



## Editorial

Greetings from PKM family!

Welcome to the month of October. Here also you can see the remarkable moments of PKM and descriptions of energetic and vibrant events. Definitely these are the feast for the readers, those who are following the beats of our family. We started the month with oath taking ceremony on senior citizens' day. Various memorable events had been taken place, undoubtedly and proudly we can tell about Peace Education the best practice in our College. We enjoyed the occasion of "plavilakanji". You can read and experience the golden moments in this notepad.

### OLD AGE DAY PLEDGE

Old age day oath taken programme was conducted on 1<sup>st</sup> October 2024 at 9.30 am in general classroom. Welcome speech of the programme was done by Akshaya. C, Secretary of NSS. College Principal Dr. Jessy N.C recited and taken the oath with students. All the 50 students of P.K.M. College has actively participated in taking oath on old age day.

### INTERNATIONAL DAY OF NON-VIOLENCE

As a part of International day of non-violence, the staff coordinator of peace builders forum at P.K.M. College of education, Minimal George (Sr. Caroline FCC), along with the peace builders forum coordinator Fathimathul Zuhara M and the program coordinator Adarshkumar C.A, conducted on 2<sup>nd</sup> October, 2024 via online mode. All the 50 student teachers shared their photographs based on the theme non-violence to the official e-mail id of Peace forum at P.K.M. The photographs emphasized with creativity were then evaluated based on their creativity, relevance to the theme and emotional impact.

### Inauguration of ASTRALIS: World Space Week 2024

The Department of Physical Science at P.K.M. College of Education hosted Astralis, from October 4 to 8, 2024, as a part of the World Space Week 2024 celebrations. The opening event of Astralis took place on October 4 at 9:30 am in Multipurpose Hall, begins with the welcome speech by Rinu Mariya, Programme Coordinator. The Presidential address was delivered by Dr. Prasanth Mathew, Assistant Professor in Physical Science. The programme was officially inaugurated by Dr. Jessy N C, Principal. The inaugural ceremony included the Declaration of title (ASTRALIS) and the Release of Logo. An interactive session on "Tharaganam" was held on October 8, 2024, as part of World Space Week 2024. Shri. E. Narayanan, a retired Headmaster and an astrophile, led the session. Sir explained the 12 zodiac signs its significance and also explained the 27 nakshatras and their symbolic representation. He discussed how humans have used stars for navigation, direction, and agriculture since ancient times. Additionally, he shared his teaching experiences and demonstrated simple science experiments to show how science applies to everyday life.

### LINGUA CONNECT

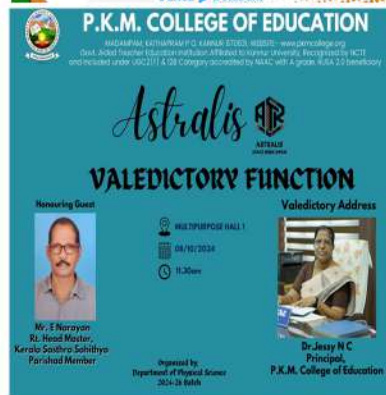
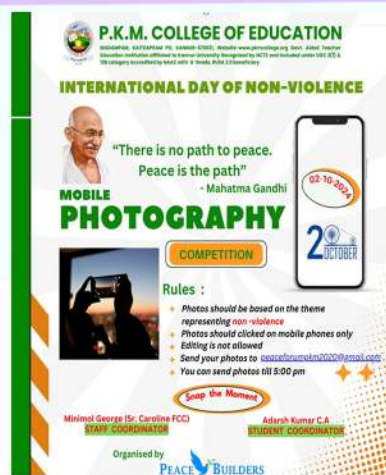
The program titled "Lingua Connect" was conducted in a manner that was engaging and useful for the students. This program gave the students a general idea about Kannada language. Kannada being the language of our neighbouring state of Karnataka. Learning it is helpful for those who may travel to Karnataka for various purposes. The program was formally inaugurated by College Principal Dr. Jessy N.C. The felicitation speech was offered by student coordinator Ashly Joseph and Anaswara Muraleedharan expressed the vote of thanks. This was the first program organized by IQAC and Department of Social Science as a part of the Multi Lingual and Multi Cultural Interaction Series. The theme of this program was 'A Glimpse in to Kannada'. Nidhi and Sneha introduced the Kannada language, taking a deeper look at the history and evolution of the language and the prominent works of Kannada literature. The crux of the program was the interaction session, was handled by Thanujashri

### Intra-Mural Throwball Competition for Girls

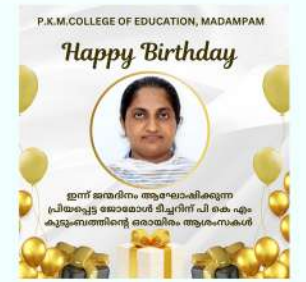
From October 22 to October 25, 2024, the Physical education department organized an intra-mural throwball competition for girls at our college. This event aimed to encourage active participation in sports, foster teamwork, and build a sense of camaraderie among participants. The tournament featured several teams in friendly competition, promoting both physical fitness and sportsmanship



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- LINGUA CONNECT ■ INTERNATIONAL DAY OF NON-VIOLENCE
- Inauguration of ASTRALIS: World Space Week 2024
- Intra-Mural Throwball Competition for Girls
- FINE ARTS CLUB INAUGURATION
- Inaugural ceremony of Peacescape
- PLAVILAKKANJI ■ BREAST CANCER AWARENESS PROGRAMME



### P.K.M. Family



### FINE ARTS CLUB INAUGURATION

The invited guest for the Union inauguration was Shauryachakra Manesh P. V and for fine arts club inauguration was Ms Aiswarya Kalyani. The programme started at 10:30 am. The anchors for the event was Arya and Sangeetha. College union general Secretary Ms Roshna C delivered the welcome speech. Mr Amin Mathew, College Chairperson presided over the inaugural ceremony. Shauryachakra Manesh P. V officially inaugurated the union by declaring the motto of the union and releasing the logo. In his inaugural address Shauryachakra Manesh P.V highlighted the importance of being a soldier and his life experiences. Ms Anaswara Muraleedharan O gave an introductory talk about the fine arts club. Ms Aiswarya Kalyani inaugurated the fine arts club and the music band 'P-KM rhythms'. She mesmerized the audience with her sweet voice. The Principal's address was given by Dr Jessy N.C. Principal presented a memento to the chief guests, Shauryachakra Manesh P. V and Ms Aiswarya Kalyani, as a token of love and appreciation for their presence and contribution to the event. The event was felicitated by Mr Joseph T. M, Mr Nithin Nangoth, Dr Sinoj Joseph and Mr Denilson Vinoy. The inaugural function came to a close with a vote of thanks by Ms Aneena Chacko, College Vice Chairperson. The afternoon session was highlighted with various programs by student teachers. Programs like group dances, group songs, single songs were presented.

### Inaugural ceremony of Peacescape

The programme started with the peace prayer and the peace prayer was led by Anaswara Muraleedharan. The event began with the welcome speech of Student coordinator, Adarsh who welcomed all respected dignitaries on the dias. Dr. Prashant Mathew, Vice Principal of P.K.M college delivered the inaugural address speaking about the importance of the workshop and also congratulating the staff and student coordinators who worked behind the success of the event. Dr. Prashant Mathew also inaugurated the one-rupee coin challenge. Digital releases of the magazine were also done by the esteemed guest. Sr. Caroline FCC delivered the felicitation for the ceremony. Prizes were redistributed to the winners of the peace photography competition. The podium was graced with the esteemed presence of Dr. Maya J Pillai and Dr. Sholly Joseph. Malavika K delivered vote of thanks for the event.

### PLAVILAKKANJI

The program titled 'Plavilakkanji' was conducted by the Peace Builders Forum in association with Folklore Club on 18<sup>th</sup> October 2024 to celebrate the traditional nutrient-rich cuisine of Kerala. This is the program conducted in connection with the one-day workshop on peace art. The 'plavila' or the jackfruit leaves for serving kanji were neatly organized. It was served at around 1.00 pm firstly to the staff of the college including the Principal Dr. Jessy N.C. and the co-ordinator of Folklore Club Ms. Minimol George (Sr. Caroline FCC). The students, especially the members of the food committee enthusiastically served the kanji and the various side dishes to the members of the staff.

### BREAST CANCER AWARENESS PROGRAMME

The Video Conference Hall was arranged to host the program "Breast Cancer Awareness Session," organized as a part of the health awareness initiatives by IQAC and Caritas Cancer Institute. Digital equipment was set up to facilitate the online session, ensuring seamless communication and effective knowledge sharing with participants. The program commenced at 3:00 pm. Dr. Veena Appukuttan, IQAC Coordinator, delivered the welcome address and presided over the event. The formal inauguration was conducted by College Principal Dr. Jessy N.C., who highlighted the importance of breast cancer awareness. Vice Principal Dr. Prashanth Mathew offered a felicitation speech, emphasizing the need for educational institutions to take an active role in health campaigns. The keynote speaker, Dr. Jenny Joseph, a renowned radiation oncologist, delivered an insightful session on breast cancer. She elaborated on the causes, early detection methods, and preventive measures, highlighting the alarming rise in cases. The session included discussions on global statistics, modern diagnostic techniques, and the importance of regular health check-ups. The session concluded with an engaging Q&A segment, where participants actively interacted with the speaker to clarify their doubts. Student coordinator Anaswara Muraleedharan delivered the vote of thanks, expressing gratitude to the organizers, the speaker, and the participants for their contributions to the program's success.