



# P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P. O., KANNUR – 670 631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE included under UGC 2(f) & 12(B) category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

**2.7.3: The progressive performance of students and attainment of professional and personal attributes in line with the PLOs and CLOs is monitored and used for further improvements**

## FEEDBACK REPORT ON EPC-1



# Feedback Report on EPC-1

## REPORT OF THE FEEDBACKS ON EPC I – WORKSHOP – READING & REFLECTING ON TEXTS 2017-19 BATCH

P. K. M College of Education, Madampam obtained feedback on EPC I – Workshop Reading & Reflecting on Texts from the students of the Batch 2017-19. IQAC circulated a questionnaire with 8 questions to collect responses from the students.

### 1. Have you benefitted from the workshop?

	Yes	No
Benefitted from the workshop.	98	2

Benefitted from the workshop.



Almost 98% of the student teachers agrees that they benefitted from the workshop.

### 2. Are all the components of EPC I included in the workshop?

	Yes	No
All the components of EPC-I included in the workshop	86.3%	13.7%



  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT., 670631

All the components of EPC-I included in the workshop



86.3% of the students agrees that all the components of EPC I is included in the workshop and 13.7% are of the opinion that all the components are not included in the workshop.

**3. Do you feel that the workshop was well conducted?**

	Yes	No
The workshop was well conducted	93	7

The workshop was well conducted



93% of the students agrees that the workshop was well conducted and 7% disagree.

**4. Could you involve in the workshop activities?**

	Yes	No
Involved in the workshop activities	100	0



PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHIRAM P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-570631

Involvement in the workshop activities



All students involved in the activities.

5. Could you enjoy the divergence and beauty of language in different situations?

	Yes	No
Enjoy the divergence and beauty of language in different situations	97.6	2.4

Enjoy the divergence and beauty of language in different situations



97.6% of students agrees that they enjoyed the divergence and beauty of language in different situations and 2.4% disagrees.

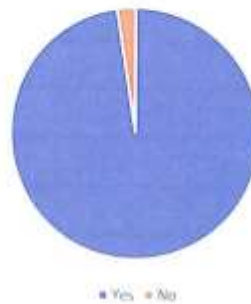


  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KAITHAPPAM, P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT.,-670631

**6. Could you feel that time was effectively utilized?**

	Yes	No
Time was effectively utilized	98.2	1.8

Time was effectively utilized



Almost 98% students agrees and only 1.8% disagrees.

**7. Could you interact with the group members for your personality development?**

	Yes	No
Interaction with the group members for their personality development	95.83	4.17

Interaction with the group members for their personality development



95.83% of students agrees that they interacted with the group members for their personality development and 4.17% disagrees.

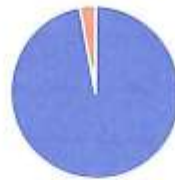


*[Signature]*  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KAITHAPRAM, P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT.,-670631

8. Do you feel that EPC I is beneficial for teachers for enhancing their competence?

	Yes	No
EPC I is beneficial for teachers for enhancing their competence	97	3

EPC I is beneficial for teachers for enhancing their competence



■ Yes ■ No

Almost 97% of the students agrees that EPC I is beneficial for teachers for enhancing their competence and almost 3% doesn't agree.



Principal

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM. P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631



## **P.K.M. COLLEGE OF EDUCATION**

**MADAMPAM, KAITHAPRAM P O, KANNUR – 670631**

**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkcollege.org](http://www.pkcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

### **ACTION TAKEN REPORT ON FEEDBACKS ON EPC I WORKSHOP – READING & REFLECTING ON TEXTS 2017-19 BATCH**

- ❖ Continue offering workshops with practical benefits and real-world applications to ensure ongoing student engagement and satisfaction.
- ❖ Maintain the high standard of workshop conduct, and consider seeking specific feedback on aspects that could be further improved to enhance the overall learning experience.
- ❖ Encourage and maintain a participatory environment in future workshops. Consider introducing varied and interactive activities to sustain high levels of engagement.
- ❖ Continue integrating creative elements in education. Consider expanding on these aspects in future workshops to explore even more innovative learning methods.
- ❖ Maintain a well-organized schedule to ensure efficient use of time. Consider optimizing and diversifying activities to cater to different learning preferences.
- ❖ Continue promoting group activities to enhance interpersonal skills and personality development. Consider providing structured opportunities for collaboration in future workshops.
- ❖ Continue emphasizing the relevance of EPC I for teacher development. Gather specific insights on how the workshop contributes to competence enhancement to further refine future offerings.

Overall, the positive feedback suggests a well-received workshop. To sustain this success, it is recommended to continuously seek student input for ongoing improvement and adaptability to evolving educational needs.



  
Principal

PRINCIPAL  
PKM COLLEGE OF EDUCATION  
KAITHAPRAM P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

1

**REPORT OF THE FEEDBACKS ON EPC I – WORKSHOP – READING  
& REFLECTING ON TEXTS**

**2018-20 BATCH**

P. K. M College of Education, Madampam obtained feedback on EPC I – Workshop Reading & Reflecting on Texts from the students of the academic year 2018-19. IQAC circulated a questionnaire with eight questions to collect responses from the students.

**1. Have you benefitted from the workshop?**

	Yes	No
Benefitted from the workshop.	98	2

Benefitted from the workshop.



■ Yes ■ No

Almost 98% of the student teachers agrees that they benefitted from the workshop.

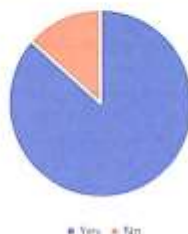
**2. Are all the components of EPC I included in the workshop?**

	Yes	No
All the components of EPC-I included in the workshop	86.3%	13.7%



  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

All the components of EPC-I included in the workshop

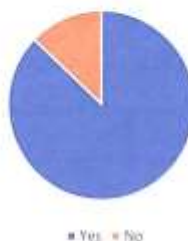


86.3% of the students agrees that all the components of EPC I is included in the workshop and 13.7% are of the opinion that all the components are not included in the workshop.

**3. Do you feel that the workshop was well conducted?**

	Yes	No
The workshop was well conducted	93	7

The workshop was well conducted



93% of the students agrees that the workshop was well conducted and 7% disagree.

**4. Could you involve in the workshop activities?**

	Yes	No
Involved in the workshop activities	100	0



  
**PRINCIPAL**  
**P.K.M. COLLEGE OF EDUCATION**  
**KATHAPURAM, P. O., MADAMPAM**  
**KANNUR DISTRICT, KANNUR DT., -670631**

Involvement in the workshop activities



All students involved in the activities.

5. Could you enjoy the divergence and beauty of language in different situations?

	Yes	No
Enjoy the divergence and beauty of language in different situations	97.6	2.4

Enjoy the divergence and beauty of language in different situations



97.6% of students agrees that they enjoyed the divergence and beauty of language in different situations and 2.4% disagrees.

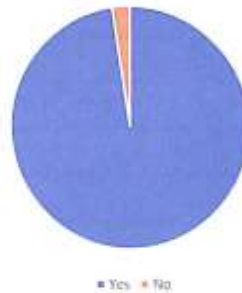


PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAIPRAM, P. O., MADAMPAM,  
SREEKANDAPURAM, KANNUR DT.,-670631

6. Could you feel that time was effectively utilized?

	Yes	No
Time was effectively utilized	98.2	1.8

Time was effectively utilized



Almost 98% students agrees and only 1.8% disagrees.

7. Could you interact with the group members for your personality development?

	Yes	No
Interaction with the group members for their personality development	95.83	4.17

Interaction with the group members for their personality development



95.83% of students agrees that they interacted with the group members for their personality development and 4.17% disagrees.



PRINCIPAL,  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

8. Do you feel that EPC I is beneficial for teachers for enhancing their competence?

	Yes	No
EPC I is beneficial for teachers for enhancing their competence	97	3

EPC I is beneficial for teachers for enhancing their competence



Almost 97% of the students agrees that EPC I is beneficial for teachers for enhancing their competence and almost 3% doesn't agree.



PRINCIPAL

P.K.M. COLLEGE OF EDUCATION  
KAITHAPURAM, P. O., MADAMPAM  
SREEKANAPURAM, KANNUR DT.,-670631



## **P.K.M. COLLEGE OF EDUCATION**

**MADAMPAM, KAITHAPRAM P O, KANNUR – 670631**

**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

### **ACTION TAKEN REPORT ON FEEDBACKS ON EPC I WORKSHOP – READING AND REFLECTING ON TEXT 2018-20 BATCH**

- ❖ Continue offering workshops with practical benefits and real-world applications to ensure ongoing student engagement and satisfaction.
- ❖ Maintain the high standard of workshop conduct, and consider seeking specific feedback on aspects that could be further improved to enhance the overall learning experience.
- ❖ Encourage and maintain a participatory environment in future workshops. Consider introducing varied and interactive activities to sustain high levels of engagement.
- ❖ Continue integrating creative elements in education. Consider expanding on these aspects in future workshops to explore even more innovative learning methods.
- ❖ Maintain a well-organized schedule to ensure efficient use of time. Consider optimizing and diversifying activities to cater to different learning preferences.
- ❖ Continue promoting group activities to enhance interpersonal skills and personality development. Consider providing structured opportunities for collaboration in future workshops.
- ❖ Continue emphasizing the relevance of EPC I for teacher development. Gather specific insights on how the workshop contributes to competence enhancement to further refine future offerings.

Overall, the positive feedback suggests a well-received workshop. To sustain this success, it is recommended to continuously seek student input for ongoing improvement and adaptability to evolving educational needs.



Principal

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM P. O., MADAMPAM  
SREEKANTHAPURAM, KANNUR DT., -670631

**REPORT OF THE FEEDBACKS ON EPC I – WORKSHOP –  
READING & REFLECTING ON TEXTS  
25<sup>TH</sup> & 26<sup>TH</sup> September 2019  
2019-21 BATCH**

P. K. M College of Education, Madampam obtained feedback on EPC I – Workshop Reading & Reflecting on Texts from the students of the academic year 2019-20. IQAC circulated a questionnaire with eight questions to collect responses from the students.

**1. Have you benefitted from the workshop?**

	Yes	No
Benefitted from the workshop.	100	0

Benefitted from the workshop.



■ Yes ■ No

All the students felt that the workshop had benefitted them.

**2. Are all the components of EPC I included in the workshop?**

	Yes	No
All the components of EPC-I included in the workshop	79.17%	20.83%



*[Handwritten Signature]*  
PRINCIPAL

P.K.M. COLLEGE OF EDUCATION  
KATTIKAL M. P. O. MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

All the components of EPC I included in the workshop



79.17% of the students agrees that all the components of EPC I is included in the workshop and 20.83% are of the opinion that all the components are not included in the workshop.

3. Do you feel that the workshop was well conducted?

	Yes	No
The workshop was well conducted	93.75	6.25

The workshop was well conducted



93.75% of the students agrees that the workshop was well conducted and 6.25% disagree.



  
PRINCIPAL

P.K.M. COLLEGE OF EDUCATION  
KATHARU M. P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

**4. Could you involve in the workshop activities?**

	Yes	No
Involved in the workshop activities	100	0

Involved in the workshop activities



All students involved in the activities.

**5. Could you enjoy the divergence and beauty of language in different situations?**

	Yes	No
Enjoy the divergence and beauty of language in different situations	95.83	4.17

Enjoy the divergence and beauty of language in different situations



95.83% of students agrees that they enjoyed the divergence and beauty of language in different situations and 4.17% disagrees.



A handwritten signature in blue ink, appearing to read 'J. ...'.

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAMRAM P. O., MADAMPAM  
SPICEKADAPURAM, KANNUR DT.,-670631

**6. Could you feel that time was effectively utilized?**

	Yes	No
Time was effectively utilized	100	0

Time was effectively utilized



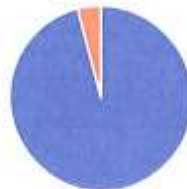
■ Yes ■ No

All the students are of the opinion that time was effectively used.

**7. Could you interact with the group members for your personality development?**

	Yes	No
Interaction with the group members for their personality development	95.83	4.17

Interaction with the group members for their personality development



■ Yes ■ No

95.83% of students agrees that they interacted with the group members for their personality development and 4.17% disagrees.



PRINCIPAL  
PK.M COLLEGE OF EDUCATION  
KATHIRIPURAM, P. O., MADAMPAM  
SERIALDAPURAM, KANNUR DT., 670631

8. Do you feel that EPC I is beneficial for teachers for enhancing their competence?

	Yes	No
EPC I is beneficial for teachers for enhancing their competence	97.92	2.08

EPC I is beneficial for teachers for enhancing their competence



Almost 98% of the students agrees that EPC I is beneficial for teachers for enhancing their competence and almost 2% doesn't agree.



  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAL RAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631



## **P.K.M. COLLEGE OF EDUCATION**

**MADAMPAM, KAITHAPRAM P O, KANNUR – 670631**

**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmced@yahoo.co.in](mailto:pkmced@yahoo.co.in), Website: [www.pkncollege.org](http://www.pkncollege.org)

Tel: 0460 2230929, Fax: 04602 232449

### **ACTION TAKEN REPORT ON FEEDBACKS ON EPC I WORKSHOP – READING & REFLECTING ON TEXTS 2019-21 BATCH**

- ❖ Continue offering workshops with practical benefits and real-world applications to ensure ongoing student engagement and satisfaction.
- ❖ Maintain the high standard of workshop conduct, and consider seeking specific feedback on aspects that could be further improved to enhance the overall learning experience.
- ❖ Encourage and maintain a participatory environment in future workshops. Consider introducing varied and interactive activities to sustain high levels of engagement.
- ❖ Continue integrating creative elements in education. Consider expanding on these aspects in future workshops to explore even more innovative learning methods.
- ❖ Maintain a well-organized schedule to ensure efficient use of time. Consider optimizing and diversifying activities to cater to different learning preferences.
- ❖ Continue promoting group activities to enhance interpersonal skills and personality development. Consider providing structured opportunities for collaboration in future workshops.
- ❖ Continue emphasizing the relevance of EPC I for teacher development. Gather specific insights on how the workshop contributes to competence enhancement to further refine future offerings.

Overall, the positive feedback suggests a well-received workshop. To sustain this success, it is recommended to continuously seek student input for ongoing improvement and adaptability to evolving educational needs.



Principal

PRINCIPAL

P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SRIKANDAPURAM, KANNUR DT., 670631

**REPORT OF THE FEEDBACKS ON EPC I – WORKSHOP – READING & REFLECTING ON TEXTS  
2021-23 BATCH**

P. K. M College of Education, Madampam obtained feedback on EPC I – Workshop Reading & Reflecting on Texts from the students of the academic year 2021-22. IQAC circulated a questionnaire with 8 questions to collect responses from the students.

**1. Have you benefitted from the workshop?**

	Yes	No
Benefitted from the workshop.	96	4

Almost 96% of the student teachers agrees that they benefitted from the workshop.

Benefitted from the workshop.



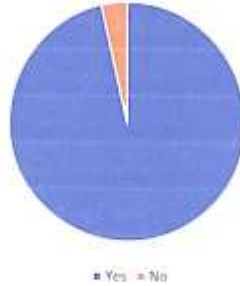
**2. Are all the components of EPC I included in the workshop?**

	Yes	No
All the components of EPC-I included in the workshop	88	12



  
**PRINCIPAL**  
**P.K.M. COLLEGE OF EDUCATION**  
**KAITHAMPURAM, P. O., MADAMPAM**  
**SREEKANDAPURAM, KANNUR DT.,-670631**

All the components of EPC-I included in the workshop

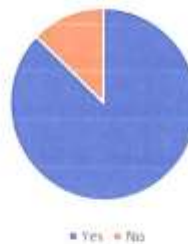


88% of the students agrees that all the components of EPC I is included in the workshop and 12% are of the opinion that all the components are not included in the workshop.

3. Do you feel that the workshop was well conducted?

	Yes	No
The workshop was well conducted	93	7

The workshop was well conducted



93% of the students agrees that the workshop was well conducted and 7% disagree.

4. Could you involve in the workshop activities?

	Yes	No
Involved in the workshop activities	100	0



  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

Involvement in the workshop activities

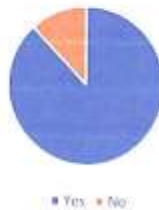


Almost all students involved in the activities.

**5. Could you enjoy the divergence and beauty of language in different situations?**

	Yes	No
Enjoy the divergence and beauty of language in different situations	96	14

Enjoy the divergence and beauty of language in different situations



96% of students agree that they enjoyed the divergence and beauty of language in different situations and 14% disagree.

**6. Could you feel that time was effectively utilized?**

	Yes	No
Time was effectively utilized	98	2



*[Signature]*  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KAITHAPRAM, P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT., -670631

Time was effectively utilized



Almost 98% students agrees and only 2% disagrees.

**7. Could you interact with the group members for your personality development?**

	Yes	No
Interaction with the group members for their personality development	95.8	4.2

Interaction with the group members for their personality development



95.8% of students agrees that they interacted with the group members for their personality development and 4.2% disagrees.

**8. Do you feel that EPC I is beneficial for teachers for enhancing their competence?**

	Yes	No
EPC I is beneficial for teachers for enhancing their competence	97	3



PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAJI RAM P. O , MADAMPAM  
SREEKANTHAPURAM, KANNUR DT., 670631

EPC I is beneficial for teachers for enhancing their competence



Almost 97% of the students agrees that EPC I is beneficial for teachers for enhancing their competence and almost 3% doesn't agree.



The signature of the Principal is written in black ink. Below the signature, the word 'Principal' is printed in a bold, black font.

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631



## **P.K.M. COLLEGE OF EDUCATION**

**MADAMPAM, KAITHAPRAM P O, KANNUR – 670631**

**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

### **ACTION TAKEN REPORT ON FEEDBACKS ON EPC I WORKSHOP – READING & REFLECTING ON TEXTS 2021-23 BATCH**

- ❖ Continue offering workshops with practical benefits and real-world applications to ensure ongoing student engagement and satisfaction.
- ❖ Maintain the high standard of workshop conduct, and consider seeking specific feedback on aspects that could be further improved to enhance the overall learning experience.
- ❖ Encourage and maintain a participatory environment in future workshops. Consider introducing varied and interactive activities to sustain high levels of engagement.
- ❖ Continue integrating creative elements in education. Consider expanding on these aspects in future workshops to explore even more innovative learning methods.
- ❖ Maintain a well-organized schedule to ensure efficient use of time. Consider optimizing and diversifying activities to cater to different learning preferences.
- ❖ Continue promoting group activities to enhance interpersonal skills and personality development. Consider providing structured opportunities for collaboration in future workshops.
- ❖ Continue emphasizing the relevance of EPC I for teacher development. Gather specific insights on how the workshop contributes to competence enhancement to further refine future offerings.

Overall, the positive feedback suggests a well-received workshop. To sustain this success, it is recommended to continuously seek student input for ongoing improvement and adaptability to evolving educational needs.



Principal

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT., -670631



# P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P. O., KANNUR – 670 631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE included under UGC 2(f) & 12(B) category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

**2.7.3: The progressive performance of students and attainment of professional and personal attributes in line with the PLOs and CLOs is monitored and used for further improvements**

## FEEDBACK REPORT ON EPC-2



## Feedback Report on EPC-2

### REPORT OF THE FEEDBACKS ON EPC II – WORKSHOP – ART & DRAMA IN EDUCATION

2017-19 BATCH

P. K. M College of Education, Madampam obtained feedback on EPC II – Workshop Art & Drama in Education from the students of the academic year 2017-18. IQAC circulated a questionnaire with 8 questions to collect responses from the students.

#### 1. Have you benefitted from the workshop?

	Yes	No
Benefitted from the workshop.	100	0

Benefitted from the workshop.



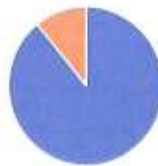
\* Yes = 100

All the students felt that the workshop had benefitted them.

#### 2. Are all the components of EPC II included in the workshop?

	Yes	No
All the components of EPC-II included in the workshop	89%	11%

All the components of EPC-II included in the workshop



\* Yes = 89%



  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHALPPEAM, P.O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT., 670831

88% of the students agrees that all the components of EPC II is included in the workshop and 11% are of the opinion that all the components are not included in the workshop.

**3. Do you feel that the workshop was well conducted?**

	Yes	No
The workshop was well conducted	98	2

The workshop was well conducted



98% of the students agrees that the workshop was well conducted.

**4. Could you involve in the workshop activities?**

	Yes	No
Involved in the workshop activities	100	0

Involved in the workshop activities



All students involved in the activities.

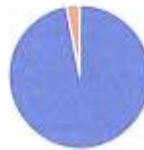


  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.-670631

**5. Could you enjoy the possibility of Art & Drama in different learning situations?**

	Yes	No
Enjoyed the possibility of Art & Drama in different learning situations	97	3

Enjoyed the possibility of Art & Drama in different learning situations



97% of the students were able to enjoy the possibility of Art & Drama in different learning situations.

**6. Could you feel that time was effectively utilized?**

	Yes	No
Time was effectively utilized	100	0

Time was effectively utilized



All the students are of the opinion that time was effectively used.



*[Signature]*  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KATHAYIRAM, P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT., -670631

**7. Could you interact with the group members for your personality development?**

	Yes	No
Interaction with the group members for their personality development	96	4

Interaction with the group members for their personality development



96% of the students were able to interact with group members for their personality development.

**8. Do you feel that EPC II is beneficial for teachers for enhancing their competence?**

	Yes	No
EPC II is beneficial for teachers for enhancing their competence	97.92	2.08

EPC II is beneficial for teachers for enhancing their competence



Almost 98% of the students agrees that EPC II is beneficial for teachers for enhancing their competence and almost 2% doesn't agree.

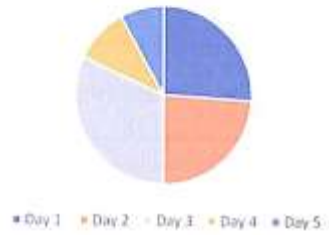


  
**PRINCIPAL**  
 P.K.M. COLLEGE OF EDUCATION  
 KAITHAPRAM: P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT., 670631

9. Which was the most interesting technical session?

	Day 1	Day 2	Day 3	Day 4	Day 5
Most interested technical session	26	24	32	10	8

Most interested technical session



Most of the students (32%) prefer Day 3 as the most interested technical session followed by Day 1(26%). Around 24% prefer Day 2. Finally 10% prefer Day 5.



  
Principal

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631



## P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P O, KANNUR – 670631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedu@yahoo.co.in](mailto:pkmcedu@yahoo.co.in), Website: - [www.pkcollege.org](http://www.pkcollege.org)

Tel: 0460 2230929. Fax: 04602 232449

### ACTION TAKEN REPORT ON FEEDBACKS ON EPC II WORKSHOP – ART & DRAMA IN EDUCATION 2017-19 BATCH

- ❖ Continue offering workshops with practical benefits and real-world applications to ensure ongoing student engagement and satisfaction.
- ❖ Maintain the high standard of workshop conduct, and consider seeking specific feedback on aspects that could be further improved to enhance the overall learning experience.
- ❖ Encourage and maintain a participatory environment in future workshops. Consider introducing varied and interactive activities to sustain high levels of engagement.
- ❖ Continue integrating creative elements in education. Consider expanding on these aspects in future workshops to explore even more innovative learning methods.
- ❖ Maintain a well-organized schedule to ensure efficient use of time. Consider optimizing and diversifying activities to cater to different learning preferences.
- ❖ Continue promoting group activities to enhance interpersonal skills and personality development. Consider providing structured opportunities for collaboration in future workshops.
- ❖ Continue emphasizing the relevance of EPC II for teacher development. Gather specific insights on how the workshop contributes to competence enhancement to further refine future offerings.
- ❖ Explore the specific elements that made Day 3 popular and consider incorporating similar engaging features in future technical sessions. Seek feedback on the least preferred days to identify areas for improvement.

Overall, the positive feedback suggests a well-received workshop. To sustain this success, it is recommended to continuously seek student input for ongoing improvement and adaptability to evolving educational needs.



  
Principal

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT., -670631

**REPORT OF THE FEEDBACKS ON EPC II – WORKSHOP –  
ART & DRAMA IN EDUCATION  
2018-20 BATCH**

P. K. M College of Education, Madampam obtained feedback on EPC II – Workshop Art & Drama in Education from the students of the academic year 2018-19. IQAC circulated a questionnaire with nine questions to collect responses from the students.

**1. Have you benefitted from the workshop?**

	Yes	No
Benefitted from the workshop.	100	0

Benefitted from the workshop.



■ Yes ■ No

All the students felt that the workshop had benefitted them.

**2. Are all the components of EPC II included in the workshop?**

	Yes	No
All the components of EPC-II included in the workshop	90%	10%



  
**PRINCIPAL**  
**P.K.M. COLLEGE OF EDUCATION**  
**KAITHAKKAM, P. O. MADAMPAM**  
**SREEKANDAPURAM, KANNUR DT.,-670631**

All the components of EPC-II included in the workshop



90% of the students agrees that all the components of EPC II is included in the workshop and 10% are of the opinion that all the components are not included in the workshop.

**3. Do you feel that the workshop was well conducted?**

	Yes	No
The workshop was well conducted	98	2

The workshop was well conducted



98% of the students agrees that the workshop was well conducted.

**4. Could you involve in the workshop activities?**

	Yes	No
Involved in the workshop activities	100	0



*[Signature]*  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KAITHAPRAM, P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT.,-670631

Involvement in the workshop activities

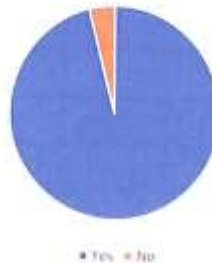


All students involved in the activities.

5. Could you enjoy the possibility of Art & Drama in different learning situations?

	Yes	No
Enjoyed the possibility of Art & Drama in different learning situations	96	4

Enjoyed the possibility of Art & Drama in different learning situations



94% of the students were able to enjoy the possibility of Art & Drama in different learning situations.



  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KATHIRIPAM P. O., MADAMPAM  
SREEANGAPURAM, KANNUR DT.,-670631

6. Could you feel that time was effectively utilized?

	Yes	No
Time was effectively utilized	100	0

Time was effectively utilized



■ Yes ■ No

All the students are of the opinion that time was effectively used.

7. Could you interact with the group members for your personality development?

	Yes	No
Interaction with the group members for their personality development	98	2

Interaction with the group members for their personality development



■ Yes ■ No



PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITUMAAM P.O., MADAMPAM  
SREEKANGAPURAM, KANNUR DT.,-670631

98% of the students were able to interact with group members for their personality development.

**8. Do you feel that EPC II is beneficial for teachers for enhancing their competence?**

	Yes	No
EPC II is beneficial for teachers for enhancing their competence	98	2

EPC II is beneficial for teachers for enhancing their competence



■ Yes ■ No

Almost 98% of the students agrees that EPC II is beneficial for teachers for enhancing their competence and almost 2% doesn't agree.

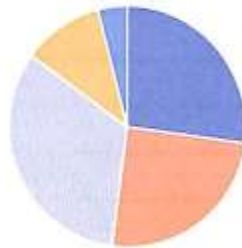
**9. Which was the most interesting technical session?**

	Day 1	Day 2	Day 3	Day 4	Day 5
Most interested technical session	27	25	33	11	4



  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KATHAPRAM, P. O., MADAMPAM  
VEELANGAPURAM, KANNUR DT.,-670631

Enjoyed the possibility of Art & Drama in different learning situations:



• Day 1 • Day 2 • Day 3 • Day 4 • Day 5

Most of the students (33%) prefer Day 3 as the most interested technical session followed by Day 1(27%). Around 25% prefer Day 2. Finally 11% prefer Day



PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KATTHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631



## P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P O, KANNUR – 670631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkncollege.org](http://www.pkncollege.org)

Tel: 0460 2230929. Fax: 04602 232449

### ACTION TAKEN REPORT ON FEEDBACKS ON EPC II WORKSHOP – ART & DRAMA IN EDUCATION 2018-20 BATCH

- ❖ Continue offering workshops with practical benefits and real-world applications to ensure ongoing student engagement and satisfaction.
- ❖ Maintain the high standard of workshop conduct, and consider seeking specific feedback on aspects that could be further improved to enhance the overall learning experience.
- ❖ Encourage and maintain a participatory environment in future workshops. Consider introducing varied and interactive activities to sustain high levels of engagement.
- ❖ Continue integrating creative elements in education. Consider expanding on these aspects in future workshops to explore even more innovative learning methods.
- ❖ Maintain a well-organized schedule to ensure efficient use of time. Consider optimizing and diversifying activities to cater to different learning preferences.
- ❖ Continue promoting group activities to enhance interpersonal skills and personality development. Consider providing structured opportunities for collaboration in future workshops.
- ❖ Continue emphasizing the relevance of EPC II for teacher development. Gather specific insights on how the workshop contributes to competence enhancement to further refine future offerings.
- ❖ Explore the specific elements that made Day 3 popular and consider incorporating similar engaging features in future technical sessions. Seek feedback on the least preferred days to identify areas for improvement.

Overall, the positive feedback suggests a well-received workshop. To sustain this success, it is recommended to continuously seek student input for ongoing improvement and adaptability to evolving educational needs.



  
Principal

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
P. O., MADAMPAM  
KANNUR DT., 670631

**REPORT OF THE FEEDBACKS ON EPC II – WORKSHOP –  
ART & DRAMA IN EDUCATION  
2019-21 BATCH**

P. K. M College of Education, Madampam obtained feedback on EPC II – Workshop Art & Drama in Education from the students of the academic year 2019-20. IQAC circulated a questionnaire with nine questions and descriptive questions to collect responses from the students.

**1. Have you benefitted from the workshop?**

	Yes	No
Benefitted from the workshop.	100	0

Benefitted from the workshop.



All the students felt that the workshop had benefitted them.

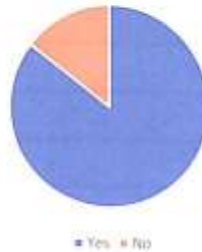
**2. Are all the components of EPC II included in the workshop?**

	Yes	No
All the components of EPC-II included in the workshop	85%	15%



  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT., -670631

All the components of EPC-II included in the workshop



85% of the students agrees that all the components of EPC II is included in the workshop and 15% are of the opinion that all the components are not included in the workshop.

**3. Do you feel that the workshop was well conducted?**

	Yes	No
The workshop was well conducted	100	0

The workshop was well conducted



100% of the students agrees that the workshop was well conducted.

**4. Could you involve in the workshop activities?**

	Yes	No
Involved in the workshop activities	100	0



Handwritten signature of the Principal in blue ink.

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM. P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.-670831

### Involvement in the workshop activities



• Yes = 100

All students involved in the activities.

### 5. Could you enjoy the possibility of Art & Drama in different learning situations?

	Yes	No
Enjoyed the possibility of Art & Drama in different learning situations	100	0

### Enjoyed the possibility of Art & Drama in different learning situations



• Yes = 100

All students were able to enjoy the possibility of Art & Drama in different learning situations.



  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT., 670631

**6. Could you feel that time was effectively utilized?**

	Yes	No
Time was effectively utilized	100	0

Time was effectively utilized



■ Yes ■ No

All the students are of the opinion that time was effectively used.

**7. Could you interact with the group members for your personality development?**

	Yes	No
Interaction with the group members for their personality development	100	0

Interaction with the group members for your personality development



■ Yes ■ No

All the students were able to interact with group members for their personality development.



  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

**8. Do you feel that EPC II is beneficial for teachers for enhancing their competence?**

	Yes	No
EPC II is beneficial for teachers for enhancing their competence	97	3

EPC II is beneficial for teachers for enhancing their competence

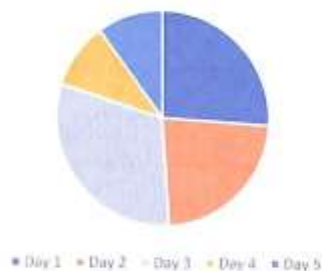


Almost 97% of the students agrees that EPC II is beneficial for teachers for enhancing their competence and almost 3% doesn't agree.

**9. Which was the most interesting technical session?**

	Day 1	Day 2	Day 3	Day 4	Day 5
Most interested technical session	26	23	31	10	10

Most interested technical session



Most of the students (31%) prefer Day 3 as the most interested technical session followed by Day 1(26%). Around 24% prefer Day 2. Finally 10% prefer Day 4 and 5.



  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KAITHAPRAM P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT., 670631



## **P.K.M. COLLEGE OF EDUCATION**

**MADAMPAM, KAITHAPRAM P O, KANNUR – 670631**

**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedo@yahoo.co.in](mailto:pkmcedo@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

### **ACTION TAKEN REPORT ON THE TEACHER COMPETENCE TEST 2019-21 BATCH**

- ❖ Teachers should focus on providing additional support to the students who struggled in Part I of the pre-test.
- ❖ Teachers should continue to provide challenging material and opportunities for practice in Part II.
- ❖ Teachers should provide opportunities for students to extend their learning in Part III.
- ❖ Teachers should provide additional support to the students who struggled in Part IV of the pre-test.
- ❖ Overall, the data shows that the students improved their performance from the pre-test to the post-test. However, there is still some room for improvement, particularly in Part I.



Principal

**PRINCIPAL**  
**P.K.M. COLLEGE OF EDUCATION**  
**KAITHAPRAM, P. O., MADAMPAM**  
**SREEKANDAPURAM, KANNUR DIST., 670631**

## REPORT OF THE FEEDBACKS ON EPC II – WORKSHOP – ART & DRAMA IN EDUCATION

### 2021-23 BATCH

P. K. M College of Education, Madampam obtained feedback on EPC II – Workshop Art & Drama in Education from the students of the academic year 2021-22. IQAC circulated a questionnaire with 9 questions and descriptive questions to collect responses from the students.

#### 1. Have you benefitted from the workshop?

	Yes	No
Benefitted from the workshop.	100	0

All the students felt that the workshop had benefitted them.

Benefitted from the workshop.

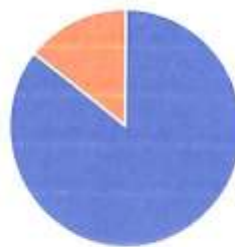


■ Yes ■ No

#### 2. Are all the components of EPC II included in the workshop?

	Yes	No
All the components of EPC-II included in the workshop	85.42%	14.58%

All the components of EPC-II included in the workshop



■ Yes ■ No



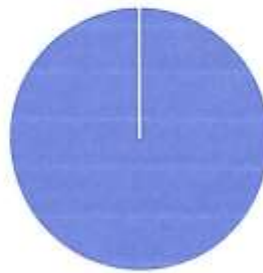
  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

85.42% of the students agrees that all the components of EPC II is included in the workshop and 14.58% are of the opinion that all the components are not included in the workshop.

**3. Do you feel that the workshop was well conducted?**

	Yes	No
The workshop was well conducted	100	0

The workshop was well conducted



■ Yes ■ No

100% of the students agrees that the workshop was well conducted.

**4. Could you involve in the workshop activities?**

	Yes	No
Involved in the workshop activities	100	0

Involved in the workshop activities



■ Yes ■ No



  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

All students involved in the activities.

**5. Could you enjoy the possibility of Art & Drama in different learning situations?**

	Yes	No
Enjoyed the possibility of Art & Drama in different learning situations	100	0

Enjoyed the possibility of Art & Drama in different learning situations



All students were able to enjoy the possibility of Art & Drama in different learning situations.

**6. Could you feel that time was effectively utilized?**


	Yes	No
Time was effectively utilized	100	0

Time was effectively utilized



All the students are of the opinion that time was effectively used.



  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

**7. Could you interact with the group members for your personality development?**

	Yes	No
Interaction with the group members for their personality development	100	0

Interaction with the group members for your personality development



All the students were able to interact with group members for their personality development.

**8. Do you feel that EPC II is beneficial for teachers for enhancing their competence?**

	Yes	No
EPC II is beneficial for teachers for enhancing their competence	97.92	2.08

EPC II is beneficial for teachers for enhancing their competence



Almost 98% of the students agrees that EPC II is beneficial for teachers for enhancing their competence and almost 2% doesn't agree.



  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM P. O. MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

**9. Which was the most interesting technical session?**

	Day 1	Day 2	Day 3	Day 4	Day 5
Most interested technical session	26.25	23.31	31.25	10.02	9.17

EPC II is beneficial for teachers for enhancing their competence



■ Day 1 ■ Day 2 ■ Day 3 ■ Day 4 ■ Day 5

Most of the students (31.25%) prefer Day 3 as the most interested technical session followed by Day 1(26.25%). Around 24% prefer Day 2. Finally 9.17% prefer Day 5.



  
Principal

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631



## **P.K.M. COLLEGE OF EDUCATION**

**MADAMPAM, KAITHAPRAM P O, KANNUR – 670631**

**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

### **ACTION TAKEN REPORT ON FEEDBACKS ON EPC II WORKSHOP – ART & DRAMA IN EDUCATION 2021-23 BATCH**

- ❖ Continue offering workshops with practical benefits and real-world applications to ensure ongoing student engagement and satisfaction.
- ❖ Address the concerns of the 14.58% who feel that not all components were covered. Review the workshop content to ensure comprehensive coverage.
- ❖ Maintain the high standard of workshop conduct, and consider seeking specific feedback on aspects that could be further improved to enhance the overall learning experience.
- ❖ Encourage and maintain a participatory environment in future workshops. Consider introducing varied and interactive activities to sustain high levels of engagement.
- ❖ Continue integrating creative elements in education. Consider expanding on these aspects in future workshops to explore even more innovative learning methods.
- ❖ Maintain a well-organized schedule to ensure efficient use of time. Consider optimizing and diversifying activities to cater to different learning preferences.
- ❖ Continue promoting group activities to enhance interpersonal skills and personality development. Consider providing structured opportunities for collaboration in future workshops.
- ❖ Continue emphasizing the relevance of EPC II for teacher development. Gather specific insights on how the workshop contributes to competence enhancement to further refine future offerings.
- ❖ Explore the specific elements that made Day 3 popular and consider incorporating similar engaging features in future technical sessions. Seek feedback on the least preferred days to identify areas for improvement.

Overall, the positive feedback suggests a well-received workshop. To sustain this success, it is recommended to continuously seek student input for ongoing improvement and adaptability to evolving educational needs.



Principal  
  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT., 670631

## REPORT OF THE FEEDBACKS ON EPC II – WORKSHOP – ART & DRAMA IN EDUCATION

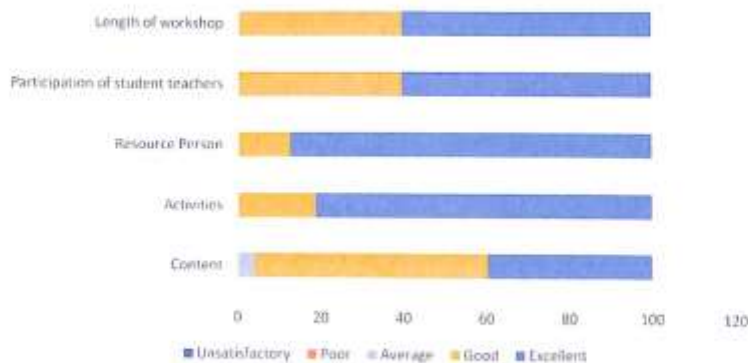
### 2021-23 BATCH

P. K. M College of Education, Madampam obtained feedback on EPC II – Workshop Art & Drama in Education from the students of the academic year 2021-22. IQAC circulated a questionnaire with 5 questions to collect responses from the students.

#### I. Day I

	Unsatisfactory	Poor	Average	Good	Excellent
Content	0	0	4.17	56.25	39.58
Activities	0	0	0	18.75	81.25
Resource Person	0	0	0	12.5	87.5
Participation of student teachers	0	0	0	39.58	60.42
Length of workshop	0	0	0	39.58	60.42

Day 1



Overall, the workshop was well-received by respondents, with high ratings for the participation of student teachers and the length of the workshop. Specifically, 81.25% of respondents rated the participation of student teachers as 'Excellent', and 60.42% rated the length of the workshop as 'Excellent'. The content and activities of the workshop were also well-rated, with 56.25% and 81.25% of respondents rating them as 'Good' or 'Excellent', respectively. The resource person for the workshop received the highest rating, with 87.5% of respondents rating them as 'Excellent'. These findings suggest that the workshop was effective in meeting the needs of participants and that they were satisfied with the overall experience.



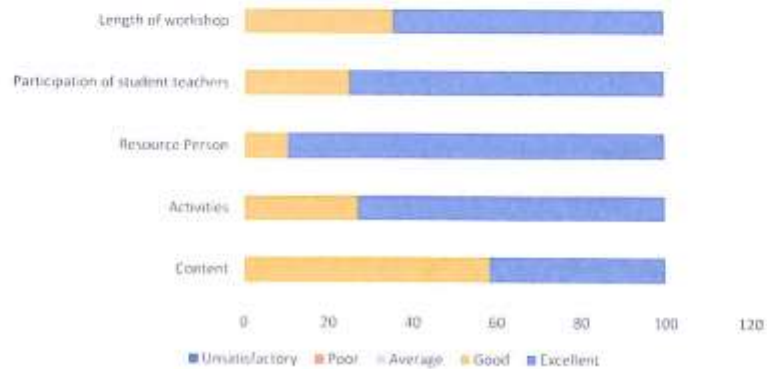
*[Signature]*  
PRINCIPAL

P.K.M. COLLEGE OF EDUCATION  
KATHAPRAM P.O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

## 2. Day 2

	Unsatisfactory	Poor	Average	Good	Excellent
Content	0	0	0	58.33	41.67
Activities	0	0	0	27.08	72.92
Resource Person	0	0	0	10.42	89.58
Participation of student teachers	0	0	0	25	75
Length of workshop	0	0	0	35.42	64.58

Day 2



Overall, the workshop was well-received by respondents, with high ratings for the participation of student teachers and the length of the workshop. Specifically, 75% of respondents rated the participation of student teachers as 'Excellent', and 64.58% rated the length of the workshop as 'Excellent'. The content and activities of the workshop were also well-rated, with 41.67% and 72.92% of respondents rating them as 'Good' or 'Excellent', respectively. The resource person for the workshop received the highest rating, with 89.58% of respondents rating them as 'Excellent'. These findings suggest that the workshop was effective in meeting the needs of participants and that they were satisfied with the overall experience.

## 3. Day 3

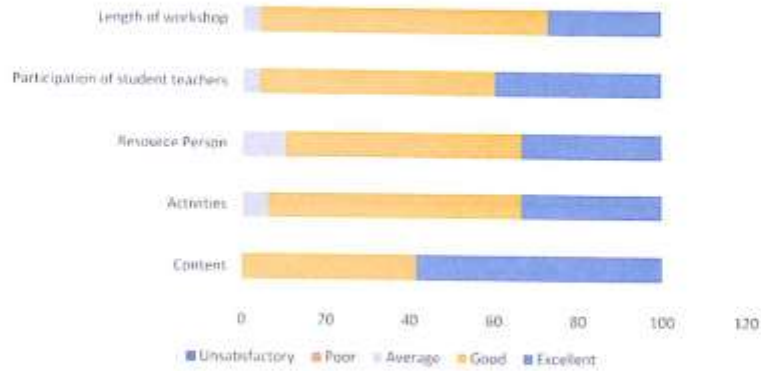
	Unsatisfactory	Poor	Average	Good	Excellent
Content	0	0	0	41.67	58.33
Activities	0	0	6.25	60.42	33.33
Resource Person	0	0	10.41	56.25	33.34
Participation of student teachers	0	0	4.17	56.25	39.58
Length of workshop	0	0	4.17	68.75	27.08



*[Signature]*

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KATTAPPA, K. P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT., 670631

### Day 3



Overall, the workshop was well-received by respondents, with high ratings for the participation of student teachers and the length of the workshop. Specifically, 39.58% of respondents rated the participation of student teachers as 'Excellent', and 27.08% rated the length of the workshop as 'Excellent'. The content and activities of the workshop were also well-rated, with 58.33% and 33.33% of respondents rating them as 'Good' or 'Excellent', respectively. The resource person for the workshop received the highest rating, with 33.34% of respondents rating them as 'Excellent'. These findings suggest that the workshop was effective in meeting the needs of participants and that they were satisfied with the overall experience.

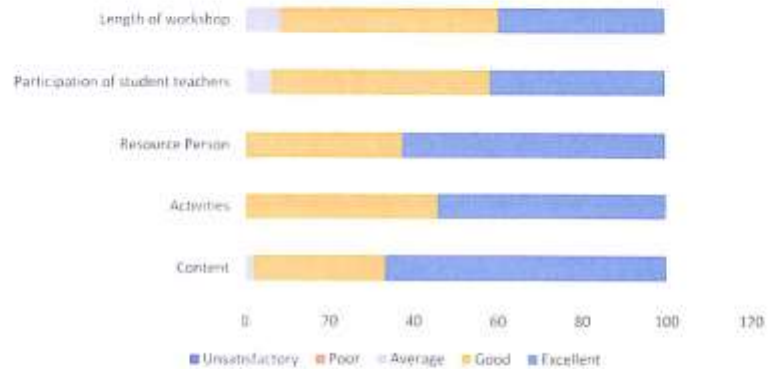
### 4. Day 4

	Unsatisfactory	Poor	Average	Good	Excellent
Content	0	0	2.08	31.25	66.67
Activities	0	0	0	45.83	54.17
Resource Person	0	0	0	37.5	62.5
Participation of student teachers	0	0	6.25	52.08	41.67
Length of workshop	0	0	8.33	52.08	39.59



  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KAITHEKAL, P. O., MADAMPAM  
 SREEKANDAPHAM, KANNUR DT.,-670631

### Day 4



Overall, the workshop was well-received by respondents, with high ratings for the participation of student teachers and the length of the workshop. Specifically, 41.67 of respondents rated the participation of student teachers as 'Excellent', and 39.59% rated the length of the workshop as 'Excellent'. The content and activities of the workshop were also well-rated, with 66.67% and 54.17% of respondents rating them as 'Good' or 'Excellent', respectively. The resource person for the workshop received the highest rating, with 62.5% of respondents rating them as 'Excellent'. These findings suggest that the workshop was effective in meeting the needs of participants and that they were satisfied with the overall experience.

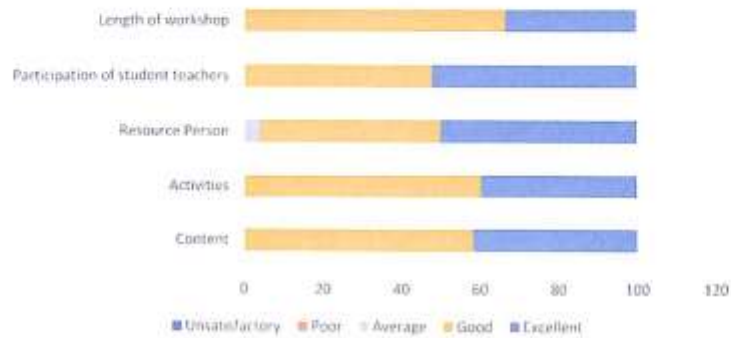
### 5. Day 5

	Unsatisfactory	Poor	Average	Good	Excellent
Content	0	0	0	58.33	41.67
Activities	0	0	0	60.42	39.58
Resource Person	0	0	4.17	45.83	50
Participation of student teachers	0	0	0	47.92	52.08
Length of workshop	0	0	0	66.67	33.33



*[Signature]*  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KAITHAPUZHA, P. O., MADAMPAM  
 SREEKANAPURAM, KANNUR DIST., 670631

### Day 5



Overall, the workshop was well-received by respondents, with high ratings for the participation of student teachers and the length of the workshop. Specifically, 52.08% of respondents rated the participation of student teachers as 'Excellent', and 33.33% rated the length of the workshop as 'Excellent'. The content and activities of the workshop were also well-rated, with 41.67% and 39.58% of respondents rating them as 'Good' or 'Excellent', respectively. The resource person for the workshop received the highest rating, with 50% of respondents rating them as 'Excellent'. These findings suggest that the workshop was effective in meeting the needs of participants and that they were satisfied with the overall experience.

From the provided data on the feedback received for the EPC II Workshop on Art & Drama in Education at P. K. M College of Education, Madampam, the following findings can be highlighted for each day:

#### Common Findings Across Days:

1. Positive Perception of Student Teacher Participation: Across all days, the participation of student teachers received consistently high ratings, with a significant percentage considering it 'Excellent.'
2. Resource Person Evaluation: The resource person consistently garnered the highest ratings, with a majority rating them as 'Excellent' on most days.
3. Overall Satisfaction: Overall, the workshop received positive feedback with a majority rating the content, activities, resource person, and the length of the workshop as 'Good' or 'Excellent.'



*[Handwritten Signature]*

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPPAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT., 670631



## P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P O, KANNUR – 670631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmedu@yahoo.co.in](mailto:pkmedu@yahoo.co.in), Website: - [www.pkcollege.org](http://www.pkcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

### ACTION TAKEN REPORT ON FEEDBACKS ON EPC II WORKSHOP – ART & DRAMA IN EDUCATION

#### 2021-23 BATCH

- **Strengthen Content on Day 3:** The ratings for content on Day 3 are relatively lower compared to other days. Consider reviewing and enhancing the content for Day 3 to ensure it aligns with the expectations and needs of the participants.
- **Diversify Activities on Day 3:** Day 3 shows a variation in the feedback for activities. Introduce a diverse range of activities to cater to different learning preferences and engagement levels, ensuring a more balanced and engaging experience for participants.
- **Evaluate Workshop Length:** While the majority rated the length of the workshop positively, there are variations across days. Assess the possibility of optimizing the workshop duration, ensuring it meets the objectives without causing fatigue or reduced engagement.
- **Continuous Improvement in Content:** Despite positive ratings, consistently strive to enhance the content to keep it fresh, relevant, and aligned with the latest educational practices. Regularly update materials and incorporate new pedagogical approaches to maintain the workshop's effectiveness.
- **Diversify Activity Types:** Building on the positive feedback for activities, consider diversifying the types of activities introduced in the workshop. This could include hands-on exercises, case studies, role-playing, or multimedia presentations to appeal to a broader range of learning preferences.



  
Principal

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

Day-Specific Findings:

Day 1: High ratings for content and activities, with a notable portion ranking them 'Good' or 'Excellent.'

Day 2: Similar to Day 1, with particularly positive feedback on activities and the resource person.

Day 3: Varied feedback, with lower ratings for the length of the workshop compared to other days.

Day 4: Slightly lower ratings for content but overall positive feedback on activities and the resource person.

Day 5: Similar ratings to Days 1 and 2, particularly positive feedback on the length of the workshop and resource person.

In summary, the findings portray a generally positive response to the workshop across all days, with a few variations in specific aspects. Emphasize the strengths while acknowledging potential areas for further improvement in subsequent workshops.



  
Principal

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KATHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT., 570531



# P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P. O., KANNUR – 670 631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE included under UGC 2(f) & 12(B) category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

**2.7.3:** The progressive performance of students and attainment of professional and personal attributes in line with the PLOs and CLOs is monitored and used for further improvements

## FEEDBACK REPORT ON EPC-4



## Feedback Report on EPC-4

### REPORT OF THE FEEDBACKS ON EPC IV – WORKSHOP – UNDERSTANDING THE SELF

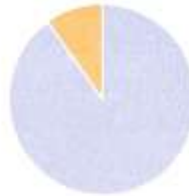
#### 2017-19 BATCH

P. K. M College of Education, Madampam obtained feedback on EPC IV –Understanding the Self from the students of the academic year 2018-19. IQAC circulated a questionnaire with fifteen questions to collect responses from 48 students. They could respond by choosing from the options “Not at all, Sometimes, Frequently, Very strongly”.

#### 1. The workshop was well organized, catering the needs of B.Ed. students.

Not at all	Sometimes	Frequently	Very strongly
0	0	90%	10%

The workshop was well organized,  
catering the needs of BEd students



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

Almost 90% of the student teachers agrees that the workshop was well organized, catering the needs of BEd students.

#### 2. The workshop has fully done justice to the syllabus of understanding the self.

Not at all	Sometimes	Frequently	Very strongly
0	0	6%	94%



PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KATHIRAM P. O., MADAMPAM  
SREEKANDANIRAM, KANNUR DT., 670631

The workshop has fully done justice to the syllabus of understanding the self



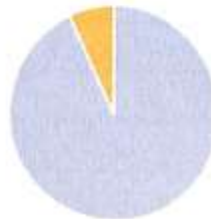
■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

94% of the students very strongly agrees that the workshop has fully done justice to the syllabus of understanding the self.

**3. I got ample opportunities to interact with my peers, and share with them my insights from the sessions.**

Not at all	Sometimes	Frequently	Very strongly
0	0	93%	7%

got ample opportunities to interact with my peers, and share with them my insights from the sessions



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

93% of the students agrees that they frequently got ample opportunities to interact with their peers, and share with them their insights from the sessions

**4. The workshop helped me to make a journey to the core of myself.**

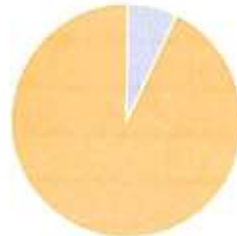
Not at all	Sometimes	Frequently	Very strongly
0	0	7%	93%



*[Signature]*  
PRINCIPAL

P.K.M. COLLEGE OF EDUCATION  
KAITHAPURAM, P. O., MADAMPAM  
SREDHANGAPURAM, KANNUR DT.,-670631

The workshop helped me to make a journey to the core of myself



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

93% of the students very strongly agrees that the workshop helped them to make a journey to their core.

**5. The workshop helped to discover the healthy and unhealthy traits of my personality.**

Not at all	Sometimes	Frequently	Very strongly
0	0	7%	93%

The workshop helped to discover the healthy and unhealthy traits of my personality



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

93% of the students very strongly agrees that the workshop helped to discover the healthy and unhealthy traits of their personality.

**6. The programme enabled me to be aware of my self esteem and the strategies to improve it.**

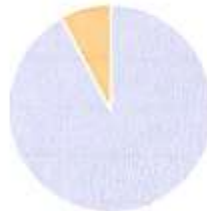
Not at all	Sometimes	Frequently	Very strongly
0	0	92%	8%



*[Handwritten Signature]*

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPHAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

The programme enabled me to be aware of my self esteem and the strategies to improve it



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

Almost 92% students agrees that the programme enabled them to be aware of their self esteem and the strategies to improve it frequently.

**7. I realized the impact of positive thinking as the thought has magnetic power.**

Not at all	Sometimes	Frequently	Very strongly
0	0	5%	95%

I realized the impact of positive thinking as the thought has magnetic power.



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

95% of students very strongly agrees that they realized the impact of positive thinking as the thought has magnetic power.



*[Signature]*  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KAITHAMPAM, P. O. MADAMPAM  
 SREEKANAPURAM, KANNUR DT., 670631

**8. The workshop enabled me to realize the importance of myself as the driver of my life.**

Not at all	Sometimes	Frequently	Very strongly
0	0	4%	96%

The workshop enabled me to realize the importance of myself as the driver of my life



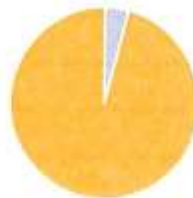
■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

Almost 96% of the students very strongly agrees the workshop enabled them to realize the importance of themselves as the driver of their life.

**9. I am convinced that teachers have to be upgraded in their mental programming as they are the software engineers of tender mind.**

Not at all	Sometimes	Frequently	Very strongly
0	0	7%	93%

I am convinced that teachers have to be upgraded in their mental programming as they are the software engineers of tender mind



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

Almost 93% of the students strongly agrees that teachers have to be upgraded in their mental programming as they are the software engineers of tender mind

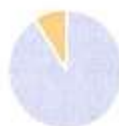


*[Signature]*  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KAITHAMPAM, P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT.,-670631

**10. The workshop made me aware of how my mind is programmed and the necessity of upgrading it by cleaning the junk files.**

Not at all	Sometimes	Frequently	Very strongly
0	0	91%	9%

The workshop made me aware of how my mind is programmed and the necessity of upgrading it by cleaning the junk files.



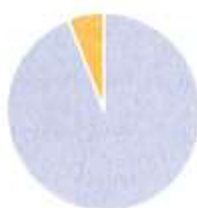
■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

% of the students agrees that the workshop frequently made them aware of how their mind is programmed and the necessity of upgrading it by cleaning the junk files.

**11. I realized the significance of yoga and meditation for deeper relaxation in muscular, nervous and psychological levels.**

Not at all	Sometimes	Frequently	Very strongly
0	0	94%	6%

I realized the significance of yoga and meditation for deeper relaxation in muscular, nervous and psychological levels.



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly



*[Signature]*  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KAITHEERAM P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT., -670631

94% of the students agrees that they frequently realized the significance of yoga and meditation for deeper relaxation in muscular, nervous and psychological levels.

**12. I enjoyed the brain gym which enabled me for better coordination of psycho motor domain.**

Not at all	Sometimes	Frequently	Very strongly
0	0	6%	94%

I enjoyed the brain gym which enabled me for better coordination of psycho motor domain



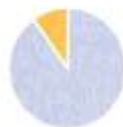
• Not at all • Sometimes • Frequently • Very strongly

94% of the students strongly agrees that they enjoyed the brain gym which enabled them for better coordination of psycho motor domain.

**13. The singing meditation was thought provoking and it enabled me to calm down the mind.**

Not at all	Sometimes	Frequently	Very strongly
0	0	90%	10%

The singing meditation was thought provoking and it enabled me to calm down the mind



• Not at all • Sometimes  
• Frequently • Very strongly



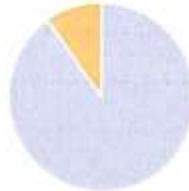
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAMPAM P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT., -670531

90% of the students agrees that the singing meditation was frequently thought provoking and it enabled them to calm down the mind.

**14. The questionnaire used in the workshop to assess my beliefs provided insight regarding my unconstructive belief system and the need of changing it.**

Not at all	Sometimes	Frequently	Very strongly
0	0	90%	10%

The questionnaire used in the workshop to assess my beliefs provided insight regarding my unconstructive belief system and the need of changing it



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

90% of the students agrees that the questionnaire used in the workshop to assess their beliefs frequently provided insight regarding their unconstructive belief system and the need of changing it.

**15. The workshop enabled me to realize the difference between the psychological self and transcended self.**

Not at all	Sometimes	Frequently	Very strongly
0	0	9%	91%



*[Handwritten Signature]*  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KAITO, P.O. MADAMPAM  
 SREEKANDAPURAM, KANNUR DT., 670631

The workshop enabled me to realize the difference between the psychological self and transcended self



• Not at all • Sometimes • Frequently • Very strongly

91% of the students strongly agrees that the workshop enabled them to realize the difference between the psychological self and transcended self.



Principal

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631



## **P.K.M. COLLEGE OF EDUCATION**

**MADAMPAM, KAITHAPRAM P O, KANNUR – 670631**

**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

### **ACTION TAKEN REPORT ON FEEDBACKS ON EPC IV WORKSHOP – UNDERSTANDING THE SELF 2017-19 BATCH**

- **Maintain Workshop Organization:** Continue the effective organization of workshops to meet the needs of B.Ed. students.
- **Syllabus Enhancement:** Acknowledge the success in covering the syllabus and consider continuous improvement to enhance the workshop content.
- **Encourage Peer Interaction:** Foster opportunities for peer interaction and sharing of insights, as it has been positively received by the students.
- **Deepen Self-Exploration:** Build on the success of helping students make a journey to the core of themselves; consider expanding activities that promote self-exploration.
- **Expand Personality Traits Exploration:** Recognize the success in helping students discover healthy and unhealthy traits and consider incorporating more activities focused on personality development.
- **Promote Self-Esteem Awareness:** Continue emphasizing programs that enable students to be aware of their self-esteem and strategies for improvement.
- **Positive Thinking Emphasis:** Acknowledge the impact of positive thinking; consider incorporating more activities that highlight its importance.
- **Strengthen Self-Realization Activities:** Build on the success of helping students realize the importance of themselves as the driver of their life.
- **Teacher Training Focus:** Recognize the importance students place on upgrading teacher mental programming; consider initiatives to support teachers in this aspect.
- **Mind Programming Awareness Activities:** Continue activities that raise awareness about mind programming and the necessity of upgrading it.



**PRINCIPAL**  
**P.K.M. COLLEGE OF EDUCATION**  
**KAITHAPRAM – M. P. O., MADAMPAM**  
**SREEKANTHAPURAM, KANNUR DT.,-670631**

- Yoga and Meditation Integration: Recognize the positive impact of yoga and meditation; consider integrating more activities to promote relaxation at various levels.
- Expand Brain Gym Activities: Since students enjoyed the brain gym, consider expanding or incorporating more activities that enhance psycho-motor coordination.
- Strengthen Singing Meditation: Acknowledge the positive impact of singing meditation and consider enhancing or incorporating similar activities for mind calming.
- Enhance Belief Assessment Tools: Consider refining or expanding the use of belief assessment questionnaires to provide more insights into constructive belief systems.
- Continued Emphasis on Self-Realization: Recognize the success in helping students realize the difference between the psychological self and transcended self and consider maintaining or enhancing activities in this regard.



  
Principal

OFFICE OF THE PRINCIPAL  
P. O., MADAMPAM  
MELAYANDAPURAM, KANNUR DT., -670631

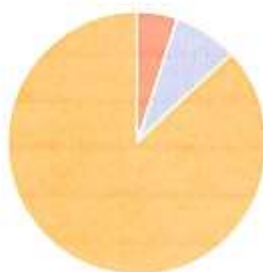
**REPORT OF THE FEEDBACKS ON EPC IV – WORKSHOP –  
UNDERSTANDING THE SELF**

**2018-20 BATCH**

P. K. M College of Education, Madampam obtained feedback on EPC IV –Understanding the Self from the students of the academic year 2019-20. IQAC circulated a questionnaire with fifteen questions to collect responses from 51 students. They could respond by choosing from the options “Not at all, Sometimes, Frequently, Very strongly”.

**1. The workshop was well organized, catering the needs of BEd students.**

Not at all	Sometimes	Frequently	Very strongly
0	5%	8%	87%



■ Not at all    ■ Sometimes  
■ Frequently    ■ Very strongly

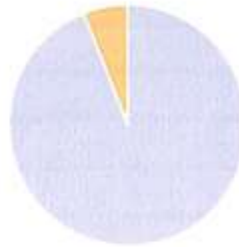
Almost 87% of the student teachers strongly agrees that the workshop was well organized, catering the needs of BEd students.

**2. The workshop has fully done justice to the syllabus of understanding the self.**

Not at all	Sometimes	Frequently	Very strongly
0	0	94%	6%



  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

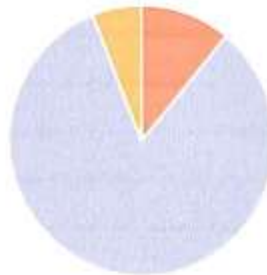


■ Not at all   ■ Sometimes  
 ■ Frequently   ■ Very strongly

94% of the students agrees that the workshop has frequently done justice to the syllabus of understanding the self.

**3. I got ample opportunities to interact with my peers, and share with them my insights from the sessions.**

Not at all	Sometimes	Frequently	Very strongly
0	11%	83%	6%



■ Not at all   ■ Sometimes  
 ■ Frequently   ■ Very strongly

83% of the students agrees that they frequently got ample opportunities to interact with their peers, and share with them their insights from the sessions.

**4. The workshop helped me to make a journey to the core of myself.**

Not at all	Sometimes	Frequently	Very strongly
0	0	9%	91%



  
 PRINCIPAL  
 PK M COLLEGE OF EDUCATION  
 165 M. P. O., MADAMPAM  
 MADAMPAM, KANNUR DT.,-670631

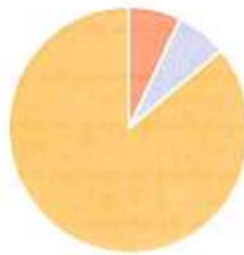


■ Not at all ■ Sometimes  
 ■ Frequently ■ Very strongly

91% of the students very strongly agrees that the workshop helped them to make a journey to their core.

**5. The workshop helped to discover the healthy and unhealthy traits of my personality.**

Not at all	Sometimes	Frequently	Very strongly
0	7%	7%	86%



■ Not at all ■ Sometimes  
 ■ Frequently ■ Very strongly

86% of the students very strongly agrees that the workshop helped to discover the healthy and unhealthy traits of their personality.

**6. The programme enabled me to be aware of my self esteem and the strategies to improve it.**

Not at all	Sometimes	Frequently	Very strongly
0	2%	92%	6%



*[Handwritten Signature]*  
 PRINCIPAL

P.K.M. COLLEGE OF EDUCATION  
 KATTIKATTI P. O., MADAMPAM  
 SREEKADAFURAM, KANNUR DT., 670631

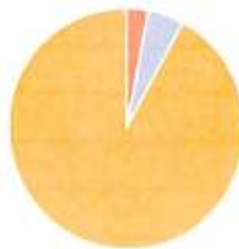


■ Not at all   ■ Sometimes  
 ■ Frequently   ■ Very strongly

Almost 92% students agrees that the programme enabled them to be aware of their self esteem and the strategies to improve it frequently.

**7. I realized the impact of positive thinking as the thought has magnetic power.**

Not at all	Sometimes	Frequently	Very strongly
0	3%	5%	92%



■ Not at all   ■ Sometimes  
 ■ Frequently   ■ Very strongly

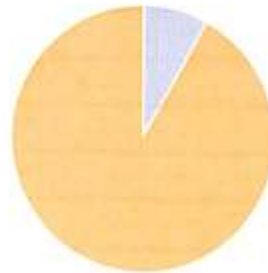
92% of students very strongly agrees that they realized the impact of positive thinking as the thought has magnetic power.



  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KAITUMA P. O., MADAMPAM  
 SRILEKHPURAM, KANNUR DT.,-670631

**8. The workshop enabled me to realize the importance of myself as the driver of my life.**

Not at all	Sometimes	Frequently	Very strongly
0	0	8%	92%

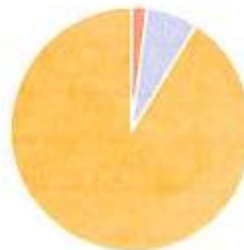


■ Not at all    ■ Sometimes  
■ Frequently    ■ Very strongly

Almost 92% of the students very strongly agrees the workshop enabled them to realize the importance of themselves as the driver of their life.

**9. I am convinced that teachers have to be upgraded in their mental programming as they are the software engineers of tender mind.**

Not at all	Sometimes	Frequently	Very strongly
0	2%	7%	91%



■ Not at all    ■ Sometimes  
■ Frequently    ■ Very strongly

Almost 91% of the students strongly agrees that teachers have to be upgraded in their mental programming as they are the software engineers of tender mind

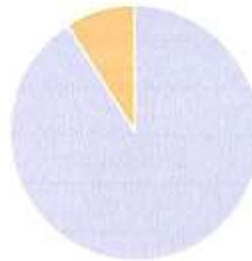


*[Signature]*  
 PRINCIPAL

P.K.M. COLLEGE OF EDUCATION  
 KAITHIRAMPAM, P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT., -670631

**10. The workshop made me aware of how my mind is programmed and the necessity of upgrading it by cleaning the junk files.**

Not at all	Sometimes	Frequently	Very strongly
0	0	91%	9%

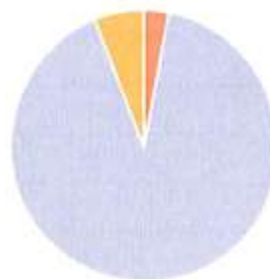


■ Not at all    ■ Sometimes  
■ Frequently    ■ Very strongly

91% of the students agrees that the workshop frequently made them aware of how their mind is programmed and the necessity of upgrading it by cleaning the junk files.

**11. I realized the significance of yoga and meditation for deeper relaxation in muscular, nervous and psychological levels.**

Not at all	Sometimes	Frequently	Very strongly
0	3%	91%	6%



■ Not at all    ■ Sometimes  
■ Frequently    ■ Very strongly

91% of the students agrees that they frequently realized the significance of yoga and meditation for deeper relaxation in muscular, nervous and psychological levels.



**PRINCIPAL**  
**P.K.M. COLLEGE OF EDUCATION**  
 KAITHALAM P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT., 670631

**12. I enjoyed the brain gym which enabled me for better coordination of psycho motor domain.**

Not at all	Sometimes	Frequently	Very strongly
0	0	6%	94%

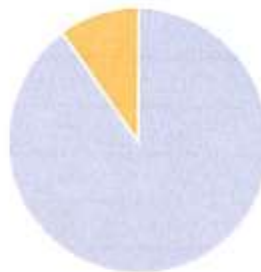


■ Not at all    ■ Sometimes  
 ■ Frequently    ■ Very strongly

94% of the students strongly agrees that they enjoyed the brain gym which enabled them for better coordination of psycho motor domain.

**13. The singing meditation was thought provoking and it enabled me to calm down the mind.**

Not at all	Sometimes	Frequently	Very strongly
0	0	90%	10%



■ Not at all    ■ Sometimes  
 ■ Frequently    ■ Very strongly

90% of the students agrees that the singing meditation was frequently thought provoking and it enabled them to calm down the mind.

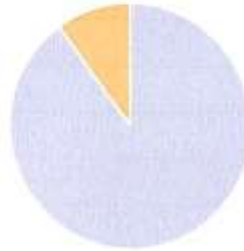


A handwritten signature in blue ink, likely belonging to the Principal.

PRINCIPAL  
 PKM COLLEGE OF EDUCATION  
 KATHIRIPATTAM P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT.,-670631

**14. The questionnaire used in the workshop to assess my beliefs provided insight regarding my unconstructive belief system and the need of changing it.**

Not at all	Sometimes	Frequently	Very strongly
0	0	90%	10%

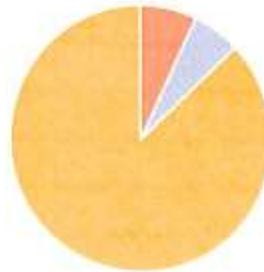


■ Not at all ■ Sometimes  
 ■ Frequently ■ Very strongly

90% of the students agrees that the questionnaire used in the workshop to assess their beliefs frequently provided insight regarding their unconstructive belief system and the need of changing it.

**15. The workshop enabled me to realize the difference between the psychological self and transcended self.**

Not at all	Sometimes	Frequently	Very strongly
0	7%	6%	87%



■ Not at all ■ Sometimes  
 ■ Frequently ■ Very strongly

87% of the students strongly agrees that the workshop enabled them to realize the difference between the psychological self and transcended self.



*[Signature]*  
 PRINCIPAL

P.K.M. COLLEGE OF EDUCATION  
 KATHIRAMAM P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT.,-670631



## P.K.M. COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P O, KANNUR – 670631

(Govt. Aided Teacher Education Institution affiliated to Kannur University)

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

### ACTION TAKEN REPORT ON FEEDBACKS ON EPC IV WORKSHOP – UNDERSTANDING THE SELF 2018-20 BATCH

- ❖ Maintain Workshop Organization: Continue the effective organization of workshops to meet the needs of BEd students.
- ❖ Syllabus Enhancement: Acknowledge the success in covering the syllabus and consider continuous improvement to enhance the workshop content.
- ❖ Encourage Peer Interaction: Foster opportunities for peer interaction and sharing of insights, as it has been positively received by the students.
- ❖ Deepen Self-Exploration: Build on the success of helping students make a journey to the core of themselves; consider expanding activities that promote self-exploration.
- ❖ Expand Personality Traits Exploration: Recognize the success in helping students discover healthy and unhealthy traits and consider incorporating more activities focused on personality development.
- ❖ Promote Self-Esteem Awareness: Continue emphasizing programs that enable students to be aware of their self-esteem and strategies for improvement.
- ❖ Positive Thinking Emphasis: Acknowledge the impact of positive thinking; consider incorporating more activities that highlight its importance.
- ❖ Strengthen Self-Realization Activities: Build on the success of helping students realize the importance of themselves as the driver of their life.
- ❖ Teacher Training Focus: Recognize the importance students place on upgrading teacher mental programming; consider initiatives to support teachers in this aspect.
- ❖ Mind Programming Awareness Activities: Continue activities that raise awareness about mind programming and the necessity of upgrading it.
- ❖ Yoga and Meditation Integration: Recognize the positive impact of yoga and meditation; consider integrating more activities to promote relaxation at various levels.
- ❖ Expand Brain Gym Activities: Since students enjoyed the brain gym, consider expanding or incorporating more activities that enhance psycho-motor coordination.
- ❖ Strengthen Singing Meditation: Acknowledge the positive impact of singing meditation and consider enhancing or incorporating similar activities for mind calming.



  
Principal

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT., 670631

## REPORT OF THE FEEDBACKS ON EPC IV – WORKSHOP – UNDERSTANDING THE SELF

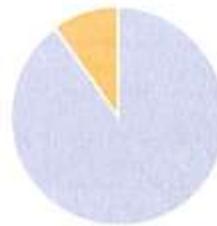
2019-21 BATCH

P. K. M College of Education, Madampam obtained feedback on EPC IV –Understanding the Self from the students of the academic year 2020-21. IQAC circulated a questionnaire with fifteen questions to collect responses from 49 students. They could respond by choosing from the options “Not at all, Sometimes, Frequently, Very strongly”.

### 1. The workshop was well organized, catering the needs of BEd students.

Not at all	Sometimes	Frequently	Very strongly
0	0	90%	10%

The workshop was well organized, catering the needs of BEd students



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

Almost 90% of the student teachers agrees that the workshop was well organized, catering the needs of BEd students.

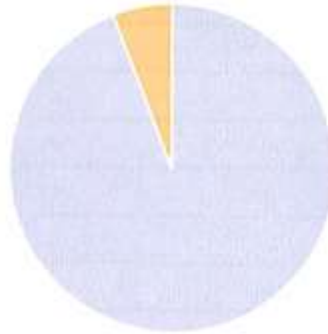
### 2. The workshop has fully done justice to the syllabus of understanding the self.

Not at all	Sometimes	Frequently	Very strongly
0	0	94%	6%



PRINCIPAL

P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANGAPURAM, KANNUR DT., 670631

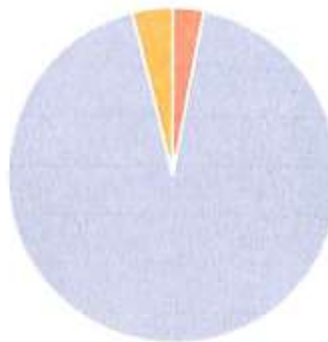


■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

94% of the students agrees that the workshop has frequently done justice to the syllabus of understanding the self.

**3. I got ample opportunities to interact with my peers, and share with them my insights from the sessions.**

Not at all	Sometimes	Frequently	Very strongly
0	3%	93%	4%



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

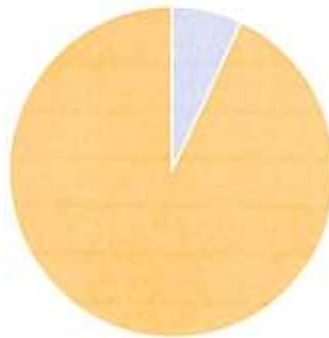
93% of the students agrees that they frequently got ample opportunities to interact with their peers, and share with them their insights from the sessions.

**4. The workshop helped me to make a journey to the core of myself.**



  
 PRINCIPAL  
 P. K. M. COLLEGE OF EDUCATION  
 MADAMPAM P. O., MADAMPAM  
 KUPURAM, KANNUR DT., -670631

Not at all	Sometimes	Frequently	Very strongly
0	0	7%	93%

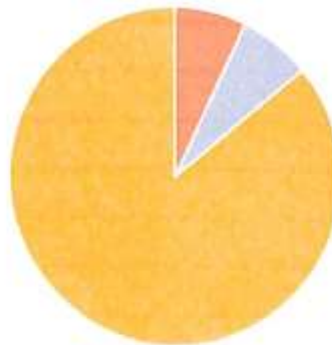


■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

93% of the students very strongly agrees that the workshop helped them to make a journey to their core.

**5. The workshop helped to discover the healthy and unhealthy traits of my personality.**

Not at all	Sometimes	Frequently	Very strongly
0	7%	7%	86%



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

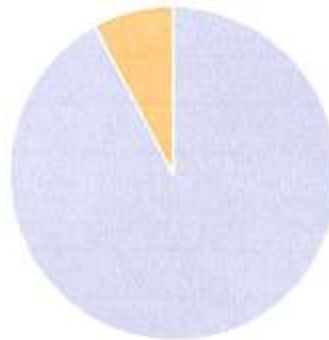


*[Signature]*  
 PRINCIPAL  
 PK M. COLLEGE OF EDUCATION  
 KALTHEERAM P. O., MADAMPAM  
 KANNUR, KANNUR DT.,-670631

86% of the students very strongly agrees that the workshop helped to discover the healthy and unhealthy traits of their personality.

**6. The programme enabled me to be aware of my self esteem and the strategies to improve it.**

Not at all	Sometimes	Frequently	Very strongly
0	0	92%	8%



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

Almost 92% students agrees that the programme enabled them to be aware of their self esteem and the strategies to improve it frequently.

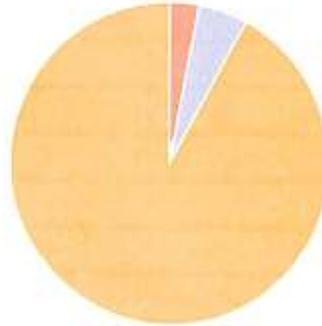
**7. I realized the impact of positive thinking as the thought has magnetic power.**

Not at all	Sometimes	Frequently	Very strongly
0	3%	5%	92%



PRINCIPAL

P.K.M. COLLEGE OF EDUCATION  
 KATHIRUVALE P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT.,-570631

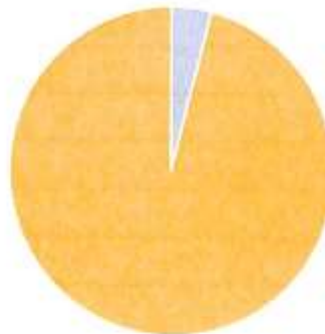


■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

92% of students very strongly agrees that they realized the impact of positive thinking as the thought has magnetic power.

**8. The workshop enabled me to realize the importance of myself as the driver of my life.**

Not at all	Sometimes	Frequently	Very strongly
0	0	4%	96%



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

Almost 96% of the students very strongly agrees the workshop enabled them to realize the importance of themselves as the driver of their life.

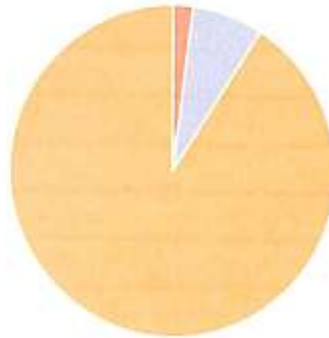
**9. I am convinced that teachers have to be upgraded in their mental programming as they are the software engineers of tender mind.**

Not at all	Sometimes	Frequently	Very strongly
------------	-----------	------------	---------------



*[Signature]*  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 MADAMPAM, P. O., MADAMPAM  
 KANNUR, KANNUR DT.,-670631

0	2%	7%	91%
---	----	----	-----

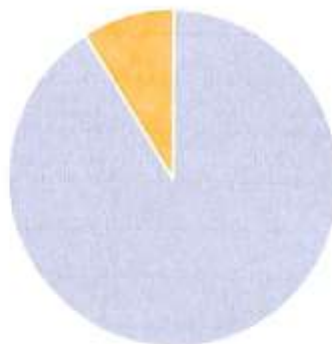


■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

Almost 91% of the students strongly agree that teachers have to be upgraded in their mental programming as they are the software engineers of tender mind

**10. The workshop made me aware of how my mind is programmed and the necessity of upgrading it by cleaning the junk files.**

Not at all	Sometimes	Frequently	Very strongly
0	0	91%	9%



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

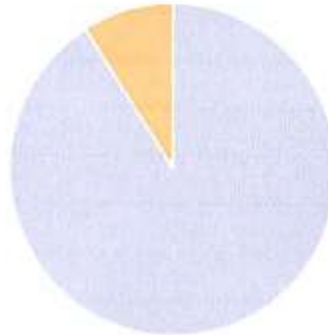
91% of the students agrees that the workshop frequently made them aware of how their mind is programmed and the necessity of upgrading it by cleaning the junk files.



*[Signature]*  
 PRINCIPAL  
 P.M. COLLEGE OF EDUCATION  
 M. P. O. MADAMPAM  
 KANNUR, KANNUR DT., -670631

**11. I realized the significance of yoga and meditation for deeper relaxation in muscular, nervous and psychological levels.**

Not at all	Sometimes	Frequently	Very strongly
0	0	91%	9%

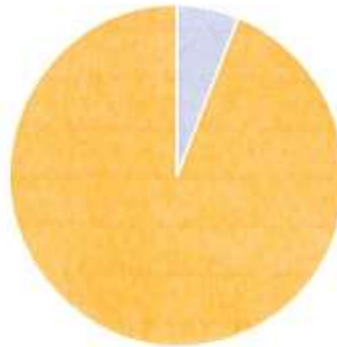


■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

91% of the students agrees that they frequently realized the significance of yoga and meditation for deeper relaxation in muscular, nervous and psychological levels.

**12. I enjoyed the brain gym which enabled me for better coordination of psycho motor domain.**

Not at all	Sometimes	Frequently	Very strongly
0	0	6%	94%



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

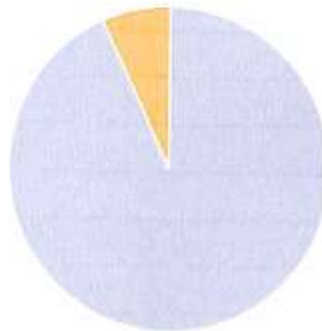


*[Signature]*  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 THEERAM, P. O. MADAMPAM  
 THEERAM, KANNUR DT., 670631

94% of the students strongly agrees that they enjoyed the brain gym which enabled them for better coordination of psycho motor domain.

**13. The singing meditation was thought provoking and it enabled me to calm down the mind.**

Not at all	Sometimes	Frequently	Very strongly
0	0	93%	7%



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

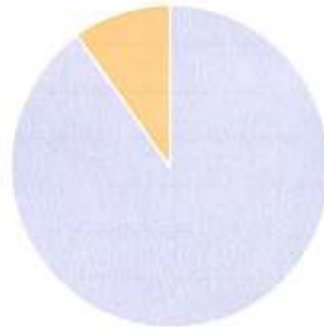
93% of the students agrees that the singing meditation was frequently thought provoking and it enabled them to calm down the mind.

**14. The questionnaire used in the workshop to assess my beliefs provided insight regarding my unconstructive belief system and the need of changing it.**

Not at all	Sometimes	Frequently	Very strongly
0	0	90%	10%



  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 K.V. ROAD, SREEKANDAPURAM  
 SREEKANDAPURAM, KANNUR DT., 670631

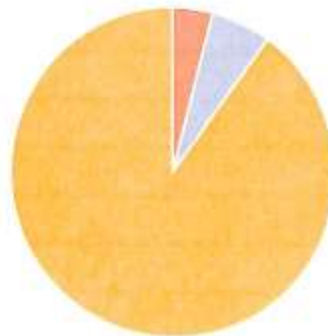


■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

90% of the students agrees that the questionnaire used in the workshop to assess their beliefs frequently provided insight regarding their unconstructive belief system and the need of changing it.

**15. The workshop enabled me to realize the difference between the psychological self and transcended self.**

Not at all	Sometimes	Frequently	Very strongly
0	4%	6%	90%



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

91% of the students strongly agrees that the workshop enabled them to realize the difference between the psychological self and transcended self.



*[Signature]*  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 FAITHPURAM P. O., MADAMPAM  
 KANNUR DISTRICT, KANNUR DT., 670631



## **P.K.M. COLLEGE OF EDUCATION**

**MADAMPAM, KAITHAPRAM P O, KANNUR – 670631**

**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkcollege.org](http://www.pkcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

### **ACTION TAKEN REPORT ON**

#### **FEEDBACKS ON EPC IV**

#### **WORKSHOP – UNDERSTANDING THE SELF**

#### **2019-21 BATCH**

- ❖ **Maintain Workshop Organization:** Continue the effective organization of workshops to meet the needs of BEd students.
- ❖ **Syllabus Enhancement:** Acknowledge the success in covering the syllabus and consider continuous improvement to enhance the workshop content.
- ❖ **Encourage Peer Interaction:** Foster opportunities for peer interaction and sharing of insights, as it has been positively received by the students.
- ❖ **Deepen Self-Exploration:** Build on the success of helping students make a journey to the core of themselves; consider expanding activities that promote self-exploration.
- ❖ **Expand Personality Traits Exploration:** Recognize the success in helping students discover healthy and unhealthy traits and consider incorporating more activities focused on personality development.
- ❖ **Promote Self-Esteem Awareness:** Continue emphasizing programs that enable students to be aware of their self-esteem and strategies for improvement.
- ❖ **Positive Thinking Emphasis:** Acknowledge the impact of positive thinking; consider incorporating more activities that highlight its importance.
- ❖ **Strengthen Self-Realization Activities:** Build on the success of helping students realize the importance of themselves as the driver of their life.
- ❖ **Teacher Training Focus:** Recognize the importance students place on upgrading teacher mental programming; consider initiatives to support teachers in this aspect.
- ❖ **Mind Programming Awareness Activities:** Continue activities that raise awareness about mind programming and the necessity of upgrading it.



PRINCIPAL

P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

## **P.K.M. COLLEGE OF EDUCATION**



**MADAMPAM, KAITHAPRAM P O, KANNUR – 670631**

**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

- ❖ **Yoga and Meditation Integration:** Recognize the positive impact of yoga and meditation; consider integrating more activities to promote relaxation at various levels.
- ❖ **Expand Brain Gym Activities:** Since students enjoyed the brain gym, consider expanding or incorporating more activities that enhance psycho-motor coordination.
- ❖ **Strengthen Singing Meditation:** Acknowledge the positive impact of singing meditation and consider enhancing or incorporating similar activities for mind calming.
- ❖ **Enhance Belief Assessment Tools:** Consider refining or expanding the use of belief assessment questionnaires to provide more insights into constructive belief systems.
- ❖ **Continued Emphasis on Self-Realization:** Recognize the success in helping students realize the difference between the psychological self and transcended self and consider maintaining or enhancing activities in this regard.



**Principal**

**PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631**

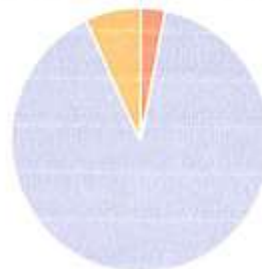
**REPORT OF THE FEEDBACKS ON EPC IV – WORKSHOP –  
UNDERSTANDING THE SELF**

**2021-23 BATCH**

P. K. M College of Education, Madampam obtained feedback on EPC IV –Understanding the Self from the students of the academic year 2022-23. IQAC circulated a questionnaire with 15 questions to collect responses from 49 students. They could respond by choosing from the options “Not at all, Sometimes, Frequently, Very strongly”.

**1. The workshop was well organized, catering the needs of B.Ed. students.**

Not at all	Sometimes	Frequently	Very strongly
0	3	90%	7%



■ Not at all    ■ Sometimes  
 ■ Frequently   ■ Very strongly

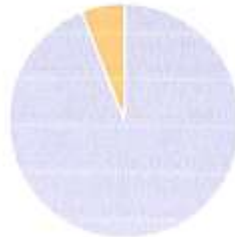
Almost 90% of the student teachers agrees that the workshop was well organized, catering the needs of BED students.

**2.The workshop has fully done justice to the syllabus of understanding the self.**

Not at all	Sometimes	Frequently	Very strongly
0	0	94%	6%



  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KATHAPRAM, P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT.,-670631

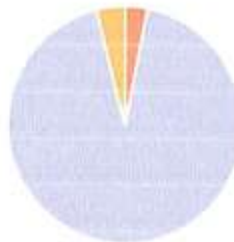


■ Not at all   ■ Sometimes  
 ■ Frequently   ■ Very strongly

94% of the students agrees that the workshop has frequently done justice to the syllabus of understanding the self.

**3. I got ample opportunities to interact with my peers, and share with them my insights from the sessions.**

Not at all	Sometimes	Frequently	Very strongly
0	3%	93%	4%



■ Not at all   ■ Sometimes  
 ■ Frequently   ■ Very strongly

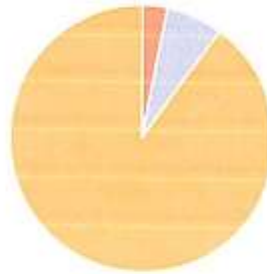
93% of the students agrees that they frequently got ample opportunities to interact with their peers, and share with them their insights from the sessions.

**4. The workshop helped me to make a journey to the core of myself.**

Not at all	Sometimes	Frequently	Very strongly
0	3	7%	90%



  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KAITHAPRAM, P. O., NIADAMPAM  
 SREEKANDAPURAM, KANNUR DT.,-676631

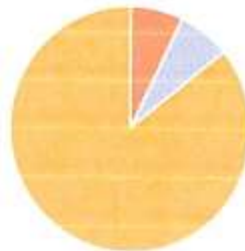


■ Not at all   ■ Sometimes  
 ■ Frequently   ■ Very strongly

90% of the students very strongly agrees that the workshop helped them to make a journey to their core.

**5. The workshop helped to discover the healthy and unhealthy traits of my personality.**

Not at all	Sometimes	Frequently	Very strongly
0	7%	7%	86%



■ Not at all   ■ Sometimes  
 ■ Frequently   ■ Very strongly

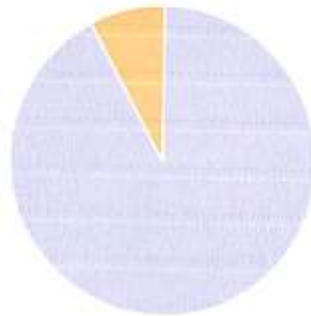
86% of the students very strongly agrees that the workshop helped to discover the healthy and unhealthy traits of their personality.

**6. The programme enabled me to be aware of my self esteem and the strategies to improve it.**

Not at all	Sometimes	Frequently	Very strongly
0	0	92%	8%



  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KAITHAPRAM, P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT., 670631



■ Not at all ■ Sometimes ■ Frequently ■ Very strongly

Almost 92% students agrees that the programme enabled them to be aware of their self esteem and the strategies to improve it frequently.

**7. I realized the impact of positive thinking as the thought has magnetic power.**

Not at all	Sometimes	Frequently	Very strongly
0	5%	5%	90%



■ Not at all ■ Sometimes  
■ Frequently ■ Very strongly

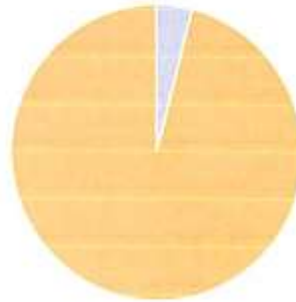
90% of students very strongly agrees that they realized the impact of positive thinking as the thought has magnetic power.



*[Signature]*  
**PRINCIPAL**  
**P.K.M. COLLEGE OF EDUCATION**  
**KAITHAPRAM. P. O., MADAMPAM**  
**SREEKANDAPURAM, KANNUR DT.,-670631**

**8. The workshop enabled me to realize the importance of myself as the driver of my life.**

Not at all	Sometimes	Frequently	Very strongly
0	0	4%	96%

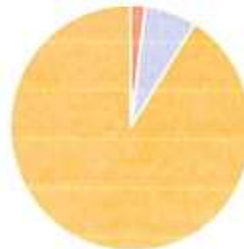


Not at all Sometimes Frequently Very strongly

Almost 96% of the students very strongly agrees the workshop enabled them to realize the importance of themselves as the driver of their life.

**9. I am convinced that teachers have to be upgraded in their mental programming as they are the software engineers of tender mind.**

Not at all	Sometimes	Frequently	Very strongly
0	2%	7%	91%



Not at all Sometimes  
Frequently Very strongly

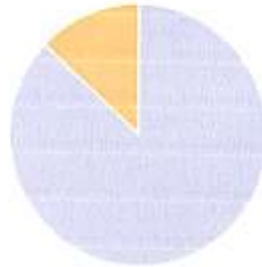
Almost 91% of the students strongly agrees that teachers have to be upgraded in their mental programming as they are the software engineers of tender mind



*[Signature]*  
**PRINCIPAL**  
 P.K.M. COLLEGE OF EDUCATION  
 KATHAPRAM, P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT.,-670631

**10. The workshop made me aware of how my mind is programmed and the necessity of upgrading it by cleaning the junk files.**

Not at all	Sometimes	Frequently	Very strongly
0	0	87%	13%

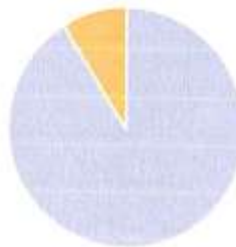


■ Not at all    ■ Sometimes  
 ■ Frequently    ■ Very strongly

87% of the students agrees that the workshop frequently made them aware of how their mind is programmed and the necessity of upgrading it by cleaning the junk files.

**11. I realized the significance of yoga and meditation for deeper relaxation in muscular, nervous and psychological levels.**

Not at all	Sometimes	Frequently	Very strongly
0	0	91%	9%



■ Not at all    ■ Sometimes  
 ■ Frequently    ■ Very strongly

91% of the students agrees that they frequently realized the significance of yoga and meditation for deeper relaxation in muscular, nervous and psychological levels.

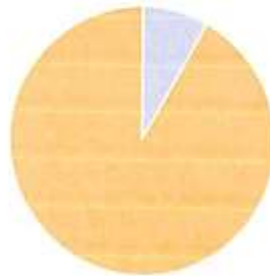


*[Signature]*  
PRINCIPAL

P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT., 670631

**12. I enjoyed the brain gym which enabled me for better coordination of psycho motor domain.**

Not at all	Sometimes	Frequently	Very strongly
0	0	8%	92%

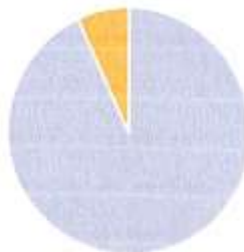


■ Not at all    ■ Sometimes  
 ■ Frequently    ■ Very strongly

92% of the students strongly agrees that they enjoyed the brain gym which enabled them for better coordination of psycho motor domain.

**13. The singing meditation was thought provoking and it enabled me to calm down the mind.**

Not at all	Sometimes	Frequently	Very strongly
0	0	93%	7%



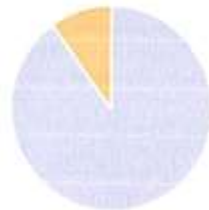
■ Not at all    ■ Sometimes  
 ■ Frequently    ■ Very strongly

93% of the students agrees that the singing meditation was frequently thought provoking and it enabled them to calm down the mind.

  
 PRINCIPAL  
 P.K.M. COLLEGE OF EDUCATION  
 KATHAPRAM, P. O., MADAMPAM  
 SREEKANDAPURAM, KANNUR DT., 670631

**14. The questionnaire used in the workshop to assess my beliefs provided insight regarding my unconstructive belief system and the need of changing it.**

Not at all	Sometimes	Frequently	Very strongly
0	0	90%	10%

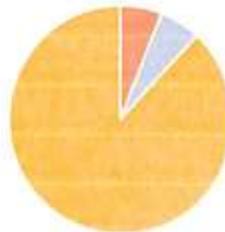


■ Not at all    ■ Sometimes  
 ■ Frequently    ■ Very strongly

90% of the students agrees that the questionnaire used in the workshop to assess their beliefs frequently provided insight regarding their unconstructive belief system and the need of changing it.

**15. The workshop enabled me to realize the difference between the psychological self and transcended self.**

Not at all	Sometimes	Frequently	Very strongly
0	6%	6%	88%



■ Not at all    ■ Sometimes  
 ■ Frequently    ■ Very strongly

88% of the students strongly agrees that the workshop enabled them to realize the difference between the psychological self and transcended self.



*[Signature]*  
Principal

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KATHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670531



## **P.K.M. COLLEGE OF EDUCATION**

**MADAMPAM, KAITHAPRAM P O, KANNUR – 670631**

**(Govt. Aided Teacher Education Institution affiliated to Kannur University)**

Recognized by NCTE and included under UGC 2(f) & 12B category

Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary


E-mail: [pkmcedn@yahoo.co.in](mailto:pkmcedn@yahoo.co.in), Website: - [www.pkmcollege.org](http://www.pkmcollege.org)

Tel: 0460 2230929, Fax: 04602 232449

### **ACTION TAKEN REPORT ON FEEDBACKS ON EPC IV WORKSHOP – UNDERSTANDING THE SELF 2021-23 BATCH**

- ❖ **Maintain Workshop Organization:** Continue the effective organization of workshops to meet the needs of B.Ed. students.
- ❖ **Syllabus Enhancement:** Acknowledge the success in covering the syllabus and consider continuous improvement to enhance the workshop content.
- ❖ **Encourage Peer Interaction:** Foster opportunities for peer interaction and sharing of insights, as it has been positively received by the students.
- ❖ **Deepen Self-Exploration:** Build on the success of helping students make a journey to the core of themselves; consider expanding activities that promote self-exploration.
- ❖ **Expand Personality Traits Exploration:** Recognize the success in helping students discover healthy and unhealthy traits and consider incorporating more activities focused on personality development.
- ❖ **Promote Self-Esteem Awareness:** Continue emphasizing programs that enable students to be aware of their self-esteem and strategies for improvement.
- ❖ **Positive Thinking Emphasis:** Acknowledge the impact of positive thinking; consider incorporating more activities that highlight its importance.
- ❖ **Strengthen Self-Realization Activities:** Build on the success of helping students realize the importance of themselves as the driver of their life.
- ❖ **Teacher Training Focus:** Recognize the importance students place on upgrading teacher mental programming; consider initiatives to support teachers in this aspect.



  
PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANDAPURAM, KANNUR DT.,-670631

- ❖ **Mind Programming Awareness Activities:** Continue activities that raise awareness about mind programming and the necessity of upgrading it.
- ❖ **Yoga and Meditation Integration:** Recognize the positive impact of yoga and meditation; consider integrating more activities to promote relaxation at various levels.
- ❖ **Expand Brain Gym Activities:** Since students enjoyed the brain gym, consider expanding or incorporating more activities that enhance psycho-motor coordination.
- ❖ **Strengthen Singing Meditation:** Acknowledge the positive impact of singing meditation and consider enhancing or incorporating similar activities for mind calming.
- ❖ **Enhance Belief Assessment Tools:** Consider refining or expanding the use of belief assessment questionnaires to provide more insights into constructive belief systems.
- ❖ **Continued Emphasis on Self-Realization:** Recognize the success in helping students realize the difference between the psychological self and transcended self and consider maintaining or enhancing activities in this regard.



  
Principal

PRINCIPAL  
P.K.M. COLLEGE OF EDUCATION  
KAITHAPRAM, P. O., MADAMPAM  
SREEKANAPURAM, KANNUR DT.,-670631