രഘുനാഥ് കെ വി, ജയൻ കെ എന്നിവർ സന്നിഹിതരായിരുന്നു.

<https://apnades.in/handsanitiser/>

**Hand sanitizer distributed.** As part of the different social welfare programmes under the guidance of Help desk covid 19, Madambam PKM college distributed the hand sanitizer prepared by students. The college principal Dr. Jessy N.C. handed over the sanitizer to station inspector Mr. Renjith K.R Help desk coordinators Dr. Sinok Joseph, Miss Jomol Jose, Sreekandapuram SI Mr. Tomy Thomas, Rakhunadh KV, Jayan K were present.



*Jessy N.C.*  
**PRINCIPAL**  
**P.K.M. COLLEGE OF EDUCATION**  
**KAITHAPRAM P.O, MADAMPAM**  
**SREEKANDAPURAM, KANNUR DT.,-670**

## Name of the programme: Hand Sanitizer Distribution

### P.K.M. COLLEGE OF EDUCATION, MADAMPAM

#### REPORT

#### Distribution of Hand Sanitizers: A Community Initiative

Date : 09-06.2021

Background:

Amidst the challenges posed by the ongoing COVID-19 pandemic, the COVID-19 Help Desk at P.K.M College of Education, Madampam took a proactive step to contribute to the community's well-being. Under the leadership of Dr. Jessy N.C., the Principal of P.K.M College of Education, and the guidance of Dr. K.V. Philomina, Chairperson of Sreekandapuram Municipality, a distribution event of hand sanitizers was organized. The event aimed to instill awareness about hygiene practices, especially among children, and help combat the spread of the virus.


Objective:

The primary goal of the event was to distribute hand sanitizers that were prepared by the children themselves. The objective was to emphasize the critical importance of maintaining proper hygiene, particularly in the context of the ongoing COVID-19 pandemic. By actively involving the children in the process, the event sought to educate and empower them with the knowledge and tools necessary to safeguard their health.

Activities:

During the event, children actively participated in the preparation of hand sanitizers, working under the guidance of experts. Through interactive sessions, they were educated about the correct usage of sanitizers and the significance of cleanliness in preventing the spread of diseases. The distribution process adhered strictly to safety protocols and social distancing measures, ensuring the well-being of all participants.



  
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**Conclusion:**

The event proved to be a resounding success in raising awareness among children about the crucial importance of hygiene practices. Equipping them with the knowledge of proper hand hygiene and providing them with hand sanitizers was a step towards creating a healthier and safer community. The active involvement and support of the college authorities, including Dr. Sinoj Joseph, Miss Jomol Jose and Sreekandapuram Municipality Vice Chairman Mr. K. Sivadasan, Superintendent Mr. Anish Kumar U, and Councilor Mrs. Thresyamma Mathew, were instrumental in the event's success. Their collaboration with the college exemplified the strength of community partnerships in achieving common goals.



**Dr. Jessy N.C. handing over the sanitizers to Dr. K.V. Philomina, Chairperson of Sreekandapuram Municipality**



  
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മടമ്പ. പി.കെ.എം. കോളേജ് കോവിഡ് 19 ഹെൽപ്പ് ഡെസ്കിന്റെ നേതൃത്വത്തിൽ നടത്തുന്ന വിവിധ സാമൂഹിക ക്ഷേമ പ്രവർത്തനങ്ങളുടെ ഭാഗമായി കുട്ടികൾ തയ്യാറാക്കിയ ഹാൻഡ് സാനിറ്റൈസർ പി.കെ.എം. കോളേജ് പ്രിൻസിപ്പൽ ഡോ.എൻ.സി.ജെസ്സി ശ്രീകണ്ഠാപുരം നഗരസഭ അധ്യക്ഷ ഡോ.കെ.വി ഫിലോമിനയ്ക്ക് കൈമാറുന്നു.

Newspaper article of the programme

## ഹാൻഡ് സാനിറ്റൈസർ വിതരണം ചെയ്തു

പന്തൂമ്പുഴി • മടമ്പ. പി.കെ.എം. കോളേജ് കോവിഡ് 19 ഹെൽപ്പ് ഡെസ്കിന്റെ നേതൃത്വത്തിൽ നടത്തുന്ന വിവിധ സാമൂഹിക ക്ഷേമ പ്രവർത്തനങ്ങളുടെ ഭാഗമായി കുട്ടികൾ തയ്യാറാക്കിയ ഹാൻഡ് സാനിറ്റൈസർ പി.കെ.എം. കോളേജ് പ്രിൻസിപ്പൽ ഡോ. എൻ.സി.ജെസ്സി ശ്രീകണ്ഠാപുരം നഗരസഭ അധ്യക്ഷ ഡോ.കെ.വി.

ഫിലോമിനയ്ക്ക് കൈമാറി.

ഹെൽപ്പ് ഡെസ്ക് കോഓർഡിനേറ്റർമാരായ ഡോ.സിനോജ് ജോസഫ്, ജോമോൾ ജോസ്, നഗരസഭ ഉപാധ്യക്ഷൻ കെ.ശിവരാജൻ, സൂപ്രണ്ട് അനീഷ് കുമാർ, നഗരസഭാ വിദ്യാഭ്യാസ സർഗീരം സമിതി അധ്യക്ഷ മേതസ്യാമ്മ മാത്യു എന്നിവർ സംബന്ധിച്ചു.

Newspaper article of the programme



*[Handwritten Signature]*  
PRINCIPAL

P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

Hand sanitizer distributed. As part of the different social welfare programmes under the guidance of Help desk covid 19, Madambam PKM college distributed the hand sanitizer prepared by students. The college principal Dr. Jessy N.C. handed over the sanitizer to station inspector Mr. Renjith K.R Help desk coordinators Dr. Sinok Joseph, Miss Jomol Jose, Sreekandapuram SI Mr. Tomy Thomas, Rakhunadh KV, Jayan K were present.

## P.K.M. COLLEGE OF EDUCATION MADAMPAM

### Hand Sanitizer Distribution at Sreekandapuram Police Station



• THURSDAY.  
09 JUNE 2021




TIME  
10:00 AM



Organized by

P.K.M. College of education, madampam



  
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P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM. P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT., -670631

# Name of the programme: CRACKET Free Online Preparations for Competitive Exams

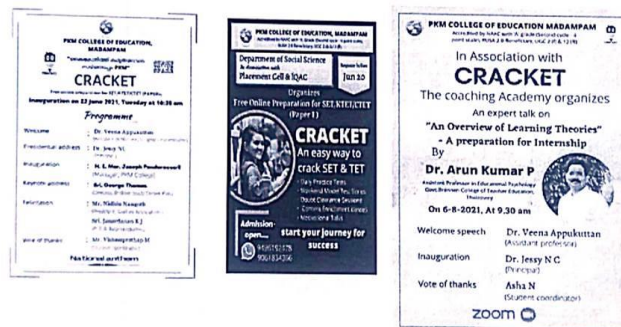
## CRACKET REPORT

### CRACKET REPORT

CRACKET- the free online coaching program was inaugurated by Mar. Joseph Pandaarasheril, the manager of P.K.M College of Education. The coaching program was organised by the social science department of the college in association with Placement Cell and IQAC.

The programme aimed in providing free SET and TET coaching during the COVID pandemic.

Sri. George Thomas, the director of Brilliant Study Centre, Pala was the chief guest of the inauguration programme presided over by Dr.Sr.Jessy N.C, College Principal. College Local Manager Fr.Luke Puthirkayil, College P.T.A Representative Sri.K.J Janardhanan, Sainaba Memorial College Principal Dr. M.K Neena , Alumni Association President Mr.Nithin Nangoth and Programme Coordinator, Dr. Veena Appukkuttan felicitated in the function. The vote of thanks was given by Student Coordinator Vishnu Pratap.



### Programme Structure

The coaching program consists of 45 mock series . In a week from Monday to Saturday, mock tests consisting of 20 questions including the six subjects (according to the SET, CTET and KTET syllabus) are conducted. On Sundays, mock exams including 120 questions taken from the tests of that week were conducted and the students topping the exam were congratulated through the WhatsApp groups. The rank lists were also published for the model exams.



*[Signature]*  
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 SREEKANDAPURAM, PINNACULI, 670631

#### Working Committee

Table ( Spelling error in the heading)

The 9 student teachers of the Social Science Department worked as the executive and coordinating committee in the working committee of CRACKET with College Principal Dr Jessy N.C as the Chairman and H.O.D of Social Science Dept. Dr Veena Appukuttan as the Vice Chairman.

#### One day SET/TET Orientation and Psychology Class

An expert talk by Brennen College Teacher Education Centre General Education Associate Professor, Dr Arun Kumar was organised by team CRACKET. 100 students participated in the class which was set up in Zoom Application. Around 400 students got the opportunity to listen to the expert talk through YouTube Platform.

YouTube Link: \_\_\_\_

#### Programme committee meetings

4 executive body meetings were arranged on the following dates :27/06/21, 07/07/21, 15/07/21, 24/07/21 with the aim of analysing the various activities of the coaching programme.

#### Valedictory Ceremony

The first session of the 45 day long coaching programme conducted by team CRACKET prior to the SET exam came to an end on 13/08/2021 and the valedictory ceremony was conducted on 19/08/2021. The efforts of executive members were appreciated and applauded in the ceremony presided over by the College Principal. The executive members shared their experiences working in the Coaching programme and the Vote of Thanks was expressed by Programme Coordinator Dr Veena Appukuttan.



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**Name of the programme: Sports Training at Podikkalam English Medium School**

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(Govt. Aided Teacher Education Institution affiliated to Kannur University)  
Recognized by NCTE and included under UGC 2(f) & 12B category  
Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary  
E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)  
Tel: 0460 2230929, Fax: 04602 232449

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Circular No: 23 /PKM/2021-22 Date: 05/10/2021

Sub: Sports Training at Podikkalam English Medium School

**CIRCULAR**


We are thrilled to announce about the upcoming sports training program organised by Health and Fitness Club in collaboration with Physical Education department at Podikkalam English Medium School.

Date: 08-10-2021  
Time: 9:30  
Venue: Podikkalam English Medium School

Best regards,  
  
Principal

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
KANNUR DISTRICT, KANNUR DT.,-670631

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**P. K. M. COLLEGE OF EDUCATION, MADAMPAM**  
**DEPARTMENT OF PHYSICAL EDUCATION**  
**SPORTS MEET**  
**REPORT**

Sports Day was organized by the Department of Physical Education under the auspices of PKM College. The competition was organized on Friday, October 8, 2021 in two sections. The competition was organized into four groups: Everest, Mount Blanc, Himalayas and Kanchenjunga. The first section started at 10 am. The first section featured throw ball, one leg hopping, shuttle relay and 50m running. In the second section, finals of shuttle relay and throw ball and badminton matches were organized.

In the exciting throw ball competition, the Everest team took first place, Mount Blanc second place and Kanchenjunga third place. In the girl's badminton (doubles) competition, Mount Blanc, Everest, Himalaya & Kanchenjunga teams finished 1st, 2nd and 3rd respectively. In the boys's badminton (singles) competition, Hibin Mathew, Arun Shaji, Alex Baby & Sayooj VV finished 1st, 2nd and 3rd respectively.


In the girls's shuttle relay, Sreya Ramesh Babu, Kavya V and Aditya V and in the boys's shuttle relay, Sayooj VV, Arun Shaji and Haibin Mathew bagged 1st, 2nd and 3rd positions respectively.

Atulya C, Jecna Sajith and Aswathi won the girls's one leg hopping competition while Arun Shaji, Vishnu Pratap M and Toby S. Abraham also finished 1st, 2nd and 3 in boys's one leg hopping competition respectively.

In the girls's 50 m race, Kavya V, Shreya Ramesh Babu and Athulya C bagged the first, second and third place respectively.

And in the boy's 50 m race Arun Shaji, Haibin Mathew, Sayooj v v bagged first, second third place respectively.



  
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**SPORTS TRAINING @ PODIKKALAM ENGLISH  
MEDIUM SCHOOL MEET 2021, 2020-22 BATCH**


PARTICIPATION LIST

2020- 2022 BATCH

08/10/2021

SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	ALEX BABY	ENGLISH	✓
2	ARUN SHAJI	ENGLISH	✓
3	ALBY ANN STEPHEN	ENGLISH	✓
4	DIVYASHREE ARAVIND	ENGLISH	✓
5	KRISHNA PRIYA K.	ENGLISH	✓
6	LITTY SUNDER	ENGLISH	✓
7	RAJINA M. P.	ENGLISH	✓
8	SANDRA MARYA SHAJI	ENGLISH	✓
9	ADITHYA V	MALAYALAM	✓
10	ANJALI R	MALAYALAM	✓
11	ANUSREE K.C.	MALAYALAM	✓
12	APARNA U.	MALAYALAM	✓
13	ARCHANA K.C.	MALAYALAM	✓
14	ATHULYA C.	MALAYALAM	✓
15	NIVYA JOSEPH	MALAYALAM	✓
16	SOORYA BABU	MALAYALAM	✓
17	TOBY S ABRAHAM	MATHEMATICS	✓
18	ANUSREE M.	MATHEMATICS	✓
19	ARCHANA MADHUSOODANAN	MATHEMATICS	✓



  
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20	ASWATHI	MATHEMATICS	✓
21	JESMI GEORGE	MATHEMATICS	✓
22	JISNA BABY	MATHEMATICS	✓
23	MANEESHA BABU	MATHEMATICS	✓
24	SANDHRA BIJU	MATHEMATICS	✓
25	ANULAKSHMI P.	NATURAL SCIENCE	✓
26	ATHIRA ANAND A.	NATURAL SCIENCE	✓
27	JEENA SAJITH M.	NATURAL SCIENCE	✓
28	KAVYA V.	NATURAL SCIENCE	✓
29	LUMITHA BAI B.	NATURAL SCIENCE	✓
30	M. ANU MARIYA	NATURAL SCIENCE	✓
31	MARIA BABY	NATURAL SCIENCE	✓
32	MARIZA MARKOSE	NATURAL SCIENCE	✓
33	SAYOOJ V V	PHYSICAL SCIENCE	✓
34	ANAGHA K K	PHYSICAL SCIENCE	✓
35	ANUSREE K	PHYSICAL SCIENCE	✓
36	ASHLY THOMAS	PHYSICAL SCIENCE	✓
37	ASWATHI N V	PHYSICAL SCIENCE	✓
38	AYANA K	PHYSICAL SCIENCE	✓
39	DELNA T S	PHYSICAL SCIENCE	✓
40	SARANYA L	PHYSICAL SCIENCE	✓
41	SHYONA STEPHEN	PHYSICAL SCIENCE	✓
42	HAIBIN MATHEW	SOCIAL SCIENCE	✓
43	VISHNUPRATHAP M.	SOCIAL SCIENCE	✓
44	ANASWARA K	SOCIAL SCIENCE	✓



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45	ANU PHILIP	SOCIAL SCIENCE	✓
46	ASHA N	SOCIAL SCIENCE	✓
47	ATHIRA SHAJI	SOCIAL SCIENCE	✓
48	JUVAIRIYA M N	SOCIAL SCIENCE	✓
49	MUKTHA SASINDRAN	SOCIAL SCIENCE	✓
50	SREYA REMESHBABU	SOCIAL SCIENCE	✓




  
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SREEKANDAPURAM, KANNUR DT.,-670631

## Name of the programme: Orphanage Visit: Mother Theresa Bhavan, Perumbadav

### Orphanage Visit: Mother Theresa Bhavan, Perumbadav

Student council members of PKM College of Education, Madampam visited mother theresa bhavan on 19-08-2021. The team was accompanied by Dr. Jessy N C Principal, and Minimol George, Assistant Professor in Malayalam. They distributed cloths and stationery materials to the inmates of the orphanage. The income generated from "Pragya" the learning supporting system was completely utilised for this purpose. It provides an opportunity to understand the history the office bearers and the functioning of the orphanage. The interaction with the inmates was a memorable experience to all.



  
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**Name of the programme: Pan India Awareness and Outreach Programme**

**P.K.M. COLLEGE OF EDUCATION**



**MADAMPAM, KAITHAPRAM P O, KANNUR – 670631**  
(Govt. Aided Teacher Education Institution affiliated to Kannur University)  
Recognized by NCTE and included under UGC 2(f) & 12B category  
Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary  
E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in) Website: - [www.pkmcollege.org](http://www.pkmcollege.org)  
Tel: 0460 2230929, Fax: 04602 232449

Circular No: 27/PKM/2021-22

Date: 10/11/2021

Sub: PAN INDIA Awareness Class

**CIRCULAR**

We are planning to conduct PAN India legal awareness class, aimed at fostering legal education and awareness. Your participation makes legal awareness accessible to all.

Event Details:

Date: 16/11/2021

Venue: General hall

Best regards,

Principal

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM. P. O., MADAMPAM  
KANNUR, KANNUR DT.,-670631

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**5. Report on legal Awareness class held by Thaliparamba legal service committee at PKM college of Teacher education, madambam.**

A session was organised on 16/11/202, Tuesday in the topic "Legal Awareness ". All the students' teachers were a part of the Elucidative programme. The event started with the felicitation of the guest speakers. After having the prayer by Rosha B Roy, student teacher of PKM, the programme coordinator Mrs Shyama (PLV) addressed the welcome speech and introduction. She was also happy to be a part of the Kerala government initiative. Thereafter, the participants were exposed by Dr Jessy N C, the college principle. She acquainted them with the objectives, Gaols and importance of legal rights which is to be well known by the future generation. Subsequently, the resource person advocate Siby reflected his profound knowledge on the topic and highlighted How important the gender and women equality is. Exalting demonstration of his literacy knowledge on Ramayana and the democratic principles galvanized the engrossed participants. He also made everyone to remember the events such as gender- neutral. Dress code, Sabarimala protest and so on. The objective behind this was to give awareness about the equality to be given in the present society. It was followed by another session on the basic concept of Democratic principles, legal Right, preamble of the constitution, Articles and Amendments. He also focused on IPC 376 and POCSO cares which are to be discussed and to be taken legal actions in our country.

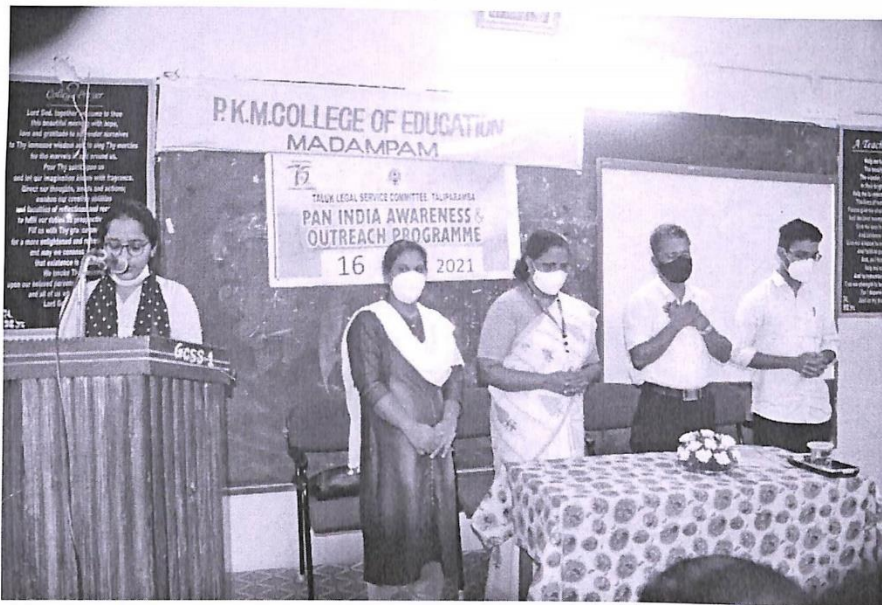
Women are the ones to be upheld in the society and her viewpoints and opinions are to be accepted and hence the status of women can be raised through education, awareness, literacy and training women should not be recognized by making comparisons and contrasts with men. This main ide stimulated the participants to have a recognition within themselves.


An interactive course ignited inquisitiveness of participants. They have committed themselves completely to build awareness within everyone by repeating as a student



  
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teacher as well as a human. The informative session culminated with a vote of thanks proposed by Alex Jose; the student teacher representative of PKM college of Madampam.



  
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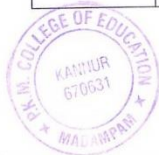
## PAN INDIA AWARENESS CLASS

### PARTICIPATION LIST

2021-2023 BATCH

16/11/2021


SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	AMITHA GEORGE	ENGLISH	P
2	ANUSREE K.	ENGLISH	P
3	ASWATHI V.	ENGLISH	P
4	DARIYA BABY	ENGLISH	P
5	JINISHA JOHN	ENGLISH	P
6	KARISHMA SURESH	ENGLISH	P
7	RESHMA G.R.	ENGLISH	P
8	ROSHA B ROY	ENGLISH	P
9	ALEX JOSE	MALAYALAM	P
10	JISHNU T P	MALAYALAM	P
11	ALEN MARIA BINNY	MALAYALAM	P
12	ANAGHA CHANDRAN M.	MALAYALAM	P
13	ANAGHA N P	MALAYALAM	P
14	JAHNA T V	MALAYALAM	P
15	SRUTHI P V	MALAYALAM	P



*[Signature]*  
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16	VISMAYA E M	MALAYALAM	P
17	AKHILA JAMES	MATHEMATICS	P
18	HARITHA P.V.	MATHEMATICS	P
19	JISNA AUGUSTINE	MATHEMATICS	P
20	JOYAMOL T. BABY	MATHEMATICS	Absent
21	JWALA MARIYA CYRIAC	MATHEMATICS	P
22	MANJUSHA N.	MATHEMATICS	P
23	SANJIYA BENNY	MATHEMATICS	P
24	SNEHA V.	MATHEMATICS	P
25	EMIL THANKACHAN	NATURAL SCIENCE	P
26	AISWARYA MANOJ	NATURAL SCIENCE	P
27	AKSHAYA AV	NATURAL SCIENCE	P
28	ANJANA T	NATURAL SCIENCE	P
29	ATHIRA T C	NATURAL SCIENCE	P
30	HARSHA SANTHOSH	NATURAL SCIENCE	P
31	INDUKUMARI U K	NATURAL SCIENCE	P
32	SUHAIRA N.	NATURAL SCIENCE	Absent
33	ANAND RAVI	PHYSICAL SCIENCE	P
34	VAISHAKH K	PHYSICAL SCIENCE	P



  
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35	AHANA THOMAS	PHYSICAL SCIENCE	P
36	ANJANA CHANDRAN	PHYSICAL SCIENCE	P
37	ANN KURIAN	PHYSICAL SCIENCE	P
38	ARYA K I	PHYSICAL SCIENCE	P
39	CHRISTEENA RAJU	PHYSICAL SCIENCE	P
40	ELSITTA JOSE	PHYSICAL SCIENCE	P
41	MANEESHA P	PHYSICAL SCIENCE	P
42	NIHA PADMANABHAN	PHYSICAL SCIENCE	P
43	HRISHIKESH BABU M.C	SOCIAL SCIENCE	P
44	JOMAL JOY	SOCIAL SCIENCE	P
45	AKSHARAMOL	SOCIAL SCIENCE	P
46	ANUMOL A M	SOCIAL SCIENCE	P
47	ANUSREE K P.	SOCIAL SCIENCE	P
48	HITHA K	SOCIAL SCIENCE	P
49	PRAJINA DAS K P	SOCIAL SCIENCE	P
50	SIMNA N.P.	SOCIAL SCIENCE	P



  
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Name of the programme: Urjakiran 2021-22: Alex Nagar

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Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary  
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Tel: 0460 2230929, Fax: 04602 232449

Circular No:35/PKM/2021-22

Date: 01/12/2021

Sub: Urjakiran 2021-22

### CIRCULAR

We are excited to invite you to a Field Trip being held at Alex Nagar as a part of Urjakiran, we cordially invite all students and staff to join us , as this programme would educate us more about the importance of conservation of energy.

Date: 04-12-2021

Time: 11.00 A.M

Platform: Alex nagar

Best regards,

Principal

Copy to

All TS, NTS and Students




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## **P.K.M College of Education, Madampam,**

### **URJAKIRAN 2021-22**

P.K.M College of Education, Madampam, Energy Management Centre, Kerala and Sathyan Smaraka Vayanashala jointly conducted Urja Kiran Energy Conservation program 2021-22 on 4th December 2021 Saturday at Alex Nagar Sathyan Smaraka Vayanashala hall. Program started at 2 pm with Energy Awareness class on topic 'Energy Efficiency and Conservation. Class taken by Ashlin Raj (EMC Resource Person) and Abin Jose (EMC Resource Person), through PPT presentation and videos. After the class 10 minutes utilized for doubt clearing. Official inauguration program started at 3 pm. Sathya Smaraka Vayanashala vice President, Sunil Kumar welcomed the gathering. Welcomed the dignitaries by presenting them with LED bulbs. PKM College Principal Dr. Jessy N C presided over the function. Irikkur constituency MLA Adv. Sajeew Joseph officially inaugurated the program. Sreekandapura Municipality Education and Standing Committee chairperson Thressiamma Mathew addressed program. P.K.M College student council chairman Sayooj V V delivered vote of thanks. Lucky winners from participants gifted with LED bulbs. Then MLA Adv. Sajeew Joseph inaugurated signature campaign. Under the leadership of student coordinator Arya KI pledge was taken. Then MLA flags off energy conservation rally. After that students of P.K.M College presented flash mob. Posters made by students of P.K.M College also displayed at the event. 45 general public, 5 teachers, 41 students participated in the program.



  
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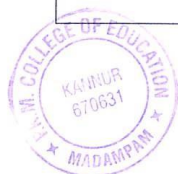
## URJAKIRAN 2021-22 ALEX NAGAR


### PARTICIPATION LIST

2020- 2022 BATCH

04/12/2021

SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	ALEX BABY	ENGLISH	✓
2	ARUN SHAJI	ENGLISH	✓
3	ALBY ANN STEPHEN	ENGLISH	✓
4	DIVYASHREE ARAVIND	ENGLISH	✓
5	KRISHNA PRIYA K.	ENGLISH	✓
6	LITTY SUNDER	ENGLISH	✓
7	RAJINA M. P.	ENGLISH	✓
8	SANDRA MARYA SHAJI	ENGLISH	✓
9	ADITHYA V	MALAYALAM	✓
10	ANJALI R	MALAYALAM	✓
11	ANUSREE K.C.	MALAYALAM	✓
12	APARNA U.	MALAYALAM	✓
13	ARCHANA K.C.	MALAYALAM	✓
14	ATHULYA C.	MALAYALAM	✓
15	NIVYA JOSEPH	MALAYALAM	✓
16	SOORYA BABU	MALAYALAM	✓
17	TOBY S ABRAHAM	MATHEMATICS	✓
18	ANUSREE M.	MATHEMATICS	✓
19	ARCHANA MADHUSOODANAN	MATHEMATICS	✓
20	ASWATHI	MATHEMATICS	✓



  
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21	JESMI GEORGE	MATHEMATICS	✓
22	JISNA BABY	MATHEMATICS	✓
23	MANEESHA BABU	MATHEMATICS	✓
24	SANDHRA BIJU	MATHEMATICS	✓
25	ANULAKSHMI P.	NATURAL SCIENCE	✓
26	ATHIRA ANAND A.	NATURAL SCIENCE	✓
27	JEENA SAJITH M.	NATURAL SCIENCE	✓
28	KAVYA V.	NATURAL SCIENCE	✓
29	LUMITHA BAI B.	NATURAL SCIENCE	✓
30	M. ANU MARIYA	NATURAL SCIENCE	✓
31	MARIA BABY	NATURAL SCIENCE	✓
32	MARIZA MARKOSE	NATURAL SCIENCE	✓
33	SAYOOJ V V	PHYSICAL SCIENCE	✓
34	ANAGHA K K	PHYSICAL SCIENCE	✓
35	ANUSREE K	PHYSICAL SCIENCE	✓
36	ASHLY THOMAS	PHYSICAL SCIENCE	✓
37	ASWATHI N V	PHYSICAL SCIENCE	✓
38	AYANA K	PHYSICAL SCIENCE	✓
39	DELNA T S	PHYSICAL SCIENCE	✓
40	SARANYA L	PHYSICAL SCIENCE	✓
41	SHYONA STEPHEN	PHYSICAL SCIENCE	✓
42	HAIBIN MATHEW	SOCIAL SCIENCE	✓
43	VISHNUPRATHAP M.	SOCIAL SCIENCE	✓
44	ANASWARA K	SOCIAL SCIENCE	✓
45	ANU PHILIP	SOCIAL SCIENCE	✓



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46	ASHA N	SOCIAL SCIENCE	✓
47	ATHIRA SHAJI	SOCIAL SCIENCE	✓
48	JUVAIRIYA M N	SOCIAL SCIENCE	✓
49	MUKTHA SASINDRAN	SOCIAL SCIENCE	✓
50	SREYA REMESHBABU	SOCIAL SCIENCE	✓



  
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## URJAKIRAN 2021-22 ALEX NAGAR

### PARTICIPATION LIST

2021- 2023 BATCH

04/12/2021

SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	AMITHA GEORGE	ENGLISH	✓
2	ANUSREE K.	ENGLISH	✓
3	ASWATHI V.	ENGLISH	✓
4	DARIYA BABY	ENGLISH	✓
5	JINISHA JOHN	ENGLISH	✓
6	KARISHMA SURESH	ENGLISH	✓
7	RESHMA G.R.	ENGLISH	✓
8	ROSHA B ROY	MALAYALAM	✓
9	ALEX JOSE	MALAYALAM	✓
10	JISHNU T P	MALAYALAM	✓
11	ALEN MARIA BINNY	MALAYALAM	✓
12	ANAGHA CHANDRAN M.	MALAYALAM	✓
13	ANAGHA N P	MALAYALAM	✓
14	JAHNA T V	MALAYALAM	✓
15	SRUTHI P V	MALAYALAM	✓
16	VISMAYA E M	MALAYALAM	✓
17	AKHILA JAMES	MATHEMATICS	✓
18	HARITHA P.V.	MATHEMATICS	✓
19	JISNA AUGUSTINE	MATHEMATICS	✓
20	JOYAMOL T. BABY	MATHEMATICS	✓



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21	JWALA MARIYA CYRIAC	MATHEMATICS	✓
22	MANJUSHA N.	MATHEMATICS	✓
23	SANJIYA BENNY	MATHEMATICS	✓
24	SNEHA V.	MATHEMATICS	✓
25	EMIL THANKACHAN	NATURAL SCIENCE	✓
26	AISWARYA MANOJ	NATURAL SCIENCE	✓
27	AKSHAYA AV	NATURAL SCIENCE	✓
28	ANJANA T	NATURAL SCIENCE	✓
29	ATHIRA T C	NATURAL SCIENCE	✓
30	HARSHA SANTHOSH	NATURAL SCIENCE	✓
31	INDUKUMARI U K	NATURAL SCIENCE	✓
32	SUHAIRA N.	NATURAL SCIENCE	✓
33	ANAND RAVI	PHYSICAL SCIENCE	✓
34	VAISHAKH K	PHYSICAL SCIENCE	✓
35	AHANA THOMAS	PHYSICAL SCIENCE	✓
36	ANJANA CHANDRAN	PHYSICAL SCIENCE	✓
37	ANN KURIAN	PHYSICAL SCIENCE	✓
38	ARYA K I	PHYSICAL SCIENCE	✓
39	CHRISTEENA RAJU	PHYSICAL SCIENCE	✓
40	ELSITTA JOSE	PHYSICAL SCIENCE	✓
41	MANEESHA P	PHYSICAL SCIENCE	✓
42	NIHA PADMANABHAN	PHYSICAL SCIENCE	✓
43	HRISHIKESH BABU M.C	SOCIAL SCIENCE	✓
44	JOMAL JOY	SOCIAL SCIENCE	✓
45	AKSHARAMOL	SOCIAL SCIENCE	✓

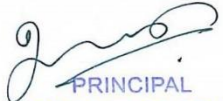


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46	ANUMOL A M	SOCIAL SCIENCE	✓
47	ANUSREE K P.	SOCIAL SCIENCE	✓
48	HITHA K	SOCIAL SCIENCE	✓
49	PRAJINA DAS K P	SOCIAL SCIENCE	✓
50	SIMNA N.P.	SOCIAL SCIENCE	✓



  
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## Name of the programme: Flag Day Rally

<https://apnades.in/pkm-news678/>

### 4. Legal Awareness Class

A session was organized on 16-11-2021, Tuesday in the topic "Legal Awareness". All the students teachers were a part of the elucidative programme. The event started with the felicitation of the guest speakers. After having the prayer by Rosha B Roy; student teacher of P K M, the Programme Co ordinator Mrs Shyma (PLV) addressed the welcome speech and introduction. She was also happy to be a part of the Kerala Government initiative. Thereafter, the participants were espoused by Dr Jessy N C, the college college principal. She acquainted them with the objectives, goals and importance of Legal Rights which is to be well known by the future generation. Subsequently, the resource person Advt.Siby reflected his profound knowledge on the topic and highlighted how important the gender and women equality is. An exalting demonstration of his literary knowledge on "Ramayana" and the democratic principles galvanized the engrossed participants. He also made everyone to remember the events such as gender Neutral Dress code, Sabarimala protest and so on. The objective behind this was to give awareness about the equality to be given in the present society. It was followed by another session on the basic concept of Democratic Principles, Legal Rights, Preamble of the Constitution, Articles and Amendments. He also focused on IPC 376 and POCSO cases which are to be discussed and to be taken legal actions in our country.

Women are the ones to be upheld in the society and her viewpoints and opinions are to be accepted and hence the status of women can be raised through education, awareness, literacy and traing. Women should not be recognized by making comparisons and contrasts with men. This main idea stimulated the participants to have a recognition within themselves.

An interactive course ignited the inquisitiveness of participants. They have committed themselves completely to build awareness within everyone by representing as a student teacher as well as a human. The informative session culminated with a vote of thanks proposed by Alex Jose the student teacher representative of PKM College of Education, Madampam.


### 5. REPORT ON COMMUNAL HARMONY CAMPAIGN & FLAG DAY

19<sup>th</sup> November to 25<sup>th</sup> November, 2021

National Foundation for Communal Harmony (NFCH) observes Communal Harmony Campaign and Flag Day Week in every year from 19<sup>th</sup> to 25<sup>th</sup> of November. The last working day is observed as the Flag Day.

As part of this PKM College of Education, Madampam, Kannur, Kerala is also observed Communal Harmony Campaign from 19<sup>th</sup> to 25<sup>th</sup> of November 2021. On 19<sup>th</sup> November the campaign was started with a Talk on National Integration.



  
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Communal Harmony and Unity, with the purpose of creating an understanding among the student teachers, about these themes. Various kinds of activities that are going to held in the morning week were also presented before the student teachers like Essay competition, Pencil drawing, Rally etc. For the smooth conduct of these programmes Niha Padmanabhan and Elsitta Jose were selected as student convenors and Dairya, Manjusha, Alex and Vishnu were selected as members of the committee.



On 19<sup>th</sup> November afternoon a Rally was conducted proclaiming the significance of Unity, Fraternity and Communal Harmony. Pluck cards were also designed under the same theme.



  
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Along with this, donation boxes for staffs and students were introduced. Stamps were distributed among both students and staffs to collect the money for the activities of the foundation.



On 22<sup>nd</sup> November, an essay competition was conducted under the theme communal Harmony in the title Teacher and Unity beyond Ages. There were about 20 student teachers who took part in essay competition. Conducted essay competition as both offline and online mode due to COVID 19 pandemic situation. In the essay competition Aswathi V. –English option & Hitha K. – Social Science won first and second places respectively.

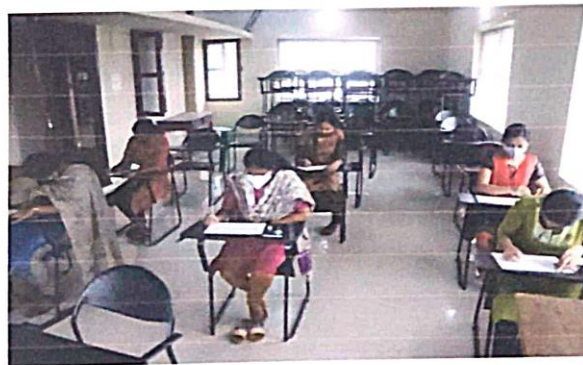


  
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On 25<sup>th</sup> November, a pencil drawing competition was also held at the college seminar hall, where six student teachers took part with the topic of communal Harmony. In the pencil drawing competition first place was won by Sneha V. – Mathematics, second place was won by Arya K.I.- Physical Science and the third place was shared by Anjana T. – Natural Science and Akshaya A. V. – Natural Science.



The amount got through the offering box and stamps were collected and send it as NEFT transfer for the activities of National Foundation for Communal Harmony. Both the students and staffs were participated wholeheartedly in this one week Communal Harmony Campaign. Submitting this report for further proceedings or actions needed.



  
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## Name of the programme: Post Covid Training Programme



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(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkcollege.org](http://www.pkcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

Circular No: 50/PKM/2021-22

Date: 04/03/2022

**Sub: Post Covid Fitness Training Programme**

#### **CIRCULAR**

We are thrilled to announce about the upcoming Post Covid Fitness training program organized by Health and Fitness Club in collaboration with Physical Education department at perinkkalloor. we cordially invite all students and staff to join us to make this program a grand success.

Place: Perikkalloor

Date: 7-03-2022

Best regards

Principal

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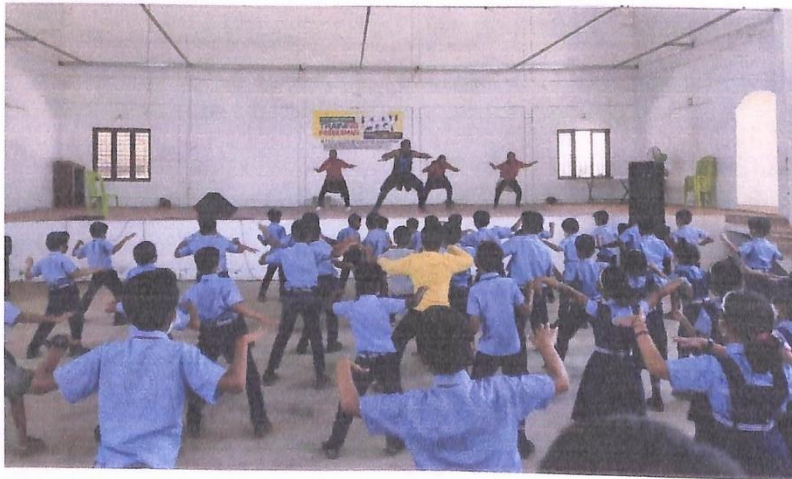
All TS, NTS and Students




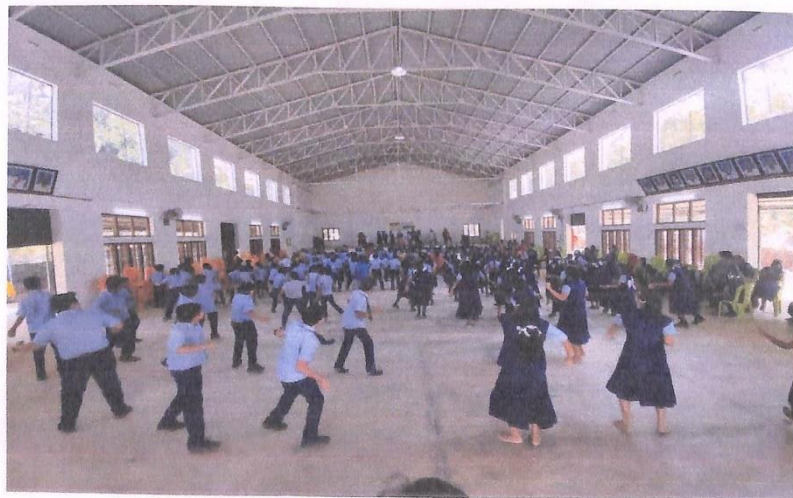
## Report


### Post Covid fitness training program

Physical activities and exercise not only maintain physical and psychological health but also help our body to respond to the negative consequences. Zumba is a dance fitness program that boost heart health. Department of physical education and health fitness club of P. K. M. College of education, Madampam organized Post COVID fitness training program at St. Thomas UP school, Perikkalloor, Wayanad on 7<sup>th</sup> march 2022. The programme started at 9:30am with a welcome address by school manager Fr. Mathew. The program was headed by Fr. Sinoj Joseph and collectively directed by Mariza Markose, Mancsha P, Ahana Thomas, Sayooj V V and Hrishikesh Babu, student representative of P. K. M. College of education, Madampam under the guidance of Zumba trainer Sreejith K, Assistant professor, School of physical education and sports science Kannur university. The program targeted the students from LKG to 7<sup>th</sup> standard and it witnessed an active participation of parents and teachers. School principal, Staff , PTA and student representatives addressed the concluding session.



  
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RUSA 2.0 Beneficiary, UGC 2(f) 12(B)  
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Tel: 0460 2330929 Fax: 04602 232449



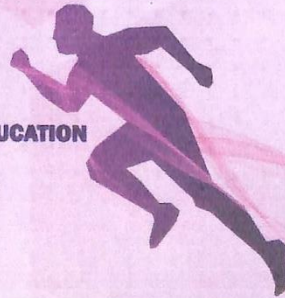
**GENERAL FITNESS  
TRAINING PROGRAMME**




**VENUE:  
ST. THOMAS UP  
SCHOOL,  
PERIKKALLOOR**

**07  
MARCH  
2022  
9:30 a.m.**

Organized by  
**DEPARTMENT OF PHYSICAL EDUCATION  
&  
HEALTH FITNESS CLUB**




  
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## Name of the programme: Trekking to Ranipuram

### TREKKING WAS ORGANIZED IN RANIPURAM, ALSO KNOWN AS OOTY IN KERALA.

A trekking program was organized on Saturday, March 26, 2022 under the joint auspices of Physical Education Department and Health Fitness Club of PKM College of Education. Under the leadership of Physical Education Department Head Sinoj Joseph, 44 teaching students and 1 office staff participated in the trekking. The journey started from the college at exactly 6 in the morning. After breakfast at Rajapuram Sinoj sir's residence at 8 30 am and reached Ranipuram at 10 30 am. Ranipuram is a tourist destination located in Panathadi Panchayat of Kasaragod district in Kerala. This place, which was known as Madathumala, was bought by the Kottayam Catholic Diocese in the 1970s from the Koththuk family for settlement purposes. The settlers named this place as Ranipuram in memory of Saint Mary. Ranipuram peak is located at an altitude of 1048 meters above sea level in the Coorg hills. Ranipuram is 48 km east of Kanhangad on the Panathur road, 9 km away from Panathadi. Except for the three children who had difficulty in traveling, all the others reached the hill top. There is a five kilometer trekking path to the hills and back. It started at 10.30 and by exactly 1.30 everyone came down the mountain. Food was prepared at Sinoj sir's house at 2.30. After the meal, the teacher visited Marisa's house and returned at exactly 4:30. On the way Visited Chuttad beach at Puyyangadi seashore located between Payyannur and Pazhyangadi. Its densely populated fan trees are also a haven for many birds. After reaching the beach at 6 o'clock and spending around 30 minutes at the beach, the bus returned at exactly 7 o'clock and reached the bus college stop at 9 o'clock.



  
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SREEKANTHAPURAM, KANNUR DT., 670631

## TREKKING TO RANIPURAM


### PARTICIPATION LIST

2021 - 2023 BATCH

26/03/2022


SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	AMITHA GEORGE	ENGLISH	x
2	ANUSREE K.	ENGLISH	x
3	ASWATHI V.	ENGLISH	x
4	DARIYA BABY	ENGLISH	x
5	JINISHA JOHN	ENGLISH	x
6	KARISHMA SURESH	ENGLISH	x
7	RESHMA G.R.	ENGLISH	x
8	ROSHA B ROY	ENGLISH	x
9	ALEX JOSE	MALAYALAM	x
10	JISHNU T P	MALAYALAM	x
11	ALEN MARIA BINNY	MALAYALAM	x
12	ANAGHA CHANDRAN M.	MALAYALAM	x
13	ANAGHA N P	MALAYALAM	x
14	JAHNA T V	MALAYALAM	x
15	SRUTHI P V	MALAYALAM	x
16	VISMAYA E M	MALAYALAM	x
17	AKHILA JAMES	MATHEMATICS	x
18	HARITHA P.V.	MATHEMATICS	x
19	JISNA AUGUSTINE	MATHEMATICS	x
20	JOYAMOL T. BABY	MATHEMATICS	x



  
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SREEKANDAPURAM, KANNUR DT.,-670631

21	JWALA MARIYA CYRIAC	MATHEMATICS	✕
22	MANJUSHA N.	MATHEMATICS	✕
23	SANJIYA BENNY	MATHEMATICS	✕
24	SNEHA V.	MATHEMATICS	✕
25	EMIL THANKACHAN	NATURAL SCIENCE	✕
26	AISWARYA MANOJ	NATURAL SCIENCE	✕
27	AKSHAYA AV	NATURAL SCIENCE	✕
28	ANJANA T	NATURAL SCIENCE	✕
29	ATHIRA T C	NATURAL SCIENCE	✕
30	HARSHA SANTHOSH	NATURAL SCIENCE	✕
31	INDUKUMARI U K	NATURAL SCIENCE	✕
32	SUHAIRA N.	NATURAL SCIENCE	✕
33	ANAND RAVI	PHYSICAL SCIENCE	✕
34	VAISHAKH K	PHYSICAL SCIENCE	✕
35	AHANA THOMAS	PHYSICAL SCIENCE	✕
36	ANJANA CHANDRAN	PHYSICAL SCIENCE	✕
37	ANN KURIAN	PHYSICAL SCIENCE	✕
38	ARYA K I	PHYSICAL SCIENCE	✕
39	CHRISTEENA RAJU	PHYSICAL SCIENCE	✕
40	ELSITTA JOSE	PHYSICAL SCIENCE	✕
41	MANEESHA P	PHYSICAL SCIENCE	✕
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43	HRISHIKESH BABU M.C	SOCIAL SCIENCE	✕
44	JOMAL JOY	SOCIAL SCIENCE	✕
45	AKSHARAMOL	SOCIAL SCIENCE	✕
46	ANUMOL A M	SOCIAL SCIENCE	✕



  
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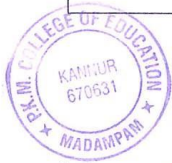
## TREKKING TO RANIPURAM

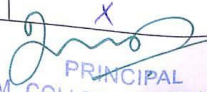
### PARTICIPATION LIST

2020- 2022 BATCH

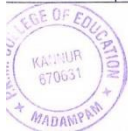
26/03/2022


SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	ALEX BABY	ENGLISH	X
2	ARUN SHAJI	ENGLISH	X
3	ALBY ANN STEPHEN	ENGLISH	X
4	DIVYASHREE ARAVIND	ENGLISH	X
5	KRISHNA PRIYA K.	ENGLISH	X
6	LITTY SUNDER	ENGLISH	X
7	RAJINA M. P.	ENGLISH	X
8	SANDRA MARYA SHAJI	ENGLISH	X
9	ADITHYA V	MALAYALAM	X
10	ANJALI R	MALAYALAM	X
11	ANUSREE K.C.	MALAYALAM	X
12	APARNA U.	MALAYALAM	X
13	ARCHANA K.C.	MALAYALAM	X
14	ATHULYA C.	MALAYALAM	X
15	NIVYA JOSEPH	MALAYALAM	X
16	SOORYA BABU	MALAYALAM	X
17	TOBY S ABRAHAM	MATHEMATICS	X
18	ANUSREE M.	MATHEMATICS	X
19	ARCHANA MADHUSOODANAN	MATHEMATICS	X
20	ASWATHI	MATHEMATICS	X



  
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21	JESMI GEORGE	MATHEMATICS	X
22	JISNA BABY	MATHEMATICS	X
23	MANEESHA BABU	MATHEMATICS	X
24	SANDHRA BIJU	MATHEMATICS	X
25	ANULAKSHMI P.	NATURAL SCIENCE	X
26	ATHIRA ANAND A.	NATURAL SCIENCE	X
27	JEENA SAJITH M.	NATURAL SCIENCE	X
28	KAVYA V.	NATURAL SCIENCE	X
29	LUMITHA BAI B.	NATURAL SCIENCE	X
30	M. ANU MARIYA	NATURAL SCIENCE	X
31	MARIA BABY	NATURAL SCIENCE	X
32	MARIZA MARKOSE	NATURAL SCIENCE	X
33	SAYOOJ V V	PHYSICAL SCIENCE	X
34	ANAGHA K K	PHYSICAL SCIENCE	X
35	ANUSREE K	PHYSICAL SCIENCE	X
36	ASHLY THOMAS	PHYSICAL SCIENCE	X
37	ASWATHI N V	PHYSICAL SCIENCE	X
38	AYANA K	PHYSICAL SCIENCE	X
39	DELNA T S	PHYSICAL SCIENCE	X
40	SARANYA L	PHYSICAL SCIENCE	X
41	SHYONA STEPHEN	PHYSICAL SCIENCE	X
42	HAIBIN MATHEW	SOCIAL SCIENCE	X
43	VISHNUPRATHAP M.	SOCIAL SCIENCE	X
44	ANASWARA K	SOCIAL SCIENCE	X
45	ANU PHILIP	SOCIAL SCIENCE	X



  
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46	ASHA N	SOCIAL SCIENCE	X
47	ATHIRA SHAJI	SOCIAL SCIENCE	X
48	JUVAIRIYA M N	SOCIAL SCIENCE	X
49	MUKTHA SASINDRAN	SOCIAL SCIENCE	X
50	SREYA REMESHBABU	SOCIAL SCIENCE	X



  
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## Name of the programme: Post Covid Fitness Training Programme



### P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P O, KANNUR – 670631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

Circular No 52/PKM/2021-22

Date: 11/03/2022

Sub: Post Covid Fitness Training Programme

#### CIRCULAR

We are thrilled to announce about the upcoming Post Covid Fitness training program organized by Health and Fitness Club in collaboration with Physical Education department at Vellamunda. We cordially invite all students and staff to join us to make this program a grand success.

Date: 14-03-2022

Time: 10.00 AM

Place: Vellamunda

Best regards,

Principal

Copy to

All TS, NTS and Students



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## Report

### Post Covid fitness training programme

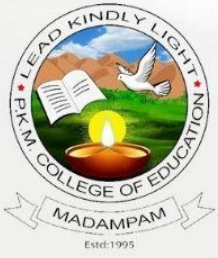
Department of physical education and health fitness club of P. K. M. College of education, Madampam organized Post COVID fitness training program at St. Annes EM School, Vellamunda, Wayanad on 14th march 2022. The programme started at 9:30 am with a welcome address by school Principal Fr. Shaji Mekkara. The program was headed by Fr. Sinoj Joseph and collectively directed by Mancesha P, Ahana Thomas, Elsitta Jose, Vismaya, Jeena Sajith M, Kavya V, Sayooj V V, Vishnuprathap M, Alex Baby and Hrishikesh Babu under the guidance of Zumba trainer Sreejith K, Assistant professor, School of physical education and sports science Kannur University. The program targeted the students from LKG to 10th standard and it was conducted in three sections. It was witnessed an active participation of students and teachers. School principal, Staff and student representatives addressed the concluding session. Fr. Sinoj Joseph thanked them and ended the program at 1.00 pm.



  
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# P.K.M. COLLEGE OF EDUCATION



**MADAMPAM, KAITHAPRAM P. O., KANNUR – 670 631**  
**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

**Recognized by NCTE included under UGC 2(f) & 12(B) category**  
**Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary**

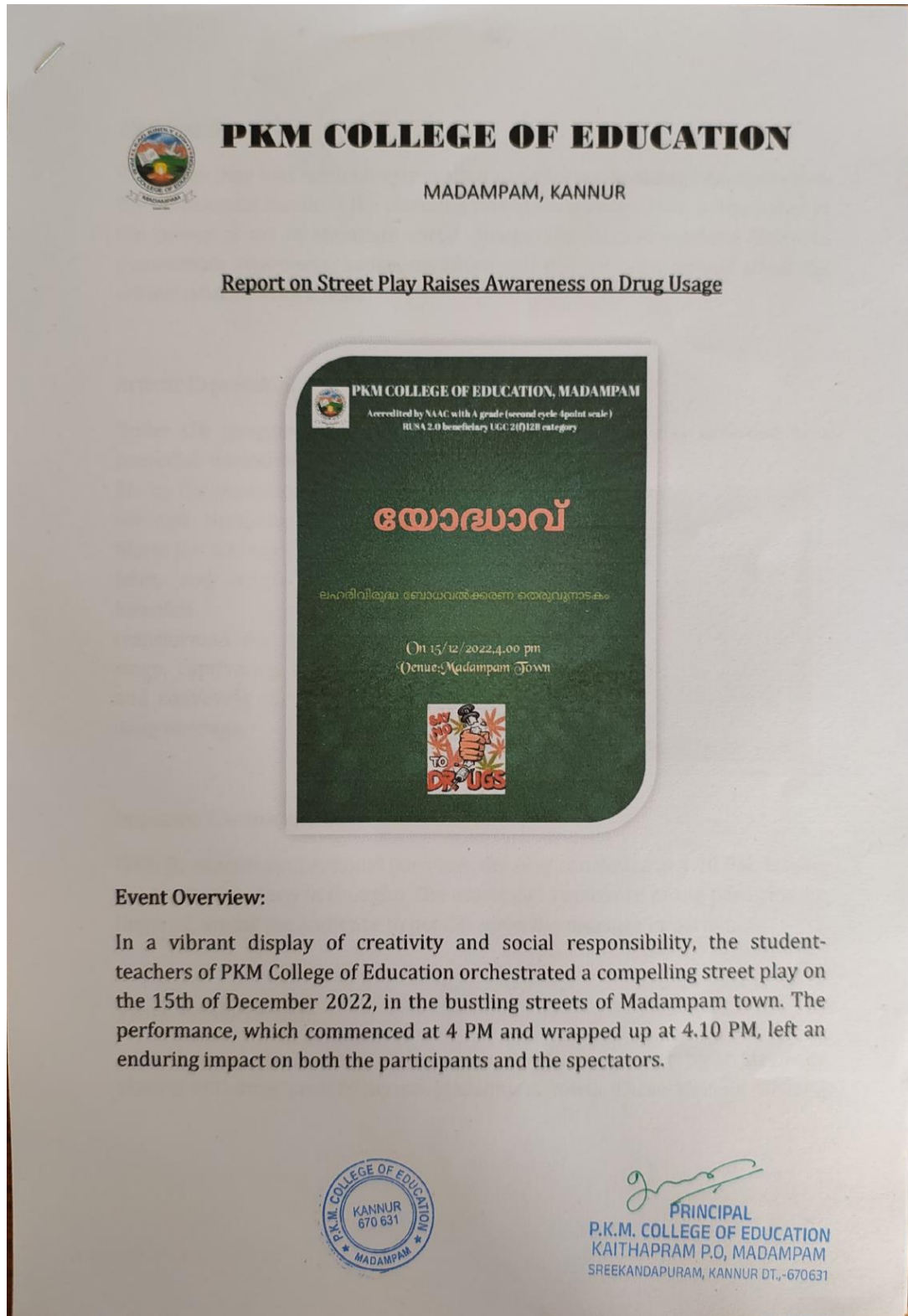
**3.3.1: Average number of outreach activities organized by the institution during the last five years.**

## OUTREACH ACTIVITIES

**2022-23**



**Name of the Programme: Street Play: - Yodhavu**



### **Aims and Objectives:**

The street play was meticulously crafted to address a pressing concern within the Madampam locality - the alarming rise in drug usage. With a firm belief in the power of art to stimulate social change, the student-teachers aimed to disseminate awareness, evoke emotions, and instigate discussions about the critical issue of drug abuse.

### **Artistic Expression:**

Under the imaginative direction of Ms. Anjitha A., the play unfolded as a powerful narrative, brought to life by the exceptional talents of the cast: Hariprasad N., Christy Maria Joy, Christy Philip, Nirmal John, and Anitta Roy. Their heartfelt performances transformed the streets into a stage, captivating the audience and conveying the urgent anti-drug message.



### **Impactful Closure and Beyond:**

With its concise yet profound storyline, the play concluded at 4.10 PM, leaving the spectators deep in thought. The emotional resonance of the performance lingered, urging the audience to ponder upon the message imparted.

### **Visual Reinforcement:**

After the play, the student-teachers extended their outreach by strategically placing anti-drug posters across Madampam town. These visually striking



A handwritten signature in blue ink, likely belonging to the Principal.

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posters served as a reminder, reinforcing the play's core message and encouraging continued dialogue within the community.

#### Empowering Change:


The street play was not merely an event; it was a catalyst for change. It illuminated minds, stirred emotions, and empowered the community to stand united against the threat of drug usage. The collaborative efforts of the student-teachers showcased the potential of creative arts as a transformative tool, fostering awareness and fostering a sense of shared responsibility.



#### Conclusion:

The street play, conceptualized and executed by the student-teachers of PKM College of Education, was a testament to the fusion of art and social consciousness. In the fading light of the evening, Madampam town witnessed not just a performance but a movement, an artistic endeavor that illuminated hearts, ignited minds, and paved the way for a brighter, more aware community.



  
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**Participation List:**

1. Hariprasad N
2. Christy Maria Joy
3. Christy Philip
4. Nirmal John
5. Anitta Roy
6. Anjitha A



*[Handwritten Signature]*

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## Name of the Programme: Anti-Drug – Rally


**Yodhav Anti-Drug Awareness Committee**

**Report on Anti-Drug Awareness Rally**

Date: 13th December 2022

Time: 3:00 PM


Location: PKM College of Education, Madampam




The image shows the cover of a report titled 'യോദ്ധാവ്' (Yodhav) in Malayalam. The cover is green and white. At the top, it says 'PKM COLLEGE OF EDUCATION, MADAMPAM' and 'Accredited by NAAC with A grade (second cycle: 4-point scale) BSA 2.0 beneficiary UGC 2(F) IIB category'. The title 'യോദ്ധാവ്' is written in large red Malayalam characters. Below it, there is a cartoon character of a soldier. The text 'On 13/12/2022, 3:00 pm (Dennis Madampam Town)' is written in the center. At the bottom, there is a small logo with the text 'DRUGS'.

**Introduction:**

The Yodhav Anti-Drug Awareness Committee of PKM College of Education, Madampam, organized an Anti-Drug Awareness Rally on 13th December 2022. The rally aimed to spread awareness about the adverse effects of drugs and promote a drug-free society. The event was a joint effort by the student teachers and staff members of PKM College.



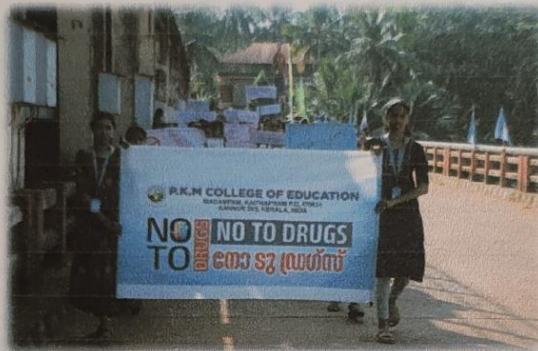
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670 631  
MADAMPAM



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**Rally Route:**


The rally commenced at 3:00 PM from PKM College and proceeded through the main streets of Madampam town. The participants, including student teachers and staff, actively engaged in the rally, holding slogans and posters with anti-drug messages.



**Slogans and Posters:**

Participants creatively designed posters and catchy slogans focusing on the harmful effects of drugs. These visual aids effectively conveyed the message of anti-drug awareness to the onlookers and passersby during the rally.



  
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**Participation:**

The rally saw enthusiastic participation from both students and staff. Around 86 individuals joined the cause, displaying unity and dedication in the fight against drug abuse. Their vibrant energy and zeal made the rally impactful and memorable.

**Impact:**

The rally successfully reached the people of Madampam, leaving a lasting impression on the community. The eye-catching posters and slogans caught the attention of the public, encouraging them to think about the consequences of drug abuse. Many residents were seen nodding in agreement, signifying the effectiveness of the awareness campaign.

**Media Coverage:**


Local media outlets covered the event, amplifying the message of the rally to a broader audience. Newspaper articles and television coverage further enhanced the impact, reaching those who were unable to attend the event in person.

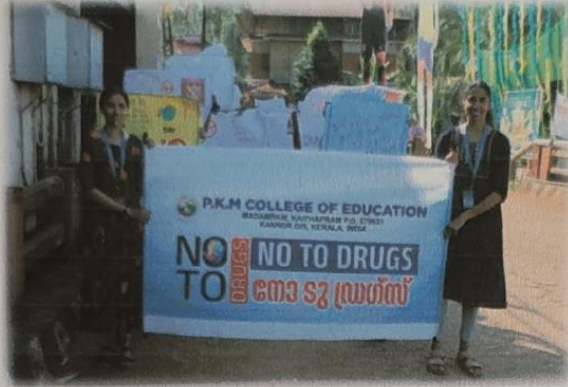
**Conclusion:**

The Anti-Drug Awareness Rally organized by the Yodhav Anti-Drug Awareness Committee of PKM College of Education was a resounding success. It united the student teachers and staff in their commitment to create a drug-free society. By spreading awareness and fostering a sense of responsibility among the citizens of Madampam, the event took a significant step towards combating drug abuse.

We extend our gratitude to all the participants, organizers, and supporters who made this event possible. Let us continue to work together, hand in hand, to eradicate the menace of drugs from our society.



  
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*[Signature]*  
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## Name of the Programme: Energy Conservation Rally and Signature Campaign

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(Govt. Aided Teacher Education Institution affiliated to Kannur University)  
Recognized by NCTE and included under UGC 2(f) & 12B category  
Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary  
E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)  
Tel: 0460 2230929, Fax: 04602 232449

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Circular No: /PKM/2022-23 Date: 12/12/2022  
Sub: Urjakiran rally & Signature campaigns

**CIRCULAR**


Dear students,

Urjakiran 2022-23 jointly with the Energy Management Centre planned to conduct Energy Conservation rally & signature campaign of P.K.M. College of Education on 15<sup>th</sup> December 2022.


EventDetails:

- Date: 16-12-2022  
- Time: 03:00 PM

Best regards

  
Principal

Copy to  
All TS, NTS & Students



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SREEKANDAPURAM, KANNUR DT.,-670631

### ABSTRACT FOR REPORT

Assessment Year – 2022-23

Office File No :      Digital File No:

ABOUT THE PROGRAMME			
Programme Title		Urja Kiran: Rally and Signature Campaign	
Sub Programme	Programme 1:	Nil	
	Programme 2	Nil	
Nature of the Programme		Outreach program emphasizing the importance of energy, its uses and conservation	
Level of the Programme		College level	
Type of the Programme	In-house/outreach	Outreach	
	Online/offline	Offline	
Objectives		<ul style="list-style-type: none"> <li>Develop an awareness about energy consumption and conservation</li> <li>To emphasize the importance of sustainable use of energy resources</li> <li>Provide information about various scientific methods of energy use and conservation.</li> </ul>	
Issues /Themes addressed		Importance of awareness about energy resources, its use, conservation and its methods.	
Date & time		15/12/2022 at 3 pm	
Venue		B. C. M. Club and Library, Madampam	
Duration		1.5 hours	
ORGANIZING LEVEL			
Organized by		P. K. M. College of Education, Madampam	
Association/ Collaboration with		Energy Management Centre, Kerala	
sponsored by	External	Energy management centre	
	Internal		
Sanctioned amount			
Sanction order details			
Faculty in charge		Dr. Prasanth Mathew	
Student co ordinators (Programme)			
Student co ordinators (Anchors)			
Student co ordinators (Reporting)			
Student co ordinators (ICT)			
Student co ordinators (Media)			
RESOURCE TEAM			
Resource Persons/Experts	Name	Designation	Role
	Mr. Anand Ravi	EMC Resource person, IInd year B.Ed. student of the college	Session on energy conservation and relevance.
Public Person	<ul style="list-style-type: none"> <li>Mr. Dominic P L</li> <li>Mrs. Meena Saji</li> </ul>	President, B. C. M. Club	Flagged off the Rally Inauguration of



*[Signature]*  
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	• Mr. Binoy	Councillor, Sreekandapuram Municipality	signature campaign Felicitation address
		Headmaster, Madampam Maryland High School	
Management Representative			
PTA Representative			
Alumni Representative			
Cooperative School Representative			
PARTICIPANTS			
Student participants	Batch 1: 2021-23		
	Batch 2: 2022-24	50	
Teacher Educators		8	
Administrative staff		10	
Student Teachers outside PKM			
Teacher Educators outside PKM			
Researchers			
School Teachers			
School students			
Alumni			
General public			
FEEDBACK			
Oral feedback			
Written feedback			
Google form			
On the spot			
UPLOADING DOCUMENTS			
Plan of Action			
Notice/ circular	Yes		
Brochure	Yes		
Programme sheet			
Photograph with titles			
Reports	Printed	Yes	
	Digital	Yes	
Geo tagged photos			
Videos edited for uploading			
Participant list			
Programme certificates			
Duty certificates			
Statement of Expenditure			
Mass media	News paper		
	Local channel		
	Radio		
	Online news		
Social media	Website		
	Facebook		
	Instagram		
Link of the document			
Publications/ proceedings if any			



*[Signature]*  
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Major outcomes	<ul style="list-style-type: none"> <li>• Student teachers got to know about the importance of effective usage and conservation of energy.</li> <li>• Student teachers, students and general public were informed and educated about energy consumption and scientific energy conservation methods.</li> </ul>
ICT/ Digital resources (Devices, Softwares, Apps etc)	



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**Name of programme: URJA KIRAN: RALLY AND SIGNATURE CAMPAIGNS**

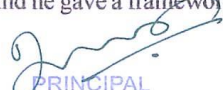
**Date:15-12-2022**



UrjaKiran 2022 – 23, Energy conservation rally and signature campaign of P K M College of Education was held on 15thDecember 2022. It was a programme jointly organised by energy managementcenter, Kerala and P K M College of Education at B C M Club and library, Madampam. It was flagged off by shri Dominic P L – president of B C M Club, Madampam. Student teachers conducted a rally from regulator cum bridge Madampam town at 3 P M with their slogans and pluck cards up. The official program started at 3 .15 P M at Madampam town in the presence of members of B C M Club, student teachers and the general public. Dr. Fr. Sinoj Joseph, Assistant Professor of Physical Education welcomed the gathering with his profound words about energy conservation and its necessity. The programme was presided over by Sr. Dr.Jessy N C – Principal, P K M College of Education. She reminded the gathering about the crisis we are in it’s the question of energy conservation is not answered properly the future generation will have its impacts. The signature campaign was inaugurated by Srimati. MeenaSaji, Councillor of Sreekandapuram Municipality.

She reflected upon various methods we have to adopt in our daily life to preserve and conserve energy resources. She added about the need of change that should be practised in each home. Mr Anand Ravi, resource person of EMC as well as second year B Ed student handled a detailed session on energy conservation and its relevance. The information shared was thought provoking since the statistics of energy usage by Keralites was shocking. In order to overcome this crisis, the alternative systems should be developed at the earliest. And he gave a framework



  
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of different government policies and it's benefits to the audience. ShriBinoy, Headmaster of Madampam Maryland High school and Shri Dominic gave their felicitation address. The pledge was provided by AnushaV UrjaKiran Coordinator. Dr.Prasanth Mathew, coordinator – UrjaKiran project proposed the vote of thanks. The students, members of B C M club and the general public marked their initial step for energy conservation through a signature as part of the campaign. The student teachers of P K M circulated a pamphlet detailing the scientific methods for energy conservation.



*[Signature]*  
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## ENERGY CONSERVATION RALLY AND SIGNATURE CAMPAIGN


### PARTICIPATION LIST

2022- 2024 BATCH

15/12/2022


SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	ANAGHA V J	ENGLISH	✓
2	ARSHA V	ENGLISH	✓
3	CHRISTY MARIYA JOY	ENGLISH	✓
4	DEVIKA K K	ENGLISH	✓
5	JOSNA JOSE	ENGLISH	✓
6	JYOTHIS CYRIAC	ENGLISH	✓
7	AISWARYA K	MALAYALAM	✓
8	ALEENA JAMES	MALAYALAM	✓
9	ANAGHA P K	MALAYALAM	✓
10	ANJITHA A	MALAYALAM	✓
11	HASEENA C M	MALAYALAM	✓
12	JOMOL K J	MALAYALAM	✓
13	MARIYA BABY	MALAYALAM	✓
14	RESHMA S	MALAYALAM	✓
15	AKHIL C K	MALAYALAM	✓
16	AKHILA V	MALAYALAM	✓
17	ANU MARIA JACOB	MATHEMATICS	✓
18	ARCHANA K	MATHEMATICS	✓
19	CHAITHANYA C K	MATHEMATICS	✓
20	JOBINA JOSE	MATHEMATICS	✓



  
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21	LIYA	MATHEMATICS	✓
22	SNEHADAS D S	MATHEMATICS	✓
23	ZIA R	MATHEMATICS	✓
24	AKSHAY G	MATHEMATICS	✓
25	HARIKISHOR K V	MATHEMATICS	✓
26	AISWARYA P V	NATURAL SCIENCE	✓
27	ANJU M J	NATURAL SCIENCE	✓
28	BLESSY JOY	NATURAL SCIENCE	✓
29	LINET TREESA MATHEW	NATURAL SCIENCE	✓
30	SAHILA YASMIN K	NATURAL SCIENCE	✓
31	SHEETHAL C	NATURAL SCIENCE	✓
32	SREELAKSHMI V P	PHYSICAL SCIENCE	✓
33	HARIPRASAD N	PHYSICAL SCIENCE	✓
34	ANITTA ROY	PHYSICAL SCIENCE	✓
35	ANJU T MATHEW	PHYSICAL SCIENCE	✓
36	ANN MARIA RAJU	PHYSICAL SCIENCE	✓
37	ANUSHA V	PHYSICAL SCIENCE	✓
38	CHRISTY PHILIP	PHYSICAL SCIENCE	✓
39	DIVYA K S	PHYSICAL SCIENCE	✓
40	DRISHYA P P	PHYSICAL SCIENCE	✓
41	AKSHAY SUKUMARAN	PHYSICAL SCIENCE	✓
42	ADITHYA RAJ T K	SOCIAL SCIENCE	✓
43	ANAGHA K	SOCIAL SCIENCE	✓
44	ANJU V	SOCIAL SCIENCE	✓
45	APARNA PRADEEP P V	SOCIAL SCIENCE	✓
46	SREETHU M	SOCIAL SCIENCE	✓



  
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47	TINCY THOMAS	SOCIAL SCIENCE	✓
48	VRINDHA M O	SOCIAL SCIENCE	✓
49	AMAL TOMY	SOCIAL SCIENCE	✓
50	NIRMAL JOHN	SOCIAL SCIENCE	✓



  
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## Name of the Programme: Paper presentation at International Seminar: Higher Education:Emerging Trends Challenges and Innovations

343 (7)

Name of the programme : Participation in International Seminar on Higher  
Education: Emerging Trends, Challenges, and  
Innovations  
Date: 28,29,30-07-2022


Representatives of P. K. M. College of Education, Madampam participated in the International Seminar on 'Higher Education: Emerging Trends, Challenges, and Innovations' organised by St. Joseph's College of Education, Mysuru in collaboration with International Gandhian Initiatives for Non- Violence and Peace (IGINP) on 28th and 29th of July 2022. The student-teachers who presented papers includes Ahana Thomas, Anand Ravi, Arya K I, Anjana Chandran, Ann Kurian, Christeena Raju, Elsitta Raju, Maneesha P, Niha Padmanabhan, Vaishakh K, Aswathi V, Karishma Suresh, Alen Maria Binny and Jahna T V along with the alumini Anulakshmi P and the faculty Ms. Minimol George.  
28th July 2022

The opening ceremony began at 10:00 am with a welcome dance followed by technical sessions of Dr. Jagannath Dange, professor and chairperson of P. G. Department of Education, Kuvempu University, Karnataka and Dr. Jill Carr-Harris, lead coordinator of International Gandhian Initiatives for Non- Violence and Peace (IGINP) on 'Challenges and Emerging Trends of Higher Education' and 'Non-violence and Peace Education in Higher Studies' respectively. The sessions were held at multipurpose hall with the latter being online. Dr. Dange enumerated various challenges faced by higher education while Dr. Harris threw light on the significance of peace in education. Paper presentations of Anjana Chandran, Arya K I and Karishma Suresh took place in the scheduled halls after the talks of resource persons.

### Cultural Exchange Programme

The evening witnessed the student - teachers of P. K. M. College of Education, actively participating in the Culture Exchange Programme jointly organised by St. Joseph's College of Education, Mysuru and P. K. M. College of Education, Madampam. The event aimed to share a slice of the cultures of the states of Kerala and Karnataka through cultural performances to extend academic sessions. The participants exhibited both native dance forms and folksongs along with a brief PowerPoint presentation on an overview on the land of Kerala. The programme began with a Kerala folk dance performed by Ahana Thomas, Elsitta Jose, Christeena Raju and Maneesha P, followed by oppana, a Muslim wedding dance form, showcased by Arya K I, Niha Padmanabhan, Aswathi V, Anulakshmi P and Jahna T V. The presentation was intermittently led by Ann Kurian and Karishma Suresh. The highlight of the Kerala culture exchange session was margomkalli, an energetic Christian dance form performed with agility, zest and grace. Nagapattu, serpent worship song was sung by all the 14 participants of the college bringing an end to the Kerala culture exchange programme. The student-teachers of St. Joseph's College of Education performed Bharatnatyam, Kannada folk dance, Coorg dance and Yakshagaana that thrilled the audience to shake their leg and actively join the event.



  
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The programme culminated with both the colleges exchanging certificates for student exchange programme and taking a group photograph.


29th July 2022

The second and the final day of the international seminar began with paper presentations at different halls. Ms. Minimol George, Jahna T V, Alen Maria Binny, Maneesha P, Elsitta Jose, Aswathi V and Anulakshmi P presented papers in the morning session while Ann Kurien, Vaishakh K, Niha Padmanabhan, Anand Ravi, Ahana Thoma and Christeena Raju in the noon session. The technical sessions were handled by Dr. K. Thiyagu, assistant professor at Central University of Kerala on 'Techno Pedagogy Skills' and Dr. Sony Mary Varghese, assistant professor at Peet Memorial Training College, Kerala on 'Preparing Prospective Teachers for 21st Century Inclusive Classrooms'. The former talk introduced interesting tech based learning activities to make classrooms active while the latter mentioned the necessary qualities of a 21st century teacher. The valedictory function began at 03:30 pm and the curtains of the programme came down at 04:30 pm. Faculty exchange programme was held at the threshold of the college at 05:00 pm between P. K. M. College of Education and St. Joseph's College of Education. At evening, the team along with Ms. Minimol George visited science park in Regional Institute of Education, Karnataka.

30th July 2022

The student – teachers toured the Mysore city visiting the important destinations that represent the historical, cultural and authentic elements of the state. The trip began at 09:00 am hitting the first stop at Ranganathaswamy temple. The entry to the temple was aligned either sides with souvenir shops exhibiting the cultural and commercial products of Mysore. The temple accommodated the believers of all religions representing the spirit of the nation. The next place of worship Jamia Masjid at Srirangapatnam too showcased this characteristic, enabling all people of faith to embrace togetherness. The historical town house the tomb of the first freedom fighter of India Tipu Sultan, who is known for his bravery in resisting the invasion of East India Company. The visit to Tipu Sultan's summer palace and museum exposed the team of 15 student-teachers to the Indo-Islamic architecture and rich treasure of historical artefacts and knowledge. The final destination of the trip was to the majestic Mysore palace to which the team wave goodbye and returned at 06:00 pm.



  
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### 1. Certificate Distribution & Experience Sharing

#### Two Day International Seminar on “Higher Education: Emerging Trends, Challenges and Innovations” at St. Joseph’s College of Education, Mysuru

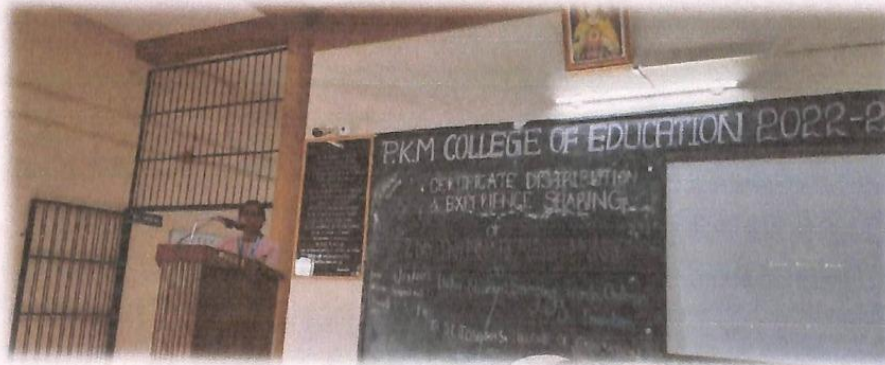
##### Objective

- To distribute certificates for participants of paper presentation and cultural exchange programme conducted as part of Two-Day International Seminar on “Higher Education: Emerging Trends, Challenges and Innovations” at St. Joseph’s College of Education, Mysuru.
- To share experience of participants of International Seminar.

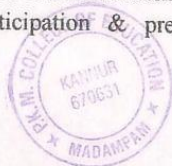
##### Programme

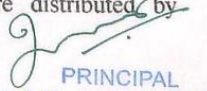
Two Day International Seminar on “Higher Education: Emerging Trends, Challenges and Innovations” was conducted at St. Joseph’s College of Education, Mysuru on 28<sup>th</sup> and 29<sup>th</sup> July 2022. Sixteen student teachers, six teacher educators and two alumni members of P.K.M College of Education have participated and presented their research papers in the International Seminar. Also, there was a cultural exchange programme as part of International Seminar.

An official ceremony for Certificate Distribution & Experience Sharing, of Two Day International Seminar on “Higher Education: Emerging Trends, Challenges and Innovations” at St. Joseph’s College of Education, Mysuru, was conducted at general hall of P.K.M College of Education on 2<sup>nd</sup> August 2022 from 3.30 PM to 4.30 PM. Programme started with a welcome speech delivered by Ann Kurian, student coordinator of the programme. It was followed by a video presentation, which contains glimpses of paper presentations of student teachers, cultural exchange programmes, technical sessions of seminar and field visit. Anjana Chandran, participant of International Seminar, has shared her experience of entire programme. It gives a clear narration of the journey as well as the effectiveness of participation in the programme. Dr.Prasanth Mathew and Sr.Caroline have shared their experience of guiding student teachers for the Seminar and also appreciated the entire team for their performance.



Certificates of student teachers and Ashish Saseendran (alumni member of P.K.M College), for their participation & presentation in the International Seminar, were distributed by




  
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Dr.Jessy.N.C, Principal, P.K.M College of Education and that for teacher educators were distributed by Dr.Prasanth Mathew, Vice-principal, P.K.M College of Education. Certificates of cultural exchange programme, conducted as part of the seminar, were distributed by Dr.Jessy.N.C. Also, P.K.M College was awarded for the excellent participation in the cultural exchange programme and the certificate for this participation was collected by Dr.Jessy.N.C from Sr.Caroline.

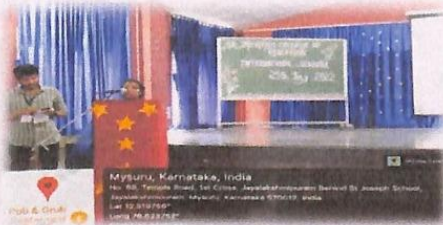
Dr.Jessy.N.C has concluded the programme by appreciating the team for their excellent participation, which is highly motivating for all student teachers of P.K.M College.




  
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**ST. JOSEPH'S COLLEGE OF EDUCATION**  
 JAYALAKSHMIPURAM, PO-570012 MYSURU, KARNATAKA, INDIA  
 In Collaboration with  

**P.K.M. COLLEGE OF EDUCATION**  
 Madampam, Kaitthapram PO-670631, Kannur District, Kerala, India  
**STUDENT EXCHANGE PROGRAMME**  
 2022-2023  
 Date : 28<sup>th</sup> July 2022 Thursday  
 Venue : ST. JOSEPH'S COLLEGE OF EDUCATION, MYSURU



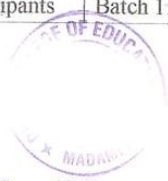
  
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**ABSTRACT FOR REPORT**

Assessment Year – 2022-23

Office File No : Digital File No:


ABOUT THE PROGRAMME			
Programme Title		Participation in international seminar on higher education: Emerging trends, challenges and innovation	
Sub Programme	Programme 1:		
	Programme 2		
Nature of the Programme		Awareness about participating in international seminar	
Level of the Programme			
Type of the Programme	In-house/outreach	In-house	
	Online/offline	Offline	
Objectives		<ul style="list-style-type: none"> <li>To develop positive attitude in knowledge exchange between student teachers</li> <li>To motivate student teachers in collaboration and research opportunities</li> </ul>	
Issues /Themes addressed		Awareness about participating in international seminar	
Date & time		28-07-2022, 29-07-2022, 30-07-2022	
Venue		College auditorium	
Duration		Three days	
ORGANIZING LEVEL			
Organized by		St.Josephs's College of education, Mysore	
Association/ Collaboration with		International Gandhian Initiatives for Non-Violence and peace	
sponsored by	External		
	Internal		
Sanctioned amount			
Sanction order details			
Faculty in charge			
Student co ordinators (Programme)			
Student co ordinators (Anchors)			
Student co ordinators (Reporting)			
Student co ordinators (ICT)			
Student co ordinators (Media)			
RESOURCE TEAM			
Resource Persons/Experts	Name	Designation	Role
	Dr.Jagnath Dange,Dr.K.Thiyaju,Dr.Sony Mary Varghese		
Public Person			
Management Representative			
PTA Representative			
Alumni Representative			
Cooperative School Representative			
PARTICIPANTS			
Student participants	Batch 1:	14	



  
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	Batch 2:	
Teacher Educators		1
Administrative staff		
Student Teachers outside PKM		
Teacher Educators outside PKM		
Researchers		
School Teachers		
School students		
Alumni		1
General public		
<b>FEEDBACK</b>		
Oral feedback		
Written feedback		
Google form		
On the spot		
<b>UPLOADING DOCUMENTS</b>		
Plan of Action		
Notice/ circular		
Brochure	Yes	
Programme sheet		
Photograph with titles		
Reports	Printed	Yes
	Digital	Yes
Geo tagged photos		
Videos edited for uploading		
Participant list		
Programme certificates		
Duty certificates		
Statement of Expenditure		
Mass media	News paper	
	Local channel	
	Radio	
	Online news	
Social media	Website	
	Facebook	
	Instagram	
Link of the document		
Publications/ proceedings if any		
Major outcomes		<ul style="list-style-type: none"> <li>• Student teachers got to know about the importance of international seminars</li> <li>• Student teachers are motivated to follow up the research attitude</li> </ul>
ICT/ Digital resources (Devices, Softwares, Apps etc)		




  
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## Name of the Programme: 10 Days Yoga Training for Nearby Community (Alex Nagar)

### Report on 10 days Yoga Training Programme

PKM College of Education is organised a 10 days yoga training programme in association with Sathyan Smaraka Vayansala, Alex Nagar from 19-08-2022 to 28-2022. The venue of the programme was at Alex Nagar. The Participants are the residents of Alex Nagar, a locality near to the college. After the completion of the training programme a validatory programme conducted on 28-08-2022. The programme was presided over by M. V. Sunil, Vice President of Sathyan Smaraka Vayanasala and was inaugurated by Dr. Jessy N. C., Principal, PKM College of Education. The certificates were distributed to the participants. Dr. Sinoj Joseph, Assistant Professor in Physical Education felicitated over the programme. Yoga trainer Mukundan Koyyam expressed concluding remarks. Joby Mathew, Secretary of Sathyan Smaraka Vayanasala welcomed all to the programme and Join Secretary Saji Kaleedukkil expressed vote of thanks. Vaishakh K, was the Student Co-ordinator of the Programme.




  
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## Name of the Programme: Charithra Seminar

### History Seminar

On Tuesday 31/08/2022, history seminar was held at P.K.M.College of Education, Madampam auditorium. The programme was conducted as a part of history festival by library council, Sreekandapuram leadership committee, Sathyan Memorial library and grandhalayam, Alex Nagar, P.K.M.College of Education, Madampam. The Library council leadership committee member E.K.Krishnan master welcomed the programme. The respected college principal Dr.Sister Jessy N.C presided over the function. The history seminar was inaugurated by T.K Prasad, Associate professor in Geography, Kannur University. College I.Q.A.C Coordinator Dr.Veena Appukkuttan and Taluk library council joint secretary E.K. Ajith Kumar delivered the felicitation. After the inaugural ceremony, the interesting history class was taken by the inagurator. Later the function was thanked by Joby Mathew, secretary of Sathyan memorial library and grandhalayam ,Alex Nagar.



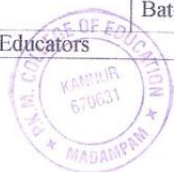
  
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### ABSTRACT FOR REPORT

Assessment Year – 2022-23

Office File No :      Digital File No:

ABOUT THE PROGRAMME			
Programme Title		HISTORY SEMINAR	
Sub Programme	Programme 1:	Nil	
	Programme 2	Nil	
Nature of the Programme			
Level of the Programme			
Type of the Programme	In-house/outreach	In- house.	
	Online/offline	Offline	
Objectives		<ul style="list-style-type: none"> <li>To enhance academic and professional development.</li> <li>To foster a reading culture and library usage.</li> <li>To provide a focused and in-depth exploration of a particular historical period, event, theme, or concept.</li> </ul>	
Issues /Themes addressed			
Date & time		30-08-2022 at 2 pm.	
Venue		College auditorium..	
Duration		Half day.	
ORGANIZING LEVEL			
Organized by		P.K.M College of Education, Madampam	
Association/ Collaboration with		Library Council and Alex Nagar Satya Smaaraka Library.	
sponsored by	External		
	Internal		
Sanctioned amount			
Sanction order details			
Faculty in charge			
Student co ordinators (Programme)			
Student co ordinators (Anchors)			
Student co ordinators (Reporting)			
Student co ordinators (ICT)			
Student co ordinators (Media)			
RESOURCE TEAM			
Resource Persons/Experts	Name	Designation	Role
Public Person			
Management Representative			
PTA Representative			
Alumni Representative			
Cooperative Representative	School		
PARTICIPANTS			
Student participants	Batch 1:	49	
	Batch 2:		
Teacher Educators			



*[Signature]*  
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SREEKANTHAPURAM, KANNUR DT.,-670631

Administrative staff		
Student Teachers outside PKM		
Teacher Educators outside PKM		
Researchers		
School Teachers		
School students		
Alumni		
General public		
<b>FEEDBACK</b>		
Oral feedback		
Written feedback		
Google form		
On the spot		
<b>UPLOADING DOCUMENTS</b>		
Plan of Action		
Notice/ circular		
Brochure	Yes	
Programme sheet		
Photograph with titles	Yes	
Reports	Printed	Yes
	Digital	Yes
Geo tagged photos	Yes	
Videos edited for uploading		
Participant list		
Programme certificates		
Duty certificates		
Statement of Expenditure		
Mass media	News paper	
	Local channel	
	Radio	
	Online news	
Social media	Website	
	Facebook	
	Instagram	
Link of the document		
Publications/ proceedings if any		
Major outcomes		<ul style="list-style-type: none"> <li>• Seminars promote active participation and engagement through discussions and collaborative activities.</li> <li>• It provide an in-depth knowledge on particular historical event or element.</li> </ul>
ICT/ Digital resources (Devices, Softwares, Apps etc)		



*[Signature]*  
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## Name of the Programme: Anti-Drug Campaign – Yodhav



### P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P O, KANNUR – 670631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

Copy to all TS, NTS&Students

Circular No- /2022-2023

Date: 24/09/2022

Sub –Yodhav - Anti-Drug Campaign

#### CIRCULAR

Dear,

We are pleased to announce the commencement of our much-anticipated anti-drug campaign, "Yodhav," organized by the Janamythri Police, Sreekandapuram in association with sreekandapuram municipality on 29<sup>th</sup> September 2022 at municipality hall. The campaign aims to raise awareness about the detrimental effects of drug abuse and encourage a drug-free community

#### Event Details:

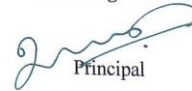
Date:30thSeptember 2022

Time: 10:30 AM

Venue:Municipality hall

Let us stand together and declare our commitment to a community free from the scourge of drug abuse. We look forward to your presence and support at this crucial event.

Best Regards



Principal

Copy to all TS, NTS&Students



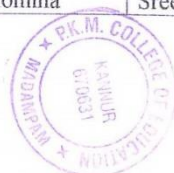
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### ABSTRACT FOR REPORT

Assessment Year – 2022-23

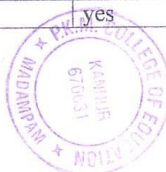
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ABOUT THE PROGRAMME			
Programme Title		Anti- Drug Campaign -Yodhav @ Sreekandapuram	
Sub Programme	Programme 1:	Rally	
	Programme 2	Oath-taking against the usage of Drugs and building a drug-free society.	
Nature of the Programme		Raising Awareness against Drugs	
Level of the Programme		State level	
Type of the Programme	In-house/outreach	outreach	
	Online/offline	offline	
Objectives		<ul style="list-style-type: none"> <li>The campaign act as a strive to create a drug-free generation that is equipped to make healthy and informed choices.</li> <li>Spreading awareness on Anti-drug.</li> </ul>	
Issues /Themes addressed		Unite Against drug	
Date & time		29-09-2022, 10.30 a.m.	
Venue		Sreekandapuram Municipality Hall	
Duration			
ORGANIZING LEVEL			
Organized by		Janamythri Police, Sreekandapuram	
Association/ Collaboration with		Sreekandapuram Municipality	
sponsored by	External		
	Internal		
Sanctioned amount			
Sanction order details			
Faculty in charge			
Student co ordinators (Programme)			
Student co ordinators (Anchors)			
Student co ordinators (Reporting)			
Student co ordinators (ICT)			
Student co ordinators (Media)			
RESOURCE TEAM			
Resource Persons/Experts	Name	Designation	Role
Public Person	Mr. K.V Ragunath	SI,Sreekandapuram Police station	Welcome Address
	Mr. M. P Vinpd	Deputy Superintendent of Police, Sreekandapuram	Inaugural address
	Dr. K V Philomina	Municipality Chairperson Sreekandapuram	



  
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	Mr P. Madhavan Mr. P. T. Kuriakose Masrer Mr. Valsan T K Mr. K Salahudheen Mr P. V Sasidharan		Keynote address
	Mr. Ashok Kumar	Sub Inspector, Sreekandapuram	Felicitation
Management Representative			Vote of Thanks
PTA Representative			
Alumni Representative			
Cooperative School Representative			
<b>PARTICIPANTS</b>			
Student participants	Batch 1: 2021-23		
	Batch 2: 2022-24	10	
Teacher Educators			
Administrative staff			
Student Teachers outside PKM		yes	
Teacher Educators outside PKM		yes	
Researchers			
School Teachers		yes	
School students		yes	
Alumni			
General public		yeas	
<b>FEEDBACK</b>			
Oral feedback			
Written feedback			
Google form			
On the spot			
<b>UPLOADING DOCUMENTS</b>			
Plan of Action			
Notice/ circular		yes	
Brochure		yes	
Programme sheet		yes	
Photograph with titles		yes	
Reports	Printed	yes	
	Digital	yes	
Geo tagged photos			
Videos edited for uploading			
Participant list			
Programme certificates			
Duty certificates			
Statement of Expenditure			
Mass media	News paper	yes	
	Local	yes	



  
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	channel		
	Radio		
	Online news		yes
Social media	Website		
	Facebook		
	Instagram		
Link of the document			
Publications/ proceedings if any			
Major outcomes			
		<ul style="list-style-type: none"> <li>• Increased awareness</li> <li>• Promoting healthy alternatives.</li> <li>• Community engagement</li> <li>• Positive attitude and behaviour change towards the prevention of drugs through unity.</li> <li>• Encouraged a Drug-free lifestyle.</li> </ul>	
ICT/ Digital resources (Devices, Softwares, Apps etc)			



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**Name of the programme : Anti Drug Campaign @ Sreekandapuram**  
**Date: 29-09-2022**

The anti-drug campaign-Yodhav was conducted by Janamythri Police, Sreekandapuram in association with Sreekandapuram Municipality on 29<sup>th</sup> September 2022 at Sreekandapuram Municipality hall. Representatives of all Schools and Colleges in Sreekandapuram Municipality were participated in the programme. Ten Students and one teacher from PKM College of Education



were participated. Programme started at 10:30 pm with the welcome address of Sreekandapuram Police Station SI, K V Reghunath. Sreekandapuram Police Station IP SHO, E P Sureshan presided the function. Deputy Superintendent of Police, M P Vinod inaugurated the function. Sreekandapuram Municipality Chairperson, Dr. K V Philomina delivered keynote address. P Madhavan, P T Kuriakose Master, K Salahudheen, Valsalan T K and P V Sasidharan were delivered felicitation address. Sreekandapuram Police Station SI, Ashok Kumar P P delivered vote of thanks. After that rally and pledge taking ceremony were conducted.




  
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## Name of the Programme: Human Chain on Anti-Drug

Name of the programme : Anti-drug pledge and joined the human chain. Date:01-11-2022:


PKM College of Education organized a human network in association with Mary Land High School Madampam on 1st November at Madambam town. More than thousand students, teachers, locals and general public took the anti-drug pledge and joined the human chain. The human chain that mobilized thousands to educate our society and country against the growing drug addiction was a powerful and important one. Through this human chain, the student community was able to send a strong message that if there is a strong presence, cooperation and collective action, no drug can enter our society or cannibalize anyone. A flash mob performed by the student teacher of PKM College along with the human chain made the event very colourful. It was the beginning of a good tomorrow when the children stood united in front of the society and shouted loudly in front of the society that life is their addiction. This flash mob was also a firm step that they are ready to burn the poison of addiction from the society and lead the society on a straight path.



  
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SREEKANDAPURAM, KANNUR DT.,-670631

	Batch 2:		
Teacher Educators			
Administrative staff			
Student Teachers outside PKM			
Teacher Educators outside PKM			
Researchers			
School Teachers			
School students			
Alumni			
General public			
<b>FEEDBACK</b>			
Oral feedback			
Written feedback			
Google form			
On the spot			
<b>UPLOADING DOCUMENTS</b>			
Plan of Action			
Notice/ circular			
Brochure			
Programme sheet			
Photograph with titles			
Reports	Printed	Yes	
	Digital	Yes	
Geo tagged photos			
Videos edited for uploading			
Participant list			
Programme certificates			
Duty certificates			
Statement of Expenditure			
Mass media	News paper		
	Local channel		
	Radio		
	Online news		
Social media	Website		
	Facebook		
	Instagram		
Link of the document			
Publications/ proceedings if any			
Major outcomes		<ul style="list-style-type: none"> <li>• Student teacher got to realize aware of the dangers and consequences of drug abuse.</li> <li>• Student teachers are motivated to prepare to lead drug free life.</li> </ul>	
ICT/ Digital resources (Devices, Softwares, Apps etc)			



  
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## MANUSHYA CHANGALA


### PARTICIPATION LIST

2022- 2024 BATCH

01/11/2022

SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	ANAGHA V J	ENGLISH	✓
2	ARSHA V	ENGLISH	✓
3	CHRISTY MARIYA JOY	ENGLISH	✓
4	DEVIKA K K	ENGLISH	✓
5	JOSNA JOSE	ENGLISH	✓
6	JYOTHIS CYRIAC	ENGLISH	✓
7	AISWARYA K	MALAYALAM	✓
8	ALEENA JAMES	MALAYALAM	✓
9	ANAGHA P K	MALAYALAM	✓
10	ANJITHA A	MALAYALAM	✓
11	HASEENA C M	MALAYALAM	✓
12	JOMOL K J	MALAYALAM	✓
13	MARIYA BABY	MALAYALAM	✓
14	RESHMA S	MALAYALAM	✓
15	AKHIL C K	MALAYALAM	✓
16	AKHILA V	MALAYALAM	✓
17	ANU MARIA JACOB	MATHEMATICS	✓
18	ARCHANA K	MATHEMATICS	✓
19	CHAITHANYA C K	MATHEMATICS	✓
20	JOBINA JOSE	MATHEMATICS	✓
21	LIYA	MATHEMATICS	✓



  
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22	SNEHADAS D S	MATHEMATICS	✓
23	ZIA R	MATHEMATICS	✓
24	AKSHAY G	MATHEMATICS	✓
25	HARIKISHOR K V	MATHEMATICS	✓
26	AISWARYA P V	NATURAL SCIENCE	✓
27	ANJU M J	NATURAL SCIENCE	✓
28	BLESSY JOY	NATURAL SCIENCE	✓
29	LINET TREESA MATHEW	NATURAL SCIENCE	✓
30	SAHILA YASMIN K	NATURAL SCIENCE	✓
31	SHEETHAL C	NATURAL SCIENCE	✓
32	SREELAKSHMI V P	PHYSICAL SCIENCE	✓
33	HARIPRASAD N	PHYSICAL SCIENCE	✓
34	ANITTA ROY	PHYSICAL SCIENCE	✓
35	ANJU T MATHEW	PHYSICAL SCIENCE	✓
36	ANN MARIA RAJU	PHYSICAL SCIENCE	✓
37	ANUSHA V	PHYSICAL SCIENCE	✓
38	CHRISTY PHILIP	PHYSICAL SCIENCE	✓
39	DIVYA K S	PHYSICAL SCIENCE	✓
40	DRISHYA P P	PHYSICAL SCIENCE	✓
41	AKSHAY SUKUMARAN	PHYSICAL SCIENCE	✓
42	ADITHYA RAJ T K	SOCIAL SCIENCE	✓
43	ANAGHA K	SOCIAL SCIENCE	✓
44	ANJU V	SOCIAL SCIENCE	✓
45	APARNA PRADEEP P V	SOCIAL SCIENCE	✓
46	SREETHU M	SOCIAL SCIENCE	✓
47	TINCY THOMAS	SOCIAL SCIENCE	✗



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48	VRINDHA M O	SOCIAL SCIENCE	✓
49	AMAL TOMY	SOCIAL SCIENCE	✓
50	NIRMAL JOHN	SOCIAL SCIENCE	✓



A handwritten signature in green ink, appearing to be "Jm" or similar, written over a horizontal line.

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# Name of the Programme: Energy Conservation Seminar at St. Alphonsa Church, Mundanoor

Name of programme: ഊർജ്ജസംരക്ഷണസെമിനാർ

DATE: 08-01-2023

Venue: St. Alphonsa Church, Mundannur

Date: 08/01/2023

Time: 4.30 PM

**Objective**

- To create an awareness on 'energy conservation' among people
- To develop skills of student teachers through organizing outreach programmes

**Programme**

'Urjakiran' is a programme organized in collaboration with Energy Management Centre (EMC) -Government of Kerala and Centre for Environment and Development – Government of India. As part of Urjakiran programme, P.K.M College of Education conducted a Seminar on the topic 'Lifestyle and Energy Efficiency' on 8<sup>th</sup> January 2023 at Parish Hall, St.Alphonsa Church, Mundannur. The programme was inaugurated by Adv.Sajeev Joseph, M.L.A of Irikkur Constituency. Dr.Jessy N.C, Principal of PKM College of Education, delivered the presidential address. Fr. Amal Tomy, Mr. Biju Arakkal, Dr.PrasanthMathe(Vice Principal, PKM College of Education), Ms.Anjana Chandran (Student Coordinator Of the Programme) were present at the event. Classes on the topic were taken by E.M.C Resource persons

Ms. Ann Kurian, Ms. Arya K I and Mr. Anand Ravi. Around 85 people participated in the programme. Distribution of LED Bulbs were also a part of the programme. Programme ended at 6.30 pm.



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*[Handwritten Signature]*

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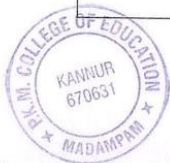
## URJASAMRAKSHANA SEMINAR

### PARTICIPATION LIST

2021- 2023 BATCH

08/01/2023

SL. NO.	NAME	OPTIONAL SUBJECT	ATTENDANCE
1	AMITHA GEORGE	ENGLISH	P
2	ANUSREE K.	ENGLISH	P
3	ASWATHI V.	ENGLISH	a
4	DARIYA BABY	ENGLISH	P
5	JINISHA JOHN	ENGLISH	P
6	KARISHMA SURESH	ENGLISH	P
7	RESHMA G.R.	ENGLISH	P
8	ROSHA B ROY	ENGLISH	P
9	ALEX JOSE	MALAYALAM	P
10	JISHNU T P	MALAYALAM	P
11	ALEN MARIA BINNY	MALAYALAM	P
12	ANAGHA CHANDRAN M.	MALAYALAM	P
13	ANAGHA N P	MALAYALAM	a
14	JAHNA T V	MALAYALAM	P
15	SRUTHI P V	MALAYALAM	P
16	VISMAYA E M	MALAYALAM	P
17	AKHILA JAMES	MATHEMATICS	P
18	HARITHA P.V.	MATHEMATICS	P
19	JISNA AUGUSTINE	MATHEMATICS	P
20	JOYAMOL T. BABY	MATHEMATICS	P
21	JWALA MARIYA CYRIAC	MATHEMATICS	P



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22	MANJUSHA N.	MATHEMATICS	P
23	SANJIYA BENNY	MATHEMATICS	P
24	SNEHA V.	MATHEMATICS	P
25	EMIL THANKACHAN	NATURAL SCIENCE	P
26	AISWARYA MANOJ	NATURAL SCIENCE	P
27	AKSHAYA AV	NATURAL SCIENCE	P
28	ANJANA T	NATURAL SCIENCE	P
29	ATHIRA T C	NATURAL SCIENCE	P
30	HARSHA SANTHOSH	NATURAL SCIENCE	P
31	INDUKUMARI U K	NATURAL SCIENCE	P
32	SUHAIRA N.	NATURAL SCIENCE	P
33	ANAND RAVI	PHYSICAL SCIENCE	P
34	VAISHAKH K	PHYSICAL SCIENCE	P
35	AHANA THOMAS	PHYSICAL SCIENCE	P
36	ANJANA CHANDRAN	PHYSICAL SCIENCE	P
37	ANN KURIAN	PHYSICAL SCIENCE	P
38	ARYA K I	PHYSICAL SCIENCE	P
39	CHRISTEENA RAJU	PHYSICAL SCIENCE	P
40	ELSITTA JOSE	PHYSICAL SCIENCE	P
41	MANEESHA P	PHYSICAL SCIENCE	P
42	NIHA PADMANABHAN	PHYSICAL SCIENCE	P
43	HRISHIKESH BABU M.C	SOCIAL SCIENCE	P
44	JOMAL JOY	SOCIAL SCIENCE	P
45	AKSHARAMOL	SOCIAL SCIENCE	P
46	ANUMOL A M	SOCIAL SCIENCE	P
47	ANUSREE K P.	SOCIAL SCIENCE	A



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48	HITHA K	SOCIAL SCIENCE	P
49	PRAJINA DAS K P	SOCIAL SCIENCE	P
50	SIMNA N.P.	SOCIAL SCIENCE	P



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## Name of the Programme: Field Trip to Calicut


### FIELD TRIP TO KOZHIKODE FOR KERALA LITERATURE FEST ON 14-01-2023



The field trip of the department of Language Education English 2022-24 batch was held on January 14, 2023. The six student-teachers along with the optional teacher, Dr. Rekha K. R, started our journey to the 6th Kerala Literature Fest in Kozhikode

from Kannur Railway Station at 6.35 a.m. in the Netravati Express and student teachers Arsha Vand Devika K K joined from Thalassery at 7.05 a.m. It was really a spectacular experience for all of us. It was Day 3 of the KLF, and the debates and invited talks were organized in 6 different stages namely Thoolika, Mango, Ezhuthola, Aksharam, Vakku, Kadha. We all peered over the program schedule and noted the important talks and times that we had to listen to. It was an incredible experience as it was the first time visiting an event with such notable names in the literary field. There was not even an hour to waste as the schedule was quite tight with sessions one after the other, some even happening simultaneously, and all of them were equally exciting and thriving. Interim, we also visited we attended the session "A Craft of Writing" with Emily Perkins in conversation. With Priya K Nair, in which Emily Perkins in conversation. with Priya K Nair, in which Emily Perkins discussed the importance of writing and how it can be published in the current climate. All of us scattered in different directions, trying to attend sessions with the authors and eminent personalities that included the talk on "Representation of Children and Childhood in Childrens literature by Prof. S. Sivadas, Richa Jha and Radhika Menon in conversation with Aditi Nayar- Zacharia Secondly, "The Paradise of Food," Khalid Jawed and Baran Farooqi in conversation with Supriya Menon. Thirdly,



  
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"What Determines Fiction in the 21st Century?" Anita Nair, Jerri Pinto, and Vivek Shan Bhag in conversation with Milee Aishwarya.



It was a thriving session. As a literature student, we found this session to be keenly influenced, informative, and engrossing. We got an opportunity to meet various writers such as K. R. Meera, Benyamin, Veerankutty, Father Bobby Jose Kattikadu, and Sheetal Shyam. It was so delightful, and we were blessed to take a snap with these great personalities. Meanwhile, we got an opportunity to see the programme hosted by Radio Mango, and it was so enjoyable. Kerala Literature Fest is mirabilia that celebrates creativity in all forms. It's an event that draws many writers, artists, scholars, poets, and publishers from all over India and abroad each year.

It was fortunate to witness this literary gala. For us, the entire trip was indelible. We left KLF at 4.45 pm and reached the railway station at 5.30 pm. we came back in the train Netravati Express and we all reached home safely and happily.


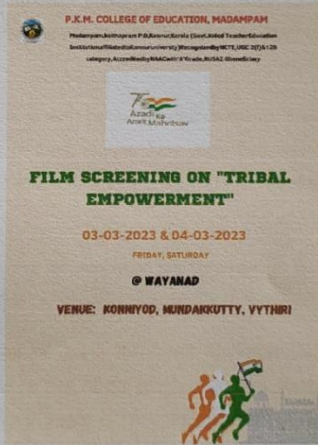




  
Principal



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## Name of the Programme: Tribal Empowerment Programme at Wayanad

	<b>P.K.M. COLLEGE OF EDUCATION</b> MADAMPAM, KAITHAPRAM P O, KANNUR – 670631 (Govt. Aided Teacher Education Institution affiliated to Kannur University) Recognized by NCTE and included under UGC 2(f) & 12B category Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary E-mail: <a href="mailto:pkccd@yahoo.co.in">pkccd@yahoo.co.in</a> , Website: - <a href="http://www.pkmcollege.org">www.pkmcollege.org</a> Tel: 0460 2230929, Fax: 04602 232449
<b>Celebration of Azadi ka Amrit Mahotsav (AKAM)</b>	
<b>Report</b>	
Month : March 2023	
Themes : Tribal Empowerment	
Activity : <b>Film Screening On Tribal Empowerment at Wayanad</b>	
	
To increase the outreach of the second phase of Azadi Ka Amrit Mahotsav, as per the instructions of NCTE and the Ministry of Education, PKM College of Education Madambam visited tribal colonies of 'Paniyas' in Wayanad Konniyot, Mundakutty, Vaithiri and Kanjirangad on 3rd and 4th March 2023 and screened a film for the empowerment of tribal people. The program was inaugurated by Dr. Prasanth Mathew (Vice Principal, PKM College of Education, Madambam).	
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education).With the help of the local residents, around 65 people from 25 houses in 'Oor' were organized to conduct the program and we were able to learn about the tribal people's living conditions, working methods (household work, outside jobs),

children's educational conditions, clan work, clothing methods, food methods, accommodation and we could also interact with them.

Paniyan means 'worker' as they were supposed to have been the workers of non-tribes.Paniyas follow monogamy practice. Widow remarriage is allowed. The Paniyas have only a crude idea of religion. Their major deity called 'Kali' is believed to be malignant and powerful. They also worship the Banyan tree. They hesitate to cut such trees and it is believed that if anyone attempts to cut them, they fall sick.

They live near the forests use forest products for their needs.Government has constructed houses for them But most of them live in their traditional house thatched with grass, wooden house etc. and floor waxed with cow dung.They prefer to preserve their ancient ancestral property for posterity.They love nature and regard nature with deep respect.They have a strong sense of place and belonging.

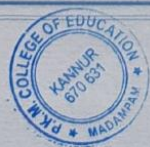
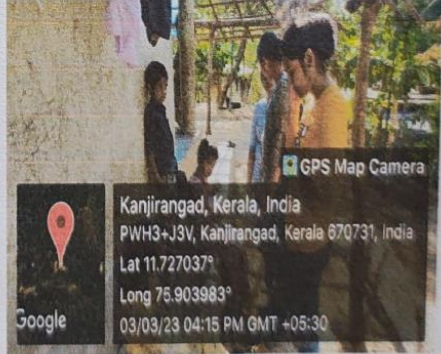
Another peculiarity of tribal life is their holistic herbal medicine. Having lived in harmony with nature for centuries, the tribes in these regions have identified various herbs which can heal a variety of diseases. These have so many benefits; the COVID pandemic had not much affected them.

Their children are going to schools for education but they have to travel long distances to reach schools.They struggle a lot to live.

A 5-member student delegation of Azadi Ka Amrit Mahotsav, led by Program coordinator Dr.Father Sinoj Joseph, worked as part of the programme. Empowerment and upliftment of all sections and fulfilling their basic needs is very important for India to become a developed country in 2047.Programme was organized keeping in mind the said objectives.



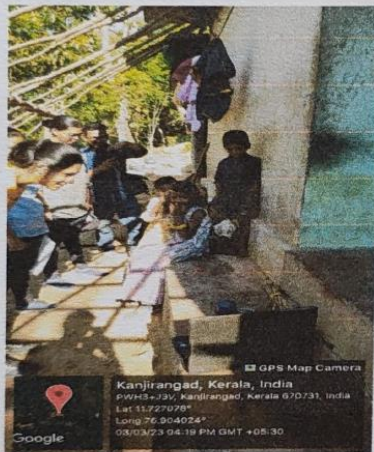
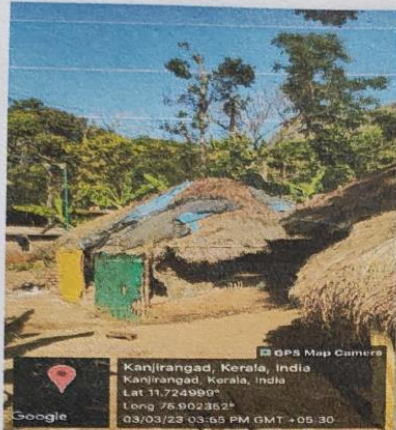
  
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*Dr Sinoj Joseph*  
Dr Sinoj Joseph (Co ordinator)  
Asst. Prof in Physical Education  
PKM College of Education, Madampam

*Dr Jessy N C*  
Dr Jessy N C  
Principal  
PKM College of Education, Madampam



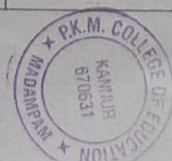
*Dr Jessy N C*  
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### ABSTRACT FOR REPORT

Assessment Year – 2022-23

Office File No : Digital File No:


ABOUT THE PROGRAMME			
Programme Title		Azadi ka Amrit Mahotsav – Film Screening on Tribal Empowerment at Wayanad	
Sub Programme	Programme 1:	Film Screening on tribal empowerment	
	Programme 2	Interaction with tribal people to understand their living conditions, working methods, educational facilities, life styles etc.,	
Nature of the Programme		National priority programme Empowering tribal people	
Level of the Programme		Regional level	
Type of the Programme	Inhouse/Outreach	Outreach	
	Offline/Online	Offline	
Objectives		<ul style="list-style-type: none"><li>• To visit tribal colonies in Wayanad (Knonnyoth, Mundakutty, Vythiri and Kanjirangad)</li><li>• To empower the tribal people</li><li>• To learn about the lifestyles, living conditions and working methods of tribal people</li><li>• To interact with tribal people to understand their present living conditions and problems.</li></ul>	
Issues /Themes addressed		Tribal empowerment	
Date & time		03/03/2023 – 04/03/2023	
Venue		Tribal colonies in Wayanad (Knonnyoth, Mundakutty, Vythiri and Kanjirangad)	
Duration		2 Days	
ORGANIZING LEVEL			
Organized by		PKM College of Education, Madampam	
Association/ Collaboration with			
sponsored by	External		
	Internal		
Sanctioned amount			
Sanction order details			
Faculty in charge		Dr. Fr. Sinoj Joseph, Asst. Prof. in Physical Education	
Student co ordinators (Programme)		Linet Treesa Mathew, Amal Tomy	
Student co ordinators (Anchors)		Arsha V, Adithya Raj	
Student co ordinators (Reporting)		Anusha V, Anu Maria Jacob	
Student co ordinators (ICT)		Jyothis Cyriac	
Student co ordinators (Media)		Akshay Sukumaran	
RESOURCE TEAM			
Resource Persons/Experts	Name	Designation	Role
	Dr. Prasanth Mathew	Vice Principal	Inaugural address
Public Person			



  
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Management Representative			
PTA Representative			
Alumni Representative			
Cooperative School Representative			
<b>PARTICIPANTS</b>			
Student participants	Batch 1:		
	Batch 2:	5	
Teacher Educators		1	
Administrative staff			
Student Teachers outside PKM			
Teacher Educators outside PKM			
Researchers			
School Teachers			
School students			
Alumni			
General public		65 (Tribals)	
<b>FEEDBACK</b>			
Oral feedback	Yes		
Written feedback			
Google form			
On the spot			
<b>UPLOADING DOCUMENTS</b>			
Plan of Action			
Notice/ circular	Yes		
Brochure	Yes		
Programme sheet			
Photograph with titles	Yes		
Reports	Printed	Yes	
	Digital	Yes	
Geo tagged photos	Yes		
Videos edited for uploading			
Participant list	Yes		
Programme certificates			
Duty certificates			
Statement of Expenditure			
Mass media	News paper		
	Local channel		
	Radio		
	Online news		
Social media	Website		
	Facebook		
	Instagram		
Link of the document			
Publications/ proceedings if any			
Major outcomes			Film screening and interaction with tribal people was a novel experience for the student teachers. They got to know about the life of tribals in detail. This program was an excellent initiative of PKM College of Education and its vision on social responsibility
ICT/ Digital resources (Devices, Softwares, Apps etc)			Laptop, VLC media player, Telegram, LCD Projector



  
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