



We visited the "Ashrayam Special School" Thottada, Kannur on 25th January 2019 at 9.30 am. We reached there at 9.30 am. We got a warm welcome from the hands of the authorities. The principal madam gave a detail description about the functioning of the institute.





# **ABOUT THE INSTITUTE**

In 1980, the special school was able to make a modest beginning. Ashrayam was started in 1980as a daycare center & school for mentally retarded children. Basic training in Ashrayam includes the teaching of basic self-care skills such as teeth, toilet training and elementary hygiene. This is followed by training in social behavior and interaction using behavior modification techniques that include mild

symbolic punishment for misbehavior and simple token gifts as rewards for good behavior.



The second stage of training includes physical training, group games, yoga and physiotherapy sections and these are interspersed with sports competitions and cultural programmes which are conducted periodically. Ashrayam has a speech and hearing unit for assessment and treatment of speech and hearing handicaps. Now this institution is fully grown institution efficiently managed. 

# **CLASS VISIT**

We divided in to two groups and visited the all classes in that institute. One group was leaded by Mrs. Jomol Jose, Asst. Prof. in Natural Science and the other group was leaded by Sr. Caroline, Asst. Prof. in Malayalam. The teachers helped

us to know more about the training which they provide there for the physically and mentally challenged students. There is no special curriculum in the school but they give training to develop physical, mental, social skills individually.

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# **CULTURAL ACTIVITIES**

After the class visit all students and staff were assembled in the courtyard of the school. Student teachers of PKM College performed different cultural activities like song, group song, dance, games, craft, art etc. The students in special school were also participated and performed. Geetha teacher The HM of the special school distributed the prize to the students. Also a small financial aid from PKM College of education was handed over to the special school principal.



### CONCLUSION

The day was a great experience to all. We got many insights from there. Definitely this experience will reflect in our future teaching career. We were also thankful for the authority and faculties of PKM College of Education, Madampam for organizing such a programme. Afternoon we returned from Ashraya Special School.